



USING PLASTIC TRAYS

1 minute

One of the more budget friendly options with the trays, is to do a plastic tray. This one came from Child Therapy Toys that I ordered on-line. And, it's a good size. It is very sturdy. The only thing that you run into with plastic trays, if you are transporting them, sometimes they can get all messed up. Sometimes they'll crack. And that's really annoying as well. So they definitely do not last as long as wooden trays. But, another thing that you can do, if you're, again, on a kind of a budget constraint, or just kind of getting started, is to go to Walmart or one of your Targets and get an Under-the-Bed box that is clear, and then you can paint the inside of it blue, and that will work just fine, as well. And, when you do that, you can often get a lid to go on the top, so it's a much more travel-friendly option, as well. And then, when maybe you decide you want to do Sandtray more, and you have a space for it, then you can maybe upgrade to the wooden tray. But, again, I did plastic trays for years and had just as good sessions and made awesome progress as I do with the wooden trays. So, don't let that deter you at all.