



# NOVEMBER | 2018

## ST HENRY DISTRICT HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> ALL SAINTS' DAY NO SCHOOL	<b>2</b> NO SCHOOL
<b>5</b> Pulled Chicken OR Pork Sandwich Macaroni and Cheese Green Beans Kale Slaw Pineapple Tidbits Fresh Fruit Milk	<b>6</b> 3, 4 OR 5 Way Chili Spaghetti Garden Salad Glazed Carrots Oyster Crackers Mandarin Oranges Fresh Fruit Milk	<b>7</b> Choice of Cheese, Pepperoni OR Buffalo Chicken Pizza Garden Salad Steamed Broccoli Fresh Fruit Pears Milk	<b>8</b> Beef Nachos OR Soft Beef Taco Shredded Cheese Refried Beans Corn, Salsa, Sour Cream Diced Peaches Fresh Fruit Milk	<b>9</b> Fish Sandwich OR Mozzarella Cheese Sticks with Marinara Sauce Potato Wedges Veggie Boat with Dip Applesauce Fresh Fruit Milk
<b>12</b> Cheeseburger OR Hot Ham and Cheese Sandwich Sweet Potato Puffs Garden Salad Pineapple Tidbits Fresh Fruit Milk	<b>13</b> Meatball Sub OR Chicken Patty Potato Wedges Corn Applesauce Fresh Fruit Milk	<b>14</b> Chicken Tenders OR Spicy Chicken Tenders Waffle Fries Dinner Roll Baked Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk	<b>15</b> Roasted Turkey Mashed Potatoes with Gravy Stuffing Sweet Potatoes Green Beans Dinner Roll Applesauce Pumpkin Pie Milk	<b>16</b> Cheese Raviolis with Marinara Sauce and Bread Stick OR Flatbread with Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
<b>19</b> Queso Chicken over Rice OR Beef Enchiladas w/Tostito Chips Salsa, Sour Cream Shredded Lettuce Black Beans, Corn Pineapple Tidbits Fresh Fruit Milk	<b>20</b> Corn Dog Macaroni and Cheese Steamed Broccoli Carrots with Dip Diced Pears Fresh Fruit Milk	<b>21</b> NO SCHOOL	<b>22</b> HAPPY THANKSGIVING	<b>23</b> NO SCHOOL
<b>26</b> Sweet Thai Chicken OR Honey Sriracha Chicken Bowl Steamed Broccoli Carrots & Celery with Dip Pineapple Tidbits Fresh Fruit Milk	<b>27</b> Chicken Tenders OR Spicy Chicken Tenders Waffle Fries Dinner Roll Baked Beans Veggie Boat with Dip Fresh Fruit Mandarin Oranges Milk	<b>28</b> Penne Pasta with Meat Sauce OR Chicken Alfredo Glazed Carrots Garden Salad Diced Pears Fresh Fruit Milk	<b>29</b> Cheeseburger OR Turkey Sub Sandwich Sweet Potato Puffs Baked Beans Pineapple Tidbits Fresh Fruit Milk	<b>30</b> Grilled Cheese OR Fish Tacos Tomato Soup Garden Salad Applesauce Fresh Fruit Milk

### **News**

**A wrap, large salad, chicken sandwich or deli sandwich may be substituted for the main entrée. The entrée may be substituted for that day's main meal and two ½ cups of fruit and vegetables may be added to make a reimbursable meal.**

**Yogurt parfaits and assorted bagged snacks as well as drinks available daily.**

**Ala carte charges are not allowed.**

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