

# ARKANSAS STATE TRACK & FIELD

## MEN'S INDOOR RECORDS

### 55 METERS

|    |      |                 |      |
|----|------|-----------------|------|
| 1. | 6.14 | Ed Preston      | 1976 |
| 2. | 6.23 | Dwayne Pittman  | 1981 |
| 3. | 6.24 | David McGough   | 1970 |
| 4. | 6.25 | Anthony Hampton | 1990 |
| 5. | 6.27 | Elijah Ross     | 2018 |
| 6. | 6.28 | Jaylen Bacon    | 2018 |
| 7. | 6.30 | Judious Lewis   | 1984 |
| 8. | 6.31 | Leon Moulton    | 1989 |
| 9. | 6.33 | Lamont Zachary  | 1999 |
|    | 6.33 | Frank Waota     | 1997 |
|    | 6.33 | Jeff Casey      | 1985 |

### 60 METERS

|     |      |                  |      |
|-----|------|------------------|------|
| 1.  | 6.56 | Jaylen Bacon     | 2017 |
| 2.  | 6.74 | Elijah Ross      | 2018 |
| 3.  | 6.77 | Justin Whitfield | 2014 |
| 4.  | 6.81 | Omari Walker     | 2022 |
| 5.  | 6.82 | Roelf Pienaar    | 2015 |
| 6.  | 6.84 | Chris Hill       | 2020 |
|     | 6.84 | Raymond Jackson  | 2014 |
| 8.  | 6.85 | Joey Meyer       | 2013 |
| 9.  | 6.86 | Darrell Carter   | 2002 |
| 10. | 6.87 | Jermie Walker    | 2020 |

### 60-METER HURDLES

|     |      |                  |      |
|-----|------|------------------|------|
| 1.  | 7.86 | Jamil Peeples    | 2017 |
| 2.  | 7.90 | Ke'Von Holder    | 2020 |
|     | 7.90 | Greg Belger      | 2005 |
| 4.  | 7.97 | Kazmere Hill     | 2007 |
| 5.  | 8.01 | Solomon Williams | 2010 |
| 6.  | 8.07 | Will Glass       | 2021 |
|     | 8.07 | Billy Ellis      | 2015 |
| 8.  | 8.10 | Amari James      | 2020 |
| 9.  | 8.21 | William Oliver   | 2015 |
| 10. | 8.24 | Lucas Bateman    | 2013 |

### 200 METERS

|     |       |                  |      |
|-----|-------|------------------|------|
| 1.  | 21.02 | Jaylen Bacon     | 2018 |
| 2.  | 21.12 | Jermie Walker    | 2021 |
| 3.  | 21.47 | Joey Meyer       | 2015 |
| 4.  | 21.54 | Frank Waota      | 1997 |
| 5.  | 21.56 | Kendrick Bullard | 1994 |
| 6.  | 21.65 | Darrell Carter   | 2002 |
| 7.  | 21.66 | Sean Bakash      | 1994 |
| 8.  | 21.70 | Jason Brooks     | 2007 |
| 9.  | 21.71 | Elijah Ross      | 2018 |
| 10. | 21.75 | Justin Whitfield | 2014 |

### 400 METERS

|     |       |                  |      |
|-----|-------|------------------|------|
| 1.  | 46.76 | Kendrick Bullard | 1992 |
| 2.  | 47.22 | Nathan Daniels   | 2005 |
| 3.  | 47.24 | Joey Meyer       | 2013 |
| 4.  | 47.52 | Jermie Walker    | 2021 |
| 5.  | 47.59 | Ivory Gwin       | 1985 |
| 6.  | 47.71 | Kevin Hills      | 1992 |
| 7.  | 47.75 | Jason Brooks     | 2007 |
| 8.  | 47.84 | Anthony Stroman  | 1975 |
| 9.  | 47.94 | Ed Preston       | 1976 |
| 10. | 47.99 | Aaron Rainey     | 1997 |

