



Appalachian State Wrestling

GENERAL INFORMATION

Name of School..... Appalachian State University
 Location Boone, N.C.
 Founded 1899
 Enrollment 16,600
 Conference..... Southern
 Affiliation NCAA Division I
 Nickname Mountaineers
 Colors Black and Gold
 Facility Varsity Gymnasium
 Chancellor Dr. Kenneth E. Peacock
 Alma Mater..... Mars Hill (1970)
 Athletics Director..... Charlie Cobb
 Alma Mater..... North Carolina State (1990)
 Athletics Department Phone (828) 262-4010

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WRESTLING HISTORY

Southern Conference Championship Eight
 Years 1984, '95, '96, '97, '98, '99, 2000, '01
 Southern Conference Individual Champions 75
 NCAA All-Americans 5
 Olympians 4

Credits

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TEAM INFORMATION

2007-08 Overall Record 14-7-0
 Conference 4-1-0
 SoCon Mat Jam Finish 2nd

COACHING STAFF

Head Coach Paul Mance
 Record at Appalachian 341-203-10 (32 Years)
 Career Record..... 380-219-10 (36 years)
 Office..... (828) 262-3082
 Email mancepe@appstate.edu
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 Email bentleyjmo@appstate.edu
 Assistant Coach Travis Drake
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 Assistant Coach Terreyl Williams
 Athletic Trainer Andrew Browder
 Manager Bridget Metcalf



Head coach Paul Mance enters his 33rd season as head coach of the Mountaineers

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Eric Bohannon
Intern/Wrestling Contact



Mike Flynn
Director



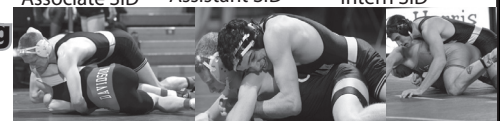
Ty Patton
Associate SID



Charles Cochrum
Assistant SID



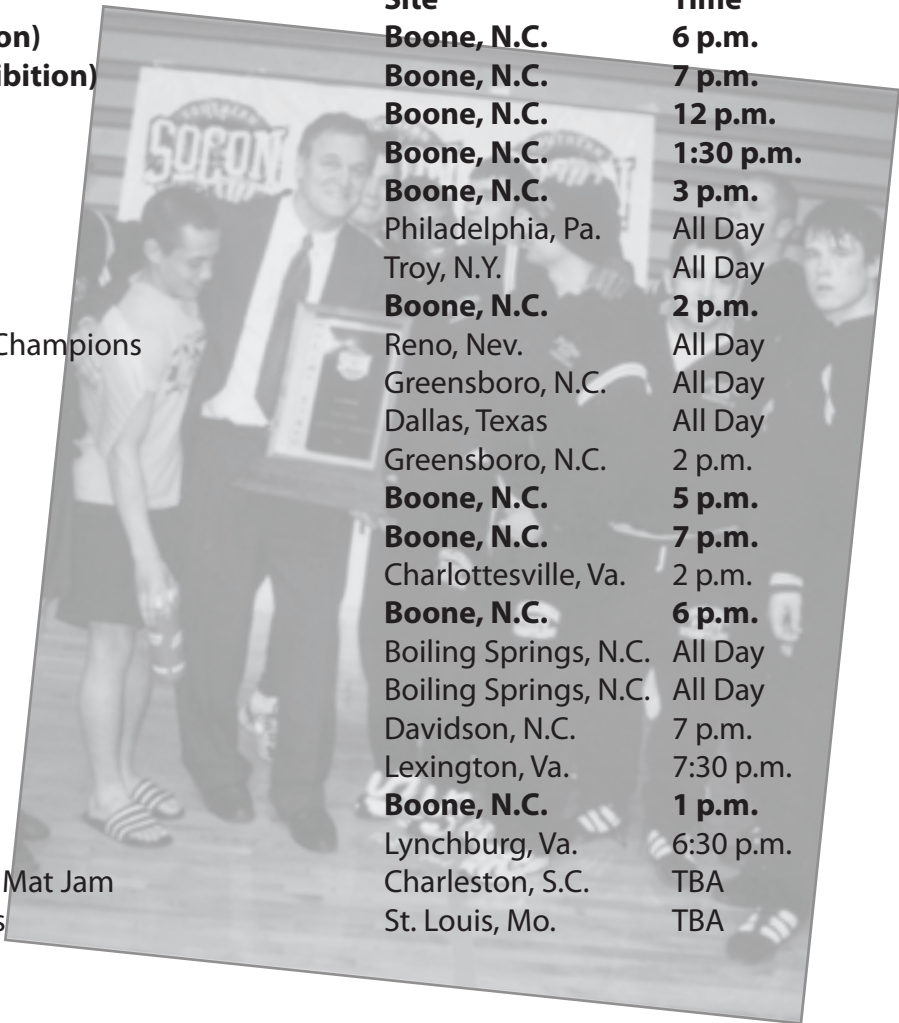
Courtney Burchett
Intern SID





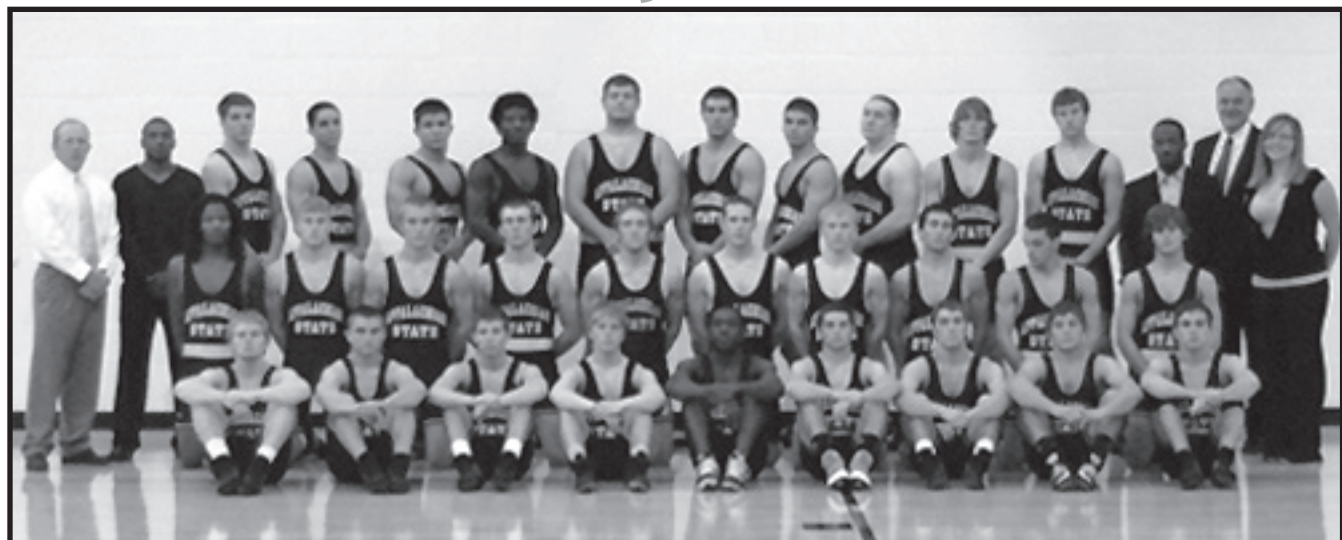
2008-09 Schedule

Date	Opponent	Site	Time
Oct. 28	Intrasquad (Exhibition)	Boone, N.C.	6 p.m.
Nov. 4	Black and Gold (Exhibition)	Boone, N.C.	7 p.m.
Nov. 16	Buffalo	Boone, N.C.	12 p.m.
	Gardner-Webb	Boone, N.C.	1:30 p.m.
	SMU	Boone, N.C.	3 p.m.
Nov. 23	Keystone Classic	Philadelphia, Pa.	All Day
Nov. 29	Northeast Duals	Troy, N.Y.	All Day
Dec. 7	Ohio	Boone, N.C.	2 p.m.
Dec. 18	Reno Tournament of Champions	Reno, Nev.	All Day
Dec. 29, 30	Southern Scuffle	Greensboro, N.C.	All Day
Jan. 3	Lone Star Duals	Dallas, Texas	All Day
Jan. 11	UNC Greensboro *	Greensboro, N.C.	2 p.m.
Jan. 16	Virginia Tech	Boone, N.C.	5 p.m.
	Campbell	Boone, N.C.	7 p.m.
Jan. 18	Virginia	Charlottesville, Va.	2 p.m.
Jan. 24	Chattanooga *	Boone, N.C.	6 p.m.
Jan. 31	Duke	Boiling Springs, N.C.	All Day
	Eastern Michigan	Boiling Springs, N.C.	All Day
Feb. 3	Davidson *	Davidson, N.C.	7 p.m.
Feb. 11	VMI *	Lexington, Va.	7:30 p.m.
Feb. 15	The Citadel *	Boone, N.C.	1 p.m.
Feb. 23	Liberty	Lynchburg, Va.	6:30 p.m.
March 7	Southern Conference Mat Jam	Charleston, S.C.	TBA
March 19-21	NCAA Championships	St. Louis, Mo.	TBA

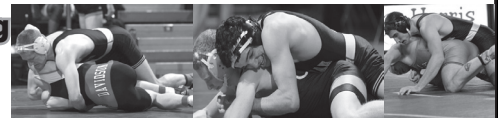


Boldface denotes home match
Southern Conference Match *

2008-09 Team Photo



Front Row (L-R)- Richie Dehnz, Kyle Benson, Bryan Rickard, Austin Annas, Lawrence White, Weston Haney, Jacob Earp, Savva Kostis and Andrew Sifakis
 Second Row- Antionne Jones, Kyle Blevins, Zack Mastro, Travis Puckett, Alex Cooke, Ryan Cecils, Matt Callahan, Mike Kessler, Frank Celorrio and Chris Collura
 Third Row- JohnMark Bentley, Travis Drake, David Pritz, Ken Kepley, Dennis Paiva, Austin Trotman, Dylan Temple, Chip Powell, Dustin Heiser, Brett Houghton, Logan Parce, Terreyl Williams, Paul Mance and Bridget Metcalf





2008-09 Opponents

Buffalo

Head Coach Jim Beichner
 2007-08 Record 9-7-1
 Wrestling Contact Ted Wasko
 Phone (716) 645-5523
 Email twasko@buffalo.edu
 Website www.ubathletics.com

Gardner-Webb

Head Coach Scott Shipman
 2007-08 Record 7-15-1
 Wrestling Contact Brent Hager
 Phone (704) 406-3981
 Email bhager@gardner-webb.edu
 Website www.gwusports.com

Spartanburg Methodist

Head Coach Robbie Higdon
 2007-08 Record 2-7
 Wrestling Contact Brittany Harry
 Phone (864) 587-4008
 Email harryb@smcsc.edu
 Website www.smcsc.edu

Ohio

Head Coach Joel Greenles
 2007-08 Record 5-14
 Wrestling Contact McKenna Maertens
 Phone (740) 593-0054
 Email maertens@ohio.edu
 Website www.ohiobobcats.cstv.com

UNC Greensboro

Head Coach Jason Loukides
 2007-08 Record 9-9
 Wrestling Contact TBA
 Phone (336) 334-5615
 Email TBA
 Website www.uncgspartans.com

Virginia Tech

Head Coach Kevin Dresser
 2007-08 Record 7-9
 Wrestling Contact Bryan Johnston
 Phone (540) 231-3387
 Email blj@vt.edu
 Website www.hokiesports.com

Campbell

Head Coach Billy Greene
 2007-08 Record 2-22-1
 Wrestling Contact Jason Williams
 Phone (910) 814-4367
 Email jwilliams@campbell.edu
 Website www.gocamels.edu

Virginia

Head Coach Steve Garland
 2007-08 Record 18-5
 Wrestling Contact Chip Rogers
 Phone (434) 982-5500
 Email crr2x@virginia.edu
 Website www.virginiasports.com

Chattanooga

Head Coach Chris Bono
 2007-08 Record 11-6
 Wrestling Contact James Horten
 Phone (423) 425-5292
 Email jameshorten@utc.edu
 Website www.gomocs.com

Eastern Michigan

Head Coach Derek DelPorto
 2007-08 Record 15-8-1
 Wrestling Contact Dan Wyar
 Phone (734) 487-0317
 Email dwyar@emich.edu
 Website www.emueagles.com

Duke

Head Coach Clar Anderson
 2007-08 Record 12-9
 Wrestling Contact Kate Burkholder
 Phone (919) 684-2668
 Email kburkholder@duaa.duke.edu
 Website www.goduke.com

Davidson

Head Coach Bob Patnesky
 2007-08 Record 3-12
 Wrestling Contact Matt Harris
 Phone (704) 894-2931
 Email [maharris@davidson.edu](mailto:maharris@ davidson.edu)
 Website www.davidsonwildcats.com

VMI

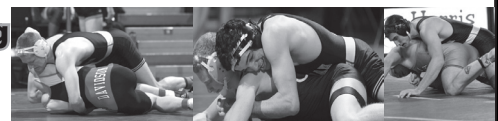
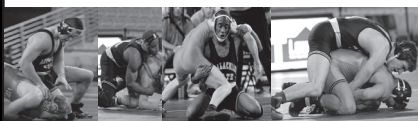
Head Coach John Trudgeon
 2007-08 Record 6-8
 Wrestling Contact Christian Hoffman
 Phone (540) 464-7514
 Email HoffmanJC@vmi.edu
 Website www.vmikeydets.com

