

Welcome to Our COMFORTABLE CAFETERIA

Time to Enjoy a Meal

- Eat healthy food
- Relax and refresh
- Take a break from schoolwork
- Help make lunchtime enjoyable for everyone

Enjoy Time With Friends

- Talk about your day
- Listen to what others have to say
- Allow others to sit with you
- Care about those in need
- Be a good friend

Be Responsible and Respectful

- Clean up your eating area
- Report problems to adults
- Use an indoor voice
- Use good mealtime manners
 - Chew with your mouth closed
 - Use utensils correctly
 - Say please and thank you

Follow Directions

- Listen to cafeteria supervisors
- Stay in your seat while eating
- Walk to and from the cafeteria safely

Every Moment Counts

Promoting Mental Health Throughout the Day

www.everymomentcounts.org