



Bill of Rights

For Persons With Developmental Disabilities

1. Be treated nicely at all times and as a person
2. Have a clean safe place to live in and a place to be alone
3. Have food that is good for you
4. Be able to go, if you want, to any church, temple, mosque
5. Be able to go to a doctor or dentist when you are sick
6. Be able to have people help you with the way you walk, talk, do things with your hands, act or feel, if you need it
7. Be able to have people help and teach you, if you want
8. Be able to have time and a place to go to be by yourself
9. Be able to call, write letters or talk to anyone you want about anything you want
10. Be able to have your own things and be able to use them
11. Be able to have men and women as friends
12. Be able to join in activities and do things that will help you grow to be the best person you can be
13. Be able to work and make money
14. Be treated like everyone else
15. Not be hit, yelled at, cursed at, or called names that hurt you
16. Be able to learn new things, make friends, have activities to do, and go out in your community
17. Be able to tell people what you want and be part of making plans or decisions about your life
18. Be able to ask someone you want to help you, let others know how you feel or what you want
19. Be able to use your money to pay for things you need and want with help, if you need it
20. Be able to say yes or no before people talk about what you do at work or home or look at your file
21. Be able to complain or ask for changes if you don't like something without being afraid of getting in trouble
22. Not be given medicine that you don't need, or be held down if you are not hurting yourself or others
23. To vote and learn about laws and your community
24. To say yes or no to being part of a study or experiment.



For information on your right to due process or to resolve a complaint, go to SummitDD.org/Rights. Or, contact your SSA to discuss questions or concerns you have and the best way to resolve them.