

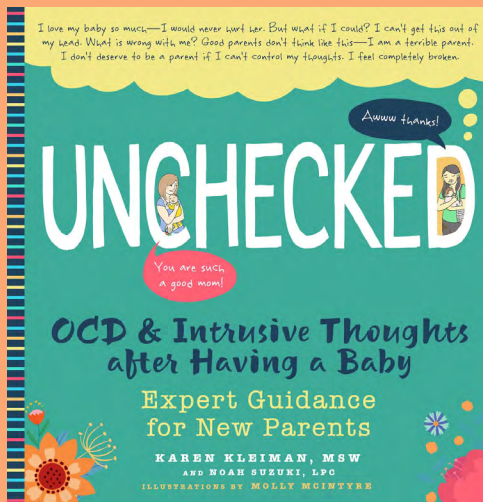
Fall 2026

EDUCATION PARENTING

Rights Guide



DROPCAP[®]



OCD & Intrusive Thoughts after Having a Baby

Familius

August, 2026

Page Count: 184

Retail Price: \$18.99

Trim Size: 7 x 7 in

ISBN: 9798893961096

Family & Parenting

UNCHECKED

This book tackles the serious matter of protecting the mental health of parents with evidence-based strategies that lessen anxiety and manage obsessive thoughts and actions. Through practical tips and relatable comics in the style of the bestselling *Good Moms Have Scary Thoughts*, you'll learn how to break the cycle of obsessive thoughts, gain reassurance, and feel calmer and more confident as a new parent. It's an easy-to-read package perfect for parents who don't have the time or energy to sit down and read a book. Every page empowers you with clarity, validation, and support so you can leave the doubts unchecked and focus on enjoying your baby.

WORLD WIDE RIGHTS AVAILABLE

AN ILLUSTRATED GUIDE HELPING NEW PARENTS MANAGE POSTPARTUM OCD AND ANXIETY FROM INTERNATIONAL BESTSELLING AUTHOR OF *GOOD MOMS HAVE SCARY THOUGHTS*, KAREN KLEIMAN.

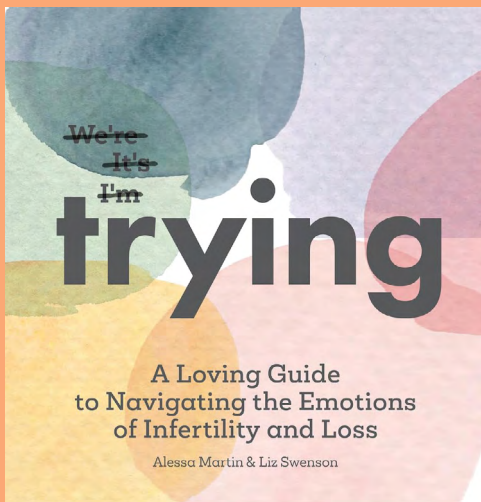
Through practical tips and relatable comics, you'll learn how to break the cycle of obsessive thoughts, gain reassurance, and feel calmer and more confident as a new parent.



ABOUT THE AUTHORS

Karen Kleiman, Noah Suzuki, Molly McIntyre

Karen Kleiman, MSW, LCSW, is founder of the Postpartum Stress Center and an internationally recognized pioneer in maternal mental health, author of over a dozen books on postpartum depression and anxiety. **Noah Suzuki**, a licensed counselor, is a leading voice in perinatal OCD treatment training. **Molly McIntyre** is an illustrator whose work has appeared in *Bitch* magazine and *Psychology Today*.



A Loving Guide to Navigating the
Emotions of Infertility and Loss

Familius

June, 2026

Page Count: 220

Retail Price: \$18.99

Trim Size: 7 x 7 in

ISBN: 9798893961348

Family &
Relationships

TRYING

A compassionate, beautifully illustrated guide to navigating the emotional maelstrom of infertility and infant loss—designed for the busy, drained, and courageous. After the confirmation of pregnancy, a woman receives recommendations and resources for the journey she is about to begin. After a diagnosis of unexplained infertility, miscarriage, or a failed fertility round, a woman might receive additional suggestions for medical intervention. But what she rarely, if ever, receives are any tools to help her cope with what she is experiencing. This bite-size companion will empower you to keep braving wind-tossed seas. Wherever your journey leads, you are seen, you are heard, and you are not alone.

