

## JANUARY 2022

## HIGH SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Patty Sandwich OR Pollo Loco Chicken Over Rice with Salsa Verde & Dinner Roll Seasoned Potatoes Baked Beans Diced Peaches Frozen Sidekick Milk	4 Confetti Pancakes Scrambled Eggs Sausage Salsa, Carrots with Dip Smile Fries Baked Apples Fresh Fruit Milk	5 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit	GMilk Soft Tacos with Queso OR Shredded Beef Street Tacos Refried Beans Corn, Salsa Sour Cream Applesauce Fresh Fruit Milk	7 Fish Sandwich OR Grilled Cheese Tomato Soup Green Beans Broccoli with Dip Mandarin Oranges Fresh Fruit Milk
10Cheese OR Pepperoni Pizza Green Beans Garden Salad Frozen Sidekick Fresh Fruit Milk	Sweet Chili Meatballs Rice Bowl OR Honey Sriacha Chicken Bowl with Dinner Roll Glazed Carrots Broccoli with Dip Mandarin Oranges Fresh Fruit Milk	12 2 Chicken Drumsticks Mashed Potatoes Dinner Roll Garden Salad Pineapple Tidbits Fresh Fruit Milk	Original or Spicy Chicken Tenders Potato Wedges Baked Beans Veggie Boat Applesauce Fresh Fruit Milk	14 French Toast Scrambled Eggs Veggie Boat Salsa Baked Apples Fresh Fruit Milk
17 <sub>Martin</sub> Luther King, Jr. Day NO SCHOOL	18 <sub>3</sub> , 4 or 5 Way Chili Spaghetti Kidney Beans, Diced Onions Shredded Cheese, Oyster Crackers Green Beans, Garden Salad Diced Pears Fresh Fruit Milk	Hot Honey Sloppy Joe Sandwich Waffle Fries Green Beans Garden Salad Pineapple Tidbits Fresh Fruit Milk	Atalian OR Buffalo Meatball Sub Sandwich Waffle Fries Steamed Broccoli Carrots & Celery with Dip Applesauce Fresh Fruit Milk	21wild Mike's Cheese Bites OR Bean Burrito Bowl Glazed Carrots Veggie Boat Mandarin Oranges Fresh Fruit Milk
24 Cheeseburger OR Chicken Tenders Mac & Cheese Green Beans Garden Salad Diced Peaches Frozen Sidekick Milk	25 Buffalo Chicken Dip OR Pulled Pork Sandwich Potato Wedges Baked Beans Celery with Dip Diced Pears Fresh Fruit Milk	26 Roast Beef with Gravy Mashed Potatoes Dinner Roll Corn Veggie Boat Pineapple Tidbits Fresh Fruit Milk	27Queso Chicken over Rice OR Beef enchiladas Salsa, Sour Cream Black Beans Corn Carrots with Dip Applesauce, Fresh Fruit Milk	28 Pizza Crunchers OR Mini Cheese Calzones Marinara Sauce Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk
31Chicken Patty Sandwich OR Pollo Loco Chicken over Rice with Salsa Verde with Dinner Roll Seasoned Potatoes Baked Beans Diced Peaches Frozen Sidekick	1	2	3	4

## Alternate Meal Options

- \*Milk and choices of daily fruits and/or vegetables offered with all alternate meal options\*
- Hummus Grab n Go
   -Hummus cup, Tostito's chips, and cheese stick
- Protein Pack

   Hardboiled egg (2), jungle cracker, and cheese stick
- Chef Salad

   Large salad with turkey or hardboiled egg, and goldfish (2)
- Layered Bean Dip Layered bean dip and Tostito's chips
- Buffalo OR Plain Chicken Wrap
- Turkey OR Ham and Cheese Sandwich

\*Meat options not offered on Fridays\* \*Menu Subject to Change by Product Availability \*