



Friday

Field Events

3:00 PM Women's Hammer Throw
 (TO FOLLOW) Men's Hammer throw
 2:30 PM Men's Pole Vault
 Women to follow (45 min warm up)
 3:30 PM Men's Long Jump
 (TO FOLLOW) Women's Long Jump
 5:00 PM Men's Javelin
 (TO FOLLOW) Women's Javelin

Track Events

5:00 PM Men's 200m Dash
 5:15 PM Women's 200m Dash
 5:30 PM Men's 1500m
 5:40 PM Women's 1500m

Saturday

Field Events

11:30 AM Women's Shot Put
 (TO FOLLOW) Men's Shot Put
 2:00 PM Women's Discus Throw
 (TO FOLLOW) Men's Discus Throw
 1:00 PM Men's High Jump
 (TO FOLLOW) Women's High Jump
 1:00 PM Women's Triple Jump
 (TO FOLLOW) Men's Triple Jump

Track Events

12:40 PM Senior Recognition
 1:00 PM Women's 4x100m Relay
 1:10 PM Men's 4x100m Relay
 1:30 PM Women's 100m Hurdles
 1:45 PM Men's 110m Hurdles
 2:00 PM Women's 400m Dash
 2:10 PM Men's 400m Dash
 2:30 PM Women's 400m Hurdles
 2:40 PM Men's 400m Hurdles
 2:50 PM Women's 800m Run
 3:05 PM Men's 800m Run
 3:20 PM Women's 100m Dash
 3:30 PM Men's 100m Dash
 3:50 PM Women's 4x400m Relay
 4:00 PM Men's 4x400m Relay