The Citadel

Head Coach Rob Hjerling
 2007-08 Record 7-8
 Wrestling Contact Allison Taylor
 Phone (843) 953-5120
 Email lora.taylor@citadel.edu
 Website www.citadelsports.com

Liberty

Head Coach Jesse Castro
 2007-08 Record 12-11-1
 Wrestling Contact Todd Wetmore
 Phone (434) 582-2292
 Email twetmore@liberty.edu
 Website www.libertyflames.com





2008-09 Roster

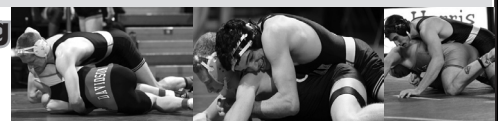
Name	Weight Class	Cl.	Hometown/High School
Austin Annas	125	So.	Connelly Springs, N.C./East Burke
Kyle Benson	141	Fr.	Morganton, N.C./Robert L. Patton
Kyle Blevins	174	Fr.	Sapulpa, Okla./Sapulpa
Matt Callahan	141	So.	Lexington, N.C./West Davidson
Ryan Cecils	174	Sr.	Asheville /Carolina Day
Frank Celorrio	133	Jr.	Miami, Fla./Hialeah
Alex Cooke	157	R-Fr.	Greensboro, N.C./Ragsdale
Chris Collura	141	Fr.	Spencerport, N.Y./Spencerport
Chad Davis	HWT	Jr.	Marion, N.C./McDowell
Richie Dehnz	149	Fr.	Naples, Fla./Palmetto Ridge
Jacob Earp	133	Fr.	Boone, N.C./Watauga
Weston Haney	125	Fr.	Robbinsville, N.C./Robbinsville
Dustin Heiser	HWT	Fr.	Orlando, Fla./Olympia
Brett Houghton	157	Sr.	Charlotte, N.C./East Mecklenburg
Antionne Jones	165	So.	Shelby, N.C./Crest
Ken Kepley	157	Sr.	Concord, N.C./Northwest Cabarrus
Mike Kessler	141	R-Fr.	Bay City, Mich./Bay City Western
Savva Kostis	149	Fr.	Boone, N.C./Watauga
Zack Mastro	157	Fr.	Naples, Fla./Palmetto Ridge
Dennis Paiva	184	Fr.	Charlotte, N.C./East Mecklenburg
Logan Parce	174	So.	Hendersonville, N.C./West Henderson
David Pritz	184	So.	Brooksville, Fla./Hernando
Chip Powell	149	So.	Greensboro, N.C./Southeast Guilford
Travis Puckett	165	Fr.	Matthews, N.C./David W. Butler
Bryan Rickard	125	Fr.	Davison, Mich./Davison
Andrew Sifakis	125	Fr.	Lake Mary, Fla./Lake Mary
James Stephens	184	So.	Clinton, N.C./Clinton
Dylan Temple	184	So.	Marietta, Ga./Walton
Brad Thomas	197	Fr.	High Point, N.J./High Point Regional
Austin Trotman	174	So.	Winston-Salem, N.C./Mount Tabor
Lawrence White	125	Fr.	Cary, N.C./Cary

Where They're From

Florida	North Carolina
Frank Celorrio	Austin Annas
Richie Dehnz	Kyle Benson
Dustin Heiser	Matt Callahan
Zack Mastro	Ryan Cecils
David Pritz	Alex Cooke
Andrew Sifakis	Chad Davis
Georgia	Jacob Earp
Dylan Temple	Weston Haney
Michigan	Brett Houghton
Mike Kessler	Antionne Jones
Bryan Rickard	Ken Kepley
New Jersey	Savva Kostis
Brad Thomas	Dennis Paiva
New York	Logan Parce
Chris Collura	William Powell
	Travis Puckett
	James Stephens
	Austin Trotman
	Lawrence White
	Oklahoma
	Kyle Blevins

Weight Class

125	165
Austin Annas	Kyle Blevins
Bryan Rickard	Travis Puckett
Andrew Sifakis	Antionne Jones
Weston Haney	174
Lawrence White	Austin Trotman
133	Logan Parce
Frank Celorrio	Ryan Cecils
Jacob Earp	184
141	Austin Trotman
Mike Kessler	Dennis Paiva
Chris Collura	Dylan Temple
Kyle Benson	David Pritz
Matt Callahan	James Stephens
149	197
William Powell	Dylan Temple
Richie Dhenz	Brad Thomas
Savva Kostis	HWT
157	Chad Davis
Alex Cooke	Dustin Heiser
Zack Mastro	
Ken Kepley	
Brett Houghton	





2008-09 Season Outlook

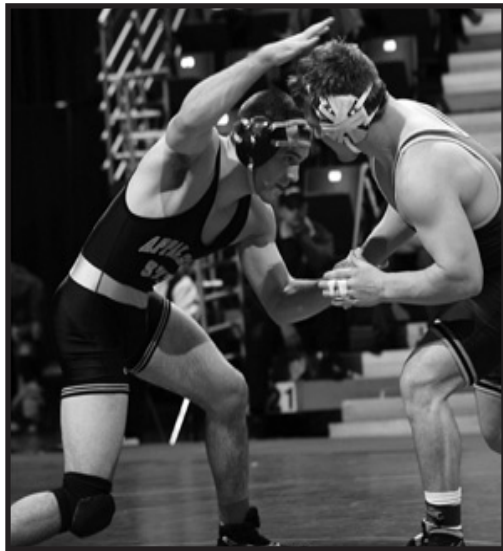
Appalachian wrestling head coach Paul Mance has accomplished just about everything a coach can in his 32 years at Appalachian. Mance has won eight Southern Conference championships, 75 individual conference champions and has sent 87 wrestlers to the NCAA Championships.

With one of the youngest squads of his illustrious coaching career on hand in 2008-09, Mance will have to weave his coaching magic once again to keep ASU among the top programs in the Southern Conference and the nation.

Although Appalachian returns only three starters, the trio boasts an enormous amount of talent. Junior **Frank Celorrio** returns for his third year as a starter. After winning nine matches as a freshman, Celorrio more than doubled that total as a sophomore, winning 21 matches and taking third place at the Southern Conference Championships.

The talented duo of **Austin Trotman** and **Dylan Temple** accounted for 36 wins last season. Temple won 15 of those and finished third in the conference championships at 197. He finished the season by winning seven of his final eight matches.

Trotman won seven matches in a row during a four-week span in the middle of the season. He finished second at the conference championships and became just the third Mountaineer freshman to ever qualify for the NCAA Championships.



Sophomore Dylan Temple will look to improve upon his 15 wins last year as a freshman.

Trotman defeated Army's Scott Ferguson during his first taste of NCAA Championship action and finished his outstanding rookie campaign with 21 wins.

After the three returning starters there is an abundance of youth and inexperience, but along with that comes a plethora of talent.

"We have a good group of talented freshmen," associate head coach JohnMark Bentley said. "We have to develop these young kids on a crash course so they are ready for the winter season, but they have lots of talent and energy and I'm excited to see how they will do."

125

There will be a three way battle for the 125 pound position between **Lawrence White**, **Bryan Rickard** and **Andrew Sifakis**. All three are freshmen and will see time on the mat until one proves himself as the starter.

133

Celorrio will move up a weight class to 133. "We think Frank will do well and not have to worry about keeping his weight down at 125," Bentley said. Freshman **Jacob Earp** will provide solid depth after a stellar high school career.

141

Redshirt freshman **Mike Kessler** will fill in at 141 for the departed Marcus Cox. Kessler redshirted last season but wrestled in a few open tournaments and performed well. "He had a good redshirt year and should be able to step right in."

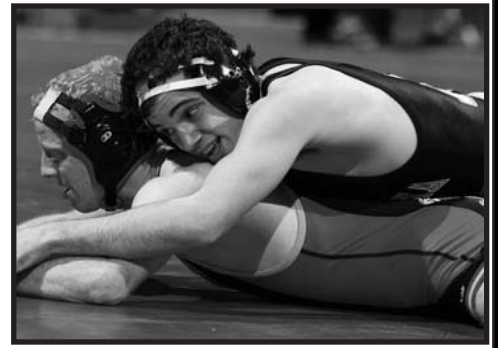
Freshman **Chris Collura** will provide solid depth behind Kessler as well as **Kyle Benson** and **Matt Callahan**.

149

Replacing school's the all-time wins leader is never an easy task, but Bentley feels sophomore **Chip Powell** is up for the challenge at 149, where Scott Ervin set an ASU school record with 114 career wins.

"Last year he sat back behind Scott and we think he can compete for a conference championship as well."

Also vying for time will be two more freshmen, **Savva Kostis** and **Richie Dehnz**.



Junior Frank Celorrio returns after a 21 win campaign last season and a third place finish at the conference tournament.

157

Brett Houghton will drop down to 157 this season. The senior wrestled at 165 last year where he had a 3-6 record.

"Brett will be one of the more physical 157 pounders around," Bentley said. "He has great mat skills. I'm real excited for this opportunity for him."

Freshman **Zack Mastro** will also compete for time on the mat.

165

True freshman **Kyle Blevins** will take over at 165. He was a three-time high school state champion in Oklahoma and will look to contend for a conference title as a freshman. Sophomore **Antionne Jones** competed in four matches last year and will compete for time.

174

Trotman will drop down to 174 a year after qualifying for the NCAA Championships at 184.

"He will be one of the most physical 174 pounders in the country and he should be able to contend for an All-America spot," Bentley said.

184

Bentley said the same about standout sophomore Temple, who will take Trotman's spot at 184. "He won some big matches for us last year at 197, he did a great job but 184 is more of a natural weight for him," Bentley said.

197/HWT

The 197-pound position is up in the air while freshman **Dustin Heiser** will step in at heavyweight. Chad Davis is a transfer and will compete with Heiser for mat time.

"Heiser is an athletic, strong kid and will only continue to get better," Bentley said.

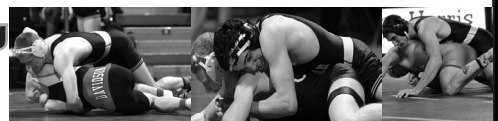
The Mountaineers could have as many as five freshmen in the starting lineup and will have seven newcomers in the starting 10. The group will be tested early as Appalachian has a strong schedule, which will prepare them for the conference season and the postseason.

The Apps open the season at home against Buffalo, Gardner-Webb and Spartanburg Methodist. The dual meets are followed up with back-to-back tournaments, the Keystone Classic (Pa.) and the Northeast Duals (N.Y.). A dual match against Ohio is in between the Reno Tournament of Champions, the Southern Scuffle (N.C.) and the Lone Star Duals (Texas). The Southern Scuffle alone will have five teams that finished in last year's final top 25 rankings.

"We have a competitive schedule. We are going to go up against some traditional national powers at the tournaments," Bentley said. "Wrestling these teams will only help us; it will help us grow up fast and prepare our guys for the NCAA Championships. We want to go against the best so were ready to compete at the NCAAs."

With a solid schedule and a youthful, but exciting, squad, Bentley and the coaching staff have high expectations for this season.

"The goal is to be in the hunt for a conference championship. Chattanooga and UNC Greensboro are good, but we think we can compete with them," Bentley said. "The freshmen have to grow up and we have to find the guys who will be the leaders of the team and I think could surprise some people this year."





Head Coach Paul Mance



**Paul Mance
Head Coach
33rd Season
Appalachian, '69**

Paul Mance enters his 37th season as a head coach and his 33rd season as head wrestling coach at Appalachian State University. In 2004, Mance recorded his 300th career victory with his alma mater on Feb. 22, against Virginia Tech. Mance has now pushed his career mark to 380-219-10 and has an Appalachian record of 341-203-10. His winning percentage of .627, makes him the winningest wrestling coach in Appalachian State University history. The 341 wins is the most wins in Southern Conference history. Mance surpassed R.W. "Red" Watkins for the Appalachian all-time coaching victories mark with a 42-6 victory over Delaware State at the Wolfpack Duals on January 18, 1997. The man who laid the groundwork for the Mountaineer program. Watkins posted a 239-22-8 record in his 25 seasons at Appalachian. Mance wrestled for Steve Gabriel, a hall-of-fame wrestler and coach of ASU.

A native of Alexandria Bay, N.Y., Mance assumed the head coaching duties in August of 1976 and has guided the Mountaineers to 22 winning seasons, eight regular season Southern Conference titles and five SoCon tournament championships. His Appalachian squads have finished no lower than second in the Southern Conference in 24 of his 32 previous seasons. The program had its string of 17 consecutive top-two showings at the league championships snapped in 1998. In all, he has produced 75 SoCon champions and 87 NCAA Championships qualifiers. Two-time All-American Mark Fee became Mance's third national honoree with his seventh-place showing at the national championships in 2003. In addition, Mance's squads have produced at least one league individual champion in 30 of his 32 seasons in Boone. Eight Mountaineers have been named Most Outstanding Wrestler under Mance, and two have gone on to compete at the Olympics (Dale Oliver 1988, Ike Anderson 1988 & 1992). Named Southern Conference Coach of the Year in three different decades and a total of six times (1989, 1993, 1994, 1996, 2001 and 2003), Mance's 1978-79 squad set a school mark for dual match victories in a season with 19, posting a 19-4-1 overall record. His 1983-84 team finished 18-2 on the season and recorded a 12-match winning streak, second best in Appalachian history.

