



To Create
a World in which
Children
Love to Learn!

Rights Guide

Winter 2026

TCM
Teacher Created Materials

www.tcmpub.com

Ages 0–12 months

3 titles

Pub Date: January 2026

Board Book

22 pages

Trim Size: 5.5 in. x 5.5 in.

So Silly: 9798330923335

So Loved: 9798330923335

So Curious: 9798330923328

Also Available August 2026:

So Busy: 9798330923359

So Happy: 9798330923366

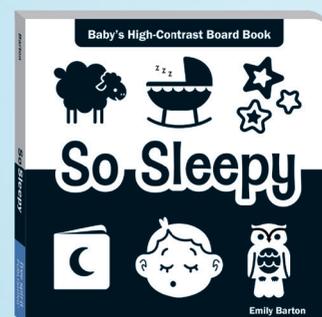
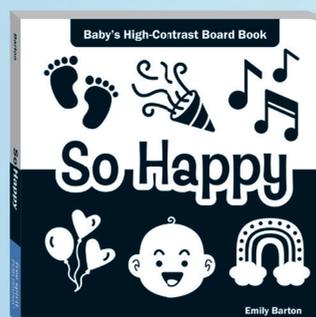
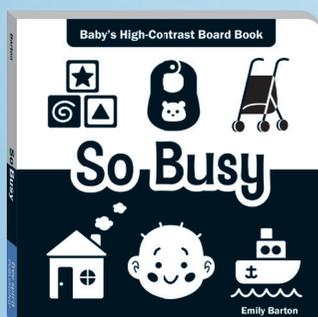
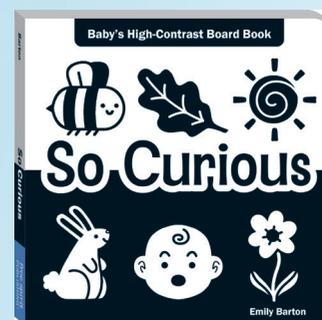
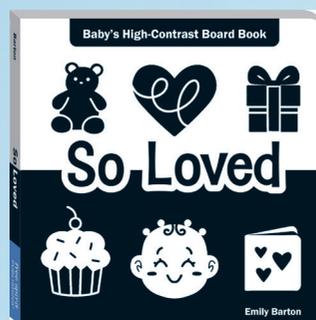
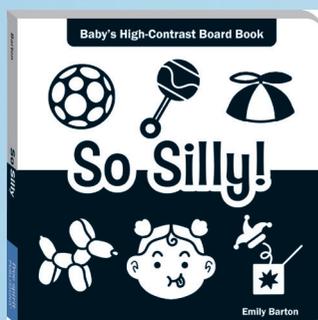
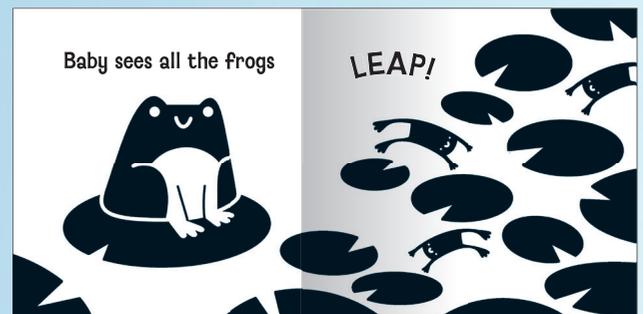
So Sleepy: 9798330923373



Introducing Baby's First Moments Board Books!

Introduce babies to the world through bold visuals and tender moments. The Baby's First Moments series invites caregivers and infants to bond through high-contrast black-and-white imagery that supports early brain development and sensory awareness.

- Expert-approved design for infant development
- Supports infant development across essential early themes—nature, family, feelings, play, and rest—through high-contrast visuals and sensory-rich experiences
- Includes thoughtful caregiver notes in every book with tips to foster bonding, support early literacy, and enrich shared reading moments
- Perfect for gift bundles, baby showers, and developmental displays





Ages 0–4

6 titles

Pub Date: March 2025

Board Book

24 pages

Trim Size: 7 in. x 7 in.

Families: 9798885547062

Animals: 9798885547055

Feelings: 9798885547048

Numbers: 9798885547017

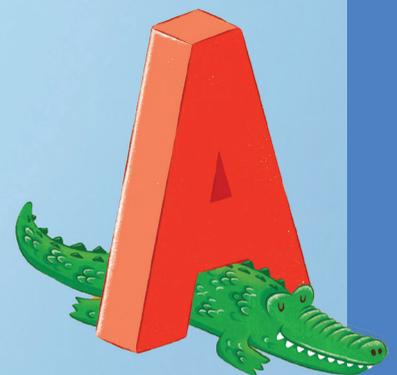
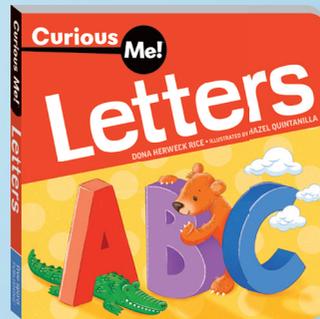
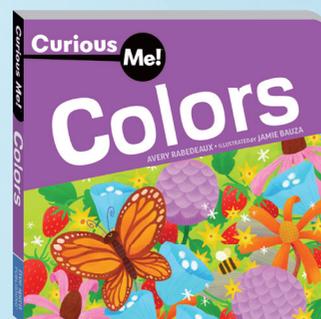
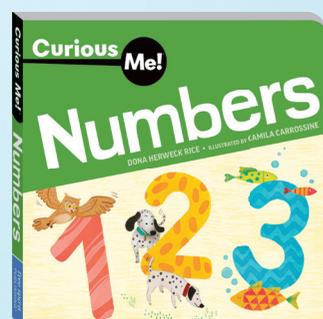
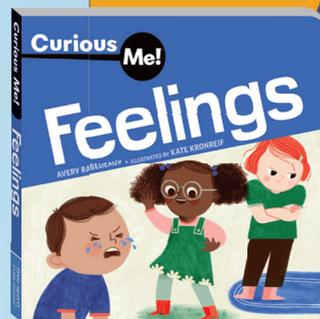
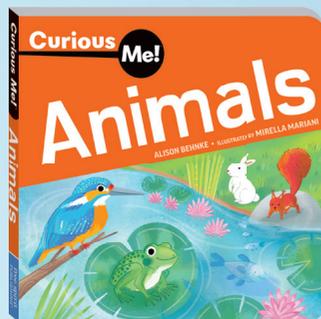
Colors: 9798885547031

Letters: 9798885547024

Curious Me!™ Board Books!

A fun and engaging board book introduction to Letters, Numbers, Animals, Colors, Families, and Feelings, this 6-Book Series encourages curiosity and instills a love of learning from an early age.

- Bright engaging illustrations by different artists introduce children to various artistic styles and make the series uniquely collectible
- Supports pre-literacy skills with rich vocabulary, engaging text, and artistic visuals
- Covers essential early childhood concepts like letters, numbers, animals, and colors, promoting comprehensive cognitive development
- Connects to toddler’s interests, experiences, and natural curiosity with range of topics
- Engages children and adults alike with a tone of wonder and awe – perfect for inspiring dialogue and building connections
- Families and Feelings titles promote emotional awareness and empathy, fostering social and emotional development
- Each book includes tips for caregivers to support read-alouds and early learning



Ages 0–4

6 titles

Pub Date: July 2024–2025

Board Book

24 pages

Trim Size: 7 in. x 7 in.

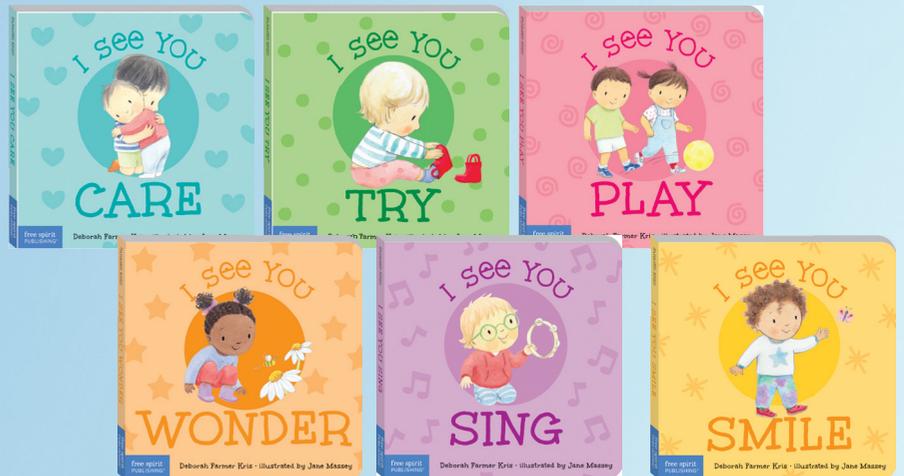
I See You Care 9798885540773

I See You Try
9798885540759I See You Play
9798885540797I See You Wonder
9798885540810I See You Sing
9798885540834I See You Smile
9798885540735

I see YOU

Celebrate toddlers as they grow and learn

- Child-centered, classic art showcases what toddlers are learning and doing
- Affirms that adults see children and love them for who they are right now, helping children thrive
- Helps caregivers communicate the many ways children are feeling, learning, and growing
- Endnote for adults shares tips for using the books with children

**Ages 2–6**

4 titles

Pub Date: 2022

Board Book

32 pages

Trim Size: 10 in. x 10 in.

