

Bellarmino Open

Meet Schedule

Friday, January 16, 2026



Track Events

9:45am – National Anthem
12:15pm – M 60 M Hurdles (3)
12:30pm – W 60 M Hurdles (2)
12:45pm – M 60m (6)
1:00pm – W 60m (4)
1:10pm – - (*Clear Oval to Raise Turn*)
1:30pm – M 5000m
1:50pm – M Mile (3)
2:10pm – W Mile (3)
2:30pm – M 400m (8)
2:55pm – W 400m (4)
3:10pm – M 800 (2)
3:20pm – W 800 (3)
3:35pm - M 200m (10)
4:00pm – W 200m (8)
4:15pm – M 3000m (3)
4:55pm – W 3000m (3)
5:40pm - M 4x400 R
5:50pm - W 4x400 R

Field Events

9:45am – National Anthem
10:00am – W Weight – 2 flights
10:00am – W Long Jump – 2 flights
10:00am – M Long Jump- 2 flights
12:00pm – M Pole Vault
12:30pm – M Weight- 2 flights
1:10pm – *Move HJ Mats x2 to inside oval*
1:30pm- W Triple Jump – 2 flights
1:45pm – M Triple Jump 2 flights
3:00pm – W Pole Vault
3:00pm – W Shot Put 2 flights
3:15pm – M High Jump
3:30pm – W High Jump
5:00pm – M Shot Put – 2 flights

