It is important to keep kids involved in the entire moving process in order for them to adequately adjust. Give them a role in selecting the new home and be sure to allow them to voice any concerns they may have.

**Explore the neighborhood**
- **JOIN EXTRACURRICULAR GROUPS**
  - Have each child pick a group they would like to join. Groups could revolve around sports, drama club, or a class at the YMCA. This will allow the child to meet kids their own age and to adjust to the new area.
- **MEET YOUR NEIGHBORS**
  - Besides going over and introducing yourself, think of other creative ways to connect with your neighbors. Have the kids create a lemonade stand, host a chalk drawing party, or plan a neighborhood cookout.
- **GET TO KNOW THE NEW SCHOOL**
  - The first day at a new school can be scary for kids. Talk to them about any fears they have and set their expectations. Most schools provide new student orientations to see the school and navigate the campus prior to starting.