

ALCORN MEN'S TRACK & FIELD INDOOR SEASON-BESTS 2020

60 METERS

6.72	Bralon Robinson (Jr.)	SWAC Championships (2/21/20)
6.94	JaKobe Rogers (So.)	Samford Clash (1/18/20)
7.13	Kamathe Daniel (Jr.)	Bulldog Open (2/15/20)
7.14	Marcus Sims (Jr.)	Bulldog Open (2/15/20)
7.23	Justin Hines (Sr.)	Samford Clash (1/18/20)
7.35	Braheem Bishop (Jr.)	SWAC Championships (2/21/20)

200 METERS

22.41	Josias Jean (Jr.)	SWAC Championships (2/21/20)
22.53	JaKobe Rogers (So.)	Vulcan Invite (1/11/20)
22.67	Jeremy Gamble (Jr.)	SWAC Championships (2/21/20)
23.09	Marcus Sims (Jr.)	SWAC Championships (2/21/20)
23.49	Kamathe Daniel (Jr.)	SWAC Championships (2/21/20)
23.87	Justin Hines (Sr.)	Vulcan Invite (1/11/20)
24.06	Ashton DeFreeze (So.)	SWAC Championships (2/21/20)

400 METERS

49.83	Josias Jean (Jr.)	SWAC Championships (2/21/20)
52.06	Jeremy Gamble (Jr.)	Bulldog Open (2/15/20)
52.73	Ashton DeFreeze (So.)	Vulcan Invite (1/11/20)
55.25	Quantavious Gordon (Sr.)	Vulcan Invite (1/11/20)
55.72	Javon Rutledge (So.)	Samford Clash (1/18/20)

800 METERS

2:00.47	Peterson Saint-Cyrin (Jr.)	SWAC Championships (2/21/20)
2:10.99	Tyreq Miles (Sr.)	Vulcan Invite (1/11/20)
2:11.10	Javon Rutledge (So.)	Vulcan Invite (1/11/20)
2:21.41	Elliott Pak (So.)	Jaguar Invite (2/2/20)

Mile

4:58.31	Titus Kibii (Jr.)	Samford Clash (1/18/20)
5:06.35	Tyreq Miles (Sr.)	Bulldog Open (2/15/20)
5:35.56	Elliott Pak (So.)	Bulldog Open (2/15/20)

3000 METERS

9:55.63	Titus Kibii (Jr.)	SWAC Championships (2/21/20)
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5000 METERS

17:05.67	Titus Kibii (Jr.)	SWAC Championships (2/21/20)
19:49.07	Elliott Pak (So.)	SWAC Championships (2/21/20)

4X400-METER RELAY

3:26.73	Josias Jean (Jr.)	SWAC Championships (2/21/20)
	Peterson Saint-Cyrin (Jr.)	
	JaKobe Rogers (So.)	
	Jeremy Gamble (Jr.)	
3:32.97	Kamathe Daniel (Jr.)	Jaguar Invite (2/2/20)
	Javon Rutledge (So.)	
	Josias Jean (Jr.)	
	Peterson Saint-Cyrin (Jr.)	
3:44.13	Braheem Bishop (Jr.)	Vulcan Invite (1/11/20)
	Javon Rutledge (So.)	
	Marcus Sims (Jr.)	
	Tyreq Miles (Sr.)	

1600-METER SRM

3:33.05	Josias Jean (Jr.)	Samford Clash (1/18/20)
	Jeremy Gamble (Jr.)	
	Marcus Sims (Jr.)	
	Craig Philpot (Jr.)	

DISTANCE MEDLEY

11:46.80	Tyreq Miles (Sr.)	SWAC Championships (2/21/20)
	Peterson Saint-Cyrin (Jr.)	
	Jeremy Gamble (Jr.)	
	Titus Kibii (Jr.)	

LONG JUMP

6.22m	James Graves (Sr.)	SWAC Championships (2/21/20)
5.82m	Braheem Bishop (Jr.)	Samford Clash (1/18/20)

HIGH JUMP

1.91m	Braheem Bishop (Jr.)	Vulcan Invite (1/11/20)
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SHOT PUT

6.99m	Ashton DeFreeze (Jr.)	Jaguar Invite (2/2/20)
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ALCORN MEN'S TRACK & FIELD OUTDOOR SEASON-BESTS 2020

100 METERS

10.64	Bralon Robinson (Jr.)	Jet Relays (3/7/20)
10.83	JaKobe Rogers (So.)	Jet Relays (3/7/20)
11.21	Marcus Sims (Jr.)	Jet Relays (3/7/20)
11.71	Quantavious Gordon (Sr.)	Jet Relays (3/7/20)

