

MEET THE STAFF



COACH ASHLEY HUGHES Camp Director - Grades 9-12

A 2008 Allegheny College graduate, Ashley Hughes was named head coach of the Gator women's lacrosse program in 2013. After four seasons at the helm of the Gator program, Coach Hughes entered the 2018 season one win away from the team's all-time career lead, posting a record of 39-27, with three trips to the North Coast Athletic Conference Championship Tournament. She has coached four of the top six all-time leading scorers in the team's 21-year history, including McKenzie Bell, who graduated in 2016 with 353 points to rank first all-time in both Allegheny and North Coast Athletic Conference history. Hughes' players have earned a total of 23 All-NCAC and five All-Region accolades, while in 2017, Jessie Thiessen was the first player in program history to be recognized as the NCAC Midfielder of the Year. Thiessen is also one of three Gators to play in the annual North/South Division III All-Star game, joining Bell (2016) and Carly Minsterman (2014). Prior to joining the Allegheny coaching staff, Hughes spent three seasons at head coach at St. Michael's University in Vermont. In 2013, she led the Purple Knights, a member of NCAA Division-II's North East-10 Conference, to their highest win total in six years. She began her coaching career as an assistant coach at Harwick College in 2009, before spending the 2010 season at Norwich University. Hughes was a two-sport standout as a student-athlete at Allegheny, graduating in 2008 as the lacrosse team's all-time leader in career points (179), while also earning multiple All-NCAC nods in women's soccer.



COACH HEATHER COPPOLA Camp Director - Grades 6-8

Currently in her first season as assistant coach at Concordia University-Saint Paul, Heather Coppola will serve as the director for the Allegheny Lacrosse Camp's middle school group. Prior to arriving in Minnesota, Coppola spent the 2017 season as an assistant coach at Division-I Robert Morris University, helping the Colonials to an 11-7 record and a berth in the Northeast Conference playoffs. Coppola spent the 2016 season as assistant coach and offensive coordinator at SUNY-Oswego, helping the team tie a school record with 12 wins. She began her coaching career at Allegheny, serving as assistant coach and recruiting coordinator for the 2014 and 2015 seasons, during which the Gators won a combined 24 games. Coppola graduated from Alvernia University, and was a four-year lacrosse standout, scoring 103 goals in 70 games.



COACH LIZ BEREIT Assistant Camp Director

Liz Bereit was named assistant women's lacrosse coach at Allegheny College in the summer of 2017. Prior to joining the Gators, Coach Bereit spent two seasons as assistant coach at Piedmont College, helping the squad to 20 wins over the two years, and two trips to its conference championship game. Coach Bereit was a four-year lacrosse standout at Shenandoah University, where she was a four-time all-conference selection and two-year team captain, graduating second all-time in program history with 166 career goals and 242 career points. Coach Bereit has worked a number of camps and clinics throughout her career, including the Georgia Tech Lacrosse Camp and the Saint Vincent College Nike Camp, while she began her coaching career while still a student-athlete in college, as she was assistant coach at John Handley High School during its inaugural season of girls lacrosse.



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2018 ALLEGHENY COLLEGE GIRLS LACROSSE SUMMER CAMP



JUNE 19-21

Open to players entering grades 6-12



REGISTRATION INFORMATION

Name _____

Address _____

City/State/ZIP _____

Phone _____

Email _____

Age _____ Grade (2018-19) _____

Position _____ Years Played _____

School Team _____

School Head Coach _____

Club Team _____

Club Head Coach _____

Early Registration Deadline April 15, 2018
Cost\$295

Registration Deadline June 1, 2018
Cost\$320

\$50 non-refundable deposit due upon receipt of registration information; Remainder of balance will be collected at camp check-in

Please return forms and deposit to
Allegheny Girls Lacrosse Camp
520 N. Main Street
Box AC
Meadville, PA 16335

Checks payable to Allegheny College

Upon receipt of registration, campers will receive an additional form for medical waiver, insurance information, and emergency contact information

ABOUT THE CAMP

The Allegheny College Girls' Lacrosse Summer Camp is open to players of all skill levels entering grades 6-12. Registration and check-in will take place from 12:30 - 3:30 p.m. on June 19, while campers will be dismissed at 7:30 p.m. on June 21.

Campers will stay in air conditioned dormitories on the pristine Allegheny College campus, while meals will be served in the College's main cafeteria, Brooks Dining Hall.

Campers will receive first-rate instruction from various collegiate coaches, as well as current members and alumni of Allegheny's perennially-successful women's lacrosse team. Each day, full practice sessions of tactical and technical work will be held for both position players and goalkeepers, while scrimmage sessions will be held each night.

Participants are asked to bring sticks, goggles, a mouth guard, sneakers and/or turf shoes, bed linens, towels, shower necessities, and clothing for three lacrosse sessions per day.



FACILITIES

The Allegheny Girls Lacrosse Summer Camp will be held at Frank B. Fuhrer Field at the school's Robertson Athletic Complex, located at 204 Park Avenue in Meadville, the north end of campus and less than five minutes off of Interstate 79.

Frank B. Fuhrer Field, which serves as the home of Gator field hockey, football, soccer and lacrosse, has a Field Turf surface installed in July 2015, and is the centerpiece of the Robertson Athletic Complex, a 150-acre hub of outdoor sports at Allegheny. In addition to the stadium, the Robertson Athletic Complex has natural grass competition fields for baseball, soccer, and softball, as well as 12 lighted tennis courts, and a championship-caliber cross country course.

Campers will stay in the fully air-conditioned dormitories at Allegheny College, and meals will be served in the school's main cafeteria, Brooks Dining Hall.



DIRECTIONS TO CAMPUS

FROM THE NORTH AND SOUTH

From Interstate 79, take Exit 147A East. Continue on Route 322 East (into Meadville), and take the Park Avenue Exit on the right after the bridge entering town. Follow Park Avenue for approximately two miles to campus. The Robertson Athletic Complex is approximately a half mile past campus on Park Avenue.

FROM THE EAST

From Interstate 71 North, merge I-76 East via Exit 209A. Take I-80 East toward Youngstown, and cross into Pennsylvania. Merge onto I-79 North via Exit 19B (toward Erie). Proceed approximately 30 miles, and merge onto Route 322 East at the Meadville Exit 147A. Follow directions to campus from above.