



2016 PAC-12 CROSS COUNTRY CHAMPIONSHIPS

**PARTICIPANT
MANUAL**

OCTOBER 28, 2016

**RANDOLPH NORTH GOLF COURSE
UNIVERSITY OF ARIZONA**



TABLE OF CONTENTS

1. CHAMPIONSHIPS PERSONNEL	3
1.1. Pac-12 Championships Administration	3
2. SCHEDULE OF EVENTS	5
3. MEET INFORMATION	6
3.1. Awards & Awards Ceremony	6
3.2. Chip Timing	6
3.3. Course Description	6
3.4. Entry Procedure	6
3.5. Hospitals	6
3.6. Parking	6
3.7. Participant Memento – Gifting Suite	6
3.8. Sports Medicine	7
3.9. Team Areas	7
3.10. Technical Meeting	7
4. LIGHTNING POLICY	8
5. TRAVEL & LODGING	9
5.1. Travel to Championships Site	9
5.2. Hotel Info – Meet Headquarters	9
6. DINING OPTIONS	10
7. COURSE MAP	11

1. Championships Personnel

1.1. PAC-12 CHAMPIONSHIPS ADMINISTRATION

PAC-12 ADMINISTRATION			
CONTACT	TITLE	PHONE	EMAIL
GLORIA NEVAREZ	SENIOR ASSOCIATE COMMISSIONER, SENIOR WOMAN ADMINISTRATOR AND SPORT LIAISON	OFFICE: (415) 549-2879 CELL: (925) 482-4157	GNEVAREZ@PAC-12.ORG
SEAN HARRIS	ASSISTANT DIRECTOR, SPORTS MANAGEMENT AND CHAMPIONSHIPS & SPORT LIAISON	OFFICE: (415) 549-2860 CELL: (253) 249-8705	SHARRIS@PAC-12.ORG
JESSE HOOKER	PAC-12 MEDIA CONTACT/DIRECTOR OF COMM.	OFFICE: 415-580-4212	JHOOKER@PAC-12.ORG
RICK SLOAN	PAC-12 RULES COORDINATOR	CELL: 509-432-1146	RICKSLOAN1968@GMAIL.COM
ARIZONA ADMINISTRATION			
GREG BYRNE	VICE PRESIDENT FOR ATHLETICS	520-621-4622	UOFAAD@ARIZONA.EDU
ERIKA BARNES	SENIOR ASSOCIATE DIRECTOR OF ATHLETICS	520-621-2473	EBARNES@ARIZONA.EDU
SUZY MASON	SENIOR ASSOCIATE DIRECTOR OF ATHLETICS	520-621-4694	MASONS@ARIZONA.EDU
FRED HARVEY	DIRECTOR OF CROSS COUNTRY/TRACK & FIELD	520-621-2124	FLH@ARIZONA.EDU
JAMES LI	HEAD CROSS COUNTRY COACH	520-621-4829	JLLI@ARIZONA.EDU
TIM RILEY	ASSISTANT CROSS COUNTRY COACH	520-626-7734	TRILEY@ARIZONA.EDU
FRANCESCA GREEN	CHAMPIONSHIP DIRECTOR/ASSISTANT COACH	520-626-8300	FEGREEN@ARIZONA.EDU
DAWN BOXLEY	DIRECTOR OF OPERATIONS, T&F / CC	520-621-4081	DEM@ARIZONA.EDU
TOM MOORE	ASSISTANT DIRECTOR, FACILITIES	520-621-4694	MOORET@ARIZONA.EDU
JEREMY SHARPE	ASSOCIATE AD, COMMUNICATION SERVICES	520-621-4163	JEREMYSHARPE@ARIZONA.EDU
RANDY COHEN	ASSOCIATE AD, MEDICAL SERVICES	520-621-4674	RPCOHEN@ARIZONA.EDU
DUSTIN WILLIAMS	ASSOC. ATHLETIC TRAINER, CROSS COUNTRY	520-621-4674	DJWILLIAMS@EMAIL.ARIZONA.EDU
DR. DONALD PORTER	TEAM PHYSICIAN	520-621-4674	DPORTER@ARIZONA.EDU
DR. BRUCE HELMING	ASSISTANT TEAM PHYSICIAN	520-621-4674	BHELMING@ARIZONA.EDU

OFFICIALS			
DAVE MURRAY	CHAMPIONSHIP MEET REF- EREE	520-909-0085	DMURRAY@DAKOTACOM. NET
PAUL SITTER	STARTER	520-400-5217	SITTERPR@COMCAST. NET
JOHN COPELAND	BACK-UP STARTER	520-888-2123	
PAUL MERCA	PA ANNOUNCER	206-499-4329	PAULMERCA70601@ YAHOO.COM
KEN MEENAN	HEAD CLERK	520-240-7315	CJMKMM@HOTMAIL.COM
NIPPY FELDHAKE	FINISH LINE JUDGE	520-747-2544	NIPPY-MR-SMARTY- PANTS@JUNO.COM