You Have Feelings
9781631985096You Wonder
9781631986987You Are Growing
9781631987090I Love You
9781631985065**All the Time****Show children all the ways they're supported as they grow and learn.**

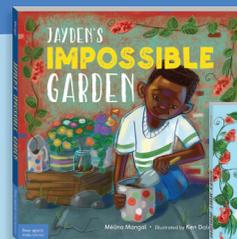
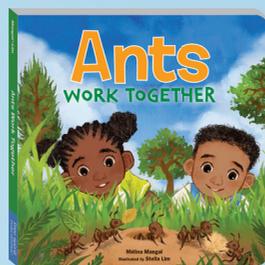
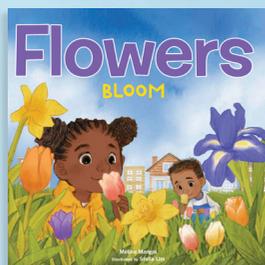
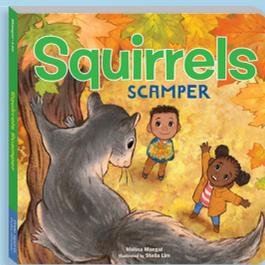
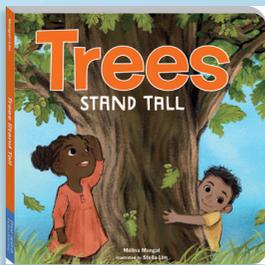
- Affirmations are important for building self-confidence in children
- To effectively teach children emotional literacy, they first need to feel loving support from adults
- Naming and normalizing emotions helps develop emotional literacy
- Charming rhymes, whimsical illustrations, and heartwarming messages make the series giftable and perfect for storytime



OUTSIDE OUR WINDOW

Outside Our Window Board Books

A beautiful, community-focused series encourages children—especially those in urban neighborhoods—to explore, protect, and delight in nature. Each book in the series focuses on one feature of the natural world (like birds), one sense (hearing), and one social or emotional learning skill (communication). The books follow cousins Kamali and Josian on a joyful journey through the seasons as nature beckons them outside where they question, wonder, and play!



Ages 0–4

5 titles

Pub Date: April 2025–
April 2026

Board Book

24 pages

Trim Size: 7in. x 7 in.

Birds Sing Their Words:
9798885544542

Trees Stand Tall:
9798885544559

Squirrels Scamper:
9798885544566

Wind Whirls:
9798885544573

Flowers Bloom:
9798885544580

Ants Work Together:
9798885544597

Also Available:

Jayden's Impossible Garden:
9781631985904

Jayden's Secret Ingredient:
9781631986024

Ages 1–4

14 titles
 English/Spanish Bilingual Available
 Pub Date: July 2002–2023
 Board Book
 24 pages
 Trim Size: 7 in. x 7 in.
 Diapers Are Not Forever: 9781575422961
 Feet Are Not for Kicking: 9781575421582
 Germs Are Not for Sharing: 9781575421964
 Hands Are Not for Hitting: 9781575422008
 Noses Are Not for Picking: 9781575424712
 Pacifiers Are Not Forever: 9781575422572
 Screen Time if Not Forever: 9781631985379
 Tails Are Not for Pulling: 9781575421803
 Tears Are Not Forever: 9781631986901
 Teeth Are Not for Biting: 9781575421285
 Voices Are Not for Yelling: 9781575425009
 Waiting is Not Forever: 9781631984662
 Words Are Not for Hurting: 9781575421551
 Worries Are Not Forever: 9781631983160

Also Available:
 Paperback Versions
 Ages 4–7

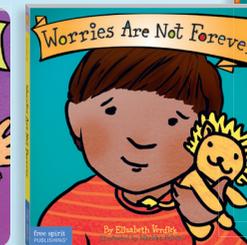
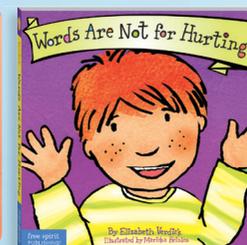
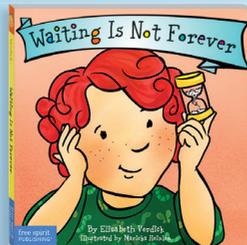
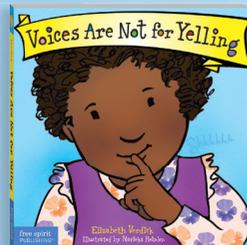
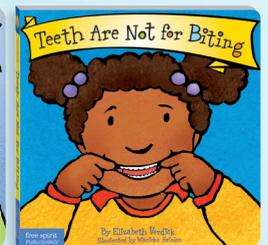
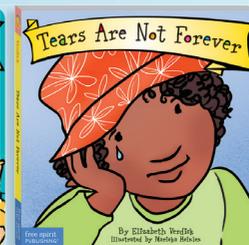
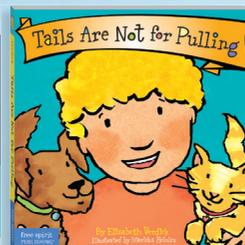
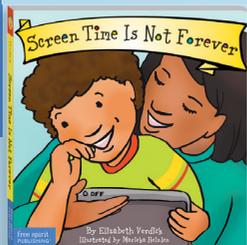
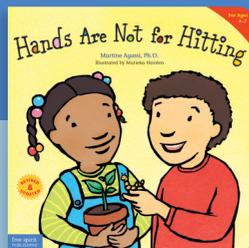
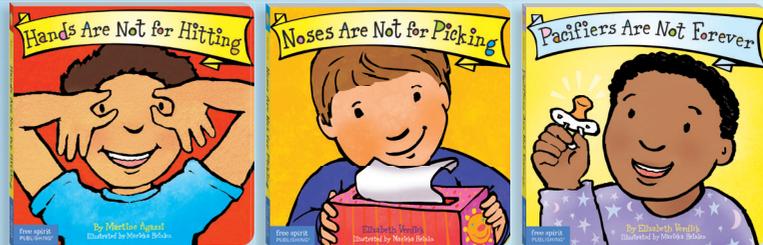
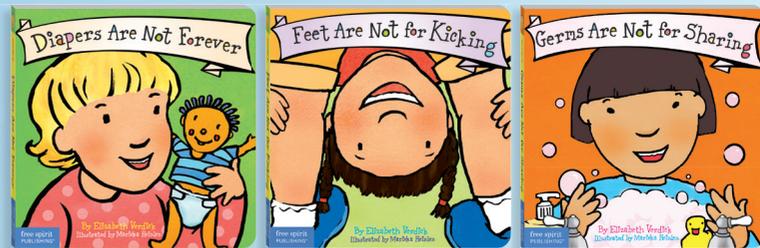


Award-Winning Board Book Series



Help children choose positive behaviors

- Ideal for use at home, in childcare centers, in classrooms, and for special education
- Provides straightforward suggestions for addressing challenging behaviors by modeling kind and helpful actions
- Includes a special section for adults with tips, activities, and discussion starters
- Books in the series have won multiple awards, including Dr. Toy, National Parenting Center, Oppenheim Toy Portfolio, and more!
- Expanded paperback versions for ages 4–7 are available for some titles

