

SEPTEMBER | 2021

HS Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk	2 Original OR Spicy Chicken Tenders Waffle Fries Baked Beans Veggie Boat Applesauce Fresh Fruit Milk	3 Mozzarella Cheese Sticks OR Cheesy Breadsticks Steamed Broccoli Carrots and Celery with Dip Mandarin Oranges Fresh Fruit Milk
6 Labor Day	7 3, 4, OR 5 Way Chili Spaghetti Kidney Beans, Onions Shredded Cheese Oyster Crackers Green Beans, Garden Salad Diced Pears, Fresh Fruit Milk	8 Two Chicken Drumsticks Dinner Roll Mashed Potatoes Garden Salad Pineapple Tidbits Fresh Fruit Milk	9 Beef OR Chicken Philly Sandwich with Queso and Sautéed Peppers and Onions Potato Wedges Glazed Carrots Applesauce Fresh Fruit Milk	10 Wild Mike's Cheese Bites Marinara Sauce Steamed Broccoli Veggie Boat Mandarin Oranges Fresh Fruit Milk
13 Cheeseburger Mac & Cheese Green Beans Veggie Boat Diced Peaches Fresh Fruit Milk	14 Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans, Corn Mexican Salad Diced Pears Fresh Fruit Milk	15 Salisbury Steak Garlic Breadstick Mashed Potatoes Garden Salad Pineapple Tidbits Fresh Fruit Milk	16 Pulled Pork Sandwich Potato Wedges Baked Beans Kale Slaw Applesauce Fresh Fruit Milk	17 Pizza Crunchers OR Mini Cheese Calzones Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
20 Chicken Patty Sandwich Seasoned Potatoes Baked Beans Diced Peaches Frozen Sidekick Milk	21 Confetti Pancakes Cheese Omelet, Sausage Salsa, Carrots with Dip Smile Fries Baked Apples Fresh Fruit Milk	22 Sliced Turkey with Gravy Garlic Breadstick Mashed Potatoes Glazed Carrots, Garden Salad Pineapple Tidbits Fresh Fruit Milk	23 Coney OR Hot Dog Potato Wedges Veggie Boat Applesauce Fresh Fruit Milk	24 Fish Sandwich OR Grilled Cheese Sandwich Tomato Soup Green Beans, Broccoli with Dip Mandarin Oranges Fresh Fruit Milk
27 Cheese OR Pepperoni Pizza Green Beans Garden Salad Frozen Sidekick, Diced Peaches Milk	28 Sweet Thai Chicken OR Honey Sriracha Chicken Bowl Dinner Roll Glazed Carrots, Broccoli w/ Dip Diced Pears, Fresh Fruit Milk	29 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk	30 Original OR Spicy Chicken Tenders Waffle Fries, Baked Beans Veggie Boat, Applesauce Fresh Fruit, Milk	1

Alternate Meal Options

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options

- Hummus Grab n Go
-Hummus cup, Tostito's chips, and cheese stick
- Protein Pack
-Hardboiled egg (2), jungle cracker, and cheese stick
- PB and J Grab n Go
-PB and J sandwich, goldfish, and cheese stick
- Chef Salad
-Large salad with turkey or hardboiled egg, and goldfish (2)
- Layered Bean Dip
Layered bean dip and Tostito's chips
- Buffalo OR Plain Chicken Wrap
- Turkey OR Ham and Cheese Sandwich

Meat options not offered on Fridays

***Menu Subject to Change by Product Availability ***