

ABILENE CHRISTIAN UNIVERSITY WOMEN'S TRACK AND FIELD

ALL-TIME TOP 10 OUTDOOR PERFORMERS | MAY 11, 2015

100 Meters

#	Name	Mark (Wind)	Place	Location	Date
1.	Camille Coates	11.25 (N/A)	1st	Tempe, Ariz.	04 Apr 1987
	Mary Tombiri	11.25 (1.2)	Semis	Victoria, B.C.	23 Aug 1994
3.	Hermin Joseph	11.29 (1.5)	Semis	Victoria, B.C.	23 Aug 1994
4.	Tracy Mayfield	11.40 (-0.5)	1st	Cape Girardeau, Mo.	23 May 1987
5.	Amara Ezem	11.42 (1.6)	1st	Abilene, Texas	16 May 1996
6.	Yolande Straughn	11.47 (1.3)	1st	San Angelo, Texas	12 Apr 1990
7.	Delloreen Ennis London	11.51 (1.2)	Prelims	Emporia, Kan.	28 May 1999
8.	Sasharine McLarty	11.66 (0.9)	7th	Charlotte, N.C.	26 May 2007
9.	Nzaeli Kyomo	11.67 (N/A)	1st	Arlington, Texas	05 May 1984
10.	Glyna Beaty	11.68 (N/A)	3rd	Lubbock, Texas	10 Apr 1982

100 Meters (with aiding wind)

#	Name	Mark (Wind)	Place	Location	Date
1.	Mary Tombiri	11.12 (N/A)	1st	Abilene, Texas	09 May 1996
2.	Hermin Joseph	11.13 (N/A)	1st	Abilene, Texas	08 May 1993
3.	Camille Coates	11.16 (N/A)	1st	Abilene, Texas	14 Mar 1987
		11.16 (3.2)	1st	Austin, Texas	02 May 1987
4.	Amara Ezem	11.34 (N/A)	2nd	Abilene, Texas	09 May 1996
5.	Delloreen Ennis London	11.47 (2.4)	1st	Arlington, Texas	01 May 1999
	Wanda Hutson	11.47 (3.7)	1st	San Angelo, Texas	09 May 2010

200 Meters

#	Name	Mark (Wind)	Place	Location	Date
1.	Tracey Barnes	22.97 (1.5)	1st	Abilene, Texas	17 Apr 1999
2.	Camille Coates	23.06 (1.2)	1st	Austin, Texas	02 May 1987
3.	Kim Walker	23.32 (1.2)	1st	Cape Girardeau, Mo.	22 May 1987
4.	Yolande Straughn	23.35 (2.0)	1st	Arlington, Texas	09 May 1987
5.	Hermin Joseph	23.37 (0.7)	N/A	Guatemala City, Guatemala	16 Jul 1995
6.	Tracy Mayfield	23.50 (1.1)	2nd	Cape Girardeau, Mo.	22 May 1987
7.	Sasharine McLarty	23.56 (0.1)	Prelims	Charlotte, N.C.	25 May 2007
8.	Revoli Campbell	23.58 (N/A)	1st	Stephenville, Texas	01 Apr 1995
9.	Mary Tombiri	23.59 (N/A)	1st	Stephenville, Texas	30 Mar 1996
	Louise Ayotetche	23.59 (1.5)	2nd	Abilene, Texas	17 Apr 1999

200 Meters (with aiding wind)

#	Name	Mark (Wind)	Place	Location	Date
1.	Tracey Barnes	23.22 (2.3)	Prelims	Kingsville, Texas	17 Apr 1998
2.	Yolande Straughn	23.34 (4.7)	Prelims	San Angelo, Texas	18 May 1988
	Hermin Joseph	23.34 (N/A)	1st	Abilene, Texas	08 May 1993
4.	Mary Tombiri	23.44 (N/A)	Prelims	Abilene, Texas	08 May 1993
5.	Sasharine McLarty	23.65 (3.2)	1st	Commerce, Texas	06 May 2007

400 Meters

#	Name	Mark	Place	Location	Date
1.	Tracey Barnes	50.67	2nd	Kingston, Jamaica	27 Jun 1998
2.	Revoli Campbell	51.55	2nd	Guatemala City, Guatemala	15 Jul 1995
3.	Keva Wilkins	52.78	3rd	Charlotte, N.C.	26 May 2007
4.	Katina Sommers	53.07	2nd	Stephenville, Texas	19 Apr 1997
5.	Yolande Straughn	53.10	2nd	Cape Girardeau, Mo.	23 May 1987
6.	Louise Ayotetche	53.32	2nd	Abilene, Texas	17 Apr 1999
7.	Azraa Rounds	54.00	2nd	Commerce, Texas	06 May 2007
8.	Donna Hinkson	54.13	4th	Abilene, Texas	29 May 1993
9.	Camille Coates	54.14	1st	San Angelo, Texas	10 Apr 1986
10.	Prisca Philip	54.15	1st	San Angelo, Texas	10 Apr 1993

