

Bellarmino Open “Presented by Urban Shipper”

Friday, January 21, 2022



Facility Location: 200-meter, 6-lane banked Mondo track (8 straight lanes)

Address: Norton Health Care Sports and Learning Center

3029 W. Muhammad Ali Blvd. Louisville, KY 40212

Entry Deadline: Monday, January 17 @ 11:59pm

Entry & Payment Procedure: Entry and payment through www.directathletics.com. Entries are not finalized until payment is made.

Entry Fee: \$600 per gender, \$1200 coed (There will be no half team rates)

Unattached Entry Policy: Open entries will be considered on a case to case basis dependent upon the number of entries in each event. Email Chase Broughton cbroughton@bellarmine.edu for inquiries.

Scoring: 10-8-6-5-4-3-2-1

Team Entry Limitations:

Field Events

Field entries may be limited at the meet director's discretion to ensure timely competition and the best experience for student-athletes.

Additional entries per school, per gender may be allowed at the meet director's discretion.

Running Events

Four athletes per school per gender in 60m, 60m Hurdles, 200m, 400m

Unlimited entries in 800m, Mile & 3k

Relays: Limit 2 entries per team (2 for men, 2 for women)

Running Event may be limited at the meet director's discretion to ensure timely competition and the best experience for student-athletes.

Additional athletes per event, per school may be allowed at the meet director's discretion.

Results: All Trax Timing will provide timing and results services.

Practice Times/Facility Access: There will be no practice times prior to the meet. The facility will open at 9:00am on competition day.

Athlete Check In:

Track event check-in

Check in at least 30 minutes prior to race. Check-in & hip numbers will be picked up at the clerk's table between the 60-meter start line and warmup hall.

Field event check-in

LJ, TJ, SP, WT check in at the event site 30 minutes prior to event start time

HJ check in at the event site 45 minutes prior to event start time

PV check in at the event site 60 minutes prior to event start time

Lanes:

For the 60m dash and 60m Hurdles, lanes 1-8 will be used.

For the 200m & 400m dash, lanes 1-6 will be used. Preferred lanes are: 5-6-4-3-2-1

Warm Up Areas: 60m synthetic track warmup hall (NO Food or Drink allowed – Water Only) / Outdoor Track

Miscellaneous Facility Rules: No Chalk or athletic tape allowed for marking – painters tape, tacks, or foam only

Allowed Spikes: 1/4 inch pyramids ONLY. We will allow 3/8 inch spikes in the facility for **high jump only**. Spike check adjacent to clerk's area (Spikes must be removed in designated area after completion of race).

Implement Weigh In: At the event site, illegal implements will be impounded.

Athletic Training: Norton Healthcare will provide an athletic trainer on site. Consider bringing an athletic trainer, if members of your team need extensive care for competition. There will also be an ambulance on site with EMT's.

Spectators: There will be a charge of \$10 per person. Kids 3 & under are free. Doors will open at 10:00am.

Team Meals: Each team will have a designated space on the mezzanine above the warmup hall or on the side bleachers. Food will allowed in this area. Food & Drink in other areas shall be limited to water only.

Wristbands: All athletes/coaches will be provided wristbands upon entrance. Wristbands must be worn at all times. Athletes/coaches not wearing their wristbands will not be allowed on the track.

