



**FINAL TIME SCHEDULE**

**Friday**

**Field Events**

3:00 PM Women's Hammer Throw  
 (TO FOLLOW) Men's Hammer throw  
 3:00 PM Men's Pole Vault  
 (TO FOLLOW) Women's Pole Vault  
 3:30 PM Men's Long Jump  
 (TO FOLLOW) Women's Long Jump  
 4:30 PM Women's Javelin  
 (TO FOLLOW) Men's Javelin

**Track Events**

5:30 PM Men's 200m Dash  
 5:50 PM Women's 200m Dash  
 6:15 PM Men's 1500m Run  
 6:30 PM Woman's 1500m Run

**Saturday**

**Field Events**

10:30 AM Women's Discus  
 10:45AM Men's Shot Put  
 (FOLLOWING MSP) Women's Shot  
 (FOLLOWING MSP) Men's Discus Throw  
 12:00 PM Men's High Jump  
 (TO FOLLOW) Women's High Jump  
 12:00 PM Women's Triple Jump  
 (TO FOLLOW) Men's Triple Jump

**Track Events**

9:30 AM Women's 5000m Run  
 10:00 AM Men's 5000m Run  
 11:30 AM Senior Recognition  
 11:55 AM National Anthem  
 12:00 PM Women's 4x100m Relay  
 12:05 PM Men's 4x100m Relay  
 12:25 PM Women's 100m Hurdles  
 12:50 PM Men's 110m Hurdles  
 1:05 PM Women's 400m Dash  
 1:15 PM Men's 400m Dash  
 1:30 PM Women's 400m Hurdles  
 1:40 PM Men's 400m Hurdles  
 1:50 PM Women's 800m Run  
 2:05 PM Men's 800m Run  
 2:20 PM Women's 100m Dash  
 2:30 PM Men's 100m Dash  
 2:50 PM Women's 4x400m Relay  
 3:00 PM Men's 4x400m Relay