



ASSUMPTION COLLEGE

***VISITOR
INFORMATION
GUIDE***

500 Salisbury Street
Worcester, MA 01609



TABLE OF CONTENTS

STAFF DIRECTORY.....3

HEAD COACH DIRECTORY.....4

PARKING INFORMATION.....5-8

ATHLETIC TRAINING INFORMATION.....9-10

ATHLETIC COMMUNICATIONS INFORMATION..... 11

DIRECTIONS TO ASSUMPTION COLLEGE..... 12-13

CAMPUS MAP..... 14

HOTEL SUGGESTIONS..... 15

RESTAURANT SUGGESTIONS..... 16



STAFF DIRECTORY

Administration:

Name	Title	Phone	Email
Nick Smith	Director of Athletics	(508) 767-7279	na.smith@assumption.edu
Peter Gardula	Associate Director of Athletics	(508) 767-7427	pgardula@assumption.edu
Bethany Ellis	Associate Director of Athletics/Compliance/SWA	(508) 767-7086	bjellis@assumption.edu
Donna Turcotte	Business Services Coordinator	(508) 767-7279	dturcott@assumption.edu
Kathy Daige	Administrative Secretary	(508) 767-7559	kdaige@assumption.edu
Jim Mullen	Assistant Director of Athletics for Operations	(508) 767-7288	jmullen@assumption.edu
Mike Rodier	Athletics Equipment Manager	(508) 767-7288	mrodier@assumption.edu
Ed Kursonis	Athletics Operations Assistant	(508) 767-7288	ej.kursonis@assumption.edu
Fax	Athletic Administration	(508) 798-2568	

Athletic Training:

Name	Title	Phone	Email
Gwen Chiaranda	Assistant Director of Athletics for Sports Medicine	(508) 767-7238	g.chiaranda@assumption.edu
Krystle Robleski	Associate Athletic Trainer / Strength and Conditioning Coordinator	(508) 767-7141	krubleski@assumption.edu
Andy O'Donnell	Assistant Athletic Trainer	(508) 767-7144	ab.odonnell@assumption.edu
Sharona Mallach	Assistant Athletic Trainer	(508) 767-7421	sb.mallach@assumption.edu
Training Room	Athletic Training Fax Number	(508) 767-7140	

Athletic Communications:

Name	Title	Phone	Email
Ken Johnson	Assistant Director of Athletics for Communications	(508) 767-7240	kr.johnson@assumption.edu
Jake Grossman	Assistant Coordinator of Athletic Communications	(508) 767-7413	jw.grossman@assumption.edu



Head Coach Directory

Sport	Name	Phone	Email
Baseball	Mike Rocco	(508) 767-7490	greidy@assumption.edu
Basketball-Men's	Matt Mahar	(508) 767-7330	m.mahar@assumption.edu
Basketball-Women's	Kerry Phayre	(508) 767-7282	kphayre@assumption.edu
Cross Country-Men's/Women's	Stacie Wentz	(508) 767-7481	bcoonan@assumption.edu
Field Hockey	Annie Lahey	(508) 767-7233	am.lahey@assumption.edu
Football	Bob Chesney	(508) 767-7454	re.chesney@assumption.edu
Golf	Tim Bibaud	(508) 767-7298	tbibaud@assumption.edu
Ice Hockey	Lance Brady	(508) 767-7075	lbrady@assumption.edu
Lacrosse – Men's	Keith Loftis	(508) 767-7187	k.loftis@assumption.edu
Lacrosse – Women's	Abbey Capobianco	(508) 767-7187	aj.capobianco@assumption.edu
Rowing	Erick Thiemke	(508) 767-7232	e.thiemke@assumption.edu
Soccer-Men's	Ryan Levesque	(508) 767-7236	rp.levesque@assumption.edu
Soccer-Women's	Kevin Meek	(508) 767-7194	kr.meek@assumption.edu
Softball	Ralph DeLucia	(508) 767-7298	rdelucia@assumption.edu
Tennis-Men's	Dan Munsey	(508) 767-7411	dj.munsey@assumption.edu
Tennis-Women's	Dan Munsey	(508) 767-7411	dj.munsey@assumption.edu
Track & Field-Men's/Women's	Stacie Wentz	(508) 767-7481	sa.wentz@assumption.edu
Volleyball	Maureen Atkins	(508) 767-7480	m.atkins@assumption.edu



Event Management

Name	Phone	Email
Jim Mullen	(508) 767-7288-W (508) 981-4183-C	jmullen@assumption.edu
Mike Rodier	(508) 767-7288-W (508) 864-6327-C	mrodier@assumption.edu

VISITING TEAM & SPECTATOR PARKING GUIDE (AFTER ENTERING THE ASSUMPTION COLLEGE CAMPUS)

Baseball/Basketball/Soccer/Swimming & Diving/Field Hockey/Lacrosse/Volleyball:

If you are traveling in a van you will park in front of the Plourde Recreation Center, which is lot **P6** on the map provided.

