



BUDGET FRIENDLY SAND OPTIONS

3 minutes

When we are talking about budget-friendly options for sand, we often go towards playground sand. That is going to be the biggest bang-for-your-buck. Now, when I'm talking about playground sand, you can get it at Home Depot, or Lowe's, and you can get like 50 pounds for like five bucks, or something like that, which is a lot. But, there are a few drawbacks to that. One, is that there could be larger granules in there, like the little rocks and things that sometimes interfere with the feel of the smoothest sand. Secondly, of course, is it's not anti-microbial, so you're going to have to throw it out more which, again, is something that we have to deal with, so you have to get new sand, or "ugh" it would just be gross. But, again, I did it for years. I had lots of that kind of sand in my sand tray, in my sand room, and it went just fine. So, if that's an option for you, then. . . so go with that.

The next type of sand that is more budget-friendly is Sandtastic sand. This is what I have here. It is a coarse sand. It is a larger granule sand. They do have the traditional Sandtastic sand. So, you can go on-line. We will put a link underneath this video to where you can find it, as well—as well as a discount code for you if you decide to order the Sandtastic sand. You can also order it at Amazon if you would like, and then you don't have to worry about the shipping charges if you have Amazon Prime. It is not anti-microbial, but it's often. . . it's a really good sand. It is often what they use in preschools and different things like that. Now do know, if you use Sandtastic sand and you get the traditional kind, it is pretty dusty at times. Now I haven't had personally any big issues with this with some of my clients, you know, having asthma attacks or something, but I have heard from several other therapists who have trained with me, that dust is an issue. But, for that, if you get some of this, the larger granule, the coarse sand, it kind of does away with some of that dust issue. And what I would go with the Sandtastic, is get the white sand. They have lots of different colors, but honestly, they get mixed in with other sands, and it's just not as good. The clients don't use it as much. It's just the traditional white or tan sand. Now, they do have a black sand that you can use.

SANDTRAY SUITE

But, again, word to the wise, is that if you put black sand into your sand tray room, and you have any other kind of sand, you're going to have white sand with black spots. So, just again, know that. And if you really want, go ahead. It's often very effective, especially with adults. But again, it's a little more practicality you have to deal with.

So, again, there's two budget-friendly options if you're trying to worry about how to create your sand tray collection and do all this kind of stuff while not breaking the bank. That's definitely two options you can do.