



Bill of Rights

for Persons with Developmental Disabilities

- I. Be treated nicely at all times and as a person
- II. Have a clean safe place to live in and a place to be alone
- III. Have food that is good for you
- IV. Be able to go, if you want, to any church, temple, mosque
- V. Be able to go to a doctor or dentist when you are sick
- VI. Be able to have people help you with the way you walk, talk, do things with your hands, act or feel, if you need it
- VII. Be able to have people help and teach you, if you want
- VIII. Be able to have time and a place to go to be by yourself
- IX. Be able to call, write letters or talk to anyone you want about anything you want
- X. Be able to have your own things and be able to use them
- XI. Be able to have men and women as friends
- XII. Be able to join in activities and do things that will help you grow to be the best person you can be
- XIII. Be able to work and make money
- XIV. Be treated like everyone else
- XV. Not be hit, yelled at, cursed at, or called names that hurt you
- XVI. Be able to learn new things, make friends, have activities to do, and go out in your community
- XVII. Be able to tell people what you want and be part of making plans or decisions about your life
- XVIII. Be able to ask someone you want to help you, let others know how you feel or what you want
- XIX. Be able to use your money to pay for things you need and want with help, if you need it
- XX. Be able to say yes or no before people talk about what you do at work or home or look at your file
- XXI. Be able to complain or ask for changes if you don't like something without being afraid of getting in trouble
- XXII. Not be given medicine that you don't need, or be held down if you are not hurting yourself or others
- XXIII. To vote and learn about laws and your community
- XXIV. To say yes or no to being part of a study or experiment.



For information on your right to due process or to resolve a complaint, go to SummitDD.org/Rights. Or, contact your SSA to discuss questions or concerns you have and the best way to resolve them.