If you are traveling by bus, your bus will park alongside the rear of Laska Gymnasium, which is building #21 on the map provided. The bus should back in alongside the building and park against the curb and small hill and not against the building.

Directions are as follows:

- Enter Assumption College through main gate from Salisbury Street
- Follow Main Campus Road keeping right of the campus pond
- Follow the road till coming past Laska Gymnasium taking a left hand turn passing between the Plourde Gymnasium and Laska Gymnasium
- Park behind building #21 on the campus map. Once you are parked then you can unload.
 - **Spectator parking can be found in the Plourde Gymnasium parking lot (P6)**
- Directions to Plourde Gymnasium are as follows:
 - Enter Assumption College through main gate from Salisbury Street
 - Follow Main Campus Road keeping right of the campus pond
 - Follow the road till coming past Laska Gymnasium taking a left hand turn approaching Plourde Gymnasium on your right hand side
 - Take a left right into the parking lot

Football:

Buses will drop team off in **back of #21 (Laska Gymnasium) on the campus map**, located in between Plourde Gymnasium (22) and Laska Gymnasium (21).

- Enter Assumption College through main gate from Salisbury Street.
- Follow Main Campus Road keeping right of the campus pond
- Follow the road till coming past Laska Gymnasium taking a left hand turn passing Plourde Gymnasium and Laska Gymnasium
- Unload players at back of the Plourde Recreation Center
- After unloading players follow the road up the hill continuing around campus towards the entrance
- After passing parking lot P11, continue down the hill and bare left of the pond following the road towards Laska Gymnasium (21)
- Follow the road past Laska Gymnasium and Plourde Gymnasium (Both buildings will be on your left hand side. Continue on that road with the softball field straight ahead.
- Continue on that road until reaching the Maintenance Facility (34) on the campus map. This is where the bus will be parked
 - **Spectator parking can be found in the Plourde Gymnasium Parking Lot (P6)**
- Directions to Plourde Gymnasium Parking Lot (P6) are as follows:
 - Enter Assumption College through main gate from Salisbury Street
 - Follow Main Campus Road keeping right of the campus pond
 - Follow the road till coming past Laska Gymnasium taking a left hand turn approaching Plourde Gymnasium on your right hand side
 - Take a left right into the parking lot

Softball:

If you are traveling in a van you will park in front of the Plourde Recreation Center, which is lot # P6 on the map provided. Parking is not allowed in lot# P5. If you are traveling by bus, your bus will park alongside the rear of the Maintenance Facility, which is building #34 on the map provided. The bus should back in alongside the dorm building and park against the curb and small hill and not against the Maintenance Facility and its loading dock.

Directions are as follows:

- Enter Assumption College through main gate from Salisbury Street
- Follow Main Campus Road keeping right of the campus pond Follow the road till coming past Laska Gymnasium. Unload players in front of Laska Gymnasium (#21) if need to use Athletic Training or Bathrooms
- Continue past Laska Gymnasium (21) and Plourde Gymnasium (22) which will be on your left hand side
- Unload players in front of parking lot P5
- Continue on the road until reaching the Maintenance Facility (34) on the campus map. This is where the bus/van will be parked
 - **Spectator Parking can be found in the Plourde Gymnasium Parking Lot (P6)**
- Directions to Plourde Gymnasium Parking Lot (P6) are as follows:
 - Enter Assumption College through main gate from Salisbury Street
 - Follow Main Campus Road keeping right of the campus pond
 - Follow the road till coming past Laska Gymnasium taking a left hand turn approaching Plourde Gymnasium on your right hand side
 - Take a left right into the parking lot

Tennis:

If you desire a locker room for changing or using the facilities before proceeding onto the Tennis Courts you can stop at the Plourde Recreation Center which is Building 22 and Parking Lot 6 on the map provided. After stopping you will then continue to the back of campus to park and play your match (*see parking map provided*). We respectfully ask that you find parking alongside the Buildings and Grounds Department and not alongside or in back of the tennis courts and not on any landscape.

