



Assumption University
Sports Medicine
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Sickle Cell - Institution Documentation of Solubility Test

The NCAA requires that all student athletes entering their initial season of eligibility shall include the results of a sickle cell solubility test (SST) as a part of their initial medical screening. Student athletes will not be allowed to participate until documentation of a test is provided to the college's Sports Medicine Department.

Purpose of Testing:

To identify student-athletes with the sickle cell trait so that they can be counseled and educated on their condition, and to help coaches, athletic trainers, and administrators appropriately implement alterations during extreme intensity conditioning sessions to mitigate the potential of a sudden collapse and death.

***Important note – To comply with NCAA requirements, birth record tests are no longer permitted.**

How to Complete this Requirement:

All submitted lab result documents must include:

- Full Name
- Date of Birth
- Results of the Sickle Cell Solubility Test
- Date of the Test

How to obtain sickle cell solubility results:

1. I already have them!*

 - Upload your previously obtained lab testing results (reminder, this cannot be a birth record) showing all 4 of the criteria listed above

2. Request that your PCP order a sickle cell solubility test as a part of your sports physical.
 - Upon receipt of the results, upload the results showing all 4 of the criteria listed above
3. If your PCP will not order the test, follow the link below to generate a test order, then have blood drawn at a local Quest diagnostics. There is a fee for this service.
 - Upon receipt of the results, upload the results showing all 4 of the criteria listed above

<https://sicklecelltesting.pwnhealth.com/order/am>



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In the event of a positive result, any recommendations from the treating physician, as well as the physician's signature is needed. These results may be a part of your sports physical.