800 Meters

#	Name	Mark	Place	Location	Date
1.	Venessa Whittle	2:07.76	Prelims	Charlotte, N.C.	25 May 2007
2.	Mary Mwangi	2:08.11	3rd	Charlotte, N.C.	26 May 2007
3.	Barbara Fleming	2:08.77	1st	Austin, Texas	04 May 1985
4.	Vida Alexander	2:08.79	4th	Hampton, Va.	26 May 1990
5.	Karen Vann	2:08.84	Prelims	Emporia, Kan.	25 May 1995
6.	Adeh Mwamba	2:09.13	2nd	San Angelo, Texas	16 Apr 2005
7.	Justine Craig	2:09.27	Prelims	Los Angeles, Calif.	22 May 1985
8.	Angie Waters	2:09.81	14th	Stanford, Calif.	29 Mar 2002
9.	Laurie Taylor	2:09.82	Prelims	Waco, Texas	16 Apr 1982
10.	Rachida Asname	2:10.20	3rd	Austin, Texas	02 May 1987

1500 Meters

#	Name	Mark	Place	Location	Date
1.	Rachida Asname	4:20.00	3rd	Cape Girardeau, Mo.	23 May 1987
2.	Binga Samuel	4:20.78	10th	Walnut, Calif.	17 Apr 1994
3.	Adeh Mwamba	4:21.61	3rd	Stanford, Calif.	25 Mar 2005
4.	Laurie Taylor	4:24.27	1st	Waco, Texas	22 Apr 1983
5.	Trina Cox	4:26.17	1st	Abilene, Texas	11 May 2006
6.	Sheila Carrozza	4:27.21	7th	Austin, Texas	06 Apr 1985
7.	Barbara Fleming	4:27.90	1st	San Angelo, Texas	11 Apr 1985
8.	Yuliya Stashkiv	4:28.21	7th	Austin, Texas	04 Apr 2003
9.	Olha Kryv'yak	4:28.50	6th	Stanford, Calif.	25 Mar 2005
10.	Karen Vann	4:29.89	1st	Commerce, Texas	20 Apr 1996

3000-Meter Steeplechase

#	Name	Mark	Place	Location	Date
1.	Trina Cox	10:05.19	1st	Philadelphia, Pa.	27 Apr 2006
2.	Winrose Karunde	10:20.42	1st	Walnut, Calif.	24 May 2008
3.	Chloe Susset	10:24.65	5th	Stanford, Calif.	29 Apr 2012
4.	Olha Kryv'yak	10:28.36	7th	Philadelphia, Pa.	26 Apr 2007
5.	Loice Cheboi	10:46.54	8th	Walnut, Calif.	24 May 2008
6.	Marina Guerrero	10:51.93	3rd	Hammond, La.	09 May 2015
7.	Hayley Garner	11:27.65	2nd	Commerce, Texas	06 May 2007
8.	Gabby Thompson	11:42.53	11th	Hammond, La.	09 May 2015
9.	Amie Lindley	11:55.89	2nd	San Angelo, Texas	13 Apr 2002
10.	Mollye Stanford	12:16.10	4th	San Angelo, Texas	22 Apr 2005

5000 Meters

#	Name	Mark	Place	Location	Date
1.	Adeh Mwamba	16:31.54	3rd	Philadelphia, Pa.	22 Apr 2004
2.	Trina Cox	16:32.35	2nd	Walnut, Calif.	13 Apr 2006
3.	Winrose Karunde	16:45.80	1st	Abilene, Texas	04 May 2008
4.	Casi Florida	16:52.95	2nd	Riverside, Calif.	25 May 1996
5.	Alyse Goldsmith	16:56.18	9th	Walnut, Calif.	14 Apr 2011
6.	Loice Cheboi	16:59.75	1st	Lubbock, Texas	12 Apr 2008
7.	Ruth Jaime	17:03.61	9th	Austin, Texas	06 Apr 1994
8.	Laurie Taylor	17:06.36	1st	Austin, Texas	25 Apr 1980
9.	Miranda Boonstra	17:07.60	27th	Philadelphia, Pa.	26 Apr 1997
10.	Jennifer Nichols	17:11.71	3rd	Austin, Texas	04 May 1985

10000 Meters

#	Name	Mark	Place	Location	Date
1.	Casi Florida	34:07.75	1st	Philadelphia, Pa.	25 Apr 1996
2.	Winrose Karunde	35:03.73	6th	Philadelphia, Pa.	24 Apr 2008
3.	Ruth Jaime	35:13.25	5th	Walnut, Calif.	15 Apr 1994
4.	Justine Nahimana	36:23.72	8th	Edwardsville, Ill.	24 May 2001
5.	Karona Conkling	36:50.38	1st	San Marcos, Texas	06 Mar 1987
6.	Miranda Boonstra	36:50.75	4th	Austin, Texas	03 Apr 1997
7.	Loice Cheboi	37:11.39	1st	Abilene, Texas	02 May 2008
8.	Trina Cox	38:02.43	1st	Stephenville, Texas	21 Apr 2006
9.	Freda Valdez	38:07.54	6th	Austin, Texas	01 Apr 1999
10.	Alyse Goldsmith	38:18.61	2nd	Canyon, Texas	03 May 2013