Directions are as follows:

- Enter Assumption College through main gate from Salisbury Street
- Enter Assumption College through main gate from Salisbury Street
- Follow Main Campus Road keeping right of the campus pond Follow the road till coming past Laska Gymnasium. Unload players in front of Laska Gymnasium (#21) if need to use Athletic Training or Bathrooms
- Continue past Laska Gymnasium (21) and Plourde Gymnasium (22) which will be on your left hand side
- Continue on the road until reaching the Tennis Courts (28) on the campus map. This is where the bus/van will be parked
- We respectfully ask that you find parking alongside the Buildings and Grounds Department and not alongside or in back of the tennis courts and not on any landscape.
 - **Spectator Parking can be found in the Plourde Gymnasium Parking Lot (P6)**
- Directions to Plourde Gymnasium Parking Lot (P6) are as follows:
 - Enter Assumption College through main gate from Salisbury Street
 - Follow Main Campus Road keeping right of the campus pond
 - Follow the road till coming past Laska Gymnasium taking a left hand turn approaching Plourde Gymnasium on your right hand side
 - Take a left right into the parking lot

Locations:

The Athletic Training Room is located in the **Laska Gymnasium basement** for all sports.

STAFF:

Name	Title	Phone	Email
Gwen Chiaranda	Assistant Director of Athletics for Sports Medicine	(508) 767-7238	g.chiaranda@assumption.edu
Krystle Robleski	Associate Athletic Trainer	(508) 767-7141	krobleski@assumption.edu
Andy O'Donnell	Assistant Athletic Trainer	(508) 767-7144	ab.odonnell@assumption.edu
Sharona Mallach	Assistant Athletic Trainer	(508) 767-7421	sb.mallach@assumption.edu
Fax	Athletic Training Fax Number	(508) 767-7140	

Near By Hospitals:**Directions to UMass Memorial Hospital - University Campus (Level One Trauma Center)**

55 Lake Ave North, Worcester, MA 01655

- From Assumption College campus turn left on Salisbury Street
- Follow Salisbury Street for 2 miles (through 4 sets of lights)
- At fourth set of lights take right on Lincoln Street (Rte. 70 South), following signs for Interstate 290 and Rte. 9 E/W
- At first light turn left on Rte. 9/Belmont Street (police station on corner)
- Follow this for approximately 2.5 miles (look for Beechwood Hotel on left)
- Turn left (at lights) on Plantation Street
- Hospital is on the right hand side.

Directions to UMass Memorial Hospital

119 Belmont Street, Worcester, MA 01605

- From Assumption College campus turn left on Salisbury Street
- Follow Salisbury Street for 2 miles (through 4 sets of lights)
- At fourth set of lights take right on Lincoln Street (Rte. 70 South), following signs for Interstate 290 and Rte. 9 E/W
- At first light turn left on Rte. 9/Belmont Street (police station on corner)
- Hospital is one half mile on the left

Supplies:

The following supplies will be available for each sporting event: ice, ice bags, water, cups, AED, splints, crutches, radio communication, taping area, modalities (ATC use only). In certain circumstances, additional supplies will be available to a specific sport. We cannot provide tape and other supplies, but we will be glad to help your athletes if they bring their own supplies.

Coverage

A certified athletic trainer will cover all home games. A physician or physician assistant and an ambulance will cover all home football games. A physician, physician assistant or an ambulance will cover all home hockey games.

Location:

The Athletic Communications office is located in the **Main Athletic Offices in the Laska Classroom Building.**

STAFF:

Name	Title	Phone	Email
Ken Johnson Jr.	Assistant Director of Athletics for Communications	(508) 767-7240	kr.johnson@assumption.edu
Jake Grossman	Assistant Coordinator of Athletic Communications	(508) 767-7413	jw.grossman@assumption.edu
Fax	Athletic Communications	(508) 798-2568	

Provides:

The Athletic Communication office will provide box scores, results, etc. to each team that visits Assumption College. If the visiting Director of Athletic Communications is not with the team, the Assumption Athletic Communications office will e-mail the game file and any other appropriate information to the opponent's Athletic Communication office following the contest.

If the opposing Director of Athletic Communications has any specific requests, such as a fax or email list, please contact the Assumption Athletic Communication office and we will do our best to fulfill those requests.

Please direct any additional questions to Assistant Athletics Director for Communications, Ken Johnson.