### 800 METERS

|     |         |                |      |
|-----|---------|----------------|------|
| 1.  | 1:49.51 | Seth Bortey    | 2001 |
| 2.  | 1:49.56 | Jessie Wilson  | 1984 |
| 3.  | 1:50.17 | Harold Blood   | 1988 |
| 4.  | 1:51.24 | Gabe Arrington | 1994 |
| 5.  | 1:51.34 | John Scurto    | 1972 |
| 6.  | 1:51.48 | John McGrew    | 1993 |
| 7.  | 1:51.54 | Bob Forsythe   | 1980 |
| 8.  | 1:51.58 | Jakob Jensen   | 1994 |
| 9.  | 1:51.65 | Seth Waters    | 2021 |
| 10. | 1:52.24 | Jim Bailey     | 1975 |

### MILE

|     |         |                 |      |
|-----|---------|-----------------|------|
| 1.  | 4:05.20 | Seth Waters     | 2022 |
| 2.  | 4:06.84 | Bennett Pascoe  | 2022 |
| 3.  | 4:08.44 | Bob Giersberg   | 1968 |
| 4.  | 4:10.82 | Dawson Mayberry | 2022 |
| 5.  | 4:12.08 | Gregoire Saury  | 2020 |
| 6.  | 4:12.70 | Rickus Jacobs   | 2015 |
| 7.  | 4:12.72 | Eric Lynk       | 1980 |
| 8.  | 4:12.80 | Jacob Pyeatt    | 2022 |
| 9.  | 4:13.34 | Mark Dorsey     | 1979 |
| 10. | 4:14.24 | Bob Gray        | 1970 |

### 3000 METERS

|     |         |                  |      |
|-----|---------|------------------|------|
| 1.  | 8:07.24 | Lexington Hilton | 2022 |
| 2.  | 8:15.34 | Bob Gray         | 1970 |
| 3.  | 8:16.34 | Bennett Pascoe   | 2022 |
| 4.  | 8:19.76 | Jacob Pyeatt     | 2022 |
| 5.  | 8:19.87 | Gregoire Saury   | 2022 |
| 6.  | 8:25.97 | Wil Norris       | 2016 |
| 7.  | 8:27.00 | Grayson Young    | 2022 |
| 8.  | 8:27.64 | Seth Waters      | 2021 |
| 9.  | 8:29.24 | Eric Lynk        | 1980 |
| 10. | 8:30.27 | Dawson Mayberry  | 2022 |

### 5000 METERS

|     |          |                  |      |
|-----|----------|------------------|------|
| 1.  | 14:17.69 | Lexington Hilton | 2021 |
| 2.  | 14:25.09 | Jacob Pyeatt     | 2022 |
| 3.  | 14:35.41 | Bennett Pascoe   | 2020 |
| 4.  | 14:37.39 | Grayson Young    | 2022 |
| 5.  | 14:46.70 | Dawson Mayberry  | 2022 |
| 6.  | 14:48.85 | John Carder      | 2020 |
| 7.  | 14:49.11 | Rickus Jacobs    | 2015 |
| 8.  | 14:49.83 | Steve Wilson     | 1981 |
| 9.  | 14:53.34 | Nathan Herbst    | 2022 |
| 10. | 14:53.57 | Seth Waters      | 2022 |

### 4X400 METER RELAY

|    |         |                           |      |
|----|---------|---------------------------|------|
| 1. | 3:10.41 |                           | 1992 |
| 2. | 3:12.64 |                           | 1976 |
| 3. | 3:13.53 |                           | 2020 |
| 4. | 3:13.94 | Walker/Davis/Lockett/Ross | 2021 |
| 5. | 3:15.30 |                           | 2005 |
| 6. | 3:15.94 |                           | 2015 |

