PLEASE PRINT NEATLY AND MAIL WITH PAYMENT

Name _____

Age _____ Grade _____
School _____

Address _____
City_____ State ___ Zip _____

Home Phone _____
Email _____

Emergency Contact Name _____
Phone _____
Parent's Name_____
Daytime Phone _____

Insurance Carrier_____

Policy Number _____

Registering :

Girls' Day Camp: July 11-14 $110 _____

T-shirt Size: YS YM YL AS AM AL

MEDICAL RELEASE WAIVER

I certify that my child has permission to participate in the camp at Allegheny College. He/she has been examined by a doctor in the last year and has been cleared to play the sport. I have health insurance. In the event of an injury, I wish to be contacted before treatment. If I cannot be contacted and my child requires emergency treatment, I authorize Allegheny College, the camp directors, and their agents to obtain reasonable emergency treatment. I absolve Allegheny College, the camp directors, and their agents of any liability or judgments that are a result of my child's misconduct or negligence. I have read and understand this waiver.

_____ _____
Signature Date

Checks payable to Allegheny College

Mail completed application and $110 check to:

Kate Costanzo
Women's Basketball Coach
520 N. Main St
Box AC
Meadville, PA 16335

Women's Basketball
520 N. Main Street
Meadville, PA 16335

2016

ALLEGHENY COLLEGE

GIRLS' BASKETBALL

CAMP



July 11-14, 2016

Ages 8-14

9:00AM—3:00PM

WISE CENTER
ALLEGHENY COLLEGE
MEADVILLE, PA

Typical Camp Day

8:30-9:00am—Check-in

9:00am—Agilities/Stretch/ Announcments

9:30am—Instruction
-Ball Handling, Shooting, Passing

10:00am—Stations
-ex.:Defensive Breakdown, Shooting, Cuts, Screens

10:30am—Fun Games
-Hot Shot, Knock Out, Dribble Tag



11:00am—Competitive Games
-1 on 1, 2 on 2, 3 on 3

11:30am—Lunch (not provided by Camp)

12:15pm—Fun Games

12:45pm—Instruction
-Team Offense, Movement, Passing and Cutting

1:15pm—Competitive Games

1:45pm—Free Throw Competition

2:00pm—One on One Competition for Prizes

2:30pm—Fun Games

2:45pm—Camp Pick-up

COST
Tuition is $110. Camp space is limited. Make checks payable to Allegheny College.

(Upon receipt of payment and application, an e-mail confirmation letter will be sent. Fees are not refundable but may be applied to a future camp.)

DISCOUNT
Family Discount—$100 per camper for two or more family members that register.

BASKETBALL CAMP

CAMP STAFF
Campers will have an opportunity to learn from the Gator Coaching Staff.



CAMP DIRECTORS

Kate Costanzo—Head Basketball Coach

In Kate Costanzo's all eight seasons as the Allegheny women's basketball coach, the Gators have qualified for the NCAC Tournament. In 2008-09, 2010-11, and 2015-16, the Gators advanced to the NCAC Tournament final. This past season, the Gators finished by beating #23 Denison in the semifinal game. Costanzo has recruited and coached two NCAC Newcomers of the Year as well as six 1st Team All-NCAC players and five 1,000 point scorers. Costanzo, a 2002 graduate of Penn State Behrend, was a two-year All-Allegheny Mountain Collegiate Conference selection for the Lions, helping the squad to an NCAA Tournament berth in 2001—the second in school history. Costanzo is currently fourth on the Behrend all-time scoring list (1,055 points), having averaged 10 points per game in her career.

Steven Harney—Assistant Coach

Harney is entering his 3rd year on the sidelines for the Gators. A 2009 graduate of Dickinson College, where he served as a student assistant during Costanzo's tenure, Harney most recently served as girl's basketball head coach at The Stony Brook School in Stony Brook, N.Y. While at Stony Brook, Harney earned the Marvin W. Goldberg Coaches' Award in 2013 while additionally earning Class C and Leave VIII Coach of the Year awards the same year.

IMPORTANT INFORMATION

CAMP FACILITY
- ✓ Located on the campus of Allegheny College in the Wise Athletic center
- ✓ All indoor courts with air conditioning
- ✓ Performance Arena has 10-foot hoops. This is high for some eight-year-olds, but all are welcome to attend camp.

CAMP FEATURES
- ✓ Emphasis on skill improvement, effort and teamwork
- ✓ Individual shooting technique and offensive skill development are emphasized
- ✓ Team competition and individual contests
- ✓ Campers separated by age
- ✓ Free camp t-shirt
- ✓ Awards and prizes for certain competitions
- ✓ Bring bag lunch.
- ✓ Basketball shorts, t-shirt, and non-marking basketball shoes are best for activities

MEDICAL
All injuries and illnesses will be handled by our certified athletic trainer and staff.

"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt



