

Arizona Men's Cross Country Record Book

Individual National Champions (3)

Athlete	Year	Time
Lawi Lalang	2011	28:44.1
Martin Keino	1994	30:08.7
Aaron Ramirez	1986	30:27.53

Team Conference Championships (7)

Year	Points	Site
1999	36	Long Beach, Calif.
1994	49	Stanford, Calif.
1991	45	Stanford, Calif.
1987	32	Stanford, Calif.
1986	49	Stanford, Calif.
1984	44	Stanford, Calif.
1983	38	Stanford, Calif.

Individual Conference Champions (11)

Athlete	Year	Time
Lawi Lalang	2012	22:49
Lawi Lalang	2011	22:37
Robert Cheseret	2005	23:57
Robert Cheseret	2004	23:48
Abdi Abdirahman	1998	23:23
Martin Keino	1994	24:04
Marc Davis	1990	23:44
Marc Davis	1989	23:31
Matt Giusto	1987	30:33
Aaron Ramirez	1986	30:23.7
Tom Ansberry	1984	30:24.8

Pac-12 Athlete of the Year (13)

Athlete	Year
Lawi Lalang (2)	2011, 2012
Stephen Sambu	2010
Robert Cheseret (2)	2004, 2005
Abdi Abdirahman	1998
Martin Keino (2)	1991, 1994
Marc Davis (2)	1989, 1990
Matt Giusto	1987
Aaron Ramirez	1986
Tom Ansberry	1984

Pac-12 Newcomer/Freshman of the Year (4)

Athlete	Year
Lawi Lalang	2011
Stephen Sambu	2010
Mohamed Trafah	2004
Robert Cheseret	2003

Pac-12 Scholar Athlete of the Year (1)

Athlete	Year
Sam Macaluso	2014

Pac-12 Coach of the Year (7)

Coach	Years
Dave Murray	1983, 1984, 1986, 1987, 1991, 1994, 1999

Pac-12 All-Conference (22)

Athlete	Year (Team)
Victor Ortiz-Rivera	2020 (1)
Lawi Lalang	2011 (1), 2012 (1)
Stephen Sambu	2010 (2), 2012 (1)
Obed Mutanya	2005 (1), 2006 (1)
Robert Cheseret	2003 (1), 2004 (1), 2005 (1), 2006 (1)
Jonah Maiyo	2003 (1), 2005 (2)
Kyle Goklish	2001 (2)
Steve Smith	1999 (2), 2000 (2)
David Lopez	1999 (1), 2000 (2)
Tom Prindiville	1999 (2), 2000 (1)
Brent Pedersen	1999 (2)
Micheil Jones	1999 (1)

NCAA Championship Team Appearances (23)

Year	Place	Points
2006	21st	517
2005	10th	384
2003	23rd	536
2001	21st	486
2000	12th	419
1999	10th	346
1998	11th	348
1994	3rd	172
1992	18th	388
1991	T-4th	236
1990	21st	484
1987	6th	244
1986	6th	224
1985	4th	175
1984	2nd	111
1983	T-14th	322
1982	11th	272
1981	7th	253
1980	22nd	484
1978	7th	248
1977	9th	262
1976	7th	324
1972	20th	439

Arizona Women's Cross Country Record Book

Individual National Champions (2)

Athlete	Year	Time
Tara Chaplin	2001	20:24
Amy Skiersz	1996	17:04

Team Conference Championships (1)

Year	Points	Site
2013	69	Louisville, Colo.

Individual Conference Champions (5)

Athlete	Year	Time
Tara Chaplin	2000	20:10
Amy Skiersz	1998	16:59
Amy Skiersz	1997	16:40
Amy Skiersz	1996	16:36
Amy Skiersz	1995	16:45

Pac-12 Athlete of the Year (5)

Athlete	Year
Tara Chaplin	2000
Amy Skiersz (4)	1998, 1997, 1996, 1995,

Pac-12 Newcomer/Freshman of the Year (1)

Athlete	Year
Kayla Beattie	2013

Pac-12 Scholar Athlete of the Year (2)