Driving Directions

To Assumption College Facilities which includes;

- Andrew Laska Gymnasium is the home of the Greyhound's intercollegiate women's volleyball, men's basketball and women's basketball programs.
- The Multi-Sport Stadium is the home of the intercollegiate football, women's soccer, men's soccer, field hockey, women's lacrosse and men's lacrosse programs.
- Normand R. Marois '55 Field is the home of the intercollegiate softball program
- H.L. Rocheleau '24 Field is the home of the intercollegiate baseball program.

From (Rhode Island) SOUTH

Route 146 North; Interstate 290 East; Exit 17, Route 9; left off the exit ramp on Route 9 (or Belmont St.); to second set of lights... Police Station on left, Crowne Plaza Hotel on left, Worcester Court House and Worcester Aud in front of you, Morgan Construction on right... at that set of lights, right on Rte. 70 (Lincoln St.); immediately, get to the left lane; one set lights... take left on to Salisbury Street... the College is at 500 Salisbury Street...

From (Connecticut) SOUTH

Interstate 84 East to Mass. Pike (Interstate 90) East; Exit 10 (Worcester/Auburn); Interstate 290 East; Exit 17, Route 9; left off the exit ramp on Route 9 (or Belmont St.); to second set of lights... Police Station on left, Crowne Plaza Hotel on left, Worcester Court House and Worcester Aud in front of you, Morgan Construction on right... at that set of lights, right on Rte. 70 (Lincoln St.) immediately, get to the left lane; one set lights... take left on to Salisbury Street... the College is at 500 Salisbury Street...

From EAST

Mass. Pike (Interstate 90) West; Exit 11a... Interstate 495 North; Interstate 290 West; Exit 18 (Lincoln Square); right off ramp on Lincoln St. (Rte. 70); to lights, take right on to Salisbury Street... the College is at 500 Salisbury Street...

From WEST

Mass. Pike (Interstate 90) East; Exit 10 (Worcester/Auburn), Interstate 290 East; Exit 17, Route 9; left off the exit ramp on Route 9 (or Belmont St.); to second set of lights... Police Station on left, Crowne Plaza Hotel on left, Worcester Court House and Worcester Aud in front of you, Morgan Construction on right... at that set of lights, right on Rte. 70 (Lincoln St.); immediately, get to the left lane; one set lights... take left on to Salisbury Street... the College is at 500 Salisbury Street...

From NORTH (Vermont)

Interstate 91 South to Mass. Pike (Interstate 90) East to Exit 10 Worcester/Auburn)... Interstate 290 East; Exit 17, Route 9; left off the exit ramp on Route 9 (or Belmont St.); to second set of lights... Police Station on left, Crowne Plaza Hotel on left, Worcester Court House and Worcester Aud in front of you, Morgan Construction on right... at that set of lights, right on Rte. 70 (Lincoln St.) immediately, get to the left lane; one set lights... take left on to Salisbury Street... the College is at 500 Salisbury Street...

From NORTH (New Hampshire/Maine)

Interstate 93 South or Everett Tpke. South; Interstate 495 South; Interstate 290 West to Worcester; Interstate 290 West; Exit 18 (Lincoln Square); right off ramp on Lincoln St. (Rte. 70); to lights, take right on to Salisbury Street... the College is at 500 Salisbury Street...

Campus Map



ASSUMPTION COLLEGE

Hotel Suggestions



Residence Inn by Marriot*

503 Plantation Street
Worcester, MA
(508) 753-6300

Holiday Inn Express*

12 Johnson Street
Auburn, MA
(508) 832-2500



Hilton Garden

35 Major Taylor Boulevard
Worcester, MA
(508) 559-0099



Courtyard Marriot

72 Grove Street
Worcester, MA
508-363-0300



Hotel Worcester

Summer Street
Worcester MA
1-866-599-6674

***Mention Assumption College Athletics and receive a discount**

Food Suggestions

Will Deliver

Ciao Bella	402 Grove Street, Worcester	508-756-2426	open all day
Blue Jean Pizza	270 Park Ave, Worcester	508-753-3777	open all day
Fastway Pizza	84 West Boylston St., Worcester	508-852-2300	open lunch & dinner
Worcester House of Pizza	222 Chandler Street, Worcester	508-752-9800	open all day

Restaurants and Pubs

Northworks	106 Grove Street, Worcester	508-755-9657	11:30 am to 11 pm
Tweeds	229 Grove Street, Worcester	508-755-8047	11 am to 12 am