Arizona Athletics Web Site – General Information – www.arizonawildcats.com

ATHLETIC DEPARTMENT GENERAL:

University of Arizona Athletics
McKale Center
1 National Championship Drive
P.O. Box 210096
Tucson, Arizona 85721-0096
TEL: 520-621-2200
FAX: 520-621 9690

2. Schedule of Events

Thursday, October 27, 2016

2:00pm	Course available for inspection
6:00pm	Coaches' Technical Meeting – Held at the Randolph Golf Course Clubhouse located at 600 S. Alvernon Way, Tucson, AZ 86711. (Light snacks and refreshments will be served in lieu of a coaches' dinner)

Friday, October 28, 2016

8:00am	Championship Course Open
9:10am	National Anthem
9:15am	Called to Start - Women
9:25am	Final Instructions - Women
9:30am	Start of Women's Race
10:15am	Called to Start - Men
10:25am	Final Instructions - Men
10:30am	Start of Men's Race
11:10am	Awards Ceremony

3. Meet Information

3.1. AWARDS & AWARDS CEREMONY

An awards ceremony will take place near the clubhouse immediately following the competition. The Scholar Athlete of the Year for each gender will be presented with a certificate. Next, the top 10 individuals finishers for each gender will be called up and presented with an award along with the Championship teams.

3.2. CHIP TIMING

Timing chips will be issued at the coaches' technical meeting on Thursday, October 27, 2016 in the Randolph Golf Course clubhouse. At the technical meeting head coaches will be asked to sign a waiver claiming responsibility for the chips. At the conclusion of the meet, all timing chips are to be returned at your discretion prior to departure from the course. Coaches will be given an exact location of where to bring the chips at a later date. There will be a \$50.00 charge for each un-returned chip.

3.3. COURSE DESCRIPTION

Randolph North Golf Course – 600 S. Alvernon Way Tucson, AZ 85711

Randolph Golf Course is the competition site for the 2016 Pac-12 Cross Country Championships. The course will be all grass with some golf cart path crossings. There are numerous small hills throughout. The Women's race will include 3 loops and the Men's race will include 4 loops. The loop is approx. 2000m with the start line being approx. 400ft and the finish line approx. 300ft of open field. (Please see attached course map.

3.4. ENTRY PROCEDURE

Entries for the Pac-12 Championships must be submitted to Direct Athletics (www.directathletics.com) by 12:00am PDT on Monday, October 24, 2016. Entries will not be accepted by telephone, fax or email. There is no limit to the number of athletes that can be entered to compete. Coaches will declare a maximum of 10 men and 10 women runners for the Championship meet at the coaches meeting on October 27th at 6:00pm. Only 12 student-athletes of each gender may travel to the Championships site, per Pac-12 regulations.

Please send us your top 14 competitors by Monday, October 10, 2016, as this will be very important for the production of bibs. (Please see the Entry Information form attachment).

3.5. HOSPITALS

Banner - University Medical Center – Emergency Care
1501 N. Campbell Ave
Tucson, AZ 85724
(520) 694-8888

3.6. PARKING

Teams arriving by bus can drop off at the clubhouse and then stage at Hi Corbett Field (Please see Map for location). Team vans will be able to park and stay in the clubhouse parking lot along with working staff, identified VIPs, and Pac-12 personnel. All spectators and media will also be able to park in the clubhouse parking lot on a first come first serve basis.

3.7. PARTICIPANT MEMENTO – GIFTING SUITE

A gifting suite will be set up in the tent outside of the clubhouse, Thursday, October 27th from 2:00pm – 6:00pm. Please be sure to make time for your teams to stop by the suite to choose their participation gifts. All orders will be taken on site and will be shipped directly to the head coach, two weeks following the

Championships.

3.8. SPORTS MEDICINE

Medical staff will be on site for the course inspection on Thursday, October 27th. On the day of competition, the medical staff will be available at 8:00am, which is 1.5 hours prior to the start of the competition.

Gatorade, water, modality, medial supplies, and ice bags will be available for student-athletes on both days. A Physician and EMT's will also be on site during the competition. The medical tent will be located close to the finish line. Please contact Dustin Williams at (520) 621-4674 with any questions.

3.9. TEAM AREAS

Designated team area will be located on the fairway directly across from the starting line area. Each team will be provided a tent in the designated team area. You will have access to your team tent beginning the day of the course inspection.

3.10. TECHNICAL MEETING

The coaches' technical meeting will take place in the Randolph Golf Course Clubhouse located at 600 S. Alvernon Way, Tucson, AZ 85711. The meeting will promptly begin at 6:00pm. There will be light snacks and refreshments served in lieu of the coaches dinner. Race day credentials, parking passes, and timing chips will be distributed at the meeting.