WORLD WIDE RIGHTS AVAILABLE

TRYING IS AN ILLUSTRATED GUIDE
THAT'S LIKE A LIFE RAFT ON THE SEA
OF YOUR INFERTILITY JOURNEY.

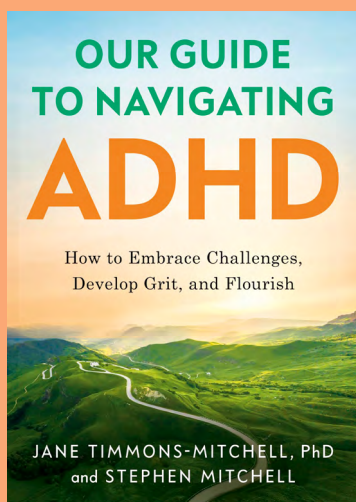
This book holds space for the grief and pain while also offering
love, support, stories, and practical strategies from people
who have been there before.



ABOUT THE AUTHORS

Liz Swenson, Alessa Martin

Liz Swenson is a bestselling author and illustrator of two parenting survival guides who lives in San Clemente with her family. **Alessa Martin** is a marketing strategist and digital storyteller who, after a six-year struggle with infertility and late-term loss, is inspired to share the support and resources she wished she had received.



How to Embrace Challenges,
Develop Grit, and Flourish

Greenleaf Book Group

August, 2026

Page Count: 248

Retail Price: \$27.95

Trim Size: 6 x 9 in

ISBN: 9798886454956

Family & Parenting, Health
& Fitness, Psychology

OUR GUIDE TO NAVIGATING ADHD

How exactly can you help a child with ADHD grow into a happy, self-sufficient adult? With personal stories, evidence-based approaches, and recommended tools, *Our Guide to Navigating ADHD* shows you how to help your child move from floundering to flourishing.

In this insightful and practical book, Dr. Jane Timmons-Mitchell and Stephen Mitchell describe how they integrated the strength-based concepts of flourishing and grit throughout Stephen's childhood. Their unique vantage points—Jane as a child psychologist and the mother of Stephen, a successful adult with ADHD—allow them to detail how they charted their own path as a family.

WORLD WIDE RIGHTS AVAILABLE

CREATE YOUR OWN ROAD MAP TO HELP
YOUR CHILD NOT JUST COPE WITH
ADHD BUT TRULY THRIVE IN LIFE!

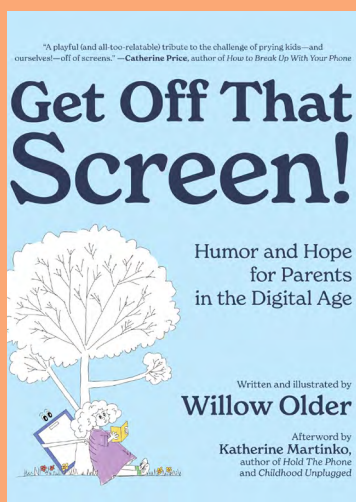
"An uplifting and practical guide for parents of a child with ADHD. Highly recommended." —Jack J. Lesyk, PhD, CMPC, Director, Ohio Center for Sport Psychology



ABOUT THE AUTHORS

Jane Timmons-Mitchell PhD, Stephen Mitchell

Jane Timmons-Mitchell, PhD, is a clinical child psychologist with 40 years of experience, currently Associate Clinical Professor at Case Western Reserve University School of Medicine, and writes a blog for Psychology Today. Stephen Mitchell, her son, is a successful adult with ADHD whose lived experience shapes the book's strength-based approach.



Humor and Hope for Parents in
the Digital Age

Books That Save Lives

January, 2027

Page Count 160

Retail Price: \$22.95

Trim Size: 5.5 x 6.75 in

ISBN: 9781963667813

Family & Parenting

GET OFF THAT SCREEN!