### DISTANCE MEDLEY RELAY

|     |          |                               |      |
|-----|----------|-------------------------------|------|
| 1.  | 9:39.96  | Waters/Hill/Funck/Pascoe      | 2022 |
| 2.  | 9:51.34  |                               | 2020 |
| 3.  | 9:57.33  |                               | 2005 |
| 4.  | 9:58.83  | Waters/Hill/Funck/Saury       | 2022 |
| 5.  | 10:04.67 | Pyeatt/Jonker/Vargas/Pascoe   | 2022 |
| 6.  | 10:04.84 |                               | 1974 |
| 7.  | 10:09.64 | Br. Pascoe/Hill/Vargas/Wilson | 2022 |
| 8.  | 10:09.74 | Saury/Hill/Vargas/Pascoe      | 2021 |
| 9.  | 10:05.87 |                               | 2018 |
| 10. | 10:06.06 |                               | 2001 |

# ARKANSAS STATE TRACK & FIELD

## MEN'S INDOOR RECORDS

### HIGH JUMP

|     |       |         |                 |      |
|-----|-------|---------|-----------------|------|
| 1.  | 2.25m | 7-04.50 | Doug Shouse     | 1983 |
| 2.  | 2.24m | 7-04.25 | Sam Hill        | 1996 |
| 3.  | 2.21m | 7-03.00 | Steve Banks     | 1983 |
| 4.  | 2.20m | 7-02.50 | Greg Schaper    | 1981 |
| 5.  | 2.16m | 7-01.00 | Tiaan Steenkamp | 2016 |
| 6.  | 2.15m | 7-00.75 | Kashef Daniel   | 2014 |
| 7.  | 2.14m | 7-00.25 | Chase Riley     | 2017 |
|     | 2.14m | 7-00.25 | Jason Hinton    | 2000 |
|     | 2.14m | 7-00.25 | Ricky Dewees    | 1980 |
| 10. | 2.13m | 6-11.75 | David Phillips  | 2018 |
|     | 2.13m | 6-11.75 | David St. John  | 1988 |
|     | 2.13m | 6-11.75 | Bryan Cook      | 1979 |

### POLE VAULT

|     |       |          |                    |      |
|-----|-------|----------|--------------------|------|
| 1.  | 5.60m | 18-04.50 | Steve Stubblefield | 1984 |
| 2.  | 5.51m | 18-01.00 | Kelly Riley        | 1990 |
| 3.  | 5.50m | 18-00.50 | Earl Bell          | 1977 |
| 4.  | 5.44m | 17-10.25 | Jon Kelley         | 1990 |
| 5.  | 5.40m | 17-08.50 | Jeff Hartwig       | 1990 |
| 6.  | 5.36m | 17-07.00 | Bradley Jelmert    | 2022 |
|     | 5.36m | 17-07.00 | Andy Mooneyhan     | 1990 |
|     | 5.35m | 17-06.50 | Adam Sarafian      | 2007 |
|     | 5.35m | 17-06.50 | Will Jones         | 2000 |
| 10. | 5.33m | 17-05.75 | Chad Harting       | 1995 |

### LONG JUMP

|    |       |          |                      |      |
|----|-------|----------|----------------------|------|
| 1. | 7.97m | 26-01.75 | Roelf Pienaar        | 2015 |
| 2. | 7.89m | 25-10.75 | Mesut Yavas          | 2001 |
| 3. | 7.79m | 25-06.75 | Carter Shell         | 2022 |
| 4. | 7.68m | 25-02.50 | Cameron Echols-Luper | 2016 |
| 5. | 7.62m | 25-00.00 | William Tate         | 1976 |
| 6. | 7.60m | 24-11.25 | Barry Malloyd        | 1985 |
| 7. | 7.58m | 24-10.50 | Sam Hill             | 1994 |
| 8. | 7.56m | 24-09.75 | Courtney Thomas      | 2022 |
| 9. | 7.51m | 24-07.75 | Jamil Peeples        | 2017 |
|    | 7.51m | 24-07.75 | Jay Parham           | 1998 |

