

2022 BRYAN CLAY INVITATIONAL

WEDNESDAY [April 13th]

Multi [blue], Steeple, Invite 10k

8:00 AM	Hep 100m H [Section C]	6 Heats
10:00 AM	Dec 100m [Section C]	2 Heats
10:30 AM	Hep 100m H [Section B]	
12:00 PM	Hep 200m [Section C]**	4 Heats
1:30 PM	Dec 100m [Section A/B]	4 Heats
2:00 PM	Hep 100m H [Section A]	7 Heats
2:20 PM	Hep 200m [Section B]**	4 Heats
3:00 PM	Dec 400m [Section C]**	2 Heats
6:15 PM	Hep 200m [Section A]**	4 Heats
6:30 PM	Dec 400m [Section A/B]**	4 Heats
6:45 PM	W Steeple [slow to fast]	5 Heats
7:45 PM	M Steeple [fast to slow]	6 Heats
8:50 PM	W Invite 10k	1 Heat
9:30 PM	M Invite 10k [fast to slow]	2 Heats

** Estimate start time off a rolling time schedule

THURSDAY [April 14th]

Morning: Open 10k, Open B 5k's

Evening: 800's, Open A 5k's and Invite 5k's

Multi: 800's and 1500's scheduled throughout the day [blue]

7:00 AM	M Open 10k	
7:35 AM	W Open 10k	
8:15 AM	M Open B 5k [fast to slow]	5 Heats
8:30 AM	Hep LJ [Section C, Flight 1]	
8:30 AM	Hep LJ [Section C, Flight 2]	
9:35 AM	W Open B 5k [fast to slow]	3 Heats
10:45 AM	Hep 800 Ht 1	
11:00 AM	Hep LJ [Section B, Flight 1]	
11:30 AM	Hep 800 Ht 2	
12:00 PM	Decathlon 110 H [Section C]	
12:30 PM	Hep LJ [Section B, Flight 2]	
1:00 PM	Dec 110 H [Section B]	
2:00 PM	Dec 110 H [Section A]	
2:00 PM	Hep LJ [Section A, Flight 1]	
2:30 PM	Hep 800 Ht 3	
2:45 PM	Hep 800 Ht 4	
2:55 PM	W 800 [slow to fast]	24 Heats
3:15 PM	Hep LJ [Section A, Flight 2]	
4:10 PM	M 800 [slow to fast]	27 Heats
5:20 PM	Hep 800 Ht 5 & 6 Combined	

Men's & Women's Open A 5k [Alternating Gender, Slow to Fast]

5:30 PM	W Open A 5k Ht 1
5:38 PM	M Open A 5k Ht 1
5:54 PM	W Open A 5k Ht 2
6:14 PM	M Open A 5k Ht 2
6:30 PM	W Open A 5k Ht 3
6:48 PM	Dec 1500 Ht 1 & 2 Combined
6:55 PM	M Open A 5k Ht 3
7:11 PM	W Open A 5k Ht 4
7:30 PM	M Open A 5k Ht 4
7:46 PM	Dec 1500 Ht 3
7:54 PM	W Open A 5k Ht 5
8:13 PM	M Open A 5k Ht 5

Men's & Women's Invite 5k [Alternating Gender, Fast to Slow]

8:40 PM	W Invite 5k Ht 1
8:57 PM	M Invite 5k Ht 1
9:12 PM	W Invite 5k Ht 2
9:29 PM	M Invite 5k Ht 2
9:44 PM	W Invite 5k Ht 3
10:01 PM	M Invite 5k Ht 3
10:16 PM	W Invite 5k Ht 4
10:33 PM	M Invite 5k Ht 4

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FRIDAY [April 15th]

RUNNING EVENTS

9:20 AM	Welcome Prayer & National Anthem	
9:30 AM	M 4x100	4 Heats
9:45 AM	W 4x100	4 Heats
10:05 AM	M 110 H	10 Heats
10:35 AM	W 100 H	13 Heats
11:05 AM	M 400	14 Heats
11:35 AM	W 400	14 Heats
12:05 PM	M 100	18 Heats
12:40 PM	W 100	16 Heats
1:10 PM	M 400 H	10 Heats
1:35 PM	W 400 H	11 Heats
2:05 PM	M 200	22 Heats
2:50 PM	W 200	23 Heats
3:25 PM	M 4x400	4 Heats
3:40 PM	W 4x400	4 Heats

1500 Heats Begin: Run in Chronological Order

4:00 PM	W Open B 1500 [slow to fast]	10 Heats
5:05 PM	M Open B 1500 [slow to fast]	15 Heats
6:40 PM	W Invite 1500 [slow to fast]	10 Heats
7:45 PM	M Invite 1500 [fast to slow]	10 Heats
8:35 PM	W Open A 1500 [fast to slow]	10 Heats
9:35 PM	M Open A 1500 [fast to slow]	10 Heats

FIELD EVENTS

9:00 AM	Men's Hammer at Citrus College ***
10:00 AM	Women's Long Jump (with finals)
10:00 AM	Men's Long Jump (with finals)
10:00 AM	Men's High Jump Open (2 pits)
10:00 AM	Women's Pole Vault Open B (East Pit)
10:00 AM	Men's Pole Vault Open B (West Pit)
10:00 AM	Men's Shot Put (with finals)
11:30 AM	Women's Hammer at Citrus College ***
12:00 PM	Men's High Jump Invitational (2 pits)
1:00 PM	Women's Javelin
2:00 PM	Women's Discus at Citrus college ***
1:00 PM	Women's High Jump Invitational (2 pits)
1:00 PM	Men's Pole Invitational (West Pit)
2:00 PM	Women's Pole Vault Invitational (East Pit)
4:00 PM	Women's Shot Put
4:00 PM	Men's Discus at Citrus College ***
4:00 PM	Women's High Jump Open (2 pits)
4:00 PM	Men's Javelin (with finals)
3:00 PM	Men's Triple Jump
3:00 PM	Women's Triple Jump
4:00 PM	Men's Pole Vault Open A (West Pit)
4:00 PM	Women's Pole Vault Open A (East Pit)