In our screen-saturated world, children aged 8–12 often spend around five to six hours daily on entertainment screens, while teens average over eight hours—many exceeding nine—with roughly half of teens logging four or more hours outside of schoolwork. This heavy use crowds out vital real-world experiences, contributing to poorer sleep, reduced attention, and lower academic performance. Reducing screen time, by contrast, leads to meaningful gains: kids sleep better, concentrate more easily, behave more positively, and earn stronger grades. They also enjoy improved physical health, richer social connections, greater creativity, and stronger emotional well-being—foundations that support school success and long-term life achievement.

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A JOYFUL, RELATABLE NUDGE TO
UNPLUG, RESET, AND EMBRACE THE
WONDER-FILLED WORLD WAITING
JUST BEYOND THE GLOW.

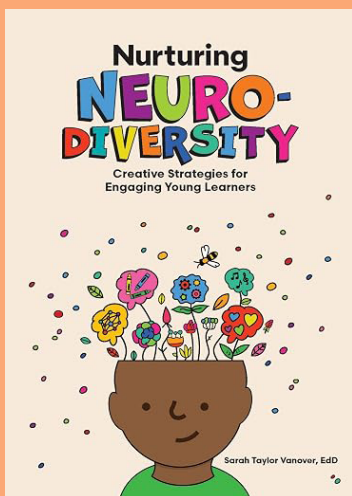
"A playful (and all-too-relatable) tribute to the challenge of prying kids—and ourselves—off screens." — Catherine Price, author of *How to Break Up With Your Phone*



ABOUT THE AUTHOR

Willow Older

Willow Older is a New Zealand-raised public speaker, writer, and Bay Area professional, and mother of two young men who thrive on real-life passions rather than screens. She is the co-author and co-illustrator of the Oprah-favorite mindfulness title *Today I Noticed*, bringing warmth and humor to her call for families to unplug and reset.



Creative Strategies for Engaging Young Learners

Gryphon House

December, 2025

Page Count: 144

Retail Price: \$29.95

Trim Size: 7 x 10 in

ISBN: 9781636501512

Teacher Resources

NURTURING NEURODIVERSITY

Every child deserves a supportive, inclusive environment where they can thrive. *Nurturing Neurodiversity: Creative Strategies for Engaging Young Learners* is a must-have guide for early childhood educators looking to create classrooms that embrace neurodiversity and benefit all learners. Drawing on years of experience in early childhood education, Sarah Taylor Vanover, EdD, shares innovative ideas for using art and music, movement and dance, outdoor activities, calming and mindfulness, and sensory-friendly spaces to support young children with autism, ADHD, sensory processing differences, and other neurodivergent conditions.

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DISCOVER HOW TO: FOSTER AN
INCLUSIVE, WELCOMING CLASSROOM
CULTURE, TEACH CHILDREN SELF-
ADVOCACY SKILLS.

With this resource, you'll gain confidence in your ability to meet each child's unique needs while promoting an environment of empathy, understanding, and success.



ABOUT THE AUTHOR

Sarah Taylor Vanover, EdD

Sarah Taylor Vanover, EdD, has worked in early childhood education for more than twenty-four years as a teacher, director, trainer, and college professor, including as director for Kentucky's Division of Child Care. She currently serves as policy and research director for Kentucky Youth Advocates, focusing on early childhood education policy and outcomes.



Walking with Our Children in the
Age of Climate Collapse

Augsburg Fortress

July, 2024

Page Count: 173

Retail Price: \$18.99

Trim Size: 5.5 x 8.5 in

ISBN: 9781506495125

Family & Parenting

THIS SWEET EARTH

We are living in an era of climate collapse. We feel it in small ways: when the snow falls less or the cherry blossoms bloom too early. And in large ways: when our streets flood and entire towns burn to the ground. Climate anxiety touches nearly everything we do, but perhaps nothing so intimately as our parenting. It leaves an impossible task for those of us raising children. What do we tell our kids when the air quality is too bad to go ride bikes? What skills will they need if systems collapse? Parent, activist, and writer Lydia Wylie-Kellermann wrestles with these questions and dares to argue that while the future remains unknown, there is still awe and wonder, love and struggle, gratitude and overwhelming joy to be found.

