

S.M.A.R.T.E.R. GOALS

GOAL SETTING QUICK-START GUIDE

Hi There!

Getting your goals on paper can be a little tricky sometimes, so I've created this handy guide to give you a jumpstart. While the templates in this guide are designed to help you set goals for achieving your best needlework year ever, you can certainly use them for other goals you want to achieve.

These fill-in-the-blank options make it easy to get your goals pulled together in a jiffy, so you can get started in a matter of minutes and be on your way to stitching with more confidence than ever before!

Feel free to reach out to me at ellen@serendipityneedleworks.com if you have questions. I'm here to help!

XOXO!!!



my goal templates

- Work on my _____, _____ minutes every _____ starting _____.
- Practice a new stitch _____ minutes each morning/night at _____ a.m./p.m.
- Organize my _____ stash by _____.
- Finish my first PIP (project in progress) by _____.
- Cook ____ meals in the crockpot each week beginning _____, so I have more time to stitch.
- Volunteer with a local school or senior center to teach someone to _____ by _____.
- Organize _____ by _____.
- Learn _____ new stitches by _____.
- Organize my _____ by _____.
- Join a local weekly/monthly needlework group by _____.
- Join the Serendipity Needleworks virtual needlework group by _____. (It's the Serendipity Needleworks Facebook group and all you have to do is request a join and I'll take care of the rest.)
- Find _____ new crock pot recipes by _____.