### TRIPLE JUMP

|     |        |          |                   |      |
|-----|--------|----------|-------------------|------|
| 1.  | 16.78m | 55-00.75 | Al Joyner         | 1982 |
| 2.  | 16.66m | 54-08.00 | William Beasley   | 1989 |
| 3.  | 16.45m | 53-11.75 | Patterson Johnson | 1989 |
| 4.  | 15.94m | 52-03.75 | Roelf Pienaar     | 2016 |
| 5.  | 15.90m | 52-02.00 | George Darko      | 1996 |
| 6.  | 15.75m | 51-08.25 | Sam Hill          | 1996 |
| 7.  | 15.72m | 51-07.00 | Eric Whittier     | 1993 |
| 8.  | 15.67m | 51-05.00 | Cleo Kirkwood     | 1985 |
| 9.  | 15.57m | 51-01.00 | Luis Rodrigues    | 1991 |
| 10. | 15.48m | 50-09.50 | Carlos Mattis     | 2009 |

### SHOT PUT

|     |        |          |                 |      |
|-----|--------|----------|-----------------|------|
| 1.  | 20.06m | 65-09.75 | Richard Chavez  | 2014 |
| 2.  | 19.36m | 63-06.25 | Itamar Levi     | 2018 |
| 3.  | 17.85m | 58-06.76 | Jason Wood      | 1999 |
| 4.  | 17.53m | 57-06.25 | T.J. Humphreys  | 1976 |
| 5.  | 17.44m | 57-02.75 | Candon Powell   | 2003 |
| 6.  | 17.41m | 57-01.50 | Victor Johnson  | 1988 |
| 7.  | 17.05m | 55-11.25 | Eron Carter     | 2019 |
| 8.  | 17.00m | 55-09.25 | Willem Coertzen | 2022 |
| 9.  | 16.82m | 55-02.25 | Ken Plummer     | 1990 |
| 10. | 16.76m | 55-00.00 | David Rodley    | 1990 |

### WEIGHT THROW

|     |        |          |                         |      |
|-----|--------|----------|-------------------------|------|
| 1.  | 22.04m | 72-03.75 | Candon Powell           | 2005 |
| 2.  | 20.61m | 67-7.5   | Eron Carter             | 2021 |
| 3.  | 20.20m | 66-03.25 | Chris Nicasio           | 2013 |
| 4.  | 20.09m | 65-11.00 | Cristian Ravar Ladislau | 2017 |
| 5.  | 19.88m | 65-2.75  | Aimar Palma Simo        | 2021 |
| 6.  | 19.42m | 63-8.75  | Richard Chavez          | 2015 |
| 7.  | 19.08m | 62-07.25 | Bryant Hankton          | 2010 |
| 8.  | 17.30m | 56-09.25 | Jesse Williams          | 2010 |
| 9.  | 17.05m | 55-11.25 | Eric Williams           | 2019 |
| 10. | 16.86m | 55-03.75 | LeeRoi Johnson          | 2019 |

### HEPTATHLON

|    |       |                |      |
|----|-------|----------------|------|
| 1. | 5,423 | William Oliver | 2013 |
| 2. | 5,311 | Ethan Turpen   | 2013 |
| 3. | 5,194 | Hayden Hampton | 2019 |
| 4. | 5,193 | Matt Vining    | 2007 |
| 5. | 5,152 | B.J. Parish    | 2008 |
| 6. | 5,066 | Taylor Short   | 2011 |
| 7. | 5,053 | Clint Ligon    | 2016 |
| 8. | 5,043 | Thomas Ligon   | 2013 |
| 9. | 5,040 | Ethan Sandusky | 2014 |

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## WOMEN'S INDOOR RECORDS

### 55 METERS

|     |      |                  |      |
|-----|------|------------------|------|
| 1.  | 6.78 | Sharika Nelvis   | 2014 |
| 2.  | 6.90 | Kristina Knott   | 2016 |
| 3.  | 6.91 | Caitland Smith   | 2019 |
| 4.  | 7.01 | De'Airis Weakley | 2018 |
|     | 7.01 | Carla Christian  | 1998 |
| 6.  | 7.03 | Dominique Dawson | 2006 |
| 7.  | 7.05 | Latavia Shores   | 2005 |
| 8.  | 7.06 | Osereme Erewele  | 2021 |
| 9.  | 7.11 | Felicia Adams    | 1988 |
| 10. | 7.15 | Patricia James   | 1988 |