100 Hurdles

#	Name	Mark (Wind)	Place	Location	Date
1.	Delloreen Ennis-London	12.71 (1.3)	1st	Kingston, Jamaica	19 Jun 1999
2.	Suzanne Dickenson	13.44 (1.0)	Prelims	Emporia, Kan.	28 May 1999
3.	Chelsa Lancaster Istre	13.51 (0.7)	2nd	Raleigh, N.C.	28 May 1994
4.	Sylvia Dyer	13.55 (N/A)	1st	Lubbock, Texas	01 Apr 1989
5.	Shawntel Newhouse	13.66 (1.4)	1st	Raleigh, N.C.	27 May 2000
6.	Lexus Williams	13.74 (-0.2)	Prelims	Pueblo, Colo.	25 May 2012
7.	Shawna-Kaye Thompson	13.84 (0.0)	1st	Arlington, Texas	06 May 2006
8.	Keisha McDuffie	14.09 (N/A)	4th	Austin, Texas	06 Apr 1985
9.	Michelle White	14.24 (1.7)	HEP	Abilene, Texas	27 May 1993
10.	Ramesheon Marine	14.48 (1.2)	HEP	San Marcos, Texas	27 Mar 2014

100 Hurdles (with aiding wind)

#	Name	Mark (Wind)	Place	Location	Date
1.	Delloreen Ennis-London	12.60 (4.2)	1st	Philadelphia, Pa.	24 Apr 1999
2.	Suzanne Dickerson	13.32 (2.6)	1st	Abilene, Texas	13 May 1999
3.	Lexus Williams	13.39 (5.5)	6th	Pueblo, Colo.	26 May 2012
4.	Chelsa Lancaster Istre	13.47 (4.1)	4th	Abilene, Texas	29 May 1993
	Sylvia Dyer	13.47 (2.6)	Prelims	San Angelo, Texas	19 May 1988
6.	Shawntel Newhouse	13.58 (5.5)	1st	San Angelo, Texas	22 Apr 2000

400 Hurdles

#	Name	Mark	Place	Location	Date
1.	Yolanda Henry	57.45	1st	Cape Girardeau, Mo.	22 May 1987
2.	Justine Craig	57.83	2nd	Austin, Texas	07 Apr 1984
3.	Shawna-Kaye Thompson	59.09	2nd	Charlotte, N.C.	26 May 2007
4.	Delloreen Ennis-London	1:01.05	1st	Stephenville, Texas	19 Apr 1997
5.	Keisha McDuffie	1:01.16	4th	Cape Girardeau, Mo.	25 May 1984
6.	Michelle White	1:01.41	1st	Abilene, Texas	09 May 1991
7.	Carlene Vassell	1:01.54	6th	Edwardsville, Ill.	23 May 1998
8.	Wendy Jo Seitz	1:02.05	1st	Stephenville, Texas	08 Apr 2000
9.	Sylvia Dyer	1:02.12	1st	San Angelo, Texas	27 Apr 1989
10.	Jessica Withrow	1:02.59	4th	Stephenville, Texas	22 Apr 2006

4x100 Relay

#	Names	Mark	Place	Location	Date
1.	Hermin Joseph, Mary Tombiri Amara Ezem, Revoli Campbell	44.10	2nd	Austin, Texas	08 Apr 1995
2.	Hermin Joseph, Mary Tombiri Amara Ezem, Revoli Campbell	44.17	1st	Emporia, Kan.	27 May 1995
3.	Delloreen Ennis-London, Juanita Robertson Louise Ayotetche, Tracey Barnes	44.19	4th	Austin, Texas	03 Apr 1999
4.	Hermin Joseph, Mary Tombiri Amara Ezem, Revoli Campbell	44.23	Prelims	Emporia, Kan.	25 May 1995
5.	Hermin Joseph, Mary Tombiri Amara Ezem, Revoli Campbell	44.24	2nd	Philadelphia, Pa.	29 Apr 1995
6.	Sylvia Dyer, Kim Walker Yolande Straughn, Camille Coates	44.33	1st	Arlington, Texas	09 May 1987
7.	Tangi Carter, Tracy Mayfield Yolande Straughn, Camille Coates	44.35*	1st	Waco, Texas	17 Apr 1987
8.	Hermin Joseph, Mary Tombiri Amara Ezem, Revoli Campbell	44.38	1st	Walnut, Calif.	15 Apr 1995
9.	Hermin Joseph, Mary Tombiri Amara Ezem, Revoli Campbell	44.39	1st	Walnut, Calif.	11 May 1995
10.	Abilene Christian	44.45	3rd	Philadelphia, Pa.	24 Apr 1999