Twenty times his clubs have claimed 10 or more victories in a campaign. Three times his squads have finished with winning streaks of 10 or more. Only seven times in his 32 seasons have Mance led teams finished with a sub-.500 record. A 1969 graduate of Appalachian, Mance spent one season as assistant coach at his alma mater before becoming head wrestling coach at Herkimer County (N.Y.) Community College. His Herkimer teams compiled a four-year mark of 39-16, including a 32-6 record over his final two seasons.

While at Herkimer, Mance began his legacy of producing championship wrestlers, sending a multitude of student-athletes to the National Junior College Athletic Association (NJCAA) Championships. A four-year wrestling letterman for the Mountaineers, Mance also earned three letters in soccer and track & field at Appalachian. An NAIA National Wrestling Championship participant in 1969, Mance served as team captain his senior season.

He was a member of four Appalachian wrestling squads that advanced to the NAIA Championships, finishing among the top-26 teams twice and two times among the top 16 small college teams in the nation. His senior season, the Mountaineers finished 13th at the national tournament. He also received the Lloyd Hobbs Most Dedicated Wrestler Award for the 1968-69 campaign. As a prep athlete at Alexandria High School, Mance earned four letters in football, three each in baseball and basketball, and one in wrestling. Named team captain in both wrestling and football, Mance was selected as Alexandria's Athlete-of-the-Year as a senior. Mance, who earned his master's degree in Health and Physical Education from Appalachian in 1971. In addition to his coaching duties, Mance teaches physical education classes at Appalachian. His two sons, Jeff and John, both wrestled and earned their degrees at Appalachian.



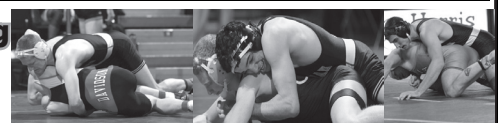
The 2008-09 season will be Paul Mance's 33rd season as head coach at ASU.

Paul Mance Appalachian Coaching Record

Season	Won	Lost	Tied	Pct.	SoCon Finish
1976-77	6	9	0	.400	4
1977-78	7	8	1	.469	2
1978-79	19	4	1	.813	2
1979-80	15	10	0	.600	3
1980-81	12	3	1	.781	2
1981-82	17	7	0	.708	2
1982-83	11	8	0	.579	2
1983-84	18	2	0	.900	1
1984-85	13	8	0	.619	2
1985-86	12	11	1	.521	2
1986-87	10	6	0	.625	2
1987-88	9	6	1	.594	2
1988-89	10	5	0	.667	2
1989-90	15	4	0	.790	2
1990-91	11	6	0	.647	2
1991-92	15	3	1	.816	2
1992-93	11	4	0	.733	2
1993-94	12	4	1	.735	2
1994-95	6	6	1	.500	1
1995-96	10	8	0	.556	1
1996-97	10	8	0	.556	1
1997-98	6	7	0	.462	1
1998-99	7	3	0	.700	1
1999-00	7	10	0	.412	3
2000-01	8	5	0	.615	1
2001-02	6	8	0	.449	4
2002-03	11	2	0	.846	1
2003-04	6	4	0	.600	4
2004-05	8	9	1	.472	4
2005-06	11	8	1	.575	4
2006-07	8	10	0	.444	5
2007-08	14	7	0	.667	2
341	203	10	.627		



2008-09 Appalachian State Wrestling





One of the Best

Mance is entering his 33rd year as head coach at ASU. He has been involved in collegiate wrestling for 42 years, four as a wrestler at Appalachian, one as an assistant coach and four years as a junior college head coach.

Mance has a school-record 341 career wins, has won SoCon Coach of the Year six times and has led his teams to eight conference titles.



"He has done a tremendous job to keep Appalachian State wrestling alive and successful. When other schools in the Southeast were dropping wrestling, he did everything he could to keep it. He has done a lot for the sport of wrestling, not just in North Carolina but on a national level. He has always provided an opportunity for walk-ons to join the team. They didn't always become great collegiate wrestlers, but he made a difference in their lives. Many of them have now become successful high school wrestling coaches."

Associate Head Coach JohnMark Bentley

"Coach Mance was a friend, mentor, dad and a coach. When I wrestled I wanted to win for him, to make him proud of me. I remember when I was picking a college, I could've picked any school in the South, but Coach promised me an education, I believed him and he was true to his word.

He helped out any way he could, but you had to work at it to, he wouldn't give any handouts.

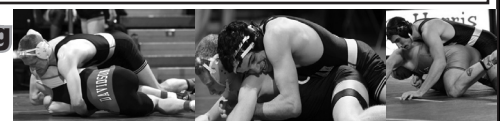
Coach proves that it doesn't take millions of dollars to run a program, he is the right person for the job, he has a love for the sport and is successful.

I remember we would work the concession stand at football games to raise money and that brought us closer together. We also played intramural softball and football and he would play with us. He instilled values, a family atmosphere and teamwork. Above all he has a passion for the sport and cares for his athletes and wants them to do well."

Former Appalachian wrestler Ike Anderson

SoCon Champion, Olympian, 1988 and '92

Currently Greco-Roman Developmental coach for USA Wrestling





2008 Mountaineer Coaching Staff



JohnMark Bentley
Associate Head Coach
Third Season
North Carolina, '01

JohnMark Bentley joined the Appalachian coaching staff as an assistant in 2006 and is in his first season as associate head coach.

A graduate of North Carolina with a degree in communications, Bentley brings with him experience as a coach and student-athlete.

At UNC, Bentley was a three-time ACC champion and was twice named team MVP. In 2001, he earned the distinction of being named ACC Wrestler of the Year, and in 2000 Bentley was named a University Nationals Freestyle All-American. He ranks sixth in all-time winning percentage at Carolina with an .857 percentage. He finished with 92 career wins and ranks ninth in single-season win percentage with 2000-01 season percentage of .919 and finished that season with a record of 31-2.

Bentley served as head assistant wrestling coach for Davidson College in 2003. From 2003-2006 he was head coach at Watauga High School in Boone, leading the Pioneers to a third-place finish in the state with three state champions in 2006.

JohnMark and his wife, Aaron, reside in Seven Devils, N.C.



Travis Drake
Assistant Coach
Fifth Season
Appalachian, '03

After four seasons on the mat for the Mountaineers in which he earned three SoCon championships, Travis Drake joined ASU's coaching staff in 2004 as the strength and conditioning coach for the wrestling program. Drake is beginning his fifth season as an assistant coach at Appalachian.

Drake was a two-time Southern Conference wrestler of the year. He earned his second SoCon Wrestler of the Year award after posting a 35-6 record as a junior. The 35 wins ranks as the third most in a single season in Appalachian history. The Cheraw, S.C., product posted a career record of 94-26 with 14 pin falls and tallied a perfect 15-0 record in SoCon dual matches over his career. A veteran of high-level competition, Drake made three appearances at the NCAA championships. His 94 career wins puts him fourth on the Mountaineers' career list and his 35 wins in the 2000-01 season is the third highest single season win total in school history.

Drake earned a degree in business with concentrations in marketing and management from Appalachian in 2003. He resides in Boone and has a daughter, Tatyana (9).



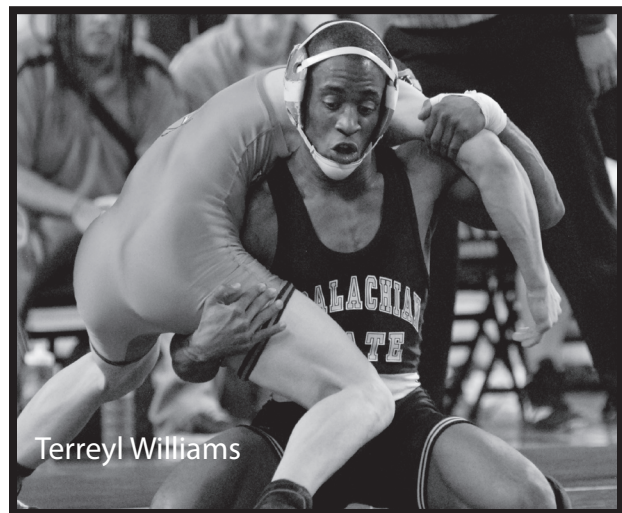
Associate head coach JohnMark Bentley and assistant coach Travis Drake posted 186 combined during their collegiate careers.



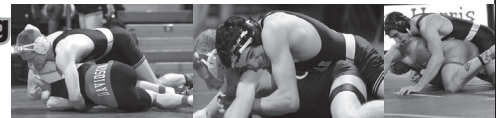
Terreyl Williams
Assistant Coach
First Season
Appalachian, '08

Terreyl Williams was a four year starter at 133 for head coach Paul Mance's Mountaineers. A two-time conference runner-up, Williams was an NCAA qualifier his senior season in 2008. Williams went 2-2 at the NCAA Championships and finished his Appalachian career with 71 career wins.

Williams graduated with a degree in history.



2008-09 Appalachian State Wrestling





2008 Mountaineers



Brett Houghton
Senior
157
Charlotte, N.C.
East Mecklenburg



2007-08: Posted a 3-6 record for the year ... two of three wins were pins at the Lone Star Duals ... was 2-2 in dual meets.

2006-07: Did not see action.

2005-06: Wrestled in the Keystone Classic and Carolina Open, going 1-2 and 2-2 respectively ... went 1-1 at the N.C. State Duals.

East Mecklenburg High School: Named to all-state team in 2003 and 2004... four-time all-conference ... four-time wrestling MVP ... ended his career at East Mecklenburg with a 171-25 record ... lettered in football, cross country, track and field and wrestling.

Personal: Born Mar. 2, 1986 ... son of Steve Houghton ... full name is William Brett Houghton.

Year	Overall	Duals	SoCon
2005-06	5-12	2-4	0-0
2006-07	Did not see action		
2007-08	3-6	2-2	0-0
Career	8-18	4-6	0-0



Frank Celorrio
Junior
133
Miami, Fla.
Hialeah



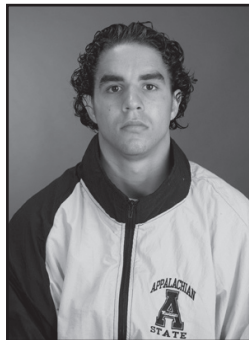
2007-08: Posted 21-12 mark on the season ... tied for third on the team in wins with Austin Trotman ... tied for second on team with six conference wins ... won-three-of-four matches at the Lone Start Duals ... took third place at the SoCon Championships.

2006-07: Earned a fourth place finish at the SoCon Mat Jam ... posted a season record of 9-13 and 5-10 in dual match action.

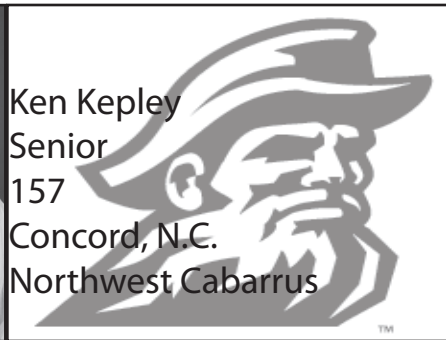
Hialeah High School: Twice named team MVP, one-time County MVP ... all-state junior and senior years.

Personal: Born Dec. 9, 1987 ... son of Alina de Jesus Torrez ... full name is Frank Alejandro Celorrio.

Year	Overall	Duals	SoCon
2006-07	9-13	5-10	1-2
2007-08	21-12	11-5	6-4
Career	30-25	16-15	7-5



Ken Kepley
Senior
157
Concord, N.C.
Northwest Cabarrus



2007-08: Redshirted.

2006-07: Sat out due to injury

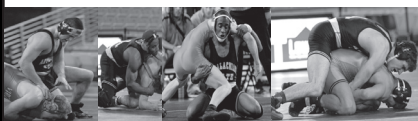
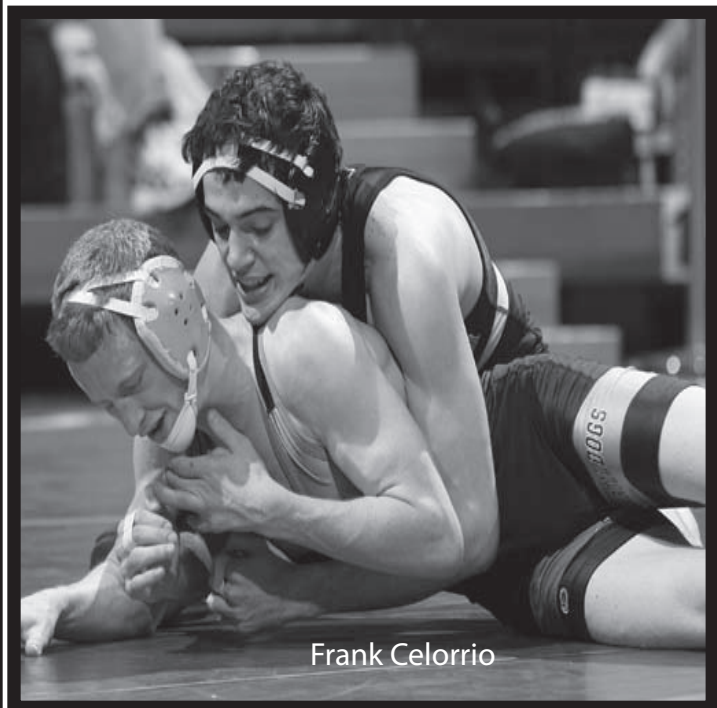
2005-06: Earned a win against Campbell ... wrestled in the Southern Scuffle, Cleveland State Open and Keystone Classic.

2004-05: Wrestled in the Carolina Open and Keystone Classic, going 4-7.

