

2025-2026 Albany College of Pharmacy and Health Sciences Women's Basketball
Overall Statistics (as of Dec 7, 2025)

Overall Record: 7-3 Conf: 3-3 Home: 4-0 Away: 3-3 Neutral: 0-0

#	Player	GP-GS	MIN	AVG	FG		3PT		FT		Rebounds				PF	DQ	A	TO	BLK	STL	PTS	AVG
					FG-FGA	FG%	3FG-FGA	3FG%	FT-FTA	FT%	OFF	DEF	TOT	AVG								
4	Cho, Adora	10-10	318	31.8	36-116	.310	19-63	.302	18-31	.581	10	17	27	2.7	12	0	20	50	3	23	109	10.9
12	Gaspie, Ava	8-7	197	24.6	37-87	.425	0-6	.000	13-24	.542	21	27	48	6.0	21	1	22	27	0	18	87	10.9
3	Adu-Gyamfi, Akosua	10-10	331	33.1	35-127	.276	17-68	.250	8-13	.615	13	30	43	4.3	19	0	30	37	4	22	95	9.5
5	Howland, Samantha	6-6	121	20.2	22-41	.537	0-2	.000	12-15	.800	8	23	31	5.2	13	0	2	13	3	8	56	9.3
15	Osmani, Nadia	10-0	130	13.0	22-62	.355	0-1	.000	7-19	.368	20	26	46	4.6	13	0	4	12	3	2	51	5.1
22	McCarthy, Alexis	10-8	226	22.6	15-47	.319	0-1	.000	13-26	.500	21	34	55	5.5	19	0	20	14	2	20	43	4.3
24	Bellinger, Emily	10-2	188	18.8	16-63	.254	2-27	.074	7-10	.700	5	15	20	2.0	27	0	8	17	0	13	41	4.1
21	Russell, Emma	10-7	249	24.9	15-46	.326	2-11	.182	3-10	.300	7	48	55	5.5	14	1	17	16	6	19	35	3.5
30	Clark, Meredith	9-0	155	17.2	7-27	.259	0-0	.000	7-12	.583	12	22	34	3.8	8	0	3	8	0	4	21	2.3
00	Ninche, Ejoraa	7-0	87	12.4	6-26	.231	0-0	.000	4-12	.333	6	20	26	3.7	7	0	5	8	1	6	16	2.3
Total		10	2002	200.2	211-642	.329	40-179	.223	92-172	.535	123	262	385	38.5	153	2	131	204	22	135	554	55.40
Opponents		10	1989	198.9	193-622	.310	45-213	.211	86-160	.538	120	273	393	39.3	158	10	111	200	28	105	517	51.70

Team Statistics	ALBANY C	OPP
SCORING	554	517
Points Per Game	55.4	51.7
Scoring Margin	3.7	-
FIELD GOALS-ATT	211-642	193-622
Field Goal Pct	.329	.310
3 POINT FG-ATT	40-179	45-213
3PT FG Pct	.223	.211
3PT Made Per Game	4.0	4.5
FREE THROWS-ATT	92-172	86-160
FT Pct	.535	.538
FT Made Per Game	9.2	8.6
REBOUNDS	385	393
Rebounds Per Game	38.5	39.3
Rebounds Margin	-0.8	-
ASSISTS	131	111
Assists Per Game	13.1	11.1
TURNOVERS	204	200
Turnovers Per Game	20.4	20.0
Turnovers Margin	-0.4	-
Assist/Turnover Ratio	0.6	0.6
STEALS	135	105
Steals Per Game	13.5	10.5
BLOCKS	22	28
Blocks Per Game	2.2	2.8
ATTENDANCE	0	237
Dates/Avg Per Date	4-0	5-47
Neutral Site #/Avg	-	1-0

Conf	Date	Opponent	W/L	Score	Att.
	11/02/25	WASHINGTON COUNTY COMMUNITY CO	W	56-42	0
*	11/05/25	WORD OF LIFE	W	66-30	0
	11/08/25	HOLYOKE COMMUNITY COLLEGE	W	53-49	0
*	11/09/25	at NHTI	W	64-40	85
*	11/15/25	at Southern Maine CC	L	32-66	67
*	11/16/25	at Great Bay C.C.	W	72-51	0
	11/18/25	SUNY DELHI	W	61-56	0
*	11/22/25	vs Me.-Augusta	L	33-97	0
*	11/23/25	at Central Maine CC	L	33-78	85
	12/03/25	at SUNY Adirondack	W	84-8	0

