

Bellarmino Open

Meet Schedule

Friday, January 16, 2026



Track Events

9:45am – National Anthem

12:15pm – M 60 M Hurdles (3)

12:30pm – W 60 M Hurdles (2)

12:45pm – M 60m (6)

1:00pm – W 60m (4)

1:10pm – - *(Clear Oval to Raise Turn)*

1:30pm – M 5000m

1:50pm – M Mile (3)

2:10pm – W Mile (3)

2:30pm – M 400m (8)

2:55pm – W 400m (4)

3:10pm – M 800 (2)

3:20pm – W 800 (3)

3:35pm - M 200m (10)

4:00pm – W 200m (8)

4:15pm – M 3000m (3)

4:55pm – W 3000m (3)

5:40pm - M 4x400 R

5:50pm - W 4x400 R

Field Events

9:45am – National Anthem

10:00am – W Weight – 2 flights

10:00am – W Long Jump – 2 flights

10:00am – M Long Jump- 2 flights

12:00pm – M Pole Vault

12:30pm – M Weight- 2 flights

1:10pm – *Move HJ Mats x2 to inside oval*

1:30pm- W Triple Jump – 2 flights

1:45pm – M Triple Jump 2 flights

3:00pm – W Pole Vault

3:00pm – W Shot Put 2 flights

3:15pm – M High Jump

3:30pm – W High Jump

5:00pm – M Shot Put – 2 flights