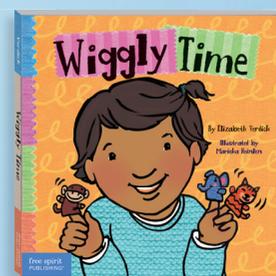
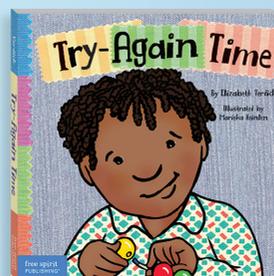
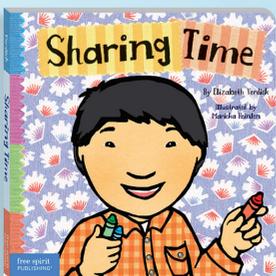
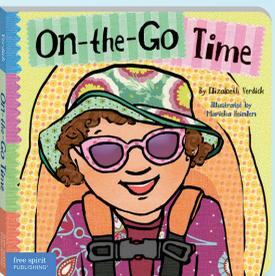
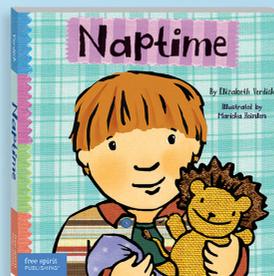
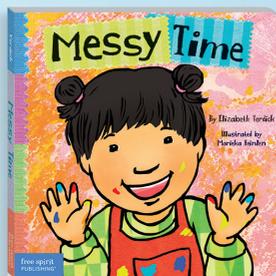
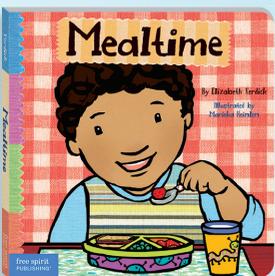
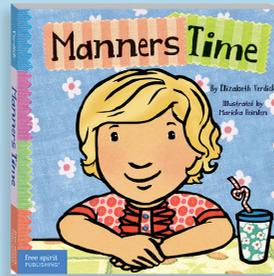
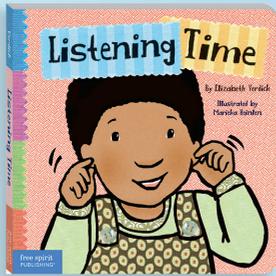
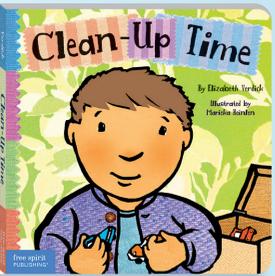
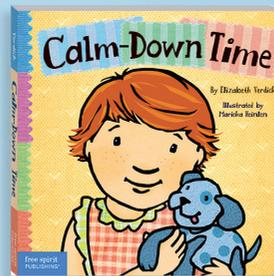
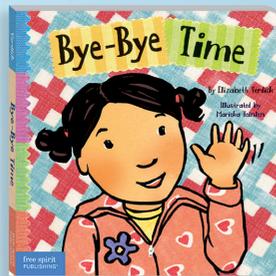
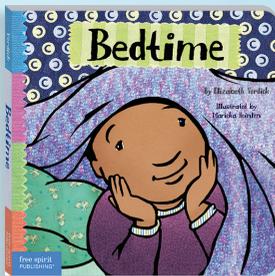




Award-Winning Board Book Series

Help ease the many challenging “times” that are a part of every toddler’s day

- Dynamic, award-winning author/illustrator team of the best-selling Best Behavior™ series
- Unique and fresh series look and design complements gentle and reassuring text
- Board books engage toddlers in facing daily routines and transitions with confidence
- Tips for parents and caregivers included at the end of each book
- Ideal for both home and childcare settings



Ages 1–4

50 titles

English/Spanish Bilingual Available

Pub Date: 2008–2023

Board Book

24 pages

Trim Size: 7 in. x 7 in.

Bedtime: 9781575423159

Bye-Bye Time: 9781575422992

Calm-Down Time: 9781575423166

Clean-Up Time: 9781575422985

Listening Time: 9781575423012

Manners Time: 9781575423135

Mealtime: 9781575423661

Messy Time: 9781631986079

Naptime: 9781575423005

On-the-Go Time: 9781575423791

Sharing Time: 9781575423142

Try-Again Time: 9781631986055

Wiggly Time: 9798885540063

Ages 5–9

4 titles

Pub Date: March–August 2026

Paperback

36 pages

Trim Size: 8 in. x 10 in.

More Than Eyes Can See:

9781575421582

Uncommonly Curious, Eternally

Autistic:

9798885547369

Life as an Asthmanaut:

9798885547970

I Spark Like Lightning:

9798885547253

Tic-errific Me:

9798885547529

Curious Mind and Dancing Feet:

9798885547475

Also Available:

Everyday Adventures with Molly & Dyslexia:

Molly's Great Discovery:

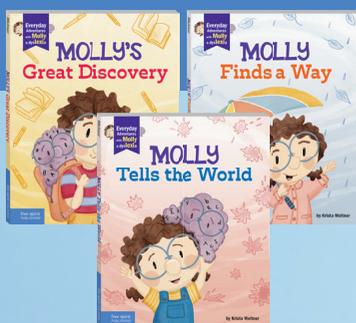
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Molly Finds a Way:

9798885540285

Molly Tells the World:

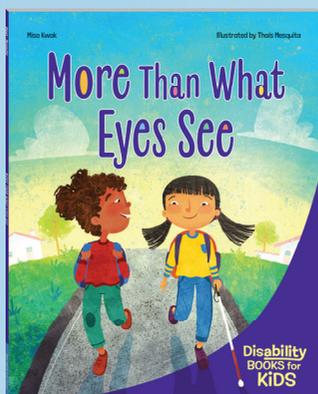
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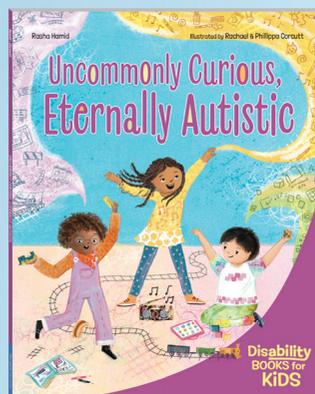
Disability BOOKS for KIDS

First-Person Stories that Build Empathy, Confidence, and Connection

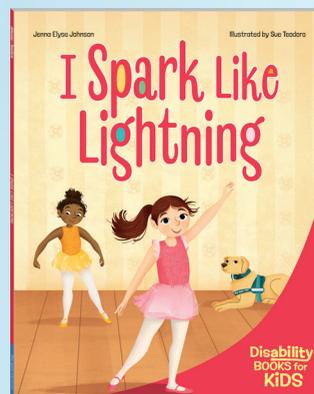
- Authentically explores both visible and invisible disabilities through the voices of children
- Each title offers a child's honest perspective—blending relatable experiences, emotional insight, and practical understanding
- Authored by individuals with lived experience, ensuring an authentic perspective
- The books are vibrant, thoughtful, and aimed at fostering empathy
- They help build inclusive communities by celebrating disability joy



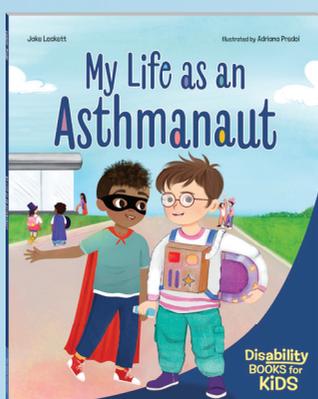
Blindness



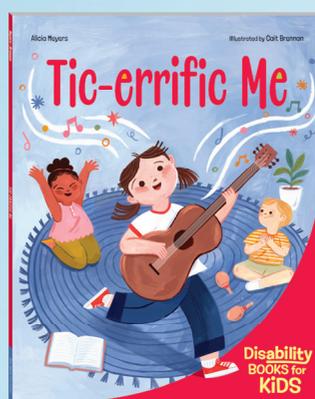
Autism



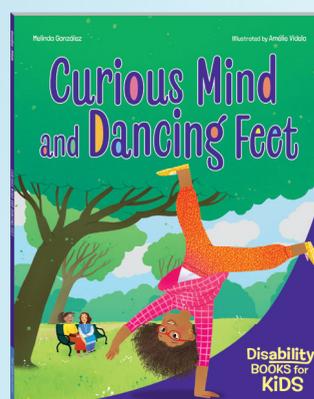
Epilepsy



Asthma



Tourette Syndrome



ADHD





Children learn how to reduce stress by focusing on the beauty of nature

- Support children’s mental health, as research has shown that gratitude helps reduce anxiety and depression
- Encourages calm reflection and gratitude for the world around us
- Each book is a meditation on appreciation and an aspect of our natural world, the people with whom we inhabit and explore it, and our daily lives
- Back matter includes discussion questions to build on the stories’ themes and ideas; and suggestions for practicing mindfulness and gratitude