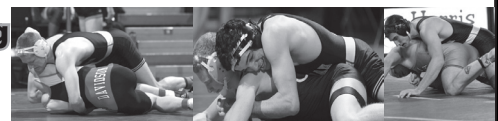
Northwest Cabarrus High School: Placed twice in states ... finished runner-up once ... four-time all-conference selection... three-time state qualifier ... lettered in football, track and field and wrestling.

Personal: Born June 14, 1985 ... son of Ken Kepley Sr. ... majoring in physical education and minoring in family development ... after graduation plans on getting masters in strength and conditioning ... full name is Kenneth Richard Kepley Jr.

Year	Overall	Duals	SoCon
2004-05	4-7	0-1	0-1
2005-06	1-10	1-4	0-0
2006-07	Injured		
2007-08	Redshirt		
Career	5-17	1-5	0-1

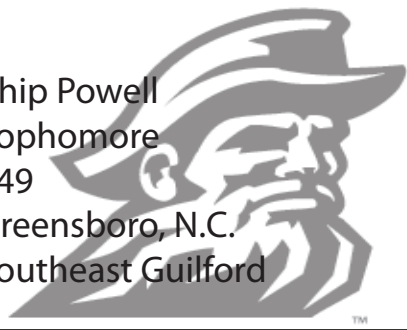


2008-09 Appalachian State Wrestling





Chip Powell
Sophomore
149
Greensboro, N.C.
Southeast Guilford

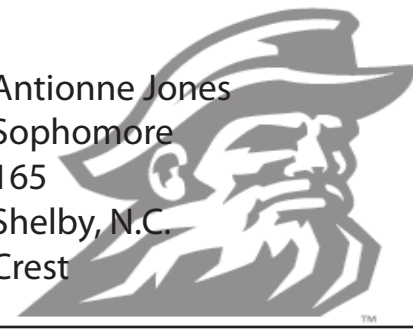


2007-08: Wrestled at 149 and went 4-6 on the season ... won first-ever collegiate match against Vince Cina at the Keystone Classic.
Southeast Guilford High School: Three-time all-conference honoree and three-time team captain ... earned team MVP honors as a sophomore, junior and senior.
Personal: Born Dec. 30, 1988 ... son of William and Terry Powell ... full name is William James Powell IV... sister Jessica, 20, and brother Isaac, 13 ... majoring in physical education ... enjoys fishing and dancing.

Year	Overall	Duals	SoCon
2007-08	4-6	0-0	0-0
Career	4-6	0-0	0-0

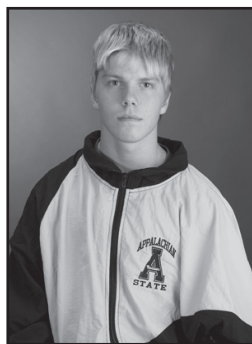


Antionne Jones
Sophomore
165
Shelby, N.C.
Crest

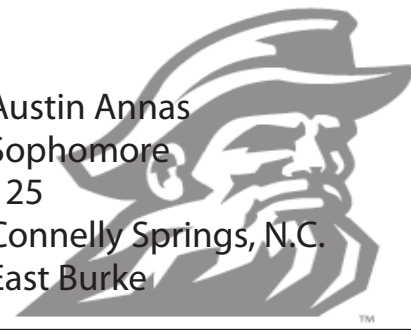


2007-08: Went 0-4 on the season wrestling at 174.
2006-07: Redshirted
Crest High School: Named Most Outstanding Wrestler in Freedom Patriots tournament senior year ... earned BAGBA team award for toughness senior year... named most improved wrestler junior year, most outstanding wrestler senior year.
Personal: Born Nov. 5, 1987 ... son of Charles and Megan Jones ... three brothers, Stephen, 20, Chavis, 16 and BJ, 11 ... full name is Antionne DeShon Jones.

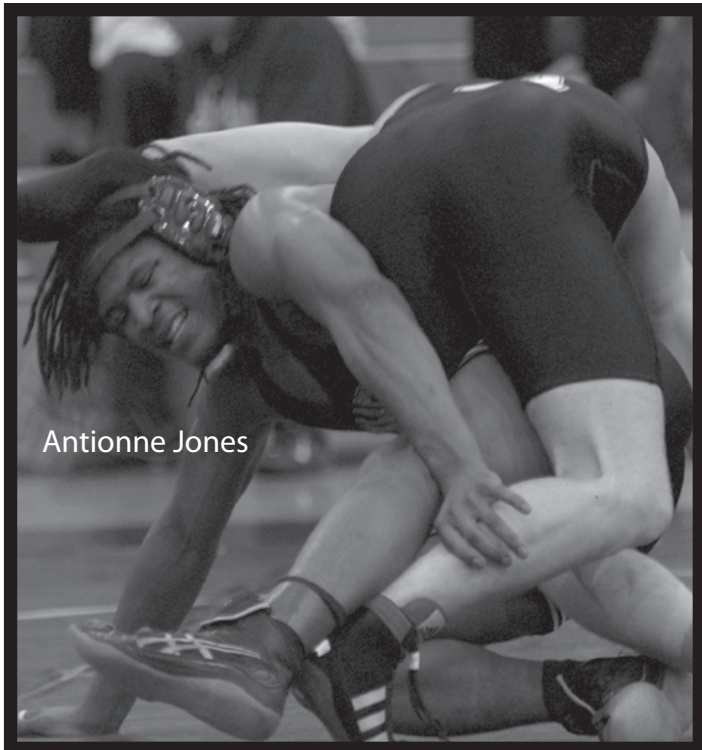
Year	Overall	Duals	SoCon
2006-07	Redshirted		
2007-08	0-4	0-2	0-0
Career	0-4	0-2	0-0



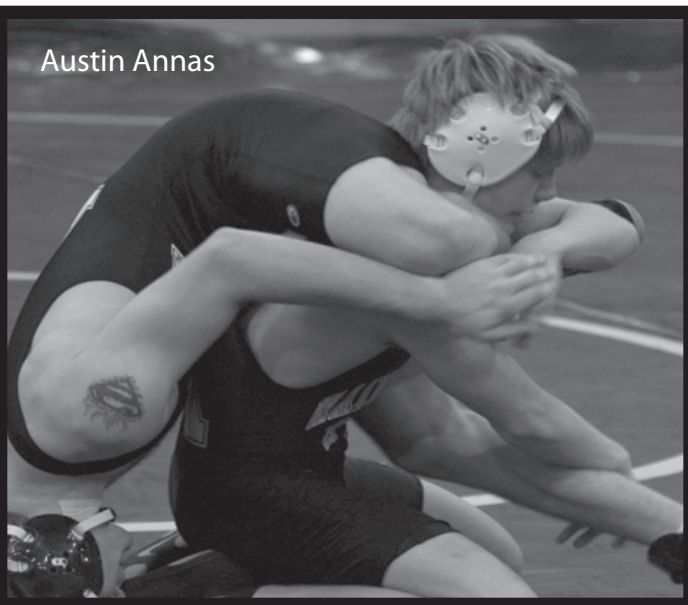
Austin Annas
Sophomore
125
Connelly Springs, N.C.
East Burke



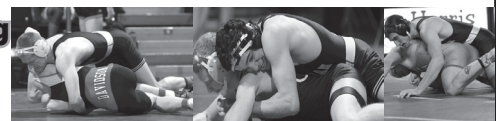
2007-08: Did not wrestle.
East Burke High School: Placed twice at the state tournament ... earned team MVP honors in 2007.
Personal: Born Sept. 21, 1989 ... son of Rick and Patricia Annas ... full name is Austin William Annas ... two brothers, Justin, 26, and Jonathan, 21 and sister Nikki, 26 ... majoring in exercise science-pre-professional ... member of Campus Christian Fellowship (CCF).



Antionne Jones



Austin Annas





Austin Trotman
 Sophomore
 174
 Winston-Salem, N.C.
 Mount Tabor

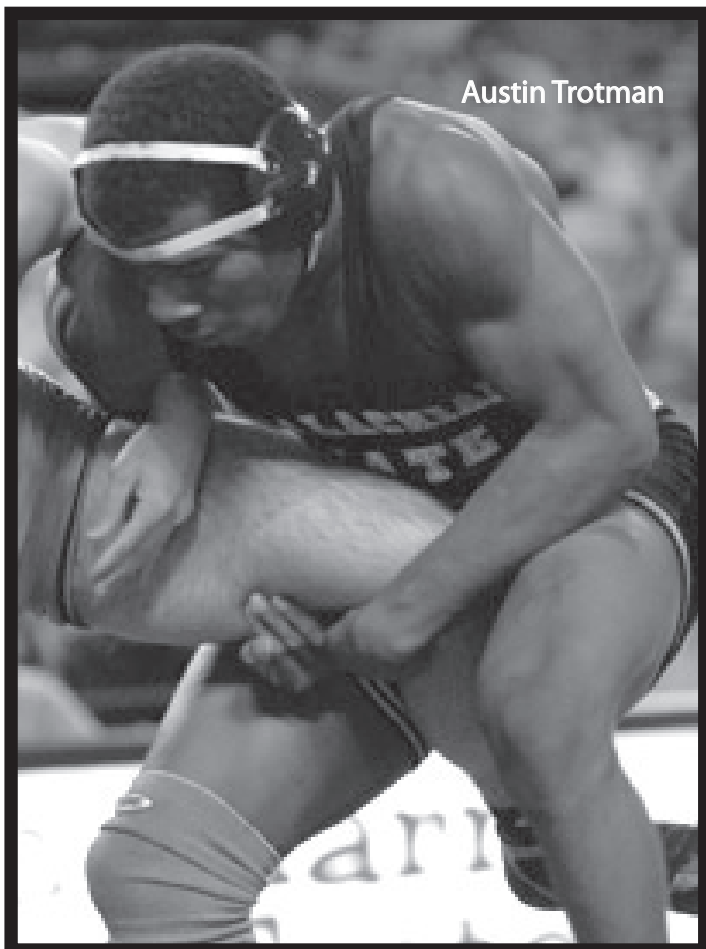


2007-08: Qualified for the NCAA Championships as a freshman at 184 after finishing second in the Southern Conference tournament ... beat 20th ranked Scott Ferguson of Army at the NCAA Championships ... finished 21-13 on the season ... tied for third on the team in wins with Frank Celorrio ... third on team in dual match wins with 14 ... first ASU freshman to qualify for NCAA Championships since David Hopper in 1997, only third ASU freshmen ever to qualify, joins Hopper and Thomas Hutchinson.

Mount Tabor High School: Two-time state champion ... 146-27 career record and a 46-0 record as a senior ... senior national all-American ... runner-up at Rocky Mountain Nationals ... four-year letterwinner in wrestling and two-year letterman in football.

Personal: Born Nov. 25, 1988 ... son of LeRoy Trotman... majoring in religious studies... plans on becoming a missionary after graduation... enjoys playing guitar and skateboarding... member of Athletes in Action and FCA... full name is Austin Legrand Trotman.

Year	Overall	Duals	SoCon
2007-08	21-13	14-5	4-2
Career	21-13	14-5	4-2



Austin Trotman



Dylan Temple
 Sophomore
 184/197
 Marietta, Ga.
 Walton

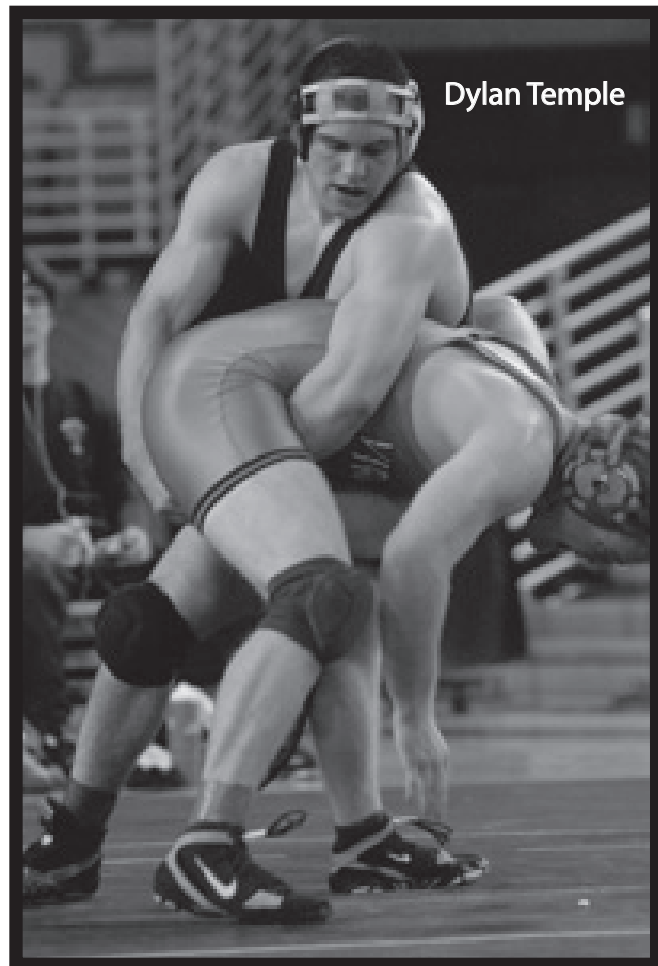


2007-08: Went 15-13 as a freshman wrestling at 184 and 197 ... took third place in the Southern Conference tournament by defeating John Buck of the Citadel, 9-1 ... won eight out of his last nine matches.

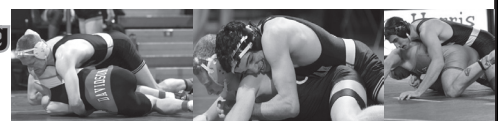
Walton High School: Earned all-state and all-county honors ... fourth in state as sophomore... state champ and nationally ranked as a junior in 160 lbs. category ... second in state as senior .

