

OCTOBER | 2021

HS Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26, 4-, OR 5-Way Chili Spaghetti	27	28	29

Alternate Meal Options

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options

- Hummus Grab n Go
-Hummus cup, Tostito's chips, and cheese stick
- Protein Pack
-Hardboiled egg (2), jungle cracker, and cheese stick
- Chef Salad
-Large salad with turkey or hardboiled egg, and goldfish (2)
- Layered Bean Dip
Layered bean dip and Tostito's chips
- Buffalo OR Plain Chicken Wrap
- Turkey OR Ham and Cheese Sandwich

Meat options not offered on Fridays

***Menu Subject to Change by Product Availability ***