### 55 METERS HURDLES

|     |      |                     |      |
|-----|------|---------------------|------|
| 1.  | 7.66 | Sharika Nelvis      | 2012 |
| 2.  | 7.96 | Shemiah Brooks      | 2017 |
| 3.  | 7.98 | Camryn Newton-Smith | 2021 |
| 4.  | 7.99 | Shundra Smith       | 1999 |
|     | 7.99 | Valerie Lee         | 1988 |
| 6.  | 8.00 | Emenderlyn Iwuji    | 2015 |
| 7.  | 8.02 | Tiane Burke         | 2000 |
| 8.  | 8.05 | Rainee Bowers       | 2021 |
|     |      | Amy Bowman          | 2009 |
| 10. | 8.06 | Monike Klebe        | 1988 |

### 60 METERS

|     |      |                  |      |
|-----|------|------------------|------|
| 1.  | 7.28 | Kristina Knott   | 2016 |
|     | 7.28 | Sharika Nelvis   | 2014 |
| 3.  | 7.31 | Caitland Smith   | 2019 |
| 4.  | 7.50 | Jonae Cook       | 2022 |
| 5.  | 7.51 | Osereme Erewele  | 2020 |
| 6.  | 7.54 | Carla Christian  | 2001 |
| 7.  | 7.58 | De'Airis Weakley | 2016 |
| 8.  | 7.66 | Latavia Shores   | 2005 |
| 9.  | 7.69 | Briana Hardiman  | 2020 |
| 10. | 7.70 | Jaela Hollie     | 2020 |

### 60 METERS HURDLES

|     |      |                     |      |
|-----|------|---------------------|------|
| 1.  | 8.03 | Sharika Nelvis      | 2014 |
| 2.  | 8.40 | Rainee Bowers       | 2022 |
| 3.  | 8.36 | Emma Nwofor         | 2019 |
| 4.  | 8.44 | Samone Thompson     | 2016 |
| 5.  | 8.46 | Camryn Newton-Smith | 2021 |
| 6.  | 8.57 | Emenderlyn Iwuji    | 2014 |
| 7.  | 8.58 | Tyra Nabors         | 2022 |
| 8.  | 8.60 | Hannah Dunderdale   | 2018 |
| 9.  | 8.63 | Alexis Woodall      | 2022 |
| 10. | 8.67 | Chelby Melvin       | 2022 |

### 200 METERS

|     |       |                  |      |
|-----|-------|------------------|------|
| 1.  | 23.50 | Sharika Nelvis   | 2014 |
| 2.  | 23.82 | Caitland Smith   | 2019 |
| 3.  | 23.87 | Kristina Knott   | 2016 |
| 4.  | 24.34 | Jonae Cook       | 2022 |
| 5.  | 24.37 | Charmisha Morrow | 2011 |
| 6.  | 24.42 | Osereme Erewele  | 2021 |
| 7.  | 24.59 | Carla Christian  | 2001 |
| 8.  | 24.64 | Chanell O'Conner | 2017 |
| 9.  | 24.73 | De'Airis Weakley | 2018 |
| 10. | 24.77 | Briana Hardiman  | 2020 |

### 400 METERS

|     |       |                  |      |
|-----|-------|------------------|------|
| 1.  | 54.70 | Charmisha Morrow | 2009 |
| 2.  | 55.06 | Keturah Smith    | 2016 |
|     | 55.06 | Monika Klebe     | 1988 |
| 4.  | 55.52 | Erika Christian  | 2015 |
| 5.  | 56.04 | Janaya Chambers  | 2017 |
| 6.  | 56.20 | Erica Goodrich   | 2002 |
|     | 56.20 | Petra Wilson     | 1993 |
| 8.  | 56.26 | Jean Fletcher    | 1992 |
| 9.  | 56.27 | Briana Hardiman  | 2018 |
| 10. | 56.95 | Chelby Melvin    | 2022 |