Personal: Born Oct. 23, 1988 ... made Deans list with a 3.7 G.P.A ... son of Debbie Temple ... has two siblings; Emery, 23, and Laura Bilbo 21 ... full name is Dylan Dean Temple.

Year	Overall	Duals	SoCon
2007-08	15-13	7-5	5-3
Career	15-13	7-5	5-3

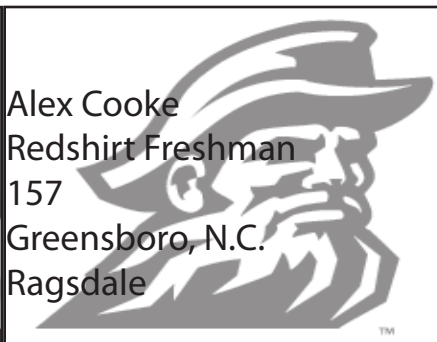


Dylan Temple





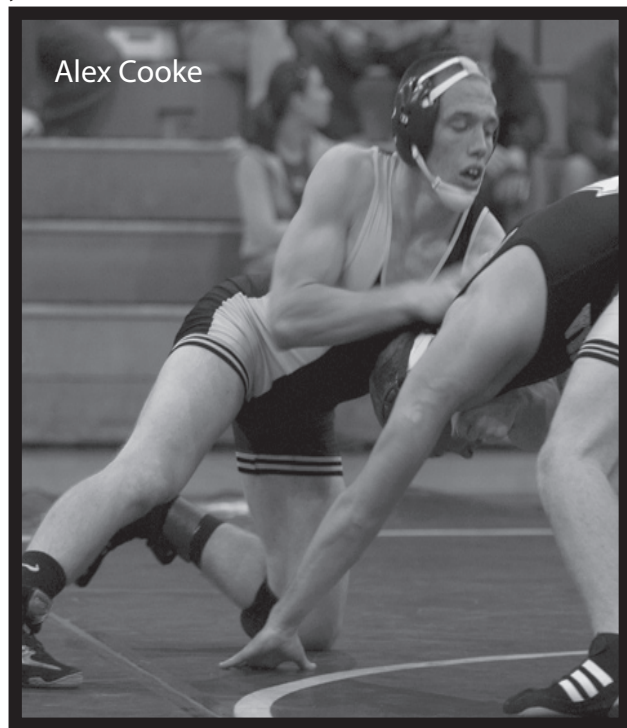
Alex Cooke
Redshirt Freshman
157
Greensboro, N.C.
Ragsdale



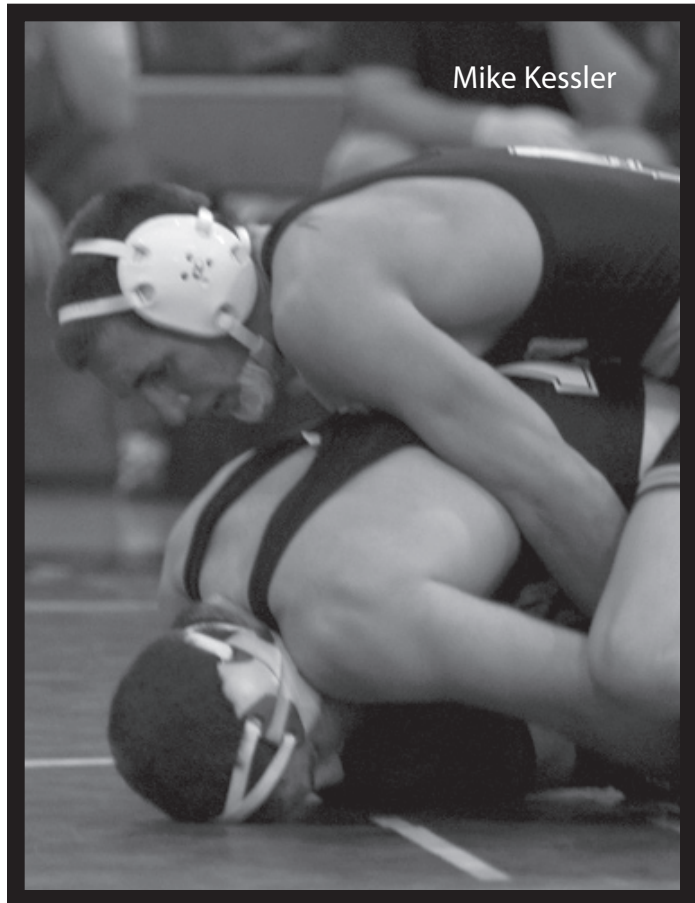
2007-08: Redshirted.

Ragsdale High School: Four-time all-conference honoree ... 2007 state champion at 160 lbs. ... 2006 state runner-up at 145 lbs. ... regional champion in 2006 and 2007 ... career record of 163-30 and 52-1 in his senior season ... team MVP in senior year and winner of most dedicated award.

Personal: Born April 12, 1989 ... son of Susan and William Cooke ... has a brother, Chad, 37 ... full name is Alex William Cooke ... majoring in physical education.



Alex Cooke



Mike Kessler

2008 Newcomers



David Pritz
Sophomore
184
Brooksville, Fla.
Hernando

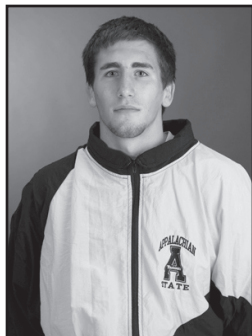


2007-08: Did not compete.

Hernando High School: All-conference four years ... team MVP senior year ... three-time state qualifier, finishing in fifth, third and second ... career record of 149-13.

Brooksville Wrestling Club: Member of Schoolboy/Cadet national dual team.

Personal: Born Dec. 7, 1987... Son of Ken and Beth Pritz ... four brothers, Robbie, 26, Stephen, 23, Daniel, 16, and Zach, 14 ... majoring in special education ... older brother Robbie wrestled at Gardner-Webb ... full name is David McKinley Pritz.



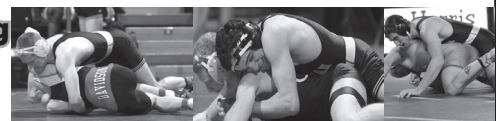
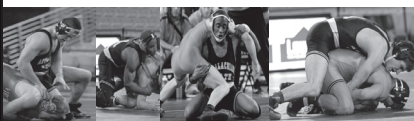
Mike Kessler
Redshirt Freshman
141
Bay City, Mich.
Bay City Western



2007-08: Redshirted.

Bay City Western High School: Three-time all-state honoree and four-time conference champion.

Personal: Born Jan 16, 1989 ... son of Mark Kessler ... has two siblings, Jason, 24, and Janelle, 28 ... full name is Michael Jared Kessler ... majoring in exercise science ... enjoys wakeboarding and hunting.



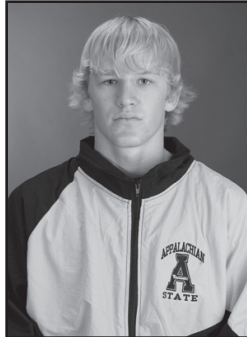


Kyle Benson
Freshman
141
Morganton, N.C.
Robert L. Patton



Robert L. Patton High School: Earned four varsity letters in wrestling and one in football.

Personal: Born Aug. 31, 1989 ... son of Kirk and Marcia Benson ... two brothers, Brad, 15 and Jacob, 21 and one sister, Olivia, 13 ... full name is Kyle Timothy Benson.



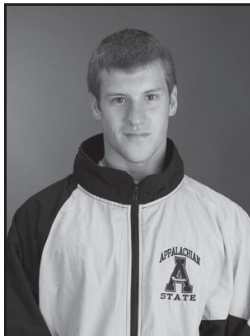
Matt Callahan
Sophomore
141
Lexington, N.C.
West Davidson



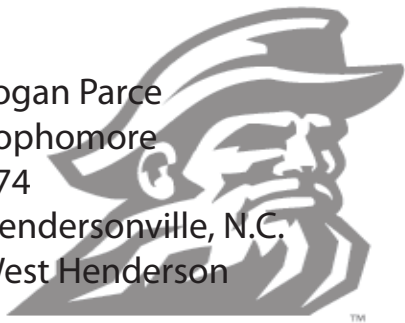
2007-08: Did not compete.

West Davidson High School: Twice named to all-conference team ... named team MVP and earned coach's award ... lettered in wrestling, baseball and soccer.

Personal: Born July 5, 1989 ... son of Dee Dee and Jeffrey Callahan ... two brothers, Jake, 21 and Clint, 16 ... majoring in exercise science ... made the Dean's list last year ... enjoys wakeboarding ... full name is Matthew Troy Callahan.



Logan Parce
Sophomore
174
Hendersonville, N.C.
West Henderson



2007-08: Did not compete

West Henderson High School: Three-year letter winner in wrestling, also lettered in track and field ... overall high school record of 87-43.

Personal: Born April 9, 1989 ... son of David and Natalie Parce... one sister, Jessica, 11 ... full name is Logan Yale Parce.



Chris Collura
Freshman
141
Spencerport, N.Y.
Spencerport



Spencerport High School: Earned all-state honors twice... finished with career record of 126-20... four-year varsity letter winner.

Personal: Born Aug. 3, 1990...son of Mike and Lisa Collura... brother, Mike, 21... majoring in education... full is name Christopher Thomas Collura.



Chad Davis
Junior
HWT
Marion, N.C.
McDowell



2006-2008: Wrestled at UNC Pembroke for Jamie Gibbs

McDowell High School: Three-time all-conference wrestler and three-time state qualifier ... two-time wrestling MVP ... two-year letter winner in football and four year winner in wrestling.

Personal: Born March 31, 1988 ... son of Tony and Melissa David... brothers Matthew, 23, and Brandon, 18 ... majoring in history ... plans on teaching and coaching wrestling and football ... enjoys playing the guitar.

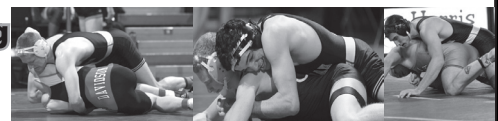


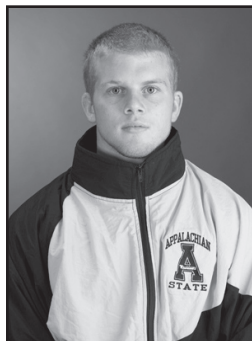
Kyle Blevins
Freshman
165
Sapulpa, Okla.
Sapulpa



Sapulpa High School: Was first three-time state champion in school history ... earned varsity letters in wrestling, football and golf.

Personal: Born Sept. 17, 1989 ... son of Dewayne Blevins ... brother Cody, 15, and sister Amy, 9 ... majoring in communication ... enjoys bow fishing and disc golf.





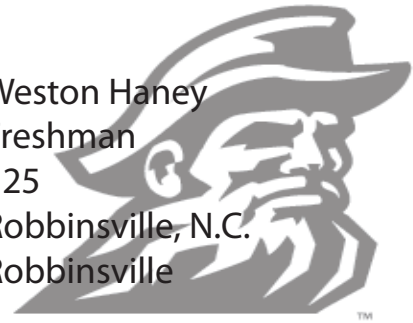
Richie Dehnz
Freshman
149
Naples, Fla.
Palmetto Ridge



Palmetto Ridge High School: Three-time state champion... two year letter winner in football and four-year letter winner in wrestling.
Personal: Born Oct. 18, 1989 ... son of Shanna Thompson ... one brother, Bobby, 15 and sister, Ashley, 22 ... undecided major ... full name is Richard Mark Dehnz.



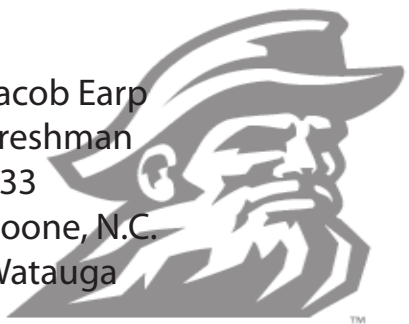
Weston Haney
Freshman
125
Robbinsville, N.C.
Robbinsville



Robbinsville High School: Earned varsity letters in five sports, twice in football, baseball and cross country, three times in track and field and four in wrestling.
Personal: Born Nov. 9, 1989 ... son of David and Janie Haney ... two brothers, Wren, 22, and Jess, 14 ... full name is Weston Tucker Haney.



Jacob Earp
Freshman
133
Boone, N.C.
Watauga



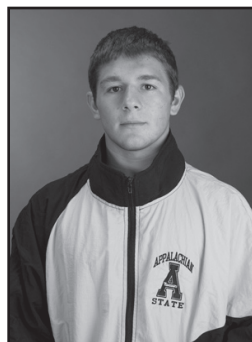
Watauga High School: Earned all-conference, all-region, all-state and all-American honors ... earned three varsity letters in wrestling ... was all-American for club team Strong and Courageous.
Personal: Born May 25, 1990 ... son of Charlie and Kim Earp ... two brothers, Jeremy, 22, and Andrew, 23 ... full name is Jacob Jonathan Hal Earp.



