

SANDTRAY SUITE

HOW TO ARRANGE MINIATURES

3 minutes

Hey! So one question I often get is about how to arrange miniatures and really what's the best way to keep track of everything. So, there's really no right answer, but it really depends on your space and then your population as well. So, you can see behind me that I have open shelves. I do this for a few reasons. Of course, I do training here so I have to have lots of shelves because I train 12 or 14 therapists at a time, and I know that I need to have those displayed because that's something you often want to do when you're working with a lot of adults. Adults like to have open shelves and where they can see it, and it's much much easier. Now if you are working with little ones, or maybe you have a space where it just doesn't allow you to have open shelves, you're going to have to move, and maybe do something a little bit different. And because you're getting trained in Sandtray, that's completely ok. You cannot have open shelves, and that's just fine.

So there's a few things that you want to think about when you are really arranging your miniatures. If you are working with little ones, it's always good to have bins. Bins are going to be your friend. And then also label those, so that when they're finished building, and you're in the clean-up stage, you can scoop them up and put all the trees together, all the trucks together, or whatever. A few different ways that I've seen therapists over the years who've trained me, do this really really creatively to maximize space, and then also make it easier on everybody when they're using them. So, one way that I've seen, and you'll be able to see a picture of this, is hat boxes. So, one of the therapists who trained with me, Virginia, she had a space that she actually shared with other therapists, and so she didn't feel like she had space to have open shelves and then she had something that would be contained and but also kind of look nice. And so she had graduated hat boxes, and each hat box was labeled with the type of miniatures that go in there. And so the kids would bring it out, and build the Sandtray and she was able to quickly put it back and put it in the corner. Another therapist who's trained with me, Sarah, she had not a whole lot of space either, so she developed a system to store her miniatures, actually in one of those over-the-door pockets that usually you put shoes in, you know, for closets. And again, you'll be able to see a picture of this as well, but she's able to put the miniatures in there quickly and easily to be able to get it labeled and to keep it nice and tidy and really off the floor. So, again, you're only limited by your imagination with how you arrange your miniatures.