### 800 METERS

|     |         |                    |      |
|-----|---------|--------------------|------|
| 1.  | 2:08.44 | Cheyenne Melvin    | 2022 |
| 2.  | 2:09.64 | Monika Klebe       | 1989 |
| 3.  | 2:11.57 | Jean Fletcher      | 1992 |
| 4.  | 2:12.73 | Anaelle Charles    | 2019 |
| 5.  | 2:12.98 | Pauline Meyer      | 2018 |
| 6.  | 2:14.10 | Andrea Perez       | 2018 |
| 7.  | 2:14.36 | Hannah Dunderdale  | 2018 |
| 8.  | 2:14.51 | Lysbeth Curpanen   | 1992 |
| 9.  | 2:15.45 | Katia Soloviva     | 2000 |
| 10. | 2:15.56 | Katarina Litteheim | 1995 |

### MILE

|     |         |                  |      |
|-----|---------|------------------|------|
| 1.  | 4:50.94 | Pauline Meyer    | 2021 |
| 2.  | 4:51.50 | Anaelle Charles  | 2018 |
| 3.  | 4:54.50 | Rexi Parcels     | 2015 |
| 4.  | 4:57.43 | Kristina Aubert  | 2014 |
| 5.  | 4:57.55 | Elizabeth Martin | 2022 |
| 6.  | 4:57.62 | Kayla Wade       | 2022 |
| 7.  | 4:58.74 | Sammy Brainard   | 2020 |
| 8.  | 5:00.92 | McKenzie Cornell | 2020 |
| 9.  | 5:02.04 | Samantha Salinas | 2011 |
| 10. | 5:04.20 | Sophie Leathers  | 2022 |

### 3000 METERS

|     |          |                  |      |
|-----|----------|------------------|------|
| 1.  | 9:32.72  | Pauline Meyer    | 2021 |
| 2.  | 9:43.21  | Kristina Aubert  | 2011 |
| 3.  | 9:50.17  | Rexi Parcels     | 2015 |
| 4.  | 9:53.09  | Kayla Wade       | 2022 |
| 5.  | 9:53.55  | Sophie Leathers  | 2021 |
| 6.  | 9:54.88  | Sarah Trammel    | 2021 |
| 7.  | 9:57.04  | Samantha Salinas | 2012 |
| 8.  | 9:57.18  | Elizabeth Martin | 2022 |
| 9.  | 10:01.70 | Tilda Helgesson  | 2015 |
| 10. | 10:03.17 | Sophia Oury      | 2022 |

### 5000 METERS

|     |          |                    |      |
|-----|----------|--------------------|------|
| 1.  | 16:44.83 | Sophie Leathers    | 2022 |
| 2.  | 16:46.32 | Kristina Aubert    | 2014 |
| 3.  | 16:57.66 | Sarah Trammel      | 2021 |
| 4.  | 17:18.63 | Rexi Parcels       | 2015 |
| 5.  | 17:20.71 | Tilda Helgesson    | 2015 |
| 6.  | 17:21.18 | Elizabeth Gillette | 2020 |
| 7.  | 17:29.01 | Abbey Dixon        | 2016 |
| 8.  | 17:32.23 | Bailey Eller       | 2015 |
| 9.  | 17:35.68 | Arnica Zitting     | 2015 |
| 10. | 17:46.80 | Samantha Salinas   | 2012 |

### 4X400 METER RELAY

|     |         |                              |      |
|-----|---------|------------------------------|------|
| 1.  | 3:47.94 | Hudson/Melvin/Melvin/Clavier | 2022 |
| 2.  | 3:49.17 |                              | 2016 |
| 3.  | 3:49.40 |                              | 2015 |
| 4.  | 3:49.50 |                              | 1995 |
| 5.  | 3:49.91 |                              | 2018 |
| 6.  | 3:50.10 |                              | 2022 |
| 7.  | 3:50.76 |                              | 2016 |
| 8.  | 3:52.34 |                              | 1988 |
| 9.  | 3:52.39 |                              | 1989 |
| 10. | 3:53.15 |                              | 1992 |

