

SANDTRAY SUITE

MODULE 5: THE NEED FOR ABSTRACT MINIATURES

When you're working with adults, I want you guys to make sure that have some abstract miniatures. Now, what I mean by abstract miniatures, is anything that doesn't really fit into a category. So, I have like four or eight shelves that are actually what I call miscellaneous. And, these are what often most get used by adults. So again, what I talk about that, like a street lamp, maybe a flag. This is one that often gets used by therapist a lot, a clock. So again, these are some of the most fun ones to find because you can really be as creative as possible. And so, with adults, they will again use these kind of miniatures almost more than anything, especially if you're going to be working with a higher functioning population. They will use abstract miniatures quite a bit. Now one of the other things that want to use, or pick up, if you're going to be working with adults at all, is houses. And, as you can see, I have my houses on the top shelf, because these don't get used that much by kids. Teenagers some, but my adults will use houses almost more than anything. And so I have them on the top shelf just because I know some of these are breakable and I know that they most often get used by adults rather than little kids.

Another couple of categories that you want to have available if you're working with adults; but, these could really be older adolescents, or older children as well, is the religion and the death miniatures. I have two different shelves that are focused just on those two different categories. Now why is this? Because, many times when people are coming to us for therapy, they're coming with the big questions, the things that are really causing them to lay awake at night. What are those things? Oftentimes they are surrounding the big question of religion and then also death. So with the religious miniatures, you want to have enough to represent the different religious traditions that you see in your population. So, if it's Judeo-Christian, Muslim, Buddhist, whatever it is,

SANDTRAY SUITE

try to have several different of them that represent several of those different traditions. And now for the death, I have all kinds of, and then again, these could be used by kids some, but we definitely want to have these for our adults as well. You have zombies. These get used quite often. I have some like skull bridges, just regular skulls. They again get used by all different populations, but especially my adults, as well. So I would encourage you to include these in your collection as well.