

MAY | 2019

ST HENRY DISTRICT HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Roast Turkey Dinner Roll Mashed Potatoes with Gravy Green Beans Sweet Potatoes Applesauce Milk	2 Beef Nachos OR Soft Taco Shredded Cheese Refried Beans Corn Salsa, Sour Cream Diced Peaches Fresh Fruit Milk	3 Fish Sandwich OR Mozzarella Cheese Sticks with Marinara Sauce Potato Wedges Veggie Boat with Dip Diced Pears Fresh Fruit Milk
6 Cheeseburger OR Hot Ham and Cheese Flatbread Sweet Potato Puffs Garden Salad Pineapple Tidbits Fresh Fruit Milk	7 Meatball Sub OR Chicken Patty Sandwich Potato Wedges Corn Applesauce Fresh Fruit Milk	8 Chicken Tenders OR Spicy Chicken Tenders Macaroni and Cheese Baked Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk	9 Salisbury Steak with Dinner Roll OR Cheeseburger Mashed Potatoes Green Beans Diced Pears Fresh Fruit Milk	10 Cheese Raviolis OR Cheesy Flatbread with Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
13 Queso Chicken Burrito OR Beef Enchiladas Steamed Rice Salsa, Sour Cream Baked Beans, Corn Pineapple Tidbits Milk	14 Corn Dog OR Cheeseburger Macaroni and Cheese Steamed Broccoli Carrots with Dip Diced Pears Fresh Fruit Milk	15 Choice of Cheese OR Buffalo Chicken Pizza Garden Salad Steamed Broccoli Diced Peaches Fresh Fruit Milk	16 Hot Dog OR Chili Coney Potato Wedges Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk	17 Cheesy Flatbread OR Pizza Crunchers with Marinara Sauce Glazed Carrots Garden Salad Applesauce Fresh Fruit Milk
20 Mandarin Chicken OR Beef Dippers Dinner Roll Steamed Rice Steamed Broccoli Carrots & Celery with Dip Mandarin Oranges Fresh Fruit Milk	21 Chicken Tenders OR Spicy Chicken Tenders Potato Wedges Baked Beans Veggie Boat with Dip Pineapple tidbits Fresh Fruit Milk	22 Penne Pasta with Meat Sauce OR Chicken Alfredo Glazed Carrots Garden Salad Diced Pears Fresh Fruit Milk	23	24
27	28	29	30	31

**Menus subject to
change**

Offered daily:

***A wrap, large salad,
chicken sandwich, peanut
butter & jelly jamwich or
deli sandwich may be
substituted for the main
entrée. The entrée may
be substituted for that
day's main meal and two 1/2
cups of fruit and
vegetables may be added
to make a reimbursable
meal.***

***Yogurt parfaits and
assorted bagged snacks
as well as drinks available
daily.***

***Ala carte charges are not
allowed.***

***In accordance with Federal
Law and U.S. Department of
Agriculture policy, this
institution is prohibited from
discriminating on the basis of
race, color, national origin,
sex, age, or disability.***

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Director, Office of
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Washington, D.C. 20250-9410
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are hearing impaired or have
speech disabilities may
contact USDA through the
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6136(Spanish) USDA is an***