### DISTANCE MEDLEY RELAY

|     |          |                               |      |
|-----|----------|-------------------------------|------|
| 1.  | 11:48.59 | Martin/Hudson/Cornell/Meyer   | 2020 |
| 2.  | 11:53.17 |                               | 2011 |
| 3.  | 11:56.79 | McDonough/Clavier/Melvin/Oury | 2022 |
| 4.  | 11:56.81 | Wade/Melvin/Melvin/Trammel    | 2022 |
| 5.  | 11:59.57 | Martin/Hudson/Wade/Meyer      | 2021 |
| 6.  | 12:00.57 |                               | 2015 |
| 7.  | 12:09.47 |                               | 2013 |
| 8.  | 12:09.55 | Martin/Hudson/Wade/Brainard   | 2020 |
| 9.  | 12:11.00 |                               | 2017 |
| 10. | 12:13.25 | Martin/Daines/McDonough/Oury  | 2022 |

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## WOMEN'S INDOOR RECORDS

### HIGH JUMP

|     |       |         |                     |      |
|-----|-------|---------|---------------------|------|
| 1.  | 1.84m | 6-00.50 | Elena Semyonova     | 2000 |
| 2.  | 1.83m | 6-00.00 | Jan Troutt          | 1985 |
| 3.  | 1.79m | 5-10.50 | Darragh May         | 2017 |
|     | 1.79m | 5-10.50 | Ami Wyse            | 1991 |
| 5.  | 1.78m | 5-10.0  | Allie Hensley       | 2021 |
|     | 1.78m | 5-10.00 | Edith Montgomery    | 2000 |
|     | 1.78m | 5-10.00 | Stacey Thompson     | 1990 |
| 8.  | 1.77m | 5-09.75 | Amy Fleddermann     | 2007 |
| 9.  | 1.75m | 5-08.75 | Sydney Lane         | 2021 |
| 10. | 1.74m | 5-08.50 | Camryn Newton-Smith | 2020 |

### POLE VAULT

|     |       |          |                    |      |
|-----|-------|----------|--------------------|------|
| 1.  | 4.28m | 14-00.50 | Stephanie Foreman  | 2013 |
| 2.  | 4.00m | 13-01.50 | Michelle Legatt    | 2003 |
| 3.  | 3.98m | 13-00.75 | Sara Young         | 2006 |
| 4.  | 3.97m | 13-0.25  | Lauren Beauchamp   | 2021 |
| 5.  | 3.96m | 12-11.75 | Erica Naeger       | 2011 |
| 6.  | 3.93m | 12-10.75 | Alexandra Pevtsova | 2015 |
| 7.  | 3.91m | 12-10.0  | Callie Hicks       | 2020 |
| 8.  | 3.88m | 12-08.75 | Catherine Frappier | 2010 |
| 9.  | 3.87m | 12-08.25 | Sarah Michael      | 2018 |
| 10. | 3.85m | 12-07.50 | Taylor Swanson     | 2013 |

### LONG JUMP

|     |       |          |                     |      |
|-----|-------|----------|---------------------|------|
| 1.  | 6.32m | 20-09.00 | Sharika Nelvis      | 2013 |
| 2.  | 6.09m | 19-11.75 | Kristina Knott      | 2016 |
| 3.  | 6.08m | 19-11.5  | Camryn Newton-Smith | 2021 |
| 4.  | 6.04m | 19-9.75  | Osereme Erewele     | 2021 |
| 5.  | 6.02m | 19-09.00 | Shemiah Brooks      | 2017 |
| 6.  | 6.00m | 19-08.25 | Felicia Adams       | 1988 |
| 7.  | 5.98m | 19-07.50 | Dominique Dawson    | 2006 |
| 8.  | 5.93m | 19-05.50 | Arabriaun Mack      | 2018 |
| 9.  | 5.86m | 19-02.75 | Valerie Lee         | 1988 |
| 10. | 5.85m | 19-2.5   | Imani Udoumana      | 2021 |
|     | 5.85m | 19-02.50 | Shundra Smith       | 1999 |

