

SANDTRAY SUITE

MODULE 5: CREATING POWERFUL SESSIONS WITH ADULTS

Alright! You are here! Module number five. Way to go for getting this far. A lot of people, to be honest aren't even able to take the time and work through all the awesome stuff that was in modules 1-4, but you were one of those people, and way to go for being here.

So, five is all about adults. We are trying to figure out how to not be intimidated by working with adults in the sandtray. So we're going to talk about directives. We're going to talk about maybe some ways to use processing with sandtray with adults, maybe even couples. And, we're going to take a deep dive into maybe some of the miniatures that you might use and you want to grab if you're working with adults. And, so we want to take the mystery and the intimidation out of this and again, move you up into that next level of confidence so you can use this powerful method of therapy and access all that stuff your adults have get in their way. Move it out. And then you can get them better faster.

So, again, do not delay. Hop into video one and I will see you there.