4. Lightning Policy

Thunderstorms can produce dangerous conditions for athletes and spectators during outdoor events. Safety is the foremost priority when weather conditions surrounding the athletic site become threatening. The Championship Director and meet officials will adhere to the following procedures if area thunderstorms have the potential to threaten the safety of the event and its participants:

PRIOR TO COMPETITION

1. The Championship Director and Athletic Training staff will inform all coaches and meet personnel in attendance at the Technical Meeting about the possibility of thunderstorms and lightning in the area. Competition delays and procedures will be discussed at this time.
2. The Championship Director will continually monitor weather conditions using the MxVision WeatherSentry system, which will alarm if lightning strikes are recorded within 50 miles of the competition site.

DURING COMPETITION

1. Once it is determined that dangerous weather conditions are nearing the competition site, the Championship Director will notify meet officials and team coaches of a possible delay and site evacuation.
2. Once lightening is detected within eight (8) miles of the course, air horns will be utilized to signal the stop of competition. Meet officials will ask coaches, athletes, spectators, and working staff to immediately seek safe shelter. Due to the limited capacity of the course Clubhouse, the safe shelter for coaches, athletes, and spectators will be team buses, vans, and personal vehicles.

RESUMING COMPETITION

1. Competition will resume thirty (30) minutes after the last lightning strike has been recorded within eight (8) miles of the course.
2. Meet personnel will sound the air horn once again to notify teams and fans that the competition site is safe for return. If the race has already begun and is suspended in the middle of competition, the Pac-12 and meet officials would recommend the following procedure to resume competition:
 - Women's 6,000 meter - if competition is suspended before the 2,000 meters mark, the race may be run the same day with a two hour delay. If competition is suspended after 2,000 meters, it is recommended to postpone competition until the next day.
 - Men's 8,000 meter - if competition is suspended before the 3,000 meters mark, the race may be run the same day with a two hour delay. If competition is suspended after 3,000 meters, it is recommended to postpone competition until the next day

5. Travel & Lodging

5.1. TRAVEL TO CHAMPIONSHIPS SITE

Tucson International Airport (TUS) is located approx. 20mins (17miles) away from Randolph Golf Course and the DoubleTree Hotel – Reid Park (Meet Headquarters). The Phoenix International Airport is located approx. 2 hours (115miles) away from Randolph Golf Course and the DoubleTree Hotel – Reid Park.

5.2. HOTEL INFO – MEET HEADQUARTERS

The meet headquarters hotel is the DoubleTree by Hilton – Reid Park

DoubleTree by Hilton – Reid Park
445 S. Alvernon Way
Tucson, AZ 85711
TEL: 520-881-4200



Marriott - Tucson University

Park Address:
800 E. 2nd Street
Tucson, AZ 85719
Contact Information:
(520) 792.4100
Website:

<http://tucsonmarriotthotel.com>



Lodge on the Desert Address:

306 N Alvernon Way
Tucson, AZ 85711
Contact Information:
(877) 498.6776
Website:

<http://lodgeonthedesert.com>



Casino Del Sol

Resort Address:
5655 W Valencia Rd,
Tucson, AZ 85757
Contact Information:
(855) 765.7829
Website:

<http://casinodelsolresort.com>



Desert Diamond Address:

7350 S Nogales Hwy,
Tucson, AZ 85756
Contact Information:
(520) 294.7777
Website:

<http://ddcaz.com>



Radiasson Suites

Tucson Address:
6555 E. Speedway Blvd.
Tucson, AZ 85710
Contact Information:
(520) 721.7100
Website:

<http://radisson.com>



6. Dining Options



Union Public House
(520) 329.8575

<http://www.uniontucson.com>



Guadalajara Grill
(520) 256.7663

<http://www.guadalajaraoriginalgrill.com>



Dickey's Barbecue
(520) 638.8030

<http://www.dickeys.com>



Jimmy John's
(520) 206.9999

<http://www.jimmyjohns.com>



Outback Steakhouse
(520) 323.8892

<http://www.outback.com>



Cup It Up
(520) 398.6700

<http://www.cupitup.com/>



Raising Cane's
(520) 373.5203

<http://www.raisingcane.com/>



McDonald's

<http://www.mcdonalds.com>

7. Course Map



Randolph Golf Course is the competition site for the 2016 Pac-12 Cross Country Championships. The course will be all grass with some golf cart path crossings. There are numerous small hills throughout. The Women's race will include 3 counter clockwise loops and the Men's race will include 4 counter clockwise loops. The loop is approx. 2000m with the start line being approx. 400m and the finish line approx. 300ft of open field.



-  STARTING LINE
-  FINISH LINE
-  1 CLUBHOUSE - SPECTATOR/TEAM ENTRANCES
-  2 WELCOME TENT/MENTORING AREA
-  3 TEAM TENTS & STUDENT-ATHLETE HOSPITALITY
-  4 TEAM USE PARKING & OVERFLOW PARKING LOT
-  5 SPECTATOR PARKING