400 HURDLES

54.68	Josias Jean (Jr.)	Jet Relays (3/7/20)
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5000 METERS

17:35.10	Titus Kibii (Jr.)	Jet Relays (3/7/20)
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4X100-METER RELAY

42.02	JaKobe Rogers (So.) Marcus Sims (Jr.) Braheem Bishop (Jr.) Bralon Robinson (Jr.)	Jet Relays (3/7/20)
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4X400-METER RELAY

3:30.00	Ashton DeFreeze (So.) Josias Jean (Jr.) Peterson Saint-Cyrin (Jr.) JaKobe Rogers (So.)	Jet Relays (3/7/20)
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LONG JUMP

6.04m	James Graves (Sr.)	Jet Relays (3/7/20)
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JAVELIN

24.99m	Javon Rutledge (So.)	Jet Relays (3/7/20)
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ALCORN MEN'S TRACK & FIELD PERSONAL-RECORDS

Braheem Bishop (Junior - Chester, Pa.)
 60 Meters- 7.29 (LSU Bayou Bengal (2/2/18))
 100 Meters- 11.07 (Louisiana Classic (3/17/18))
 200 Meters- 23.93 (McNeese State Invite (1/26/18))
 4x100 Meter Relay- 42.02 (Jet Relays (3/7/20))
 4x400 Meter Relay- 3:44.13 (Vulcan Invite (1/11/20))
 Long Jump- 5.82m (Samford Indoor Clash (1/18/20))
 High Jump- 1.91m (Vulcan Invite (1/11/20))

Kamathe Daniel (Junior - Castries, Saint Lucia)
 60 Meters- 7.13 (Bulldog Open (2/15/20))
 100 Meters- 11.32 (Southern Miss Open (4/27/19))
 200 Meters- 23.49 (SWAC Championships (2/21/20))
 400 Meters- 55.10 (Bulldog Relays (3/22/19))
 4x400 Meter Relay- 3:28.15 (Jim Mize Invite (4/6/19))

Ashton DeFreeze (Sophomore - Louisville, Ky.)
 200 Meters- 22.50 (SWAC Championships (5/4/19))
 400 Meters- 49.96 (SWAC Championships (5/4/19))
 4x400 Meter Relay- 3:24.12 (Bulldog Relays (3/23/19))
 1600 Meter SRM- 3:41.23 (Bulldog Relays (3/22/19))
 Shot Put- 6.99m (Jaguar Invitational (2/2/20))

Jeremy Gamble (Junior - Houston, Texas)
 60 Meters- 7.00 (Emory Invite 1/21/18)
 100 Meters- 10.85 (SWAC Championships (5/5/18))
 200 Meters- 22.21 (SWAC Championships (5/5/18))
 400 Meters- 51.89 (McNeese State Invite (1/26/18))
 4x200 Meter Relay- 1:30.74 (Bulldog Relays (3/22/19))
 4x400 Meter Relay- 3:24.12 (Bulldog Relays (3/23/19))
 1600 Meter SRM- 3:33.05 (Samford Indoor Clash (1/18/20))
 Distance Medley Relay- 11:46.80 (SWAC Championships (2/21/20))

Quantavious Gordon (Senior - Canton, Miss.)
 100 Meters- 11.71 (Jet Relays (3/7/20))
 400 Meters- 50.54 (Bulldog Relays (3/22/19))
 1600 Meter SRM- 3:41.23 (Bulldog Relays (3/22/19))

James Graves (Senior - Baton Rouge, La.)
 Long Jump- 6.22m (SWAC Championships (2/21/20))

Justin Hines (Senior - Atlanta, Ga.)
 55 Meters- 6.84 (McNeese State Invite (1/13/17))
 60 Meters- 7.15 (LSU Invite (1/6/17))
 100 Meters- 10.98 (Cowboy Relays (3/10/18))
 200 Meters- 22.09 (Mississippi College (3/31/17))
 Long Jump- 5.82m (KSM Invite (1/29/17))

Josias Jean (Junior - Fort Myers, Fla.)
 110 Hurdles- 15.90 (Louisiana Classic (3/17/18))
 200 Meters- 22.41 (SWAC Championships (2/21/20))
 400 Meters- 49.48 (Bulldog Relays (3/22/19))
 400 Hurdles- 52.26 (SWAC Championships (5/5/19))
 4x400 Meter Relay- 3:20.40 (SWAC Championships (2/16/18))
 1600 Meter SRM- 3:33.05 (Samford Indoor Clash (1/18/20))