Dustin Heiser
Freshman
HWT
Orlando, Fla.
Olympia



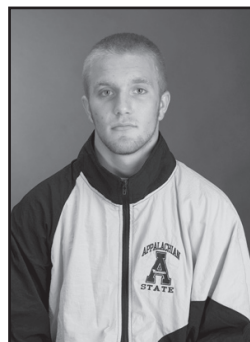
Olympia High School: Earned all-state honors in wrestling junior and senior year ... made all-star team in football and was four year letter winner in wrestling and football ... finished with a career record of 135-35.
Personal: Son of Michael and Peggy Heiser ... majoring in exercise science (strength and conditioning) ... full name is Dustin Michael Heiser.



Savva Kostis
Freshman
149
Boone, N.C.
Watauga



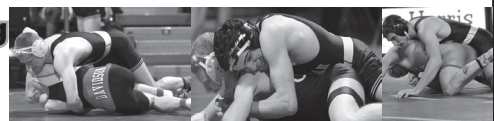
Watauga High School: Earned NW Conference most outstanding wrestler of the year award ... career record of 147-25... lettered in football, track and field and wrestling.
Personal: Born March 20, 1990 ... son of George and Tina Kostis ... one brother, Demetres, 13 ... majoring in business management... father George wrestled at Appalachian State... full name is Savva George Kostis.

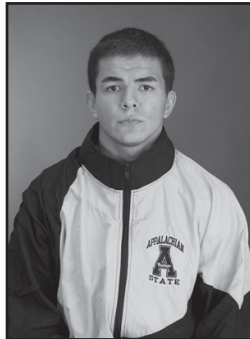


Zack Mastro
Freshman
157
Naples, Fla.
Palmetto Ridge



Palmetto Ridge High School: Two-time state champion ... four year varsity letter winner in wrestling.
Personal: Son of Vonnet Delashmet ... three sisters, Kaci, Kirstin and Nina ... full name is Zackary Richard Mastro.





Dennis Paiva
Freshman
184
Charlotte, N.C.
East Mecklenburg



East Meck High School: Four-time all-conference wrestler ... all-state as a junior and senior.

Personal: Born June 15, 1990 ... son of Calby and Jacilria ... full name is Denison Abreu Paiva.



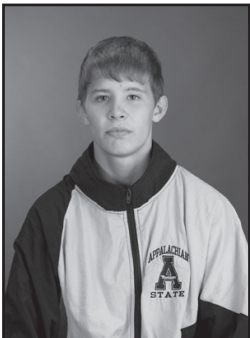
James Stephens
Sophomore
184
Clinton, N.C.
Clinton



2007-08: Did not compete.

Clinton High School: Regional qualifier for wrestling senior year... member of 2006 state championship football team and 2007 runner-up football team.

Personal: Born April 10, 1989 ... son of Greg and Kathi Stephens ... one brother, Adam, 19 ... undecided major, minoring in history ... full name is James Zachary Stephens.

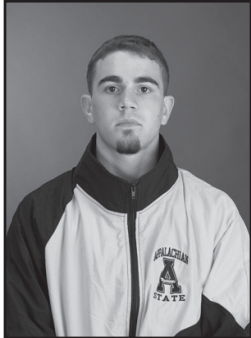


Bryan Rickard
Freshman
125
Davison, Mich.
Davison



Davison High School: Four-time first team all-conference, four time all-county, three-time all-state and high school all-American ... career record of 208-16.

Personal: Born Dec. 13, 1989 ... son of Carl Rickard ... brother, Tex, 24, and sister, Sara, 22 ... majoring in physical education ... cousin Trevor Perry wrestles at Indiana and is a two-time NCAA qualifier ... full name is Bryan Tyler Rickard.



Andrew Sifakis
Freshman
125
Lake Mary, Fla.
Lake Mary

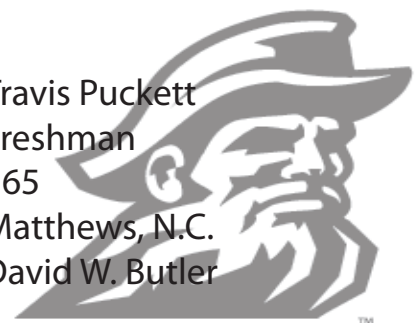


Lake Mary High School: Four-time state qualifier ... two-time state runner-up ... two-time district champ and regional champion senior year ... 135-30 career record.

Personal: Born Feb. 14, 1990 ... son of Jane Tarciano ... three brothers, Alexander, 25, Anthony, 22 and Nick Jr. 17 ... majoring in applied physics ... full name is Andrew James Sifakis.



Travis Puckett
Freshman
165
Matthews, N.C.
David W. Butler

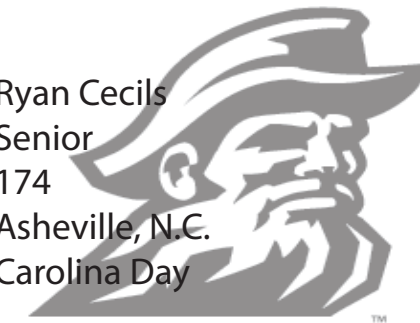


David W. Butler High School: All-conference in wrestling three years in a row ... third place in state junior year, state champion senior year ... wrestled for the club Arrichon under Clay and Ty Reynolds.

Personal: Born June 15, 1990 ... son of Michael and Sylvia Puckett... two brothers, Jake, 22, and Pete, 20 ... father Michael wrestled and played football at Auburn ... brother Jake wrestled at North Carolina and Pete wrestles at Eastern Michigan ... undecided major ... enjoys kayaking and rock climbing ... full name is Travis Matthew Puckett.



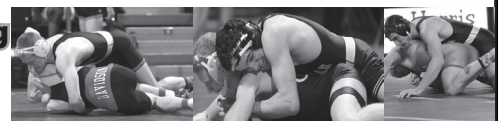
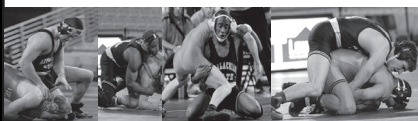
Ryan Cecils
Senior
174
Asheville, N.C.
Carolina Day



2007-08: Did not compete.

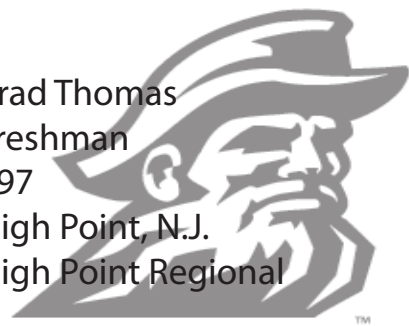
Valley Springs Club: Wrestled for Bill Childs' club team.

Personal: Born April 14, 1987 ... son of Bill Cecils ... brother Bill, 13, sister Aubrey, 8 ... majoring in business management... made Dean's list freshman year ... full name is Ryan Jordan Cecils.

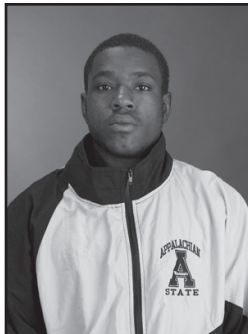




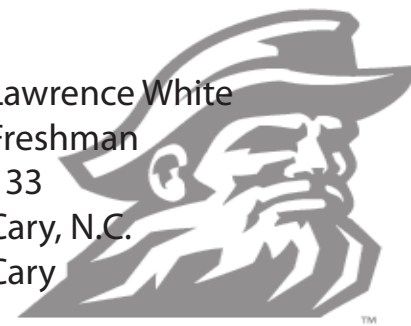
Brad Thomas
 Freshman
 197
 High Point, N.J.
 High Point Regional



High Point Regional High School: All-league and all-conference wrestler and second team all league in football.
Personal: Born April 14, 1989 ... son of Michael and Laurie Thomas ... brother Brett, 14 ... majoring in English ... full name Bradley William Thomas.



Lawrence White
 Freshman
 133
 Cary, N.C.
 Cary



Cary High School: Co-captain of wrestling team senior year.
Personal: Son of Natasha Henry... undecided major... full name Lawrence Devon White.

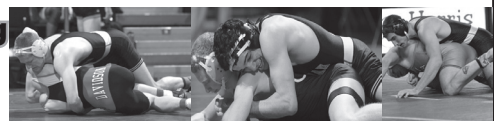
MANAGER



Bridget Metcalf
 Freshman
 Hendersonville, N.C.
 West Henderson



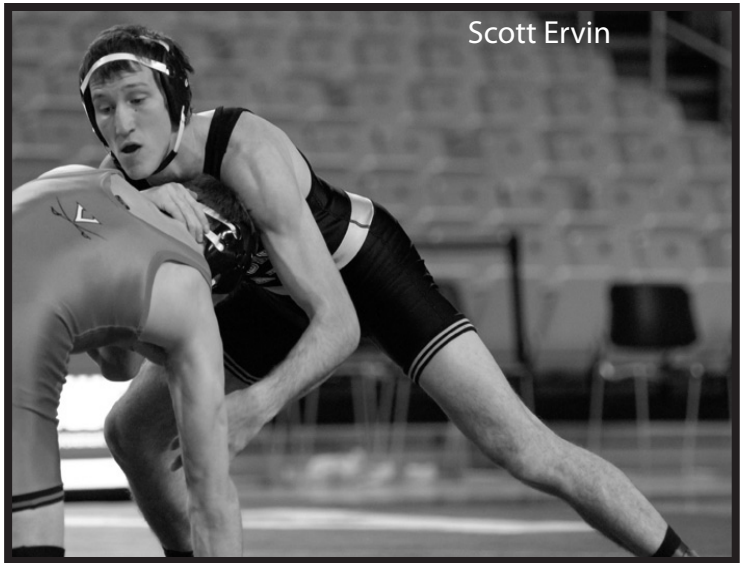
An elementary education major, Bridget is in her first season as the manager of the wrestling team. After graduation she plans on becoming a teacher.
Personal: Born March 10, 1990 ... one brother, Aaron, 23 ... daughter of Keith and Denise Metcalf.





2008 NCAA Championships

Appalachian State sent three wrestlers to the NCAA Championships in 2008, the most since five Mountaineers earned trips in 2003. Senior Scott Ervin won the Southern Conference title at 149 to earn an automatic bid while senior Terreyl Williams and freshman Austin Trotman received at-large bids at 133 and 184, respectively.



Scott Ervin

Ervin made his second-consecutive appearance at the NCAA Championships. In 2007, he won three matches. His first match at the championships in 2008 was a 5-3 loss to Brandon Carter of Central Michigan. Ervin moved to the consolation bracket and beat Clarion's Hadley Harrison 5-3 to move on. He then blasted Mike Roberts of Boston 14-0 to advance to the fourth round where he beat Edward McCray of Gardner-Webb 22-4. Ervin lost to Adam Hall from Boise State in the next round to end his season. The outstanding senior finished the year with a 38-7 record and leaves the program as the all-time career wins leader with 114. He finished with a career record of 114-29.

Terreyl Williams

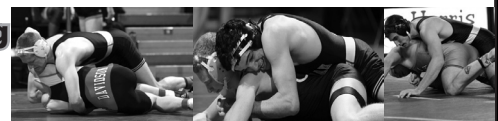


Williams earned his first trip to the NCAA Championships in 2008. The senior lost his first match of the tournament, but fought back in the second round to beat Christian Smith of Liberty 4-2. He then defeated Nebraska's Kenny Jordan by forfeit. He fell in the fourth round 5-3 to Corey Fish of Boise State. Williams finished the season with a 25-15 record and a career record of 71-32.



Austin Trotman

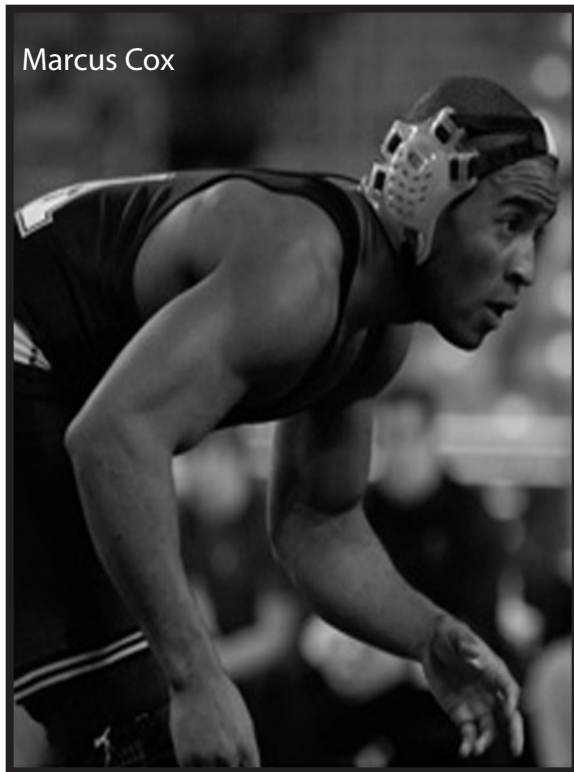
Trotman became just the third freshman in the history of the program to qualify for the NCAA Championships. By earning the at-large bid, Trotman joined Thomas Hutchinson (1982) and David Hopper (1997) as the only freshmen to ever qualify. Trotman took on Wisconsin's Trevor Brandoid and fell 7-3. He fought back in the second round to beat Army's Scott Ferguson and advance to the third round. He fell 6-0 to Boise State's Kirk Smith to finish the year with a 21-13 record.





