

**What do you want your life
to look like 10 years from now,
and how do your 2016 goals
help you accomplish that?**

1.

My 10 year goals:

- God-sized accomplishments through prayer
- Greater partnership with Kathy in marriage and ministry
- Close relationship with all four adult kids
- Debt free and higher generosity percentage
- Many family and friends believing in Jesus
- Greater church percentage living out missional discipleship

2.



**If your short-term goals/decisions/rhythms
aren't connected to your long-term goals,
you will limit the blessings and influence
God wants to give you.**

3.

As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. So he went to her, took her hand and helped her up. The fever left her and she began to wait on them. That evening after sunset the people brought to Jesus all the sick and demon-possessed.

4. Mark 1:29-39 (NIV)

The whole town gathered at the door, and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was. Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Simon and his companions went to look for him, and when they found him, they exclaimed: "Everyone is looking for you!"

5. Mark 1:29-39 (NIV)

Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." So he traveled throughout Galilee, preaching in their synagogues and driving out demons.
Mark 1:29-39 (NIV)

6. Mark 1:29-39 (NIV)

Jesus had three primary areas of focus:

- Relationship with God the Father
- Relationship with Discipleship Family
- Relationship with Outsiders of the Faith

7. [Group]



My 2016 Rhythms/Predictable Patterns/Anchor Points

- Devotional Life - Organized and Organic
- Physical Health - 7 hours of sleep, exercise, eating healthy
- Financial - 10% to God's church, generosity above, avoid consumer debt
- Marriage - communicate everyday, date nights, pray most days, serve together
- Family Life - 10 minute devotional everyday, play together, serve together,
- Discipleship Life - invest in other believers
- Evangelistic Life - pray for unbelievers, seek POP, presence/proclamation

8.



Avoiding the Ditches

(on each side of the road regarding Rhythms of Life)



Ditch on this side:
LEGALISM

Ditch on this side:
UNDISCIPLINED

9.