



Lodge Cast Iron Four Sisters Supper
Saturday, October 15, 2016

In Native American agricultural tradition, corn, beans, and squash are the Three Sisters. They grow together, each plant benefiting the other. Cornstalks support climbing bean vines. Beans replenish the soil with nutrients. Squash leaves provide shade and slow evaporation.

Tonight, we honor that interdependence with dishes from Four Sisters—
because, sometimes, three isn't enough.

Butterbean and Okra Casserole
Crooked Neck Squash Casserole
Dora Charles

Cherokee Trail of Tears Beans with Smoked Venison and Wild Mint Pickled Onions
Crispy Hickory King Cornmeal Mush with Hominy, Pepper Jam,
Dill Yogurt, and Hazelnuts
Cassidee Dabney

Indian Spiced Cornbread with Wilted Greens, Charred Onion Compote, and Paneer
Butternut Squash Achaar
Cheetie Kumar

Brownsville Style Barbecue Pork Shoulder
Helen Turner

Virginia Wine
Wisecre Beer
Royal Cup Iced Tea