Season Review

2008 SoCon Championships Team Results



Marcus Cox

1.	Chattanooga	104.5
2.	Appalachian State	86.5
3.	UNC Greensboro	71.5
4.	The Citadel	30.5
5.	VMI	26
6.	Davidson	24.5

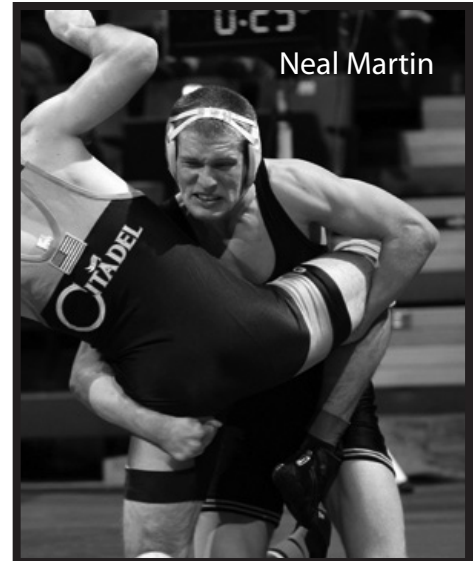
2008 SoCon Championship Individual Results

Name	Class	Seed	Place
Frank Celorrio	125	3	3
Terreyl Williams	133	3	2
Marcus Cox	141	2	2
Scott Ervin	149	1	1
Ed Hutchinson	157	2	2
Tommy Hutchinson	165	4	3
Neal Martin	174	3	2
Austin Trotman	184	2	2
Dylan Temple	197	3	3
Jared Campbell	HWT	4	DNP

2007-08 Individual Results

Name	Class	Overall	Duals	SoCon
Brandon Brothers	197	0-2	0-0	0-0
Derrick Calloway	HWT	0-8	0-2	0-0
Jared Campbell	HWT	11-22	5-13	3-5
Frank Celorrio	125	21-12	11-5	6-3
Marcus Cox	141	13-11	10-6	3-2
Scott Ervin	149	38-7	17-3	7-0
John Allen Griswold	197	7-11	3-5	0-0
John Harkey	125	0-1	0-1	0-0
Glen Holmes	184	1-3	0-1	0-0
Brett Houghton	Total	3-6	2-2	0-0
		165	1-4	0-0
		174	2-2	0-0
Corey Hulsey	125	2-7	1-2	0-0
Eddie Hutchinson	157	18-10	16-5	5-2
Tommy Hutchinson	165	23-17	11-9	6-3
Antionne Jones	174	0-4	0-2	0-0
Miles Keene	141	0-2	0-0	0-0
Neal Martin	174	15-14	8-7	4-4
Mark Maya	141	2-4	2-2	1-1
Chip Powell	149	4-6	0-0	0-0
Ryan Scott	141	2-4	2-0	0-0
Dylan Temple	Total	15-13	7-5	5-3
		184	5-7	0-0
		197	10-6	5-3
Austin Trotman	184	21-13	14-5	4-2
Terreyl Williams	133	23-17	13-8	5-3

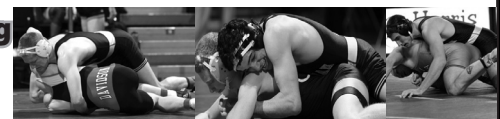
Boldface denotes returning



Neal Martin



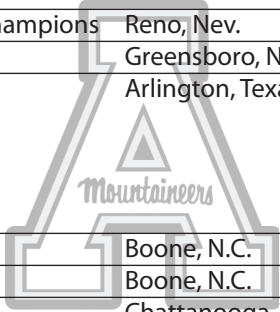
2008-09 Appalachian State Wrestling





2007-08 Team Results

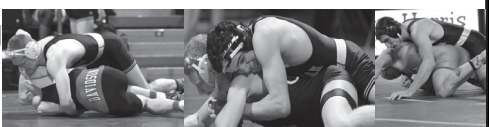
Date	Opponent	Location	Result
Nov. 1	Black and Gold	Boone, N.C.	Gold 30, Black 10
Nov. 11	Virginia Tech	Blacksburg, Va.	L 21-16
Nov. 18	Keystone Classic	Philadelphia, Pa.	3rd out of 10/ 80.5 points
Nov. 24	Northeast Duals	Troy, N.Y.	
	Central Michigan		L 30-6
	Bucknell		W 24-12
	Maryland		L 31-7
	Binghamton		W 35-9
Dec. 15	Buffalo	Buffalo, N.Y.	L 19-16
	Bloomsburg		W 23-17
Dec. 18	Reno Tournament of Champions	Reno, Nev.	8th out of 26/ 53.5 points
Dec. 29	Southern Scuffle	Greensboro, N.C.	17th out of 28/ 39.5 points
Jan. 5	Lone Star Duals	Arlington, Texas	
	North Dakota St.		W 26-16
	Eastern Michigan		W 30-9
	Air Force		W 25-9
	Michigan		L 32-9
Jan. 13	UNC Greensboro	Boone, N.C.	W 22-14
Jan. 19	Virginia	Boone, N.C.	L 24-10
Jan. 27	Chattanooga	Chattanooga, Tenn.	L 27-9
Jan. 29	Gardner-Webb	Boiling Springs, N.C.	W 34-12
Feb. 5	Davidson	Boone, N.C.	W 37-8
Feb. 9	The Citadel	Boone, N.C.	W 31-8
Feb. 13	Liberty	Boone, N.C.	W 30-9
Feb. 17	VMI	Boone, N.C.	W 42-4
	Carson-Newman	Boone, N.C.	W 47-4
Feb. 26	Campbell	Buies Creek, N.C.	W 41-0
March 8	SoCon Mat Jam	Chattanooga, Tenn.	2nd/86.5 points Frank Celorrio - 3rd place (125) Terreyl Williams- 2nd place (133) Marcus Cox- 2nd place (141) Scott Ervin- 1st place (149) Eddie Hutchinson- 2nd place (157) Tommy Hutchinson- 3rd place (165) Neal Martin- 3rd place (174) Austin Trotman - 2nd place (184) Dylan Temple - 3rd place (197)



March 20-22 NCAA Championships St. Louis



SoCon Champion Scott Ervin





Appalachian State University Wrestling

Olympians

XIV	Al Crawford	1948
XIX	Herb Singerman	1968
XXIV	Ike Anderson	1988
	Dale Oliver	
XXV	Ike Anderson	1992

NCAA All-Americans

1941	Charles Parks	121
	Al Crawford	175
1992	Donnell Rawls	118
2002	Mark Fee	165
2003	Mark Fee	174

NCAA Freshman All-Americans

1982	Thomas Hutchinson	126
1997	David Hopper	126

NAIA All-Americans

1960	Bill Cook	130
	Don Cox	157
1966	Jim Whitmer	123
1968	George Sansone	123
	Walt Braine	160
	Bruce Schlegal	HWT
1970	Herb Singerman	126
	Bruce Schlegal	HWT
1971	Bruce Schlegal	HWT

SoCon Champions

1984	1995
1996	1997
1998	1999
2001	2003

SoCon Wrestler of the Year

1993	Donnell Rawls
2001	Travis Drake
2002	Travis Drake
2003	Mark Fee
2008	Scott Ervin

SoCon Coach Of The Year

1989	Paul Mance
1993	Paul Mance
1994	Paul Mance
1996	Paul Mance
2001	Paul Mance
2003	Paul Mance

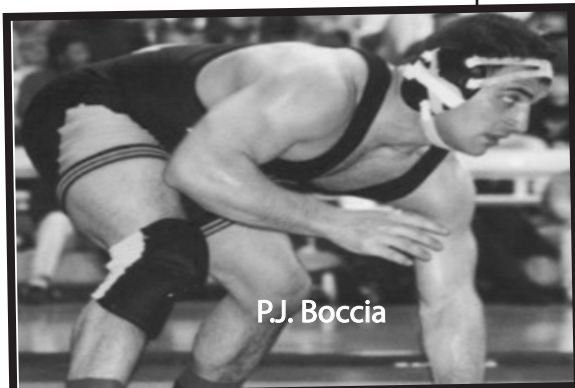
SoCon Most Outstanding Wrestler

1974	Chris Jacobsen
1981	Todd Sumter
1985	Amaro Lamar
1987	Amaro Lamar
1993	Victor Balmeceda
1999	Jeremy Hart
2001	Jeremy Hart
2002	Mark Fee
2007	Scott Ervin

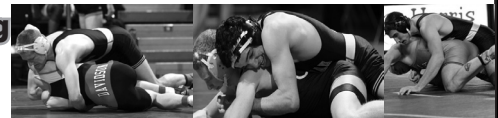
All-Southern Conference

1993	Donnell Rawls	126
	Corey Creech	158
	Shomari Rozier	167
	John Reynolds	190
	Melvin Crosby	HWT
1994	Vince Zullo	134
	Kyle Kuykendall	150
	Shomari Rozier	167
	Seth Meyerson	177
1995	Mike Orris	118
	Daryk Moistner	177
1998	Rob Daly	142
2000	Jeremy Hart	141
	Andy Putnam	149
2001	Rich Caisse	135
	Travis Drake	133
	Geoff McIntosh	197
	Danny Misenheimer	HWT
2002	Travis Drake	133
	Mark Fee	165
	Lee Roper	174
2003	Rich Caisse	125
	Travis Drake	133
	Eric Burns	141
	Lee Roper	165
	Mark Fee	174
	Sean McIntosh	184
	Josh Carroll	197
2004	Jason Jones	149
2005	Ruebon Daniels	HWT
2006	Eric Burns	149
2007	Scott Ervin	149
2008	Scott Ervin	149

* Prior to 1993, SoCon Meet champions earned all-conference honors.



P.J. Boccia





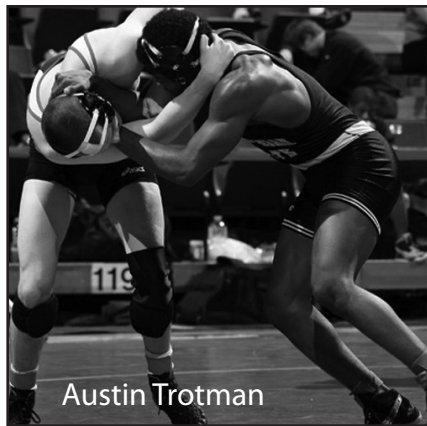
Southern Conference Champions

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2008	Scott Ervin	149																																																																																																																																																																																																																																										

NCAA At-Large Qualifiers

1972	Herb Singerman	126
1977	Jim Polsinelli	134
1978	Craig Cody	158
1984	Chuck Jones	118
1987	Lee Reitzel	158
1993	Donnell Rawls	118
1996	Jason Hooker	167
	Eddy Clark	177
1997	Erik Smith	134
2002	P.J. Boccia	157
2005	Jason Jones	141
2007	Neal Martn	174
2008	Terreyl Williams	133
	Austin Trotman	184

Boldface denotes returning wrestler



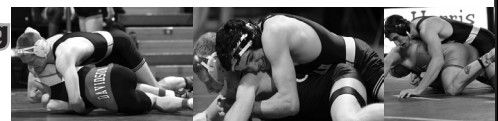
Austin Trotman

Most Wins in a Season

Name	Year	Wins
1. Scott Ervin	(2007-08)	38
2. Mark Fee	(2002-03)	36
3. Travis Drake	(2001-02)	35
4. Donnell Rawls	(1991-92)	33
5. Amaro Lamar	(1986-87)	32
6. Jeremy Hart	(1999-00)	31
Jason Jones	(2002-03)	31
Rich Caisse	(2002-03)	31
9. Jason Jones	(2003-04)	30
Jason Hooker	(1995-96)	30
Seth Myerson	(1995-96)	30
12. Travis Drake	(2002-03)	29
13. Neal Martin	(2006-07)	28
Adrian Hines	(1990-91)	28
15. Scott Ervin	(2006-07)	27
Victor Balmeceda	(1992-93)	27
Melvin Crosby	(1992-93)	27
Donnell Rawls	(1992-93)	27
Shomari Rozier	(1992-93)	27
Adrian Hines	(1989-90)	27

Career Wins List

Name	Years	Wins
1. Scott Ervin	(2003-08)	114
2. Jeremy Hart	(1996-01)	108
3. Mark Fee	(1998-03)	98
4. Travis Drake	(1998-03)	94
5. Mike Orris	(1992-95)	85
6. Amaro Lamar	(1984-87)	83
7. Mike Maxam	(1986-89)	82
Tony Hairston	(1993-96)	82





The Southern Conference

The Southern Conference, which enters its 88th season of intercollegiate competition in 2008, has become known as one of the nation's leaders in emphasizing the development of the student-athlete and defining the league's role in helping to build lifelong leaders and role models.

The Southern Conference has excelled as the premier conference in the Football Championship Subdivision since earning that classification in 1981. The Conference currently consists of 12 members in five states throughout the Southeast and sponsors 19 varsity sports and championships that produce participants for NCAA Division I Championships.

The Southern Conference is the nation's fifth-oldest NCAA Division I collegiate athletic association. Only the Big Ten (1896), the Missouri Valley (1907), the Pacific 10 (1915) and the Southwestern Athletic (1920) conferences are older in terms of origination.

Throughout its history, the Southern Conference has been an innovator in college athletics. The Southern Conference was the first "super conference" with its charter membership including the likes of Alabama, Auburn and North Carolina. The SoCon, as it has come to be known by headline writers throughout the country, is the league that gave birth to the three-point shot in college basketball and was the college home of such sporting greats as Arnold Palmer, Jerry West and Charlie "Choo Choo" Justice.

Academic excellence has been a major part of the Southern Conference's tradition. League athletes have been recognized countless times on CoSIDA Academic All-America and district teams. A total of 19 Rhodes-Scholarship winners have been selected from the conference.