*Converted from 440 yards

4x400 Relay

#	Names	Mark	Place	Location	Date
1.	Keva Wilkins, Kim Prather Denise Morgan, Azraa Rounds	3:33.66	2nd	Charlotte, N.C.	26 May 2007
2.	Louise Ayotetche, Juanita Robertson Shawntel Newhouse, Tracey Barnes	3:34.22	3rd	Austin, Texas	03 Apr 1999
3.	Tamira Holland, Katina Sommers Carlene Vassell, Tracey Barnes	3:35.14	1st	Philadelphia, Pa.	26 Apr 1997
4.	Abilene Christian	3:35.70	Prelims	Philadelphia, Pa.	24 Apr 1999
5.	Donna Hinkson, Yvette Wickham Hermin Joseph, Revoli Campbell	3:35.89	3rd	Walnut, Calif.	17 Apr 1994
6.	Yolande Straughn, Tracy Mayfield Kim Walker, Yolanda Henry	3:36.42	1st	Cape Girardeau, Mo.	23 May 1987
7.	Justine Craig, Camille Coates Kim Newton, Yolanda Henry	3:36.67	2nd	Los Angeles, Calif.	25 May 1985
8.	Keva Wilkins, Jessica Hunt Denise Morgan, Azraa Rounds	3:37.35	2nd	Emporia, Kan.	27 May 2006
9.	Yolande Straughn, Camille Coates Paula Devane, Yolanda Henry	3:37.44	2nd	Los Angeles, Calif.	23 May 1986
10.	Venessa Whittle, Kim Prather Jessica Hunt, Azraa Rounds	3:37.47	Prelims	Charlotte, N.C.	25 May 2007

High Jump

#	Name	Mark	Place	Location	Date
1.	Maresa Cadienhead	6-4.75 (1.95)	1st	San Angelo, Texas	24 May 2002
2.	Yolanda Henry	6-3.25 (1.91)	1st	Cape Girardeau, Mo.	22 May 1987
3.	Mazel Thomas	6-2.25 (1.89)	2nd	Cape Girardeau, Mo.	22 May 1987
		6-2.25 (1.89)	1st	Baton Rouge, La.	06 Jun 1987
		6-2.25 (1.89)	1st	Hampton, Va.	27 May 1989
4.	Kim Bartee	5-10.5 (1.79)	1st	Arlington, Texas	01 May 1993
5.	Stephanie Warren	5-10 (1.78)	1st	Denton, Texas	22 Apr 2004
	Jamie Hallmark	5-10 (1.78)	1st	Riverside, Calif.	24 May 1996
	Christy Boles	5-10 (1.78)	1st	Abilene, Texas	11 May 1995
	Wendy Ator	5-10 (1.78)	1st	Hampton, Va.	25 May 1990
	Rolanda Vickers	5-10 (1.78)	1st	Arlington, Texas	06 May 1989
10.	Charlotte Flye	5-9.75 (1.77)	3rd	Raleigh, N.C.	27 May 1994

Pole Vault

#	Name	Mark	Place	Location	Date
1.	Angie Aguilar	13-3.5 (4.05)	1st	Des Moines, Iowa	27 Apr 2007
		13-3.5 (4.05)	1st	El Paso, Texas	31 Mar 2007
		13-3.5 (4.05)	1st	Abilene, Texas	18 May 2006
2.	Val Gorter	13-3 (4.04)	1st	Abilene, Texas	27 Mar 2004
3.	Katie Eckley	13-2.5 (4.03)	1st	Abilene, Texas	19 Mar 2004
4.	Meredith Garner	13-2 (4.01)	1st	Commerce, Texas	19 Apr 2002
5.	Kenzie Walker	13-2 (4.01)	4th	Hammond, La.	08 May 2015
6.	Callie Young	13-0.25 (3.97)	1st	Kingsville, Texas	08 May 2009
7.	Katy Abner	12-6.25 (3.82)	2nd	Abilene, Texas	04 May 2008
8.	Elizabeth Buyse	12-5.5 (3.80)	3rd	Abilene, Texas	24 Mar 2007
	Jane McNeill	12-5.5 (3.80)	1st	Edwardsville, Ill.	26 May 2001
10.	Jessica Blair	12-3.25 (3.74)	1st	Abilene, Texas	26 Apr 2007