Athlete	Year
Stephanie Bulder	2014
Elvin Kibet	2013

Pac-12 Coach of the Year (2)

Coach	Years
James Li	2013, 2010

Pac-12 All-Conference (18)

Athlete	Year (Team)
Addi Zerrenner	2016 (2), 2018 (2)
Elvin Kibet	2010 (1), 2011 (2), 2012 (1), 2013 (1)
Nicci Corbin	2013 (1)
Kayla Beattie	2013 (1)
Jen Bergman	2010 (1), 2011 (1), 2012 (1)
Hannah Moen	2010 (2)
Megan Meyer	2010 (2)
Mattie Callahan	2009 (2)
Beth Hoge	2001 (2)
Tara Chaplin	2000 (1), 2001 (1)
Katrin Engelen	2000 (2)

NCAA Championship Team Appearances (16)

Year	Place	Points
2013	2nd	197
2012	6th	263
2011	19th	447
2010	11th	372
2009	30th	682
2001	4th	194
2000	19th	476
1999	27th	608
1998	16th	397
1996	6th	214
1995	6th	186
1994	10th	273
1993	12th	311
1992	14th	360
1991	11th	294
1981	8th	182

Arizona Men's Cross Country Record Book

Pac-12 All-Academic (First Team, Second Team, Honor Roll)

Athlete	Year (Team)
Brennan Foody	2023 (HR)
Noah Jodon	2023 (HR)
Cooper Quigley	2023 (HR)
Parker Lehmann	2022 (HR), 2023 (HR)
Cade Russo	2022 (HR), 2023 (HR)
Ian Sanchez Lopez	2022 (HR), 2023 (HR)
Iker Sanchez Lopez	2022 (HR)
Ayden Schilb	2022 (HR), 2023 (HR)
Luke Biondolillo	2021 (HR)
Brandon Bounds	2021 (HR), 2022 (HR), 2023 (HR)
Bradley Rzewnicki	2021 (HR)
Jeffrey Sillers	2021 (HR), 2022 (HR)
Andrew Buchanan	2019 (HR)
Shem Kebmoi	2019 (HR)
Connor McCabe	2019 (HR)
Victor Ortiz-Rivera	2019 (HR)
Carlos Villarreal	2019 (HR)
Hunter Davila	2018 (2)
Travis Thorne	2017 (2), 2018 (1)
Jeff Gautreau	2016 (2)
Sam Willis	2015 (1)
Sam Macaluso	2013, (1) 2014 (2)
Brendan Tinoco	2014 (1)
Collins Kibet	2014 (1)
Lawi Lalang	2012 (2), 2013 (2)
Kenji Bierig	2012 (2)
Rory McLeod	2010, (2) 2011 (1), 2012 (1)
Patrick Zacharias	2011 (1)
Jordan Mara	2008 (2), 2009 (1), 2010 (1)
Reed Blochburger	2008 (1)
Chris Ogle	2005 (1), 2006 (1)
Aaron Powell	2002 (1), 2004 (1)
Kevin Engelhardt	2002 (1), 2004 (1)
Craig Pansing	2002 (1)
Mark Anderson	2001 (1), 2002 (1)
Michael Cramer	1999 (1), 2000 (2), 2001 (1)
Micheil Jones	1998 (2), 1999 (2)
Brett Pederson	1999 (1)
Margarito Casillas	1995 (1), 1997 (2)
Luther Kopf	1996 (2)
Chad Wenger	1996 (1)
Jon Pillow	1994 (1), 1995 (1), 1996 (1)
Jeff Haynes	1993 (1), 1994 (1), 1995 (2)
Kirk Bronander	1992 (2), 1993 (2)
Bernard Semler	1990 (1), 1991 (2), 1992 (1)

All-America Honors (28)