The Southern Conference office is located in the Beaumont Mill in Spartanburg, SC. A textile mill that was in operation from 1880 until 1999, the Beaumont Mill was renovated in 2004 and today offers the SoCon a first class meeting area as well as a spacious library for storage of the conference's historical documents.

Today, the league continues to thrive with a membership that spans five Southeastern states. Current league members are Appalachian State, College of Charleston, The Citadel, Davidson, Elon, Furman, Georgia Southern, UNC Greensboro, Chattanooga, Samford, Western Carolina and Wofford.

The SoCon also sponsors two all-sports awards, the Commissioner's Cup for men's programs and the Germann Cup for women's teams. In 2008, Appalachian claimed its 28th Commissioner's Cup since 1972 and has won the Germann Cup eight times in school history.

Appalachian is the only SoCon program to win both cups in the same year, a feat it has accomplished seven times.

SoCon Directory

702 North Pine Street
Spartanburg, S.C. 29303

Commissioner..... John Iamarino
Associate Commissioner (External Affairs)..... Geoff Cabe
Associate Commissioner (Internal Affairs)..... Sue Arakas
Associate Commissioner (Media Relations)..... Jason Yaman
Associate Commissioner (Compliance)..... Doug King
Council of Presidents (Chair) Bobby Vagt (Davidson)
President..... Dr. William Sharbrough (The Citadel)
Vice President Dr. William Moore (College of Charleston)

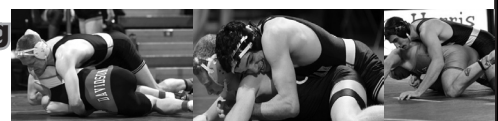


2007-08 Commissioner's Cup Standings

1.	Appalachian State	84
2.	Furman	73
3.	Chattanooga	68.5
4.	Davidson	61
5.	UNC Greensboro	60
6.	Elon	56
7.	The Citadel	49
8.	Western Carolina	47.5
9.	Wofford	44
10.	College of Charleston	42.5
11.	Georgia Southern	39.5
12.	VMI (Wrestling)	7



2008-09 Appalachian State Wrestling





Dr. Kenneth Peacock Chancellor

A member of the Appalachian State University community the past 22 years, Dr. Kenneth E. Peacock begins his fifth year as ASU's sixth Chancellor in 2008-09.

Dr. Peacock, who served as the University's Interim Provost and Vice Chancellor for Academic Affairs during the 2003-04 academic year and was the Dean of Appalachian's Walker College of Business from 1992-2003, assumed the office of Chancellor on July 1, 2004.

During his 11-year tenure as Dean, Dr. Peacock introduced numerous initiatives that enhanced the college's academic and financial stature. Among his many accomplishments as dean were securing a financial commitment from prominent businesswoman and civic leader Thelma C. Raley to name the building that currently houses the Walker College of Business and endowing a lecture series in honor of former State Treasurer Harlan E. Boyles.

Dr. Peacock also developed an international program in partnership with Fudan University in Shanghai, China, to help students understand the challenges and opportunities of doing business in Asia. As the Walker College of Business Dean, he also established the Dean's Council of Student Advisors and a Business Advisory Council, composed of 25 business leaders who meet once a semester to review programs and to anticipate the needs of the College.

He guided the college to reaffirmation of accreditation by the Association to Advance College Schools of Business (AACSB International) in April, 1998. The AACSB's Visitation Team awarded ASU's Walker College of Business nine commendations of strengths and innovations during the reaffirmation.

Chancellor Peacock arrived at Appalachian in 1983 as a faculty member in the Walker College of Business and began teaching undergraduate and graduate courses in accounting and taxation. He was promoted to Assistant Dean in 1987 and Associate Dean in 1989, before assuming the role of Dean in 1992.

Prior to his arrival in Boone, he was a faculty member at the University of Virginia, from 1980-83, where he taught, primarily, taxation classes and served as faculty advisor for many student organizations. He also co-authored an Instructor's Manual to accompany West's Intermediate Accounting textbook and helped create an Investment and Tax Planning Seminar offered through UVA's Division of Continuing Education.

Upon receiving a B.S. in accounting from Mars Hill College in 1970, Chancellor Peacock worked for Price Waterhouse and Company in Winston-Salem and Charlotte, N.C., while teaching taxation classes on a part-time basis at Winston-Salem State University.

In 1975, Dr. Peacock moved to Baton Rouge, La., where he earned Master's (1977) and Ph.D. (1979) degrees in accounting from Louisiana State University. During his time at LSU, he helped develop a pair of training courses, funded and published by the Louisiana State Board of Regents for Higher Education, and taught throughout the state.

An active member of the academic and local communities, Chancellor Peacock serves on the Boards of Directors of the Investment Advisory Committee for AACSB International, the Watauga Medical Center Foundation, and the Grandfather Home for Children. He is involved in numerous civic programs and activities. In 1995, Governor Jim Hunt appointed Peacock as one of just 25 North Carolinians to participate in the inaugural Leadership North Carolina program.

Chancellor Peacock is married to the former Rosanne Barkley of Winston-Salem, N.C. They have two sons: Chris, 31, and Brian, 27.



Charlie Cobb Athletics Director

In his first three years at Appalachian State University, director of athletics Charlie Cobb has led the department to unparalleled success. The many successes enjoyed by Appalachian athletics during the first 36 months of Cobb's tenure include:

- Three-consecutive Commissioner's Cup championships — recognizing the top overall men's sports program in the Southern Conference.
- 35 percent of the athletics department's students making the Academic Honor Roll (minimum GPA of 3.25).
- The Yosef Club, which provides scholarships for student-athletes, raising \$2.3 million in 2007-08 — reaching the \$2 million threshold for the first time and up over \$1.6 million from the year before Cobb's arrival.
- Three-consecutive NCAA Division I football national championships — marking the first time that any program has ever won three consecutive NCAA Division I Football Championship Subdivision (FCS — formerly Division I-AA) and the first NCAA football titles ever won by a team from the state of North Carolina at any level.

Additionally, Cobb has spearheaded Appalachian's \$50 million facilities enhancement campaign, which has already produced new homes for Mountaineer baseball (Jim and Bettie Smith Stadium), softball (ASU Softball Stadium) and soccer (at the Ted Mackorell Soccer Complex), as well as the Apps' first-ever indoor practice facility (Sofield Family Indoor Practice Facility) and renovations to Varsity Gym that have upgraded the facility to a premier practice and competition venue for ASU basketball, indoor track and field, volleyball and wrestling.

The facilities enhancements also include significant renovations to Appalachian's most visible athletics venue, Kidd Brewer Stadium. The centerpiece of the facilities enhancement campaign, a 100,000-square-foot, seven-story complex on the stadium's west side which will include new football offices and locker room, a strength and conditioning center, training facilities, academic study space and computer lab for all ASU studentathletes and premium seating in the form of 600 club-level seats and 18 suites will round out the stadium renovations in 2009.

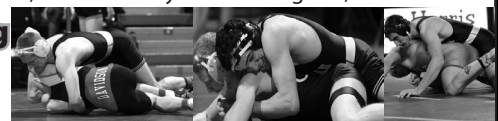
Prior to his arrival in Boone, Cobb was a member of the athletics department at North Carolina State University from 1998-2005. A four-year football letterwinner at NC State from 1987-90, Cobb served as the Wolfpack's senior associate athletics director for external operations. In that role, he oversaw NC State's marketing, ticket operations, media relations and student-athlete development operations, as well as serving on the department's compact strategic planning initiative, gender equity and facilities committees.

Prior to returning to his alma mater in '98, Cobb spent six years in Atlanta, Ga., where he held positions with the Atlanta Sports Council, the Chick-Fil-A Peach Bowl and the Georgia Dome. As an assistant executive director for the Atlanta Sports Council and the Peach Bowl, he helped coordinate Atlanta's bid for the 2002 NCAA men's basketball Final Four and handled all game and event operations for the Peach Bowl. As sales manager for the Georgia Dome from 1994-97, Cobb helped procure events such as the Southeastern Conference football championship, the SEC and Atlantic Coast Conference men's basketball tournaments, major concerts and other college and amateur sporting events.

Cobb graduated with honors with a B.A. in business administration from NC State in 1990. A second-team all-ACC honoree at center as a senior, Cobb was an academic all-ACC selection and collected the prestigious Jim Tatum Award, presented to the ACC football senior with the highest grade point average, and the Bob Warren Memorial Award, given to the Wolfpack football player that displays the highest integrity and sportsmanship.

After receiving post-graduate scholarships from both the ACC and NFL Charities, Cobb earned a master's degree in sports administration from Ohio University in 1992.

Cobb is married to the former Lindsay Brecher, who was an all-ACC goalkeeper for NCSU women's soccer from 1988-90. They have a 10-year old son, Harrison, and a seven-year-old daughter, Branan.





This is Appalachian State

EDUCATING NORTH CAROLINA'S CITIZENS AND LEADERS

Now in its 109th year, Appalachian State University is dedicated to creating the best possible learning environment for its students. The university promotes international experiences for students and faculty through study abroad and international programs. Appalachian encourages intellectual growth through the First Year Seminar and Summer Reading Program and through undergraduate research coordinated by faculty in many disciplines.

Appalachian ranked fifth among the South's top public universities and 10th among public and private universities in the South in the 2008 "America's Best Colleges Guide" published by U.S. News & World Report. Appalachian has placed among the top 15 southern comprehensive universities since the magazine's rankings first appeared in 1986.

Points of Pride

U.S. News & World Report's 2008 America's Best Colleges Guide placed Appalachian fifth among the South's top public universities and 10th among public and private universities in the South. Appalachian has ranked in the top 15 among southern universities since the rankings first appeared in 1986.

- Appalachian is one of 186 colleges in the nation considered a best value for undergraduate education, according to The Princeton Review. The listing appears in the 2008 edition of "America's Best Values in Colleges."
- Appalachian was included in Kiplinger's Personal Finance magazine's "100 Best Values in Public Colleges." In the January 2008 listing, Appalachian ranked 27th in terms of in-state costs.
- Contributions to the Yosef Club for scholarships for student-athletics exceeded \$2 million for the 2007-08 fiscal year. Contributions to the Appalachian State University Foundation exceeded \$23 million through June 2008.
- The university's operating expenses were more than \$290 million in fiscal year 2007-08.
- Appalachian's campus covers more than 1,320 acres and includes the 411-acre main campus and several outlying properties such as Camp Broadstone. Together, the main campus and the west campus contain high-rise residence halls, academic buildings, athletic and recreational facilities, libraries, a conference center, student apartments, auditoriums and research centers.
- Of Appalachian's 737 full-time instructional faculty in 2007, 342 were in the College of Arts and Sciences, 148 were in the College of Fine and Applied Arts, 109 were in the Reich College of Education, 97 were in the Walker College of Business, and 41 were in the Mariam Cannon Hayes School of Music.
- The university's instructional units are University College, the College of Arts and Sciences, the Walker College of Business, the College of Fine and Applied Arts, the Reich College of Education, and the Hayes School of Music. Academic offerings within these instructional units include more than 200 major programs and eight different types of degrees at the undergraduate level (BA, BFA, BM, BS, BSBA, BSCJ, BSN, and BSW), 11 different types of degrees at the graduate level (MA, MBA, MLS, MM, MPA, MS, MSA, MSW, Ed.S and Ed.D), as well as several certificate programs at the undergraduate and graduate levels.
- The top five North Carolina counties represented by fall 2007 students were Wake (1,421), Mecklenburg (1,419), Watauga (1,164), Guilford (811), and Forsyth (781). Ninety-one percent (12,559) of the total on-campus enrollment were North Carolina residents.
- The top states for out-of-state enrollment were Georgia, Virginia, Tennessee, Florida and South Carolina.
- More than \$13 million in research grants and contracts was awarded to the university in 2007-08.
- The Appalachian and the Community Together (ACT) office at Appalachian provided an estimated \$1.85 million of volunteer service to the community during the 2007-08 school year based on the national standard for volunteer time.



University Leadership

Chancellor

Dr. Kenneth E. Peacock

Provost and Executive Vice Chancellor
Stan Aeschleman

Board of Trustees

George G. Beasley

Chairman and CEO
Beasley Broadcast Group Inc.
Naples, FL

John Blackburn

President and General Manager
Linville Resorts
Linville, NC

J. Edgar Broynhill

Businessman
Winston-Salem, NC

Jeannine Underdown Collins

President
Underdown and Associates
Boone

Thomas H. Cook Jr.

Attorney
Wyrick Robbins Yates & Ponton LLP
Raleigh, NC

John E. Cooper Jr.

Owner
Mast General Store
Boone, NC

James A. Deal Jr.

Attorney
Boone, NC

Hughlene B. Frank

Community Volunteer
Greensboro, NC

Avery B. Hall, Sr.

Senior Vice President
Wachovia
Kernersville, NC

Dave Mofford

President
Student Government Association

Helen A. Powers

Fmr. N.C. Secretary of Revenue/Bank Executive
Asheville, NC

Michael A. Steinback

Operating Partner
Stonebridge Partners
Asheville, NC

G.A. Sywassink

Chairman and CEO
Standard Holding Corporation
Charlotte, NC

Constituency Representatives

(Non-Voting):

Michael B. Ramey

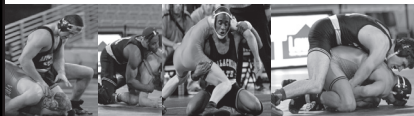
Chairperson
Faculty Senate

Traci Royster

President
ASU Alumni President

Stacy Sears

President
Staff Council President



2008-09 Appalachian State Wrestling