Long Jump

#	Name	Mark – Wind	Place	Location	Date
1.	Mazel Thomas	20-7.25 (6.28)	1st	Lubbock, Texas	01 Apr 1989
2.	Carla Jackson	20-5 (6.22)	1st	Abilene, Texas	12 Mar 1983
	Dawnyel Newhouse	20-5 (6.22) – -0.8	1st	Arlington, Texas	06 May 2000
4.	Lindsay Welsh	20-1.75 (6.14)	2nd	Abilene, Texas	12 May 1994
5.	Regina Swaim	20-0.5 (6.11)	2nd	Waco, Texas	22 Apr 1983
6.	Sylvia Dyer	20-0.25 (6.10)	2nd	San Angelo, Texas	15 Apr 1988
7.	Gina Chapman	19-8.75 (6.01)	2nd	Abilene, Texas	14 May 1992
8.	Katrina Cummings	19-8.25 (6.00)	3rd	San Angelo, Texas	13 Apr 1991
9.	Olessya Belyayeva	19-8.25 (6.00) – 1.5	1st	San Angelo, Texas	12 Apr 2003
10.	Ann Foster	19-7.5 (5.98)	3rd	Cape Girardeau, Mo.	22 May 1987
	Denise Lewis	19-7.5 (5.98)	4th	San Angelo, Texas	13 Apr 1991

Long Jump (with aiding wind)

#	Name	Mark – Wind	Place	Location	Date
1.	Carla Jackson	21-3 (6.47) – N/A	2nd	San Angelo, Texas	14 Apr 1984
2.	Mazel Thomas	21-2.5 (6.46) – 3.7	1st	San Angelo, Texas	20 May 1988
3.	Lindsay Welsh	21-07.5 (6.42) – N/A	2nd	Abilene, Texas	09 May 1996
4.	Dawnyel Newhouse	20-10.75 (6.37) – 3.1	1st	Kingsville, Texas	17 Apr 1998
5.	Sharon Hudson	20-1.75 (6.14) – N/A	2nd	Abilene, Texas	28 Apr 1988

Triple Jump

#	Name	Mark – Wind	Place	Location	Date
1.	Amanda Ouedraogo	43-7.00 (13.28) – 1.4	1st (2 nd att.)	Pueblo, Colo.	24 May 2013
2.	Stephanie Warren	43-4.25 (13.21) – 1.8	1st	Walnut, Calif.	28 May 2004
3.	Ann Foster	42-4.5 (12.91)	1st	Commerce, Texas	25 Apr 1987
4.	Mazel Thomas	42-3.25 (12.88)	2nd	Commerce, Texas	25 Apr 1987
5.	Lindsay Welsh	42-0 (12.80) – 1.8	1st	Commerce, Texas	20 Apr 1996
6.	Hillierie Shelton	41-11.5 (12.79) – 0.7	2nd	Lubbock, Texas	31 Mar 2001
7.	Renna Toniste	41-8 (12.70) – 1.6	1st	Stephenville, Texas	19 Apr 1997
8.	Sharon Hudson	41-5 (12.62)	2nd	San Angelo, Texas	15 Apr 1988
9.	Sylvia Dyer	41-4.5 (12.61) – 0.7	2nd	Cape Girardeau, Mo.	23 May 1987
10.	Denise Lewis	41-1 (12.52)	2nd	Abilene, Texas	14 May 1992

Triple Jump (with aiding wind)

#	Name	Mark – Wind	Place	Location	Date
1.	Amanda Ouedraogo	44-0.75 (13.43) – 3.6	1st (4 th att.)	Pueblo, Colo.	24 May 2013
2.	Lakeshia Finch	42-6 (12.95) – 4.5	2nd	Abilene, Texas	02 May 2003
3.	Stephanie Warren	42-5.25 (12.93) – 8.9	2nd	Abilene, Texas	27 Mar 2004
4.	Sylvia Dyer	42-4.25 (12.91) – 4.7	2nd	San Angelo, Texas	21 May 1988
5.	Hillierie Shelton	42-3.25 (12.88) – 6.3	1st	San Angelo, Texas	22 Apr 2000
	Mazel Thomas	42-3.25 (12.88) – 4.7	3rd	San Angelo, Texas	21 May 1988

Shot Put

#	Name	Mark	Place	Location	Date
1.	Marlene Lewis	50-3 (15.31)	1st	Waco, Texas	18 Apr 1986
2.	Daphne Harvey	49-3.5 (15.02)	4th	Austin, Texas	06 Apr 1990
3.	Liga Klavina	49-1.5 (14.97)	1st	Commerce, Texas	06 May 2007
4.	Lisa Murray	48-11 (14.91)	Prelims	Los Angeles, Calif.	22 May 1985
5.	Kelli Clements	48-8.25 (14.84)	1st	Abilene, Texas	03 April 2008
6.	Geraldine George	48-4.75 (14.75)	1st	Austin, Texas	07 Apr 2000
7.	Monique Kuenen	48-2 (14.68)	1st	Stephenville, Texas	18 Apr 1997
8.	Sonya Smith	46-8 (14.22)	1st	San Angelo, Texas	02 Mar 1985
9.	Candi Evans	45-1 (13.74)	1st	Stephenville, Texas	26 Mar 1992