* = Conference game

Score by Periods	1st	2nd	3rd	4th	Total
Albany College of Pharmacy and	132	155	136	131	554
Opponents	120	151	119	127	517

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Conference Games Only

Conf: 3-3 Home: 1-0 Away: 2-3 Neutral: 0-0

#	Player	GP-GS	MIN	AVG	FG		3PT		FT		Rebounds				PF	DQ	A	TO	BLK	STL	PTS	AVG
					FG-FGA	FG%	3FG-FGA	3FG%	FT-FTA	FT%	OFF	DEF	TOT	AVG								
12	Gaspie, Ava	4-4	108	27.0	25-53	.472	0-4	.000	8-12	.667	13	16	29	7.3	10	0	11	18	0	10	58	14.5
4	Cho, Adora	6-6	186	31.0	20-66	.303	12-39	.308	8-16	.500	4	10	14	2.3	7	0	12	31	2	13	60	10.0
3	Adu-Gyamfi, Akosua	6-6	202	33.7	18-80	.225	9-43	.209	1-2	.500	8	16	24	4.0	11	0	13	24	4	11	46	7.7
5	Howland, Samantha	4-4	76	19.0	7-21	.333	0-2	.000	7-9	.778	3	13	16	4.0	9	0	1	7	2	7	21	5.3
15	Osmani, Nadia	6-0	85	14.2	12-37	.324	0-0	.000	5-15	.333	13	16	29	4.8	6	0	4	10	3	1	29	4.8
24	Bellinger, Emily	6-1	110	18.3	9-38	.237	1-18	.056	5-8	.625	2	11	13	2.2	16	0	5	13	0	5	24	4.0
21	Russell, Emma	6-4	147	24.5	8-31	.258	1-10	.100	3-8	.375	4	28	32	5.3	7	0	6	9	3	5	20	3.3
22	McCarthy, Alexis	6-5	124	20.7	7-22	.318	0-0	.000	4-8	.500	11	17	28	4.7	14	0	8	9	2	9	18	3.0
30	Clark, Meredith	6-0	116	19.3	6-20	.300	0-0	.000	4-6	.667	9	19	28	4.7	7	0	2	5	0	4	16	2.7
00	Ninche, Ejoraa	4-0	47	11.8	2-14	.143	0-0	.000	4-8	.500	5	14	19	4.8	5	0	2	6	1	2	8	2.0
Total		6	1201	200.2	114-382	.298	23-116	.198	49-92	.533	72	160	232	38.7	92	0	64	134	17	67	300	50.00
Opponents		6	1186	197.7	140-400	.350	32-130	.246	50-95	.526	77	167	244	40.7	84	4	84	102	20	75	362	60.33

Team Statistics	ALBANY C	OPP
SCORING	300	362
Points Per Game	50.0	60.3
Scoring Margin	-10.3	-
FIELD GOALS-ATT	114-382	140-400
Field Goal Pct	.298	.350
3 POINT FG-ATT	23-116	32-130
3PT FG Pct	.198	.246
3PT Made Per Game	3.8	5.3
FREE THROWS-ATT	49-92	50-95
FT Pct	.533	.526
FT Made Per Game	8.2	8.3
REBOUNDS	232	244
Rebounds Per Game	38.7	40.7
Rebounds Margin	-2.0	-
ASSISTS	64	84
Assists Per Game	10.7	14.0
TURNOVERS	134	102
Turnovers Per Game	22.3	17.0
Turnovers Margin	-5.3	-
Assist/Turnover Ratio	0.5	0.8
STEALS	67	75
Steals Per Game	11.2	12.5
BLOCKS	17	20
Blocks Per Game	2.8	3.3
ATTENDANCE	0	237
Dates-Avg Per Date	1-0	4-59
Neutral Site #-Avg	-	1-0

Date	Opponent	W/L	Score	Att.
11/05/25	WORD OF LIFE	W	66-30	0
11/09/25	at NHTI	W	64-40	85
11/15/25	at Southern Maine CC	L	32-66	67
11/16/25	at Great Bay C.C.	W	72-51	0
11/22/25	vs Me.-Augusta	L	33-97	0
11/23/25	at Central Maine CC	L	33-78	85

Score by Periods	1st	2nd	3rd	4th	Total
Albany College of Pharmacy and	63	92	71	74	300
Opponents	77	103	87	95	362