Ages 4–6+

4 titles

Pub Date: October 2024–
January 2026

Hardcover

36 pages

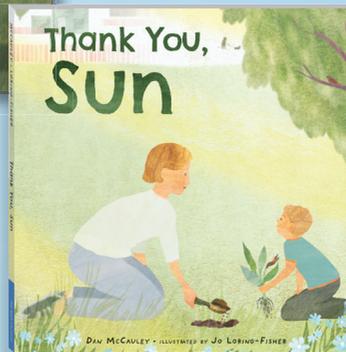
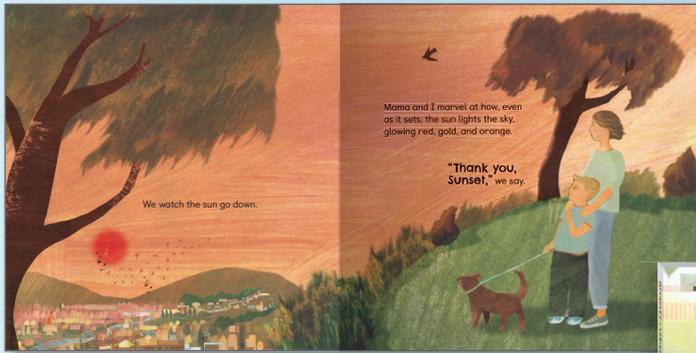
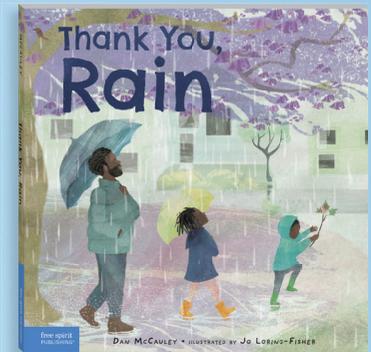
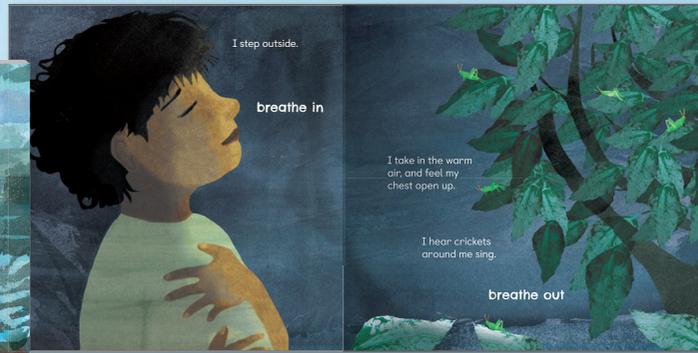
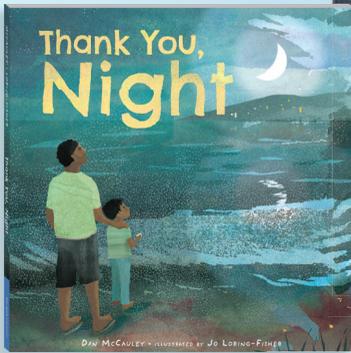
Trim Size: 10 in. x 10 in.

Thank You, Rain:
9798885544870

Thank You, Night:
9798885546737

Thank You, Sun:
9798885544931

Thank You, Snow:
9798885544894



Ages 5–9

3 titles

Pub Date: September 2025

Paperback

40 pages

Trim Size: 8.25 in. x 10.75 in.

Bravo for Backstage!

9798885544030

Chicken Predicament:

9798885544061

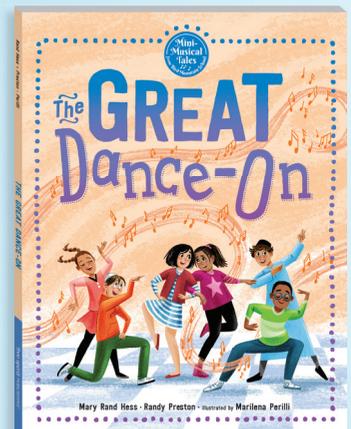
The Great Dance-On:

9798885544092



This whimsical picture book series that blends storytelling and stagecraft in the most delightful way and brings stories to life—literally!

- Developed to inspire creativity, imagination, and a lifelong appreciation for the arts
- Addresses themes like handling disappointment, facing fears, and embracing individuality with heart and humor
- Promotes teamwork, problem-solving, and inclusive participation, making every reader feel like part of the group
- Each title includes a musical performance kit: script + original songs!



We Find Feelings Clues

Ages 3–7

6 titles

Pub Date: February 2024–
December 2025

Paperback

36 pages

Trim Size: 10 in. x 10 in.

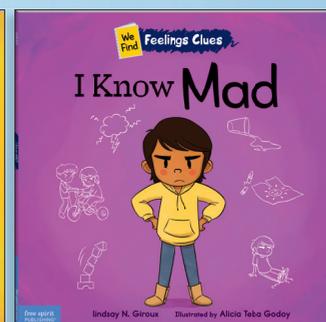
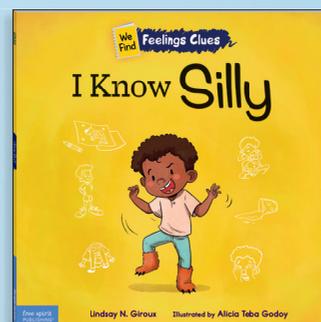
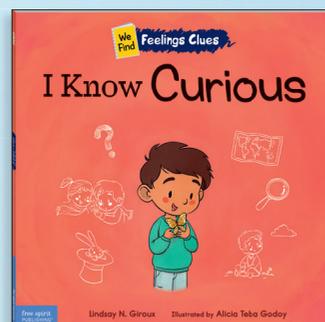
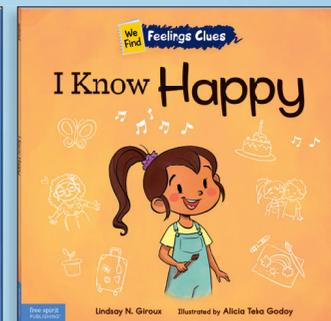
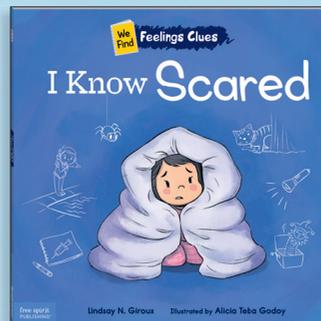
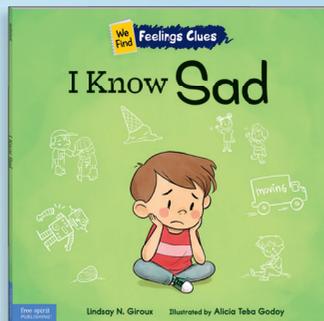
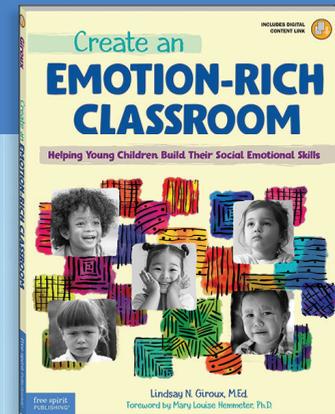
Also Available:

Create an Emotion-Rich

Classroom: 9781631986567

Children learn to recognize and cope with feeling sad, lonely, or disappointed

- Increases children’s emotion vocabulary and boosts their emotional literacy
- Books take an active learning approach, teaching children how to find, notice, and use clues to identify and name their emotions
- Expressive and sensitive illustrations support the text through visual depictions of emotions
- A section at the back of each book provides additional information and strategies on recognizing and dealing with feelings



Ages 4–6+

15 titles

Pub Date: 2003–2010

Paperback

40 pages

English/Spanish Bilingual
Available

Trim Size: 9 in. x 9 in.