WORLD RIGHTS AVAILABLE

WHAT DOES IT MEAN TO BE A PARENT
IN THE AGE OF CLIMATE CHANGE?

“The book calls for communities to protect nature and the planet from despair and involve youths in resistance work... A helpful and page-turning guide to protecting the planet amid today’s climate change crisis.” — *Library Journal*



ABOUT THE AUTHOR

Lydia Wylie-Kellermann

Lydia Wylie-Kellermann is a writer, editor, activist, and mother. She is director of Kirkridge Retreat and Study Center. She is the author of *This Sweet Earth: Walking with our Children in the Age of Climate Collapse* and editor of *The Sandbox Revolution: Raising Kids for a Just World*. Lydia’s writing has appeared in *Geez* magazine, *Sojourners*, *Red Letter Christians*, and various Catholic Worker papers, and she is a contributor to multiple books.



Your Guide to Creating Balance,
Maintaining Healthy Habits, and
Thriving in Your Career

Greenleaf Book Group

April, 2026

Page Count: 296

Retail Price: \$19.95

Trim Size: 6 x 9 in

ISBN: 9798886454598

Family & Parenting

THE WORKING MOM HAPPINESS METHOD

Katy Blommer's *The Working Mom Happiness Method* young age are taught to put others first—and that their value is in looking attractive and serving others. On the other hand, men historically practice self-care without needing to call it that: They simply feel they have the right to take care of their own needs. This powerful, honest, and humorous book offers insightful social and psychological analysis along with practical tools to help working mothers reject the paradigm of self-sacrifice as self-worth. Katy speaks to her readers as a well-informed expert and a trusted friend. Above all, Katy teaches that all readers are worthy, not because of what they do but simply because they exist.

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IT'S TIME TO GO FROM FEELING
OVERWHELMED AND EXHAUSTED
EVERY DAY TO LIVING YOUR BEST LIFE.

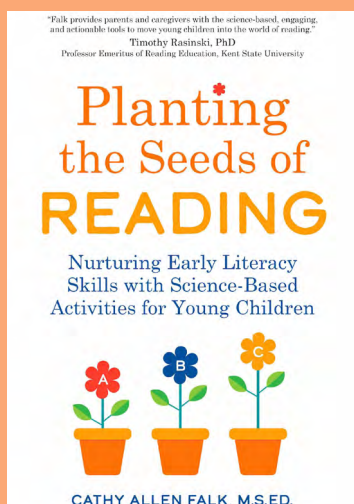
"Katy's program and coaching provided me with the tools, courage, and confidence to take the leap from my comfort zone and land a senior executive role," —Kelly Dolan Saverino, managing director of a large financial institution and mom of 3 young kids



ABOUT THE AUTHOR

Katy Blommer

Katy Blommer is the founder of Women's Best Life University and a vice president at a large financial corporation, where she has worked for twenty-five years. She hosts *The Working Mom Happiness Method* podcast and was named one of Utah Business magazine's 30 Women to Watch in 2023.



Nurturing Early Literacy Skills with Science-Based Activities for Young Children

Familius

September, 2026

Page Count: 200

Retail Price: \$18.99

Trim Size: 6 x 9 in

ISBN: 9798893960549

Teacher Resources

PLANTING THE SEEDS OF READING

From educator and literacy coach Cathy Allen Falk, *Planting the Seeds of Reading* transforms the science of reading into simple, playful strategies that lay the groundwork for reading success.

Once only known to educators, these research-backed methods are now accessible to parents and caregivers who want to give their children a strong start to early literacy. This isn't about pushing children to read early; it's about preparing the soil for the day they start reading on their own. With just a few minutes a day, you can nurture your child's reading readiness, build confidence, and create the fertile ground where lifelong literacy skills will grow.

WORLD WIDE RIGHTS AVAILABLE

A POWERFUL YET FUN GUIDE TO BUILDING A STRONG READING FOUNDATION.