### TRIPLE JUMP

|     |        |          |                    |      |
|-----|--------|----------|--------------------|------|
| 1.  | 12.95m | 42-06.00 | Elena Semyonova    | 2000 |
| 2.  | 12.68m | 41-07.25 | Oksana Kosyachenko | 2001 |
| 3.  | 12.53m | 41-1.5   | Imani Udoumana     | 2021 |
| 4.  | 12.44m | 40-09.75 | Jasmine Marks      | 2015 |
| 5.  | 12.41m | 40-08.75 | Viktoria Sadokhina | 2017 |
| 6.  | 12.35m | 40-06.25 | Sarah Todd         | 1996 |
| 7.  | 12.29m | 40-04.00 | Shemiah Brooks     | 2017 |
| 8.  | 12.24m | 40-02.00 | Darina Semenova    | 2005 |
| 9.  | 12.16m | 39-10.75 | Johnaya Givens     | 2020 |
| 10. | 12.13m | 39-09.75 | Tina Collins       | 1990 |

### SHOT PUT

|     |        |          |                   |      |
|-----|--------|----------|-------------------|------|
| 1.  | 17.80m | 58-04.75 | Erin Farmer       | 2017 |
| 2.  | 15.92m | 52-2.75  | Evangelynn Harris | 2021 |
| 3.  | 15.53m | 50-11.5  | Grace Flowers     | 2020 |
| 4.  | 15.45m | 50-08.25 | Calea Carr        | 2016 |
| 5.  | 14.92m | 48-11.5  | Chastery Fuamatu  | 2021 |
| 6.  | 14.86m | 48-09.00 | Krystal White     | 1996 |
| 7.  | 14.84m | 48-08.25 | Julia Agawu       | 2013 |
| 8.  | 14.65m | 48-00.75 | Daneille Lorenz   | 2018 |
| 9.  | 14.19m | 46-06.75 | Kim Raath         | 2013 |
| 10. | 13.75m | 45-01.50 | Kristina Johnson  | 1990 |

### WEIGHT THROW

|     |        |          |                   |      |
|-----|--------|----------|-------------------|------|
| 1.  | 20.25m | 66-5.25  | Grace Flowers     | 2021 |
| 2.  | 20.00m | 65-08.25 | Erin Farmer       | 2017 |
| 3.  | 19.50m | 63-11.00 | Chastery Fuamatu  | 2022 |
| 4.  | 19.31m | 63-04.25 | Julia Agawu       | 2012 |
| 5.  | 19.21m | 63-00.25 | Calea Carr        | 2017 |
| 6.  | 17.61m | 57-09.50 | Isela Mendoza     | 2003 |
| 7.  | 16.86m | 55-03.75 | Kiarra Simpson    | 2015 |
| 8.  | 16.66m | 54-08.00 | Alyssa Brock      | 2010 |
| 9.  | 16.29m | 53-5.50  | Evangelynn Harris | 2021 |
| 10. | 15.81m | 51-10.50 | Hannah Higgins    | 2019 |

### PENTATHLON

|     |      |                     |      |
|-----|------|---------------------|------|
| 1.  | 4071 | Camryn Newton-Smith | 2020 |
| 2.  | 3875 | Allie Hensley       | 2021 |
| 3.  | 3852 | Emma Nwofor         | 2019 |
| 4.  | 3764 | Samone Thompson     | 2016 |
| 5.  | 3750 | Hannah Dunderdale   | 2018 |
| 6.  | 3740 | Amy Fleddermann     | 2007 |
| 7.  | 3672 | Carolyn Lewis       | 2010 |
| 8.  | 3563 | Brittney Leftwich   | 2007 |
| 9.  | 3500 | Savannah Hutchinson | 2015 |
| 10. | 3488 | Elizabeth Krug      | 2015 |