Discus

#	Name	Mark	Place	Location	Date
1.	Monique Kuenen	177-11 (54.22)	1st	Abilene, Texas	22 Mar 1997
2.	Marlene Lewis	175-9 (53.58)	1st	Abilene, Texas	15 May 1986
3.	Paige Newby	170-9 (52.05)	6th	Lubbock, Texas	02 Apr 2011
4.	Kelly Dixson	168-10 (51.46)	3rd	Des Moines, Iowa	26 Apr 1991
5.	Kayla Melgar	165-4 (50.39)	5th	Norman, Okla.	20 Apr 2015
6.	Ranessa Crawford	162-2 (49.44)	1st	Stephenville, Texas	30 Mar 1996
7.	Daphne Harvey	160-11 (49.06)	1st	Austin, Texas	02 May 1987
8.	Candi Evans	160-3 (48.84)	1st	San Angelo, Texas	13 Apr 1991
9.	Angela Tate	155-4 (47.34)	1st	Arlington, Texas	05 May 1984
10.	Tara Riley	154-0 (46.94)	2nd	San Marcos, Texas	07 Apr 2012

Hammer

#	Name	Mark	Place	Location	Date
1.	Ranessa Crawford	177-4 (54.06)	4th	Edwardsville, Ill.	21 May 1998
2.	Selena Bettis	177-3 (54.02)	1st	Abilene, Texas	14 May 1998
3.	Jessica Sloss	177-1 (53.99)	3rd	Abilene, Texas	01 May 2010
4.	Shalania Lakey	175-9 (53.58)	1st	Canyon, Texas	03 May 2013
5.	Lauren (Hartwick) Jones	170-5 (51.94)	5th	Conway, Ark.	09 May 2014
6.	Alexis Wilder	170-1 (51.84)	4th	Waco, Texas	21 Apr 2012
7.	Paige Newby	169-7 (51.70)	4th	Abilene, Texas	01 May 2010
8.	Lonnie Smith	165-9 (50.53)	7th	Hammond, La.	08 May 2015
9.	Evia Morrison	162-2 (49.42)	3rd	Abilene, Texas	11 May 2000
10.	Kim Jewell	143-3 (43.66)	2nd	Abilene, Texas	17 Apr 1999

Javelin (current implement beginning in 1999)

#	Name	Mark	Place	Location	Date
1.	Linda Brivule	184-6 (56.25)	1st	Austin, Texas	04 Apr 2009
2.	Geraldine George	177-6 (54.10)	1st	Austin, Texas	08 Apr 2000
3.	Amelia Mitchell	152-4 (46.44)	1st	Pueblo, Colo.	25 May 2013
4.	Liga Klavina	135-1 (41.18)	3rd	Stephenville, Texas	21 Apr 2006
5.	Alice Bergstrom	134-0 (40.84)	2nd	Commerce, Texas	20 Apr 2002
6.	Shauna-Gaye Stephens	133-6 (40.49)	3rd	Commerce, Texas	20 Apr 2002
7.	Tara Riley	130-11 (39.91)	5th	Canyon, Texas	04 May 2013
8.	Jessica Withrow	129-6 (39.47)	3rd	Abilene, Texas	01 Apr 2007

Javelin (previous implement)

#	Name	Mark	Place	Location	Date
1.	Sonya Smith	183-8 (55.98)	1st	Cape Girardeau, Mo.	25 May 1984
2.	Stacy Atkinson	159-0 (48.46)	3rd	Los Angeles, Calif.	24 May 1985
3.	Cary Stengler	151-11 (46.30)	1st	Waco, Texas	20 Apr 1990
4.	Angie Winegeart	135-6 (41.30)	3rd	San Angelo, Texas	02 Mar 1985
5.	Kelly Dixson	134-2 (40.90)	1st	Abilene, Texas	09 May 1991
6.	Leah Boerstler	133-9 (40.76)	4th	San Angelo, Texas	11 Apr 1987
7.	Tena Hauge	132-1 (40.26)	3rd	Abilene, Texas	01 Apr 1988
8.	Racheal Honea	129-5 (39.44)	1st	Abilene, Texas	05 May 1990
9.	Suzanne Johnson	129-11 (39.60)	2nd	San Angelo, Texas	27 Apr 1990
10.	Mindy Holman	128-11 (39.30)	4th	San Angelo, Texas	11 Apr 1992

Heptathlon (with current javelin implement beginning in 1999)

