



# SEPTEMBER | 2018

## St. Henry District High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Labor Day- No School	<b>4</b> Mandarin Chicken OR Teriyaki Beef Dippers Dinner Roll Steamed Rice Carrots & Celery with Dip Steamed Broccoli Mandarin Oranges Fresh Fruit Milk	<b>5</b> Chicken Tenders OR Spicy Chicken Tenders Dinner Roll Baked Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk	<b>6</b> Hamburger or Salisbury steak w/ Dinner Roll Mashed Potatoes Green Beans Diced Pears Fresh Fruit Milk	<b>7</b> Meatball Sub OR Chicken Patty Potato Wedges Garden Salad Applesauce Fresh Fruit Milk
<b>10</b> Queso Chicken over Rice OR Beef Enchiladas Tostito Chips Salsa, Sour Cream Shredded Lettuce Black Beans, Corn Diced Peaches Fresh Fruit Milk	<b>11</b> Corn Dog Macaroni and Cheese Steamed Broccoli Celery with Dip Diced Pears Fresh Fruit Milk	<b>12</b> Cheese OR Pepperoni Pizza Garden Salad Broccoli with Dip Applesauce Fresh Fruit Milk	<b>13</b> Hot Dog OR Chili Coney Potato Wedges Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk	<b>14</b> Cheesy Flatbread OR Chicken Alfredo Flatbread Garden Salad Glazed Carrots Pineapple Tidbits Fresh Fruit Milk
<b>17</b> Sweet Thai Chicken Steamed Rice Steamed Broccoli Celery with Dip Diced Peaches Fresh Fruit Milk	<b>18</b> Chicken Tenders OR Spicy Chicken Tenders Dinner Roll Roasted Potatoes Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk	<b>19</b> Penne Pasta with Meat Sauce OR Chicken Alfredo Glazed Carrots Garden Salad Diced Pears Fresh Fruit Milk	<b>20</b> Cheeseburger OR Turkey Sub Sandwich Sweet Potato Puffs Baked Beans Pineapple Tidbits Fresh Fruit Milk	<b>21</b> Grilled Cheese OR Fish Taco Tomato Soup Garden Salad Applesauce Fresh Fruit Milk
<b>24</b> Chicken Patty Sandwich OR Hamburger Waffle Fries Carrots with Dip Diced Pears Fresh Fruit Milk	<b>25</b> Beef OR Chicken Philly Sandwich Sautéed Peppers and Onions Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk	<b>26</b> Cheese OR Chicken Quesadilla Salsa, Sour Cream Black Beans Corn Diced Peaches Fresh Fruit Milk	<b>27</b> Honey Sriracha Chicken Bowl Steamed Broccoli Carrots & Celery with Dip Pineapple Tidbits Fresh Fruit Milk	<b>28</b> Pizza Crunchers Marinara Sauce Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk

### News

**A wrap, large salad, chicken sandwich or deli sandwich may be substituted for the main entrée. The entrée may be substituted for that day's main meal and two ½ cups of fruit and vegetables may be added to make a reimbursable meal.**

**Yogurt parfaits and assorted bagged snacks as well as drinks available daily.**

**Ala carte charges are not allowed.**

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