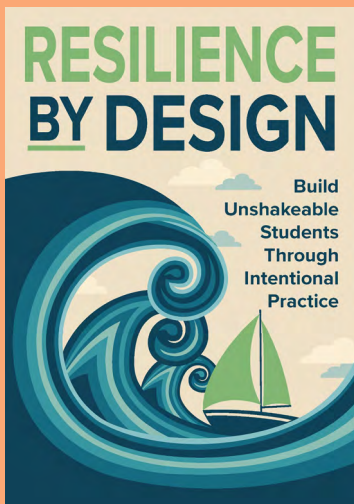
"Falk provides parents and caregivers with the science-based, engaging, and actionable tools to move young children into the world of reading." — Timothy Rasinski, PhD, Professor Emeritus of Reading Education, Kent State University



ABOUT THE AUTHOR

Cathy Allen Falk

Cathy Allen Falk is an educator, literacy coach, workshop leader, and author with over 40 years of experience. She combines deep expertise with proven strategies to help parents support early literacy through clear explanations and practical, easy-to-use activities.



Build Unshakeable Students Through
Intentional Practice

National Center for Youth Issues

August, 2026

Page Count: 96

Retail Price: \$19.95

Trim Size: 5.5 x 8.5 in

ISBN: 9781965066416

Psychology, Self-Help,
Teacher Resources

RESILIENCE BY DESIGN

What if the most powerful thing you could do for student achievement was build a school where every student felt known, challenged, and believed in?

The research is clear: school culture drives outcomes. When students feel respected, connected, and genuinely supported by the peers and adults around them, academic achievement follows — not sometimes, not for certain kinds of students, but reliably and measurably.

The problem is that most schools don't have a concrete, schoolwide plan for building that culture. *Resilience By Design* is that plan.

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THE RESILIENCE FRAMEWORK IS
DESIGNED TO BE LIVED BY EVERY
ADULT IN THE BUILDING.

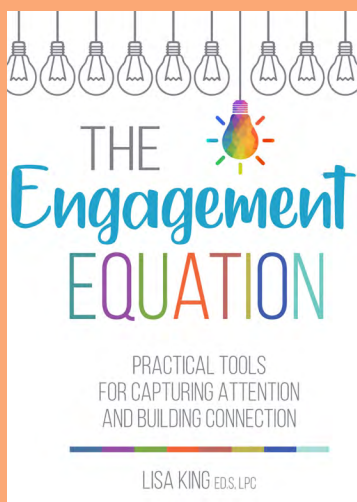
This research-backed, immediately actionable guide provides elementary and secondary educators, school counselors, administrators, district leaders, and instructional coaches.



ABOUT THE AUTHOR

Dr. John W. Hodge

Dr. John W. Hodge is an educator, speaker, and school culture consultant with over 30 years of experience, providing elementary and secondary educators, school counselors, administrators, district leaders, and instructional coaches with a complete, research-backed framework for transforming school culture.



**Practical Tools for Capturing Attention
and Building Connection**

National Center for Youth Issues

June, 2026

Page Count: 176

Retail Price: \$32.95

Trim Size: 8.5 x 11 in

ISBN: 9781965066409

**Family & Parenting, Psychology,
Teacher Resources**

THE ENGAGEMENT EQUATION

Are you looking for real tools to get student attention and connection back — without working harder than you already are? In an era of shrinking attention spans, overstimulated learners, and mounting pressure on educators to do more with less, *The Engagement Equation* is the resource K–12 teachers, school counselors, and student success specialists have been waiting for.

Written by a veteran school counselor with nearly three decades in education, this practical, research-backed guide bridges the gap between what neuroscience tells us about learning and what it actually takes to reach and engage students today.