Accept and Value Each Person:
9781575422039

Be Careful and Stay Safe:
9781575422114

Be Honest and Tell the Truth:
9781575422589

Be Polite and Kind:
9781575421513

Cool Down and Work Through
Anger: 9781575423463

Join and Play:
9781575421520

Know and Follow the Rules:
9781575421308

Be Polite and Kind:
9798885544092

Listen and Learn:
9781575421230

Reach Out and Give:
9781575422046

Respect and Take Care of
Things: 9781575421605

Share and Take Turns:
9781575421247

Talk and Work It Out:
9781575421766

Try and Stick With It:
9781575421599

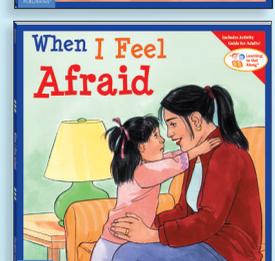
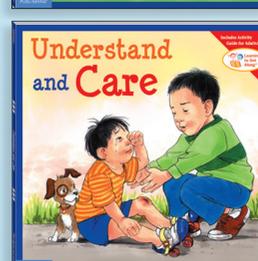
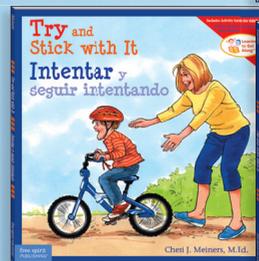
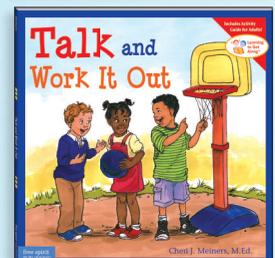
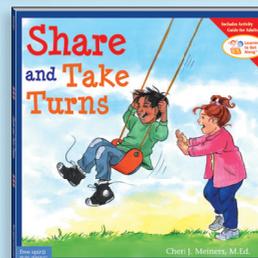
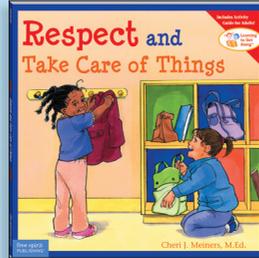
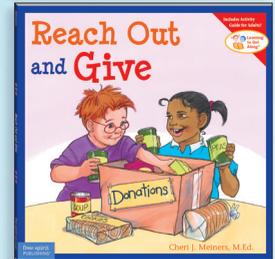
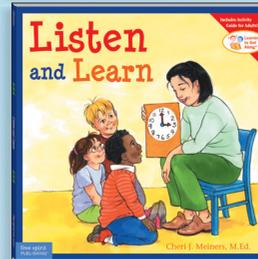
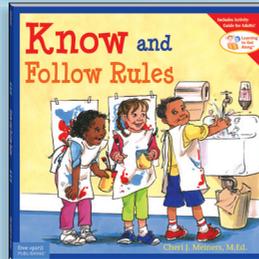
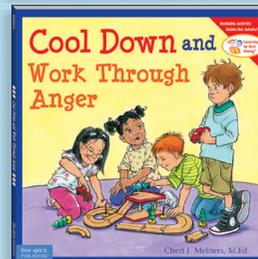
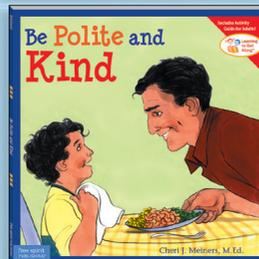
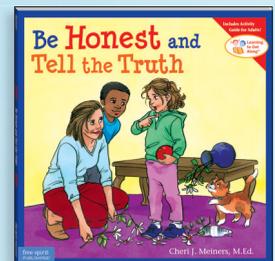
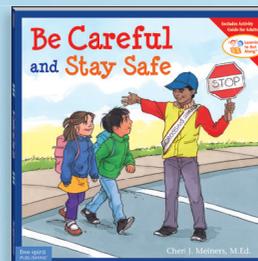
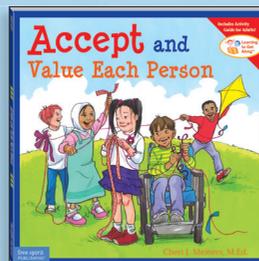
Understand and Care:
9781575421315

When I Feel Afraid:
9781575421384



Help children learn, understand, and practice important social skills.

- Features real-life scenarios, diverse characters, and captivating illustrations
- Includes discussion questions, games, activities and a free, downloadable teacher's guide
- Is great for use at home, in childcare centers, in classrooms, and for special education



More than 2.5 million books in print



Make complex food justice issues—food insecurity, how food is marketed and sold, and food systems—kid-friendly and fun to read.

- Readers will learn more about how each of us can take small steps toward greater food justice for everyone
- Lulu’s story personalizes the struggles of children experiencing food insecurity and hunger
- When the Snack Food Genie appears, Jesse begins to recognize how food fuels his body
- A class project leads Frankie to learn where her food comes from and go up against the Food Phantom



Ages 5–10

3 titles

English/Spanish Bilingual Available

Pub Date: September 2020–September 2023

Hardcover

40 pages

Trim Size:

8 in. x 10 in.

Lulu and the Hunger Monster™
9781631985461

Jesse and the Snack Food Genie
9781631987403

Frankie versus the Food Phantom
9781631987434

PICTURE BOOKS

Sometimes When

Help little kids cope with BIG feelings.

- Helps children manage their emotions in healthy and empowering ways
- Strengthens problem-solving skills by helping children recognize challenging feelings and use practical strategies to feel better
- Written by a licensed psychologist with over 30 years of experience
- Includes a special section for adults with information and activities



Sometimes When Ages 4–8

5 titles

Pub Date: 2020–2024

Hardcover

40 pages

Trim Size: 8.25 in. x 9 in.

I'm Sad 9781631983825

I'm Mad 9781631986093

I'm Worried 9781631987373

I'm Bored 9781631986956

I'm Jealous 9798885540919

FREE SPIRIT PUBLISHING

Arlo All Over Again

Ages 4–8

Pub Date: March 2026

Hardcover

40 pages

Trim Sizes: 8.25 in. x10.75 in.

9798885547642

by Sayuri Stabrowski

illustrated by Dave Szalay



A big-city tale about how friendship builds confidence—and the unexpected joys that come from trying new things.

- This book shows how friendships can help us grow, and it explores the serendipitous ways that city life brings people together
- Emphasizes themes of optimism, risk taking, trying new things, bravery, and friendship
- Based on true events and the author’s city-based kindergarten class
- Includes a note from the author and suggestions to expand on the story’s themes and ideas

Tummies Flip, Hearts Skip

Ages 6–10

Picture Book

Pub Date: September 2025

Hardcover

36 pages

Trim Sizes: 10 in. x10 in.

9798885543811

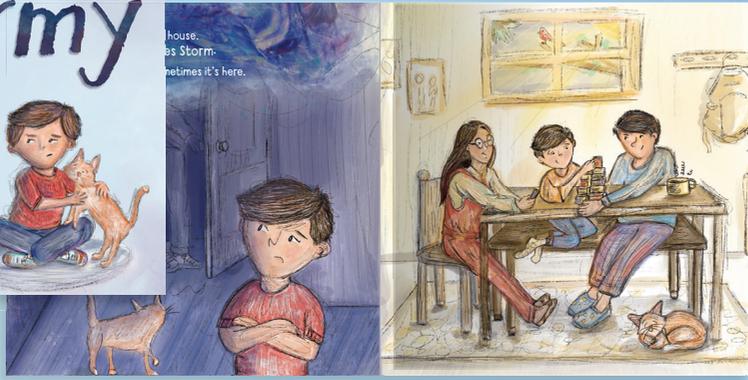
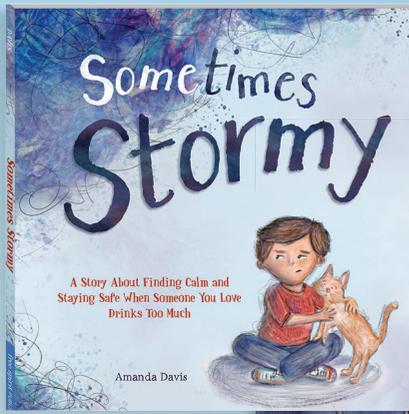
by Kris Downing

illustrated by Vivian Mineker



Help children understand how emotions feel in the body, and what their sensations are trying to tell them.

- Fantastical illustrations depict a young girl’s emotional journey through larger-than-life scenarios, sparking readers’ imaginations
- Helps teach kids what to do when their bodies and minds feel dysregulated
- Presents common emotions in rich sensory language that’s easy to follow
- This book is a great resource for parents, teachers, psychologists, and caregivers looking for children’s books on body awareness and understanding emotions

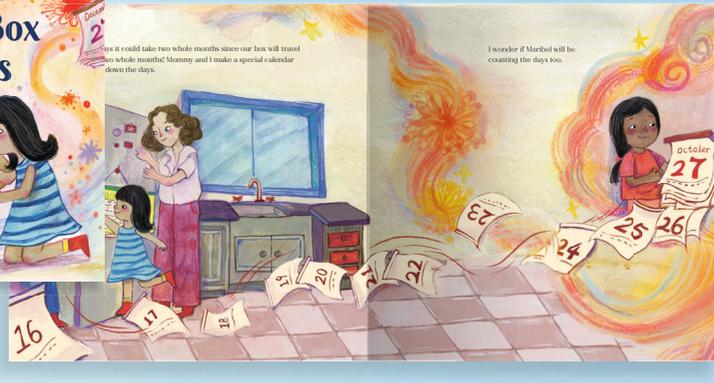
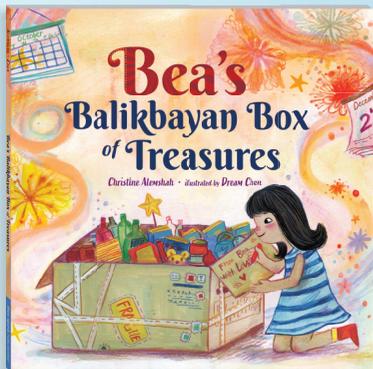


Help children ages 5–8 understand and cope with a parent’s substance use disorder