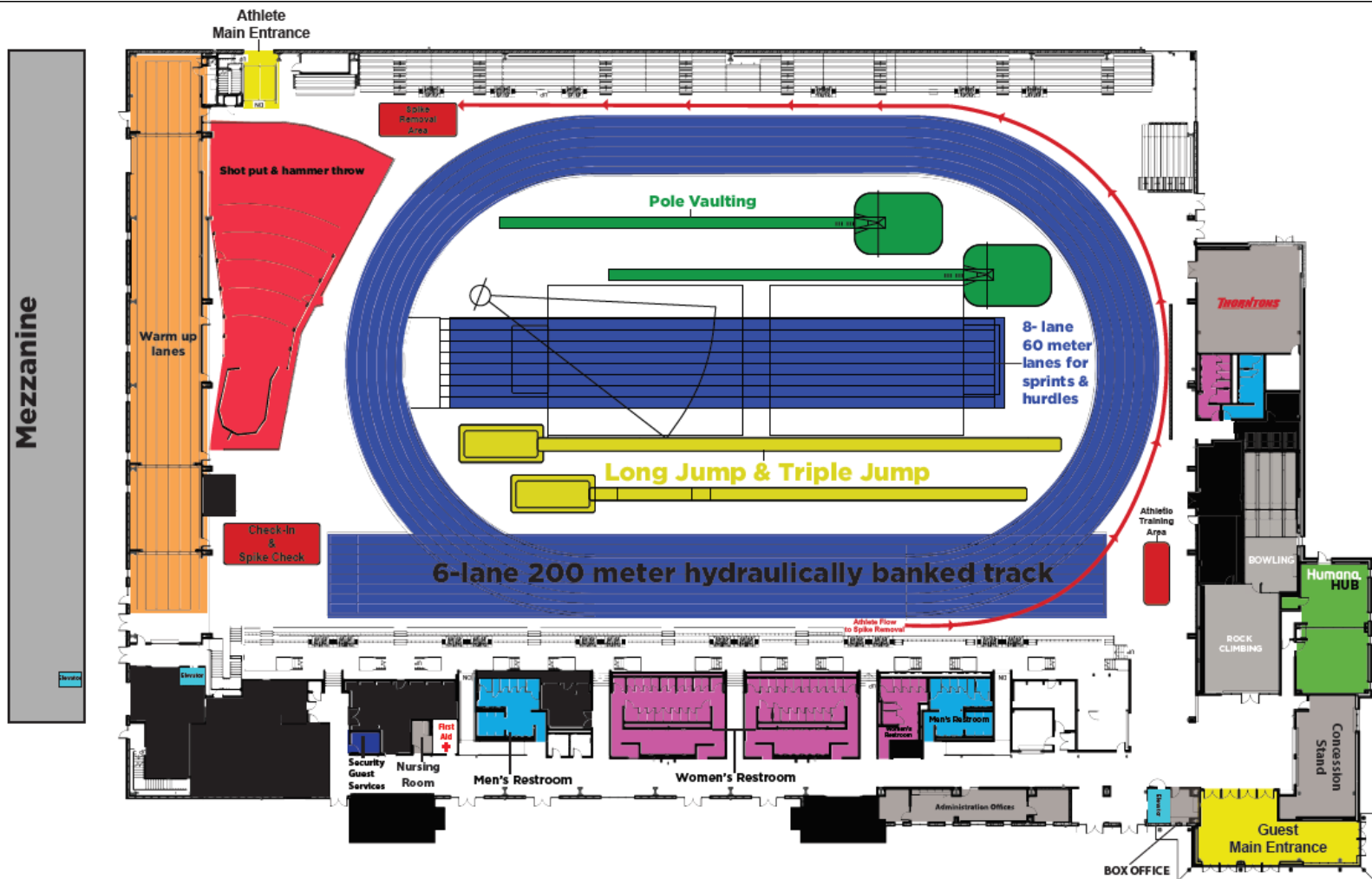
Covid-19 & Face Coverings Protocol: In regards to testing please follow the recommend NCAA guidelines for collegiate sports. Face coverings are highly recommended for coaches, spectators, and athletes when they are not competing due to transmission rates throughout the city, but will not be required by the facility.

Parking: The facility charges \$5 per car. Buses will park on 30th street. Team vans & officials will park in Lot B. Spectators will park in Lot A. See diagram below.