#	Name	Mark	Place	Location	Date
1.	Jessica Withrow 100H - 14.52 HJ - 5-8.5/1.74 SP - 33-11.25/10.34, 200m - 25.73 [3182] LJ - 18-6.5/5.65w JT - 113-0/34.45 800m - 2:21.46 [2109]	5,291 points (w)	2nd	Emporia, Kan.	25-26 May 2006
2.	Alice Bergstrom 100H - 15.06W HJ - 5-7/1.70 SP - 39-6.5/12.05 200m - 26.42W [3114] LJ - 17-6/5.33W JT - 124-10/38.06 800m - 2:27.80 [2002]	5,116 points (W)	5th	San Angelo, Texas	23-24 May 2002
3.	Cassie Brooks 100H - 14.72 HJ - 5-3/1.60 SP - 40-4.25/12.30 200m - 25.25 [3088] LJ - 18-9.25/5.72w JT - 109-8/33.42 800m - 2:41.19 [1866]	4,954 points (w)	1st	Canyon, Texas	12-13 Apr 2013
4.	Renna Toniste 100H - 14.49 HJ - 5-5/1.65 SP - 34-3/10.44 200m - 26.52 [3015] LJ - 19-0.5/5.80 JT - 109-7/33.40 800m - 2:46.38 [1832]	4,847 points	3rd	San Angelo, Texas	9-10 Apr 1999
5.	Shauna-Gaye Stephens 100H - 14.41W HJ - 5-1/1.55 SP - 37-5/11.40 200m - 27.01W [2931] LJ - 18-3.75/5.58w JT - 122-11/37.48 800m - 2:39.98 [1915]	4,846 points (W)	10th	San Angelo, Texas	23-24 May 2002
	Taylor Yantis 100mH - 14.78 HJ - 5-02.5/1.53 SP - 32-2.75/9.82 200m - 25.77W LJ - 17-1.50/5.22m JT - 122-7.25/37.36 800m - 2:25.66	4,846 points (W)	4th	Hammond, La.	8-9 May
7.	Jessica Blair 100H - 15.21w HJ - 5-5/1.65 SP - 34-0/10.36 200m - 27.19W [2858] LJ - 17-5.25/5.31w JT - 97-4/29.67 800m - 2:27.12 [1844]	4,702 points (W)	3rd	Commerce, Texas	4-5 May 2007
8.	Michelle Ratliff 100H - 15.55W HJ - 4-9/1.45 SP - 35-10.5/10.93 200m - 25.56w [2763] LJ - 16-5/5.00w JT - 87-10/26.79 800m - 2:22.63 [1763]	4,526 points (W)	2nd	Stephenville, Texas	6-7 May 2011
9.	Ramesheon Marine 100H - 14.59 HJ - 4-9.75/1.47 SP - 31-11.25/9.73 200m - 25.86 [2,806] LJ - 16-7.75/5.07 JT - 97-4/29.67 800m - 2:33.90 [1643]	4,449 points	8th	Conway, Ark	09-10 May 2014
10.	Amber Brooks 100H - 16.68 HJ - 5-0.25/1.53 SP - 31-7.5/9.64 200m - 27.62w [2455] LJ - 15-7/4.75W JT - 91-1/27.77 800m - 2:49.47 [1395]	3,850 points (W)	4th	Kingsville, Texas	7-8 May 2009

Heptathlon (with previous javelin implement)

#	Name	Mark	Place	Location	Date
1.	Stacy Atkinson	5,341 points	4th	Los Angeles, Calif.	21-22 May 1986
	100H – 15.25 HJ – 5-8.5/1.74 SP – 42-1.25/12.83 200m – 25.82 [3241] LJ – 18-4.25/5.59 JT – 129-2/39.37 800m – 2:27.94 [2100]				
2.	Renna Toniste	5,022 points (W)	1st	San Angelo, Texas	10-11 Apr 1997
	100H – 14.38w HJ – 5-7/1.70 SP – 25-7.25/10.85 200m – 26.21W [3144] LJ – 18-5.75/5.63 JT – 99-5/30.30 800m – 2:32.81 [1878]				
3.	Yolanda Henry	4,993 points	4th	Abilene, Texas	7-8 Mar 1985
	100H – 14.84 HJ – 5-8.5/1.74 SP – 28-5.25/8.64 200m – 25.54 [3045] LJ – 17-6.75/5.35 JT – 105-6/32.16 800m – 2:23.74 [1950]				
4.	Chelsa Lancaster	4,751 points	2nd	Huntsville, Texas	24-25 Apr 1993
	100H – 13.96 HJ – 4-11.5/1.51 SP – 33-5.75/10.20 200m – 25.71 [2982] LJ – 17-4/5.28 JT – 103-1/31.42 800m – 2:35.32 [1769]				
5.	Michelle White	4,743 points	1st	Abilene, Texas	22-23 Apr 1992
	100H – 14.80 HJ – 5-0.25/1.53 SP – 32-2.75/9.82 200m – 25.21 [2909] LJ – 19-0.50/5.80 JT – 80-4/24.50 800m – 2:31.66 [1834]				
6.	Racheal Honea	4,710 points	2nd	Arlington, Texas	24-25 Apr 1990
	100H – 14.78 HJ – 5-0.5/1.54 SP – 33-6.75/10.23 200m – 26.50 [2836] LJ – 17-4.25/5.29 JT – 120-10/36.84 800m – 2:35.35 [1874]				
7.	Jaime Hallmark	4,589 points	1st	Stephenville, Texas	8-9 May 1998
	100H – 14.29 HJ – 1.64 SP – 10.33 200m – 25.89 [3079] LJ – 5.15 JT – 25.02 800m – 2:44.17 [1510]				
8.	Robin White	4,465 points	2nd	Abilene, Texas	4-5 May 1987
	100H – 15.92 HJ – 5-0.25/1.53 SP – 31-2/9.50 200m – 26.02 [2671] LJ – 17-10.75/5.45 JT – 76-9/23.40 800m – 2:25.09 [1794]				
9.	Angie Winegeart	4,022* points	4th	Abilene, Texas	8-9 Mar 1984
	100H – 17.44 HJ – 4-10.25/1.48 SP – 34-9/10.59 200m – 28.24 [2327] LJ – 16-3.25/4.96 JT – 118-04/36.08 800m – 2:41.54 [1695]				
10.	Pat Phillips	3,615* points	4th	College Station, Texas	26-27 Apr 1981
	100H – 18.84 HJ – 4-7/1.40 SP – 23-11.75/7.31 200m – 27.24 [1964] LJ – 15-9.75/4.82 JT – 68-5/20.86 800m – 2:19.14 [1651]				