- Offers an age-appropriate explanation of alcohol use disorder
- Models strategies for coping with a stressful home situation
- Teaches children to seek support from a trusted adult
- Explains that adult addiction is not a child’s fault or responsibility to fix
- Contains helpful resources for children and families

Sometimes Stormy Ages 5–8

Pub Date: October 2025
Hardcover
36 pages
Trim Sizes: 8.25 in. x9 in.
9798885546980
by Amanda Davis
illustrated by Amanda Davis



Seven-year old Filipina-American, Bea, packs a box full of treasures for her relatives in the Philippines and learns to embrace her heritage and family activities

- Offers an authentic voice from a seldom-represented cultural group
- Celebrates and raises awareness of Filipino culture and traditions
- Encourages connection with family living overseas for families who have immigrated
- Back matter includes a note from the author and activity ideas

Bea's Balikbayan Box of Treasures Ages 5–9

Pub Date: July 2025
Hardcover
36 pages
Trim Sizes: 10 in. x 10 in.
9798885546416
by Christine Alemshah
illustrated by Dream Chen

A Suitcase Full

Ages 5–9

Pub Date: August 2026

Hardcover

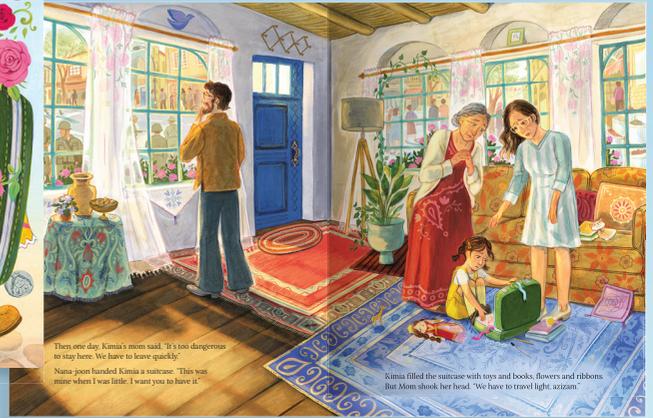
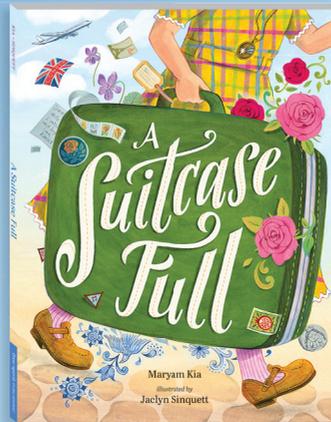
40 pages

Trim Size: 8.25 in. x 10.75 in.

9798885549707

by Maryam Kia

illustrated by Jaclyn Sinquett



A heartfelt picture book about the love of family, the power of one's story, and the beauty of embracing change while leaving and finding home.

- Encourages embracing change and appreciating cultures around the world
- Explores themes of resilience, belonging, and what it means to carry your story with you
- Finds comfort and hope when adjusting to new homes or schools
- Based on the author's childhood, this story encourages shared storytelling and conversations about family history, migration, language, culture, and resilience.

Santiago and Great Bear

Ages 4–8

Picture Book

Pub Date: June 2026

Hardcover

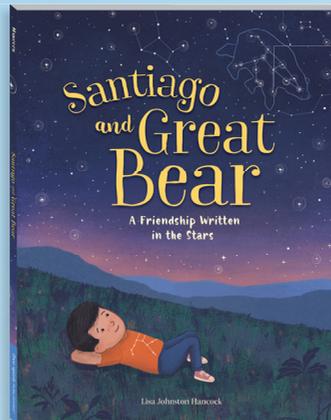
40 pages

Trim Sizes: 8.25 in. x 10.75 in.

9798885549813

authored and illustrated by

Lisa Johnston Hancock



Under the shifting phases of the moon, Santiago and Great Bear become friends.

- Blending lyrical storytelling with astronomy and themes of hope, friendship, and confidence
- Sparks children's creativity and offers comfort and inspiration to children navigating big changes
- Portrays accurate constellations and moon phases
- Includes additional information on constellations and the phases of the moon in the back, engaging children's curiosity about the moon and stars while supporting STEM units focused on the night sky



The Best Good Thing Ages 3–6

Pub Date: August 2026

Hardcover

40 pages

Trim Size: 10 in. x10 in.

9798885549653

by Anna Housley Juster

illustrated by Andrea Onishi

Finding the Good—Even on Hard Days

- Follows a relatable young narrator who feels “smad” and learns, with her mother’s support, to look for good things even when the day feels all wrong
- Story helps the reader see the whole child, which includes but isn’t limited to her wheelchair
- Rhythmic, rhyming text engages young readers
- Highlights the importance of understanding differences and shows that children have more fun when they work and play together and include everyone



How to Train Your Amygdala Ages 4–8

Pub Date: February 2025

English/Spanish Bilingual
Available

Hardcover

40 pages

Trim Sizes: 8 in. x10 in.

9798885543736

by Anna Housley Juster

illustrated by Cynthia Cliff

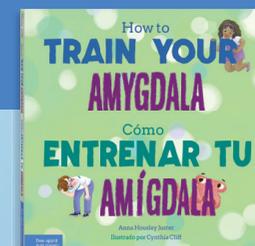
Your amygdala works hard to protect you from danger, but sometimes it gets things wrong.

- Anxiety in young children is on the rise, so learning to calm the amygdala is an important self-regulation skill for all kids
- Teaches anxiety-calming and mindfulness strategies like deep breathing, visualization, and progressive relaxation
- Book helps young children learn complicated concepts and increase their capacity for change through the power of humor, interactivity, and empathy
- An endnote includes an amygdala’s training playbook for kids and more information for adults to help reinforce the book’s message

Also Available:

English/Spanish Bilingual

9798330913848



Ages 6–9

6 titles

Pub Date: 2021–2025

Paperback

84–88 pages

Trim Size: 6.25 in. x 8 in.

Be Yourself, Like Yourself

9798885544474

Ease the Tease

9781631983504

Make a Friend, Be a Friend

9781631986291

Rules! Rules! Rules!

9781631987229

Yay! Your Failed

9781631987199

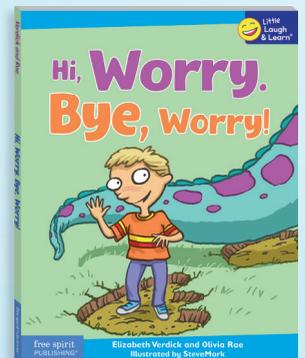
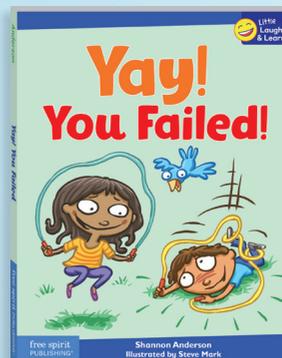
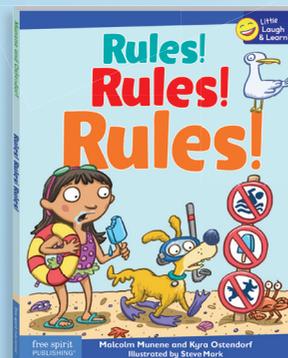
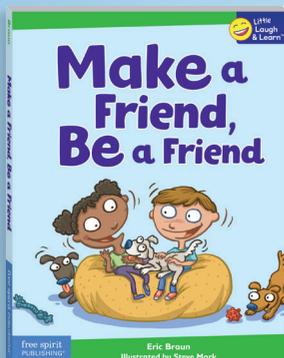
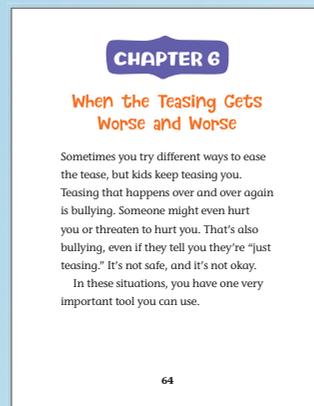
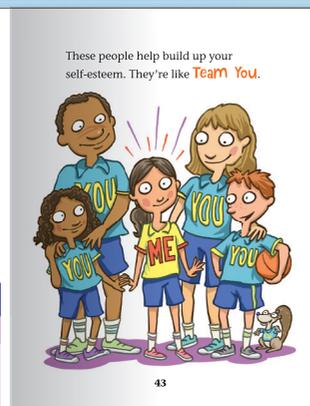
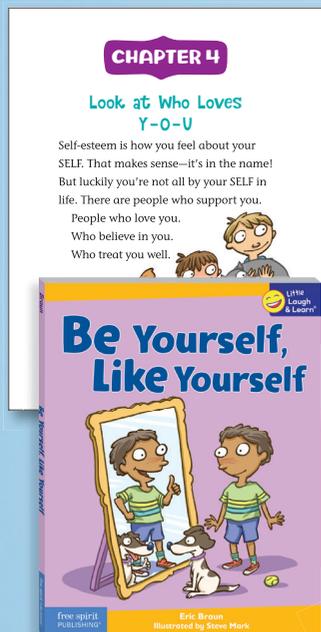
Hi, Worry. Bye, Worry.