Titus Kibii (Junior - Eldoret, Kenya)
 4x400 Meter Relay- 4:04.89 (Jim Mize Invite (4/6/19))
 1500 Meters- 4:36.05 (UCA Open (4/13/19))
 Mile- 4:58.31 (Samford Indoor Clash (1/18/20))
 3000 Meters- 9:55.63 (SWAC Championships (2/21/20))
 3000 Meter Steeple- 10:32.81 (SWAC Championships (5/4/19))
 Distance Medley Relay- 11:46.80 (SWAC Championships (2/21/20))
 5000 Meters- 17:05.67 (SWAC Championships (2/21/20))

Tyreq Miles (Senior - Houston, Texas)
 600 Meters- 1:33.91 (Bayou Bengal (2/3/17))
 800 Meters- 2:03.86 (ULM Warhawk Classic (4/14/18))
 4x400 Meter Relay- 3:44.13 (Vulcan Invite (1/11/20))
 1500 Meters- 4:23.97 (Cowboy Relays (3/10/18))
 Mile- 4:45.97 (SWAC Championships (2/16/18))
 Distance Medley Relay- 11:45.61 (SWAC Championships (2/15/18))
 5000 Meters- 18:14.98 (UCA Open (4/13/19))

Elliott Pak (Sophomore - Mukilteo, Wash.)
 800 Meters- 2:21.41 (Jaguar Invitational (2/2/20))
 1000 Meters- 3:01.63 (Samford Open (1/19/19))
 1500 Meters- 4:55.24 (Bulldog Relays (3/22/19))
 Mile- 5:19.65 (Emory Invite (1/20/19))
 5000 Meters- 19:49.07 (SWAC Championships (2/21/20))

Craig Philpot (Junior - Chicago, Ill.)
 1600 Meter SRM- 3:33.05 (Samford Indoor Clash (1/18/20))

Bralon Robinson (Junior - Canton, Miss.)
 60 Meters- 6.72 (SWAC Championships (2/21/20))
 100 Meters- 10.32 (Louisiana Classic (3/17/18))
 200 Meters- 21.70 (Bulldog Relays (3/24/18))
 4x100 Meter Relay- 40.79 (Cowboy Relays (3/10/18))
 400 Meters- 53.74 (McNeese State Invite (1/26/18))
 4x400 Meter Relay- 3:28.15 (Jim Mize Invite (4/6/19))

JaKobe Rogers (Sophomore - Mobile, Ala.)
 60 Meters- 6.94 (Samford Indoor Clash (1/18/20))
 100 Meters- 10.83 (Jet Relays (3/7/20))
 200 Meters- 22.53 (Vulcan Invite (1/11/20))
 4x100 Meter Relay- 42.02 (Jet Relays (3/7/20))
 4x200 Meter Relay- 1:30.74 (Bulldog Relays (3/22/19))
 4x400 Meter Relay- 3:26.73 (SWAC Championships (2/21/20))

Javon Rutledge (Sophomore - Houston, Texas)
 200 Meters- 23.59 (Bulldog Relays (3/23/19))
 400 Meters- 51.28 (Jim Mize Invite (4/6/19))
 800 Meters- 2:11.10 (Vulcan Invite (1/11/20))
 4x400 Meter Relay- 3:32.97 (Jaguar Invite (2/2/20))
 Javelin- 24.99m (Jet Relays (3/7/20))

Peterson Saint-Cyrin (Junior - Fort Myers, Fla.)
 500 Meters- 1:10.86 (LSU Purple Tiger Invite (1/5/18))
 800 Meters- 1:54.85 (SWAC Championships (5/4/19))
 1000 Meters- 2:45.96 (Samford Open (1/19/19))
 4x400 Meter Relay- 3:20.40 (SWAC Championships (2/16/18))
 1600 Meter SRM- 3:41.23 (Bulldog Relays (3/22/19))
 1500 Meters- 4:23.97 (Cowboy Relays (3/10/18))
 Distance Medley Relay- 11:45.61 (SWAC Championships (2/15/18))

Marcus Sims (Junior - Houston, Texas)
 60 Meters- 7.14 (Bulldog Open (2/15/20))
 100 Meters- 11.21 (Jet Relays (3/7/20))
 200 Meters- 23.00 (SWAC Championships (5/5/18))
 400 Meters- 57.90 (Jim Mize Invite (4/6/19))
 4x100 Meter Relay- 42.02 (Jet Relays (3/7/20))
 4x200 Meter Relay- 1:30.74 (Bulldog Relays (3/22/19))
 4x400 Meter Relay- 3:28.15 (Jim Mize Invite (4/6/19))
 1600 Meter SRM- 3:33.05 (Samford Indoor Clash (1/18/20))