



JANUARY | 2019

ST HENRY DISTRICT HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

News

<p>31</p>	<p>1 HAPPY NEW YEAR</p>	<p>2 NO SCHOOL</p>	<p>3 Cheeseburger OR Turkey Sub Sandwich Sweet Potato Puffs Baked Beans Pineapple Tidbits Fresh Fruit Milk</p>	<p>4 Grilled Cheese OR Fish Taco Tomato Soup Green Beans Oyster Crackers Applesauce Fresh Fruit Milk</p>
<p>7 Chicken Patty Sandwich OR Cheeseburger Waffle Fries Carrots with Dip Diced Pears Fresh Fruit Milk</p>	<p>8 Beef OR Chicken Philly Sandwich with Queso Sautéed Peppers and Onions Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk</p>	<p>9 Chicken or Cheese Quesadilla Salsa, Sour Cream, Refried Beans, Corn Pineapple tidbits Fresh Fruit Milk</p>	<p>10 Sweet Thai Chicken with Rice OR Honey Sriracha Chicken Bowl Glazed Carrots Veggie Boat with Dip Diced Peaches Fresh Fruit Milk</p>	<p>11 Pizza Crunchers OR Individual Cheese Pizza Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk</p>
<p>14 Pulled Chicken or Pork Sandwich Waffle Fries Green Beans Cole Slaw Pineapple Tidbits Fresh Fruit Milk</p>	<p>15 3, 4, or 5 Way Chili Spaghetti Garden Salad Shredded Cheese Glazed Carrots Oyster Crackers Mandarin Oranges Fresh Fruit Milk</p>	<p>16 Choice of Cheese, Pepperoni, OR Buffalo Chicken Pizza Garden Salad Steamed Broccoli Diced Peaches Fresh Fruit Milk</p>	<p>17 Roast Turkey Mashed Potatoes with Gravy Green Beans Dinner Roll Applesauce Fresh Fruit Milk</p>	<p>18 Fish Sandwich OR Mozzarella Cheese Sticks with Marinara Sauce Potato Wedges Veggie Boat with Dip Diced Pears Fresh Fruit Milk</p>
<p>21 MLK NO SCHOOL</p>	<p>22 Meatball Sub OR Chicken Patty Sandwich Potato Wedges Corn Applesauce Fresh Fruit Milk</p>	<p>23 Chicken Tenders OR Spicy Chicken Tenders Macaroni and Cheese Baked Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk</p>	<p>24 Salisbury Steak with Dinner Roll OR Cheeseburger Mashed Potatoes Green Beans Diced Pears Fresh Fruit Milk</p>	<p>25 Cheese Raviolis OR Cheesy Flatbread with Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk</p>
<p>28 Queso Chicken over Rice w/Tostito chips OR Beef Enchiladas Salsa, Sour Cream Shredded Lettuce Black Beans, Corn Pineapple Tidbits Fresh Fruit Milk</p>	<p>29 Corn Dog OR Cheeseburger Macaroni and Cheese Steamed Broccoli Carrots with Dip Diced Pears Fresh Fruit Milk</p>	<p>30 Choice of Cheese, Pepperoni OR Buffalo Chicken Pizza Garden Salad Green Beans Diced Peaches Fresh Fruit Milk</p>	<p>31 Hot Dog OR Chili Coney Potato Wedges Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk</p>	<p>1</p>

A wrap, large salad, chicken sandwich or deli sandwich may be substituted for the main entrée. The entrée may be substituted for that day's main meal and two ½ cups of fruit and vegetables may be added to make a reimbursable meal. Yogurt parfaits and assorted bagged snacks as well as drinks available daily.

Ala carte charges are not allowed.

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