9798885545211



Self-help, kid-style!

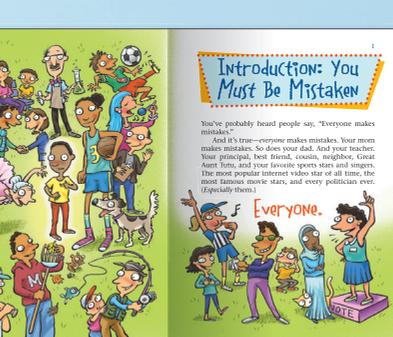
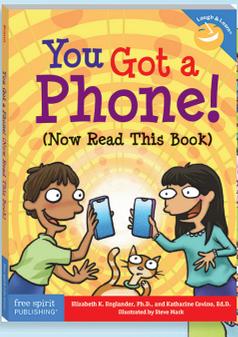
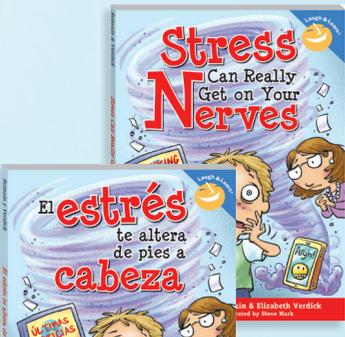
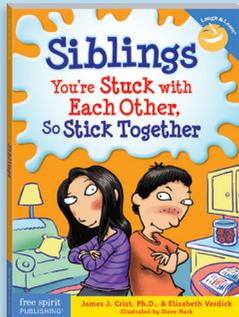
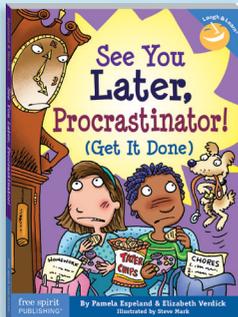
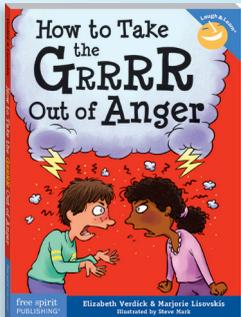
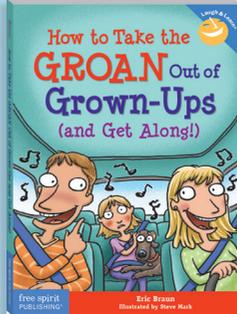
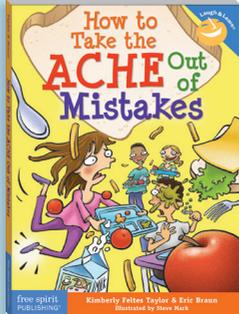
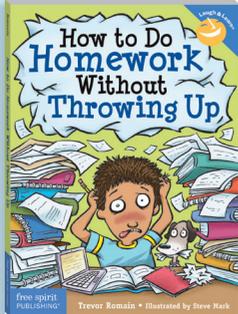
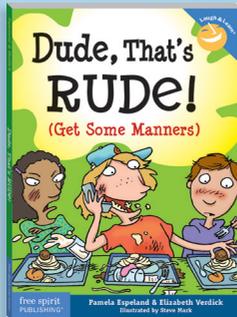
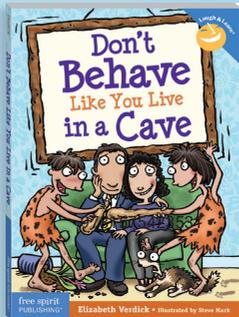
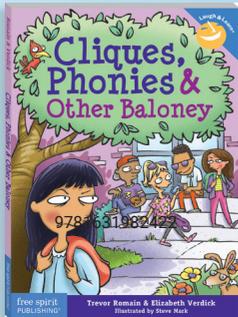
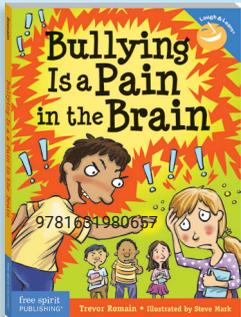
- Presents lots of kid-friendly examples supported by humorous full-color art
- The format is similar to fiction books to appeal to kids beginning to read independently
- Builds on the popularity and success of Free Spirit's long-running Laugh & Learn® series and brings that same combination of humor and practical advice to a younger audience





Self-help, kid-style!

- Realistic topics, practical advice, silly jokes, fun illustrations, and a kid-centric point of view all add up to one of our most popular series
- Books are the go-to for help with everything, from triumphing over teasing, to learning to be a fantastic friend, to becoming a self-confidence superstar, and more!



Ages 4–6+

14 titles

Spanish Available

Pub Date: 2007–2022

Paperback

80–128 pages

Trim Size: 5.125 in. x 7 in.

Bullying in a Pain in the Brain
9781631980657

Cliques, Phonies &
Other Baloney
9781631982422

Don't Behave Like You Live
in a Cave
9781575423531

Dude, That's Rude!
9781575422336

Get Organized Without
Losing It
9781631981739

How to Do Homework Without
Throwing Up
9781631980664

How to Take the ACHE Out
of Mistakes
9781631983085

How to Take the GROAN Out of
Grown-Ups
9781631986178

How to Take the Grrrr Out of
Anger
9781575424941

See You Later, Procrastinator!
9781575422787

Siblings: You're Stuck with Each
Other, So Stick Together
9781575423364

Stand Up to Bullying!
9781575424835

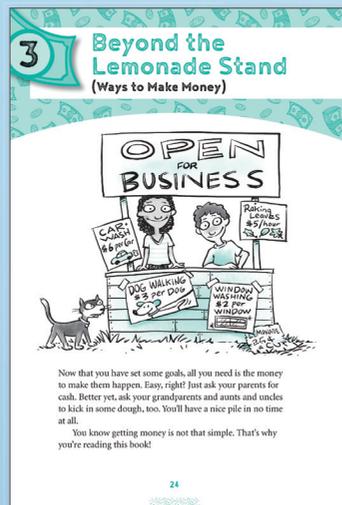
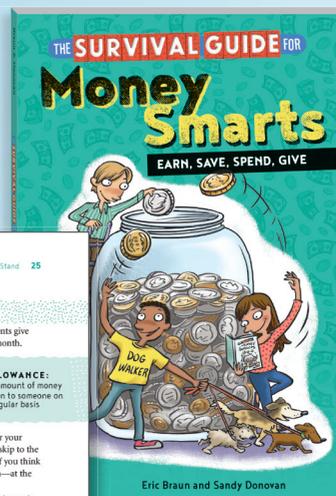
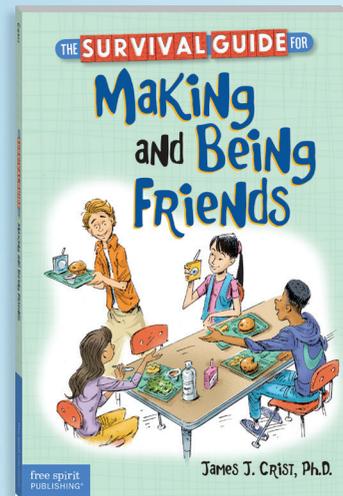
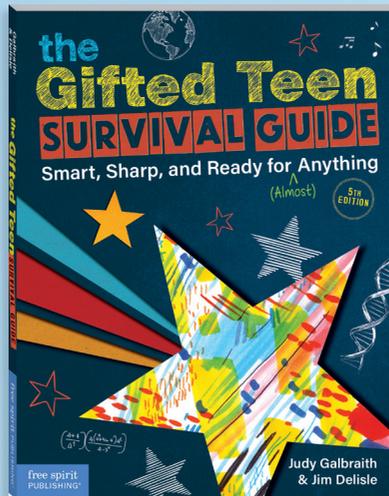
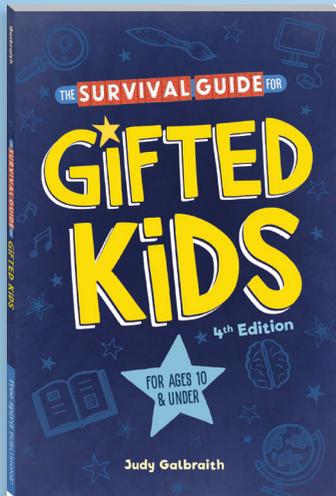
Stress Can Really Get on
Your Nerves
9781631982453

You Got a Phone!
9781631986406

SURVIVAL GUIDES

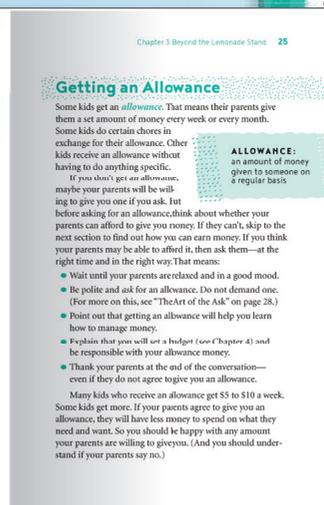
Help kids build positive relationships, learn responsibility, become engaged citizens, and achieve school success.