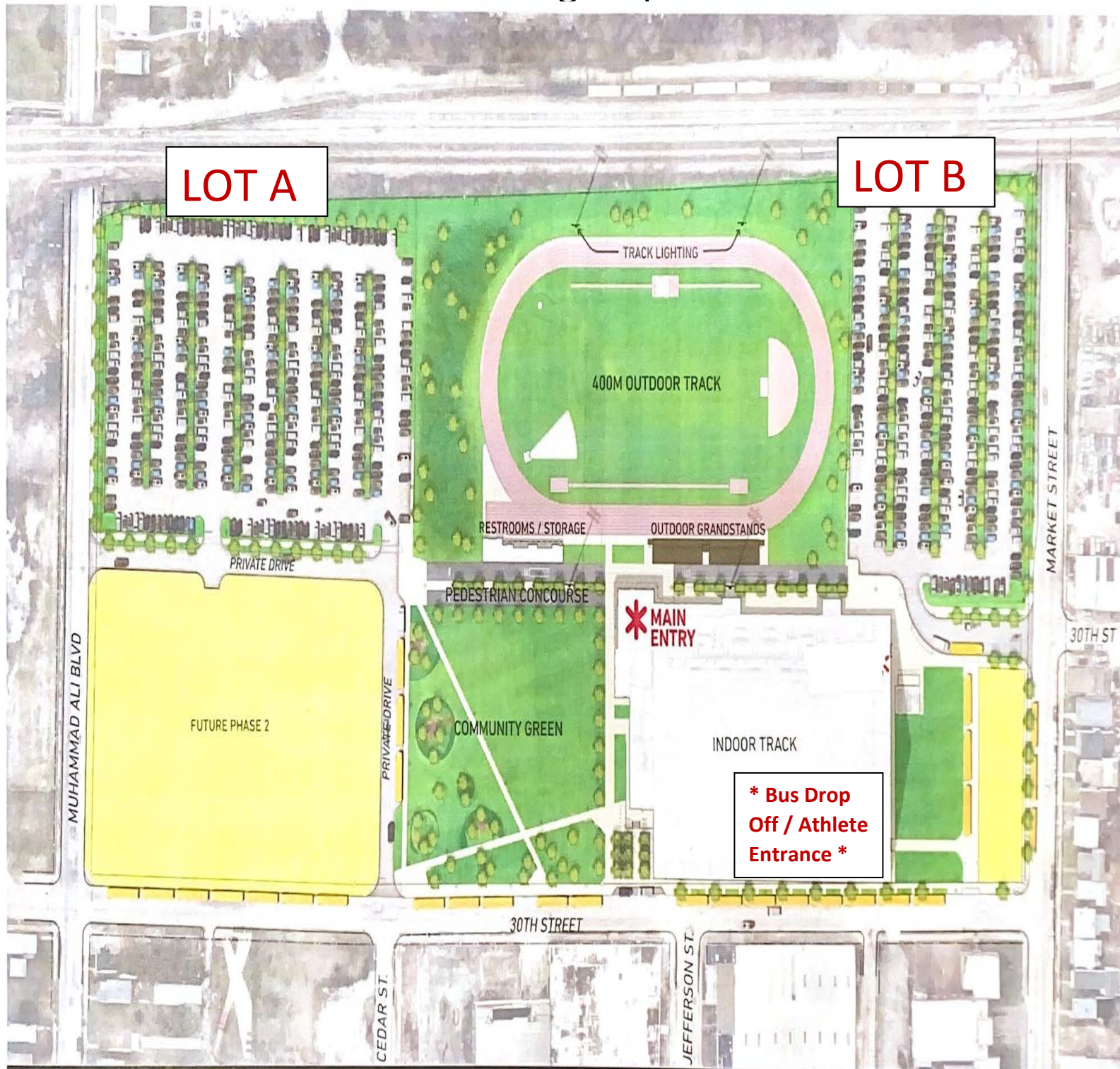
Facility Map: See attached diagram below

If you have any further questions please reach out to Coach Broughton via email - cbroughton@bellarmine.edu

Facility Map



Parking Map



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Finalized Meet Schedule

Friday, January 21, 2022



Track Events

10:45am - National Anthem

11:30am - M Distance Medley Relay – 1 section

11:45am - W Distance Medley Relay – 1 section

(Clear Oval to Lower Turns)

12:10pm – M 60m Hurdles – 4 sections

12:20pm – W 60m Hurdles – 4 sections

12:30pm – M 60m - 4 sections

12:40pm – W 60m - 4 sections

(Clear Oval to Raise Turns)

1:00pm – M Mile – 6 sections

1:40pm – W Mile – 4 sections

2:10pm – M 400m – 6 sections

2:30pm – W 400m – 4 sections

2:45pm – M 800m – 5 sections

3:05pm – W 800m – 3 sections

3:20pm - M 200m – 7 sections

3:40pm - W 200m – 8 sections

4:05pm - M 3000m – 3 sections

4:45pm - W 3000m – 3 sections

5:35pm - M 4x400 R – 2 sections

5:50pm - W 4x400 R – 2 sections

Field Events

10:45am - National Anthem

11:00am – M Shot Put – 1 flight

11:00am – W Long Jump – 2 flights

12:00pm – M Pole Vault – (4 competitors)

12:30pm – M Long Jump – 2 flights

12:30pm – W Shot Put – 2 flights

12:55pm - *(Move HJ mat inside of track)*

2:30pm – W Pole Vault - (7 competitors)

2:30pm – W Triple Jump – 1 flight

2:30pm – M High Jump – (13 competitors)

2:30pm – M Weight Throw – 1 flight

3:30pm – M Triple Jump – 1 flight

4:00pm – W Weight Throw – 1 flight

4:00pm – W High Jump (12 competitors)