*rescored using 1985 IAAF tables

w=wind legal for multi-events (2.1 to 4.0)

W=wind-aided for multi-events (at least 4.1)

Heptathlon Records

Points

Total – 5,341 (previous javelin), Stacy Atkinson (4) NCAA Division II, Los Angeles, May 21-22, 1986
5,291 (current javelin), Jessica Withrow (2) NCAA Division II, Emporia, May 25-26, 2006

First day – 3,241, Stacy Atkinson, NCAA Division II, Los Angeles, May 21, 1986

Second day – 2,126 (previous javelin), Stacy Atkinson, NCAA Division II, Los Angeles, May 21, 1985
2,109 (current javelin), Jessica Withrow, NCAA Division II, Emporia, May 26, 2006

5,000-point performances in one year – 3, Stacy Atkinson, 1985

5,000-point performances in career – 6, Stacy Atkinson, 1983-86

Events

100-meter hurdles – 13.58, Chelsa Lancaster, Texas A&M, College Station, March 19, 1993

High jump – 1.75 (5-8.75), Renna Toniste, Texas A&M, College Station, March 13, 1997; Jessica Withrow, Lone Star Conference, Stephenville, April 17, 2006

Shot put – 12.83 (42-1.25), Stacy Atkinson, NCAA Division II, Los Angeles, May 21, 1986

200 meters – 25.21, Michelle White, Wildcat Relays, Abilene, April 22, 1992

Long jump – 5.85 (19-2.5), Renna Toniste, Texas A&M, College Station, March 14, 1997

Javelin throw – 44.54 (146-1), Stacy Atkinson, NCAA Division II, Los Angeles, May 21, 1985

800 meters – 2:17.27, Yolanda Henry, Texas Relays, Austin, April 5, 1984

5,000+ Points [14 performances by four athletes]

5,341 Stacy Atkinson (4) NCAA Division II, Los Angeles, May 21-22, 1986
5,291w Jessica Withrow (2) NCAA Division II, Emporia, May 25-26, 2006
5,239 Stacy Atkinson (2) NCAA Division II, Los Angeles, May 20-21, 1985
5,120 Stacy Atkinson (6) Texas Relays, Austin, April 2-3, 1986
5,107 Stacy Atkinson (6) Texas Relays, Austin, April 3-4, 1985
5,116W Alice Bergstrom (5) NCAA Division II, San Angelo, May 23-24, 2002
5,091W Alice Bergstrom (1) ASU Relays, San Angelo, April 11-12, 2002
5,090W Jessica Withrow (1) Lone Star Conference, Commerce, May 4-5, 2007
5,062 Jessica Withrow (10), NCAA Division II, Charlotte, May 27-28, 2010
5,056 Stacy Atkinson (2) ACU multi-events, Abilene, March 7-8, 1985
5,042 Jessica Withrow (1) Lone Star Conference, Stephenville, April 17-18, 2006
5,041 Jessica Withrow (1) NCAA Division II, Charlotte, May 24-25, 2007
5,022W Renna Toniste (1) ASU Relays, San Angelo, April 10-11, 1997
5,000* Stacy Atkinson (4) NCAA Division II, Cape Girardeau, May 23-24, 1984

**rescored using 1985 IAAF tables*

*w=wind legal for multi-events (2.1 to 4.0)
W=wind-aided for multi-events (at least 4.1)*