- Straightforward, friendly, and loaded with practical advice
- Gives kids the tools they need to not only survive, but thrive
- With plenty of realistic examples and bright illustrations, they are accessible, encouraging, kid-friendly, and life-changing.



Now that you have set some goals, all you need is the money to make them happen. Easy, right? Just ask your parents for cash. Better yet, ask your grandparents and aunts and uncles to kick in some dough, too. You'll have a nice pile in no time at all.

You know getting money is not that simple. That's why you're reading this book!



Getting an Allowance

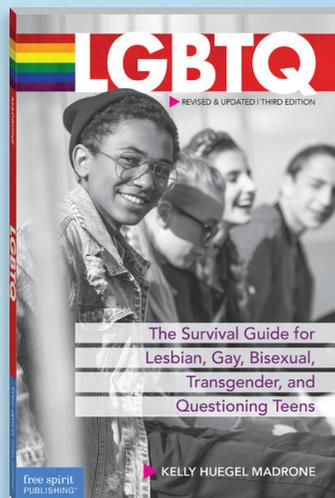
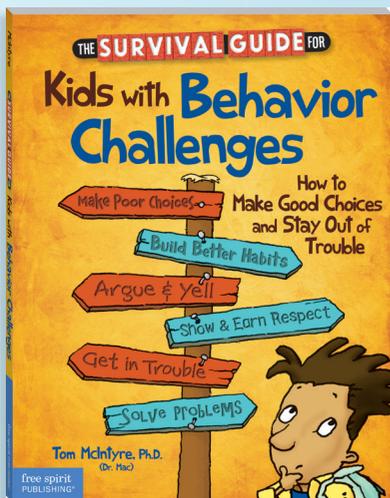
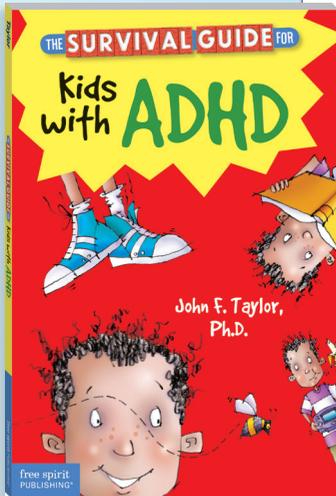
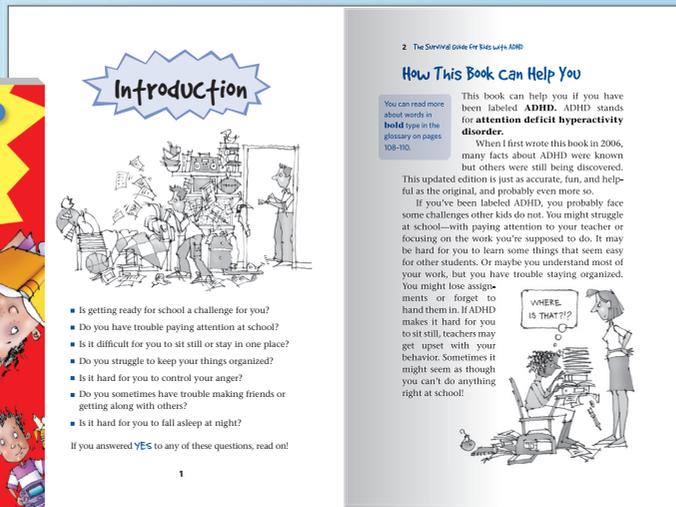
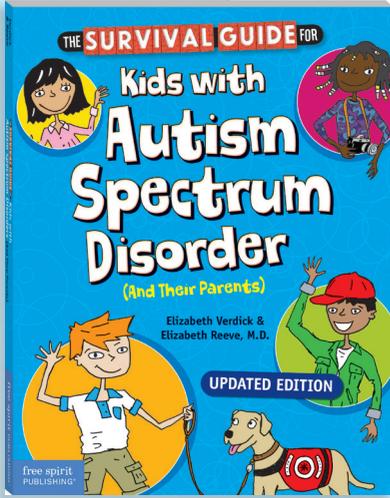
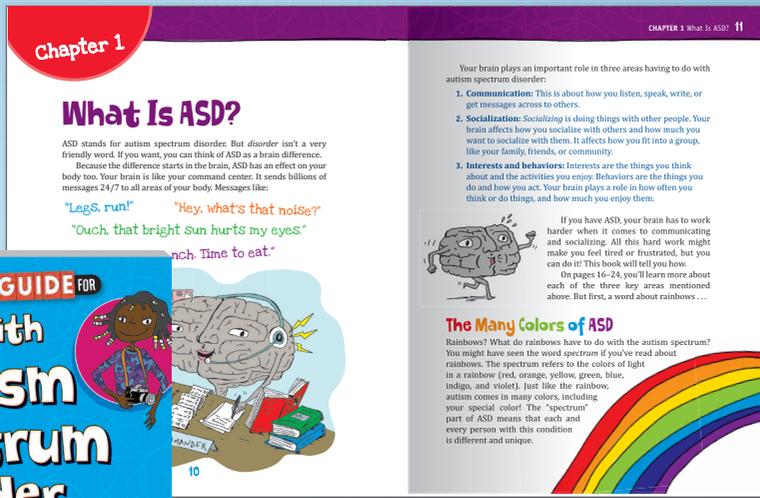
Some kids get an *allowance*. That means their parents give them a set amount of money every week or every month. Some kids do certain chores in exchange for their allowance. Other kids receive an allowance without having to do anything specific.

If you don't get an allowance, maybe your parents will be willing to give you one if you ask. Just before asking for an allowance, think about whether your parents can afford to give you money. If they can't skip to the next section to find out how you can earn money. If you think your parents may be able to afford it, then ask them—at the right time and in the right way. That means:

- Wait until your parents are relaxed and in a good mood.
- Be polite and ask for an allowance. Do not demand one. (For more on this, see "The Art of the Ask" on page 28.)
- Point out that getting an allowance will help you learn how to manage money.
- Explain that you will use a budget (see Chapter 4) and be responsible with your allowance money.
- Thank your parents at the end of the conversation—even if they do not agree to give you an allowance.

Many kids who receive an allowance get \$5 to \$10 a week. Some kids get more. If your parents agree to give you an allowance, they will have less money to spend on what they need and want. So you should be happy with any amount your parents are willing to give you. (And you should understand if your parents say no.)

ALLOWANCE: an amount of money given to someone on a regular basis



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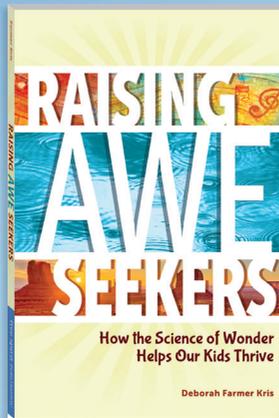
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A truly inspiring book for parents and caregivers, and for the kid inside us all.

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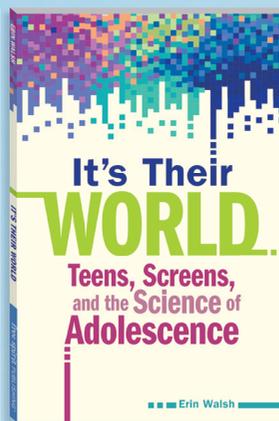
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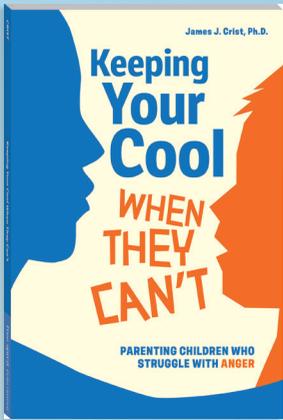
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Support your teen's growth and guide them through the complexities of the digital landscape by building a strong relationship.

- Equips parents with the tools and understanding to guide them confidently as they navigate their changing body, evolving identity, and the ever-present use of technology
- Develop a partnership mindset, creating an environment where your teen feels understood, supported, and ready to contribute meaningfully to the world



Keeping Your Cool When They Can't

Parenting Children Who Struggle with Anger
Grades K–12

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168 pages