Athlete	Year	Place
Stephen Sambu	2012	2nd
Lawi Lalang	2012	3rd
Lawi Lalang	2011	1st
Stephen Sambu	2010	2nd
Mohamud Ige	2009	38th
Robert Cheseret	2006	10th
Robert Cheseret	2005	10th
Robert Cheseret	2004	9th
Abdi Abdirahman	1998	2nd
Abdi Abdirahman	1997	7th
Robert Keino	1995	11th
Martin Keino	1994	1st
Martin Keino	1991	4th
Matthew Giusto	1987	20th
Aaron Ramirez	1986	1st
Matthew Giusto	1986	3rd
Matthew Giusto	1985	23rd
Tom Ansberry	1984	5th
Tom Ansberry	1983	14th
Harrison Koroso	1981	25th
Thom Hunt	1979	5th
Thom Hunt	1978	3rd
Thom Hunt	1977	8th
Thom Hunt	1976	13th
Terry Cotton	1976	18th
Terry Cotton	1975	18th
Edward Mendoza	1974	9th
Edward Mendoza	1973	15th

Historical Requirements:

2008-Present	Top 40
1998-2007	Top 30
1968-1997	Top 25
1938-1967	Top 15

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Pac-12 All-Academic (First Team, Second Team, Honor Roll)

Athlete	Year (Team)
Sailor Hutton	2023 (HR)
Kara Mickelson	2023 (HR)
Erika Cuniam	2022 (HR)
Peyton Heiden	2022 (HR)
Tenley Hughes	2022 (HR)
Megan Bounds	2021 (HR)
Maddy Christopher	2021 (HR)
Grace Driskill	2021 (HR), 2022 (HR)
Brigid Hanley	2021 (HR), 2022 (HR)
Meggie Karp	2021 (HR)
Alisa Lyesina	2021 (HR), 2022 (HR), 2023 (HR)
Johnnie Mitchell	2021 (HR), 2022 (HR), 2023 (HR)
Keelah Barger	2019 (HR)
Megan Bounds	2019 (HR)
Maddie Christopher	2019 (HR)
Grace David	2019 (HR)
Meggie Karp	2019 (HR), 2022 (HR)
Lauren Neugeboren	2019 (HR)
Thea Ramsey	2019 (HR)
Hannah Whetzel	2016 (2), 2017 (2), 2018 (1)
Claire Green	2015 (2), 2016 (2)
Kate Penney	2014 (2), 2015 (2)
Stephanie Bulder	2012 (1), 2013 (1), 2014 (1)
Elvin Kibet	2011 (2), 2012 (1), 2013 (2)
Erin Menefee	2011 (1), 2012 (1), 2013 (1)
Hanna Henson	2011 (1)
Megan Meyer	2010 (1)
Marissa Urban	2006 (2), 2007 (2), 2008 (1)
Angelina Cabrera	2005 (2), 2006 (1), 2007 (2)
Ashley Ippolito	2004 (2)
Beth Hoge	2004 (1)
Michi Hirakawa-Wong	2003 (2)
Jennifer Ford	2003 (2), 2005 (2)
Amanda Goeller	2003 (1)
Robin Tierney	2002 (2)
Susan Mortensen	2002 (2)
Nicole Gurnicz	2001 (1), 2003 (1)
Jennifer Burris	2001 (2)
Tara Chaplin	1999 (1), 2000 (2), 2001 (1)
Kelly Chavez	1996 (2), 1997 (2)
Ann Colonna	1995 (1)
Lisa Quaintance	1994 (2), 1995 (2)
Viola Schaffer	1994 (1), 1995 (1)

All-America Honors (16)

Athlete	Year	Place
Claire Green	2017	24th
Elvin Kibet	2013	15th
Nicci Corbin	2013	22nd
Elvin Kibet	2012	19th
Jennifer Bergman	2012	29th
Jennifer Bergman	2011	26th
Tara Chaplin	2001	1st
Amy Skieresz	1998	2nd
Amy Skieresz	1997	2nd
Amy Skieresz	1996	1st
Amy Skieresz	1995	2nd
Suzanne Castruita	1994	7th
Brenda Sleenwenhoek	1993	20th
Jean Harvey	1992	24th
Bridget Smyth	1988	20th
Joan Hansen	1981	6th

Historical Requirements:

2008-Present	Top 40
1998-2007	Top 30
1968-1997	Top 25
1938-1967	Top 15