



Akron Haynes Lancaster Open

Friday, December 12th, 2025

Final Time Schedule

All events are on a Rolling Schedule

3:55 National Anthem

Field Events

- 4:00 Women's Pole Vault, Men's Pole Vault to Follow
Women's Bar Progression 3.20, 3.35, 3.50, 3.65, 3.80, 3.90, 4.00, 4.10, 4.20
Men's Bar Progression 4.35, 4.50, 4.65, 4.80, 4.95, 5.10, 5.20, 5.30, 5.40
- 4:00 Women's High Jump, Men's to Follow
- 4:00 Men's Long Jump, Women's to Follow
Following Women's Long Jump: Men's Triple Jump
Following Men's Triple Jump: Women's Triple Jump
- 4:00 Women's Shotput, Men's Shotput to Follow
Following Men's Shotput: Women's Weight
Following Women's Weight: Men's Weight

Running Events

- 5:00 Men's 60H
Women's 60H
- Men's Mile
- Men's 400m
Women's 400m
- Men's 60m Dash
Women's 60m Dash
- Men's 800m
Women's 800m
- Men's 200m
Women's 200m
- Men's 3000m
Women's 3000m
- Women's 4x400m Relay
Men's 4x400m Relay