WORLD WIDE RIGHTS AVAILABLE

**INCREASING STUDENT ENGAGEMENT
WITH PRACTICAL TOOLS FOR CAPTURING
ATTENTION, BUILDING CONNECTION AND
SUPPORTING LEARNING.**

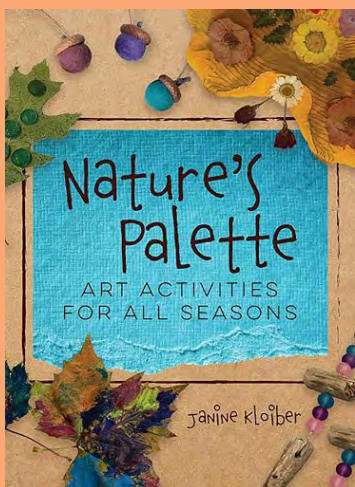
“This book is packed with fresh ways to make classroom lessons, small groups, and family engagement events more interactive and meaningful. What! especially appreciate is that Lisa doesn’t just tell you what to do - she explains the why behind each strategy.” — Laura Filtress, School Counsels



ABOUT THE AUTHORS

Lisa King, EdS, LPC

Lisa King, EdS, LPC, is a veteran school counselor with nearly three decades in education. She bridges neuroscience research on attention and engagement with practical, low-prep strategies for K-12 teachers, counselors, and student success specialists.



A seasonal Montessori-inspired guide to nature-based art activities for young children.

Gryphon House

April, 2026

Page Count: 192

Retail Price: \$ \$29.95

Trim Size: 7 x 10 in

ISBN: 9781636501659

Teacher Resources

NATURE'S PALETTE

Inspire Creativity Through Nature, Art, and Montessori-Inspired Exploration. Every leaf, stone, and feather hold the potential to spark imagination and learning. *Nature's Palette* is a seasonal guide to open-ended art experiences that connect young children to the natural world while nurturing independence, creativity, and cognitive growth. Grounded in Montessori principles and rooted in nature-based learning, this book invites educators to rethink art time as an opportunity for discovery, reflection, and child-led expression. With clear guidance and developmentally rich ideas, each chapter introduces versatile techniques and explains how to implement them with both found and sustainable materials.

WORLD WIDE RIGHTS AVAILABLE

ESSENTIAL GUIDE TO WEAVING NATURE, CREATIVITY, AND SKILL-BUILDING INTO MEANINGFUL, JOYFUL LEARNING ALL YEAR LONG.

This Nature Art Activity book is a wonderful resource that offers a variety of fresh and creative projects for children of all ages.



ABOUT THE AUTHOR

Janine Kloiber

Janine Kloiber is a certified Montessori Primary Directress through the North American Montessori Center. With a bachelor's degree in Social Work and Social Therapy from the University of Kassel, she blends a deep understanding of early childhood development with a deep love for creativity and nature.



Full of knowledge that helps babies from newborn to six months develop in a healthy and sustainable way.

Lioncrest Publishing

August, 2026

Page Count: 282

Retail Price: \$28.49

Trim Size: 5.5 x 8.5 in

ISBN: 978-1544552484

Family & Parenting

BITCHES, I'VE ARRIVED

Let's get something straight: Adriana Bachmann, the "Baby Whisperer," is not here to please anyone. She's here to help your babies. That's the whole point of *Bitches, I've Arrived: The Ultimate Baby Guide*.

Find out how to help your baby sleep well without either of you enduring the stresses of sleep deprivation. Say goodbye to popular but harmful practices, parenting gimmicks, and sales-focused influences. Learn to recognize warning signs that something is wrong. Discover common-sense traditional methods that lead to your baby's long-term well-being.

DROPCAP DOES NOT REPRESENT CHINESE (SIMPLIFIED AND TRADITIONAL) PRINT (WORLDWIDE), LANGUAGE RIGHTS.

THIS ISN'T ABOUT WHAT'S EASIEST FOR YOU. IT'S ABOUT WHAT'S BEST FOR YOUR BABY.

"Adriana Bachmann's nurturing heart and endless knowledge have been our greatest blessing. Please take this book seriously. It will truly change your life and your baby's life like you could never imagine." — Dr. Debra Glassman



ABOUT THE AUTHOR

Adriana Bachmann

Adriana Bachmann is a mother of three and a newborn specialist who has helped thousands of babies grow and thrive. Adriana worked as a nanny until the birth of her youngest child, Patrik. For the last twenty-two years, she has worked all over the world with a team of newborn specialists as one of the preeminent self-trained experts on babies.



IF YOU WANT TO KNOW MORE ABOUT
THESE TITLES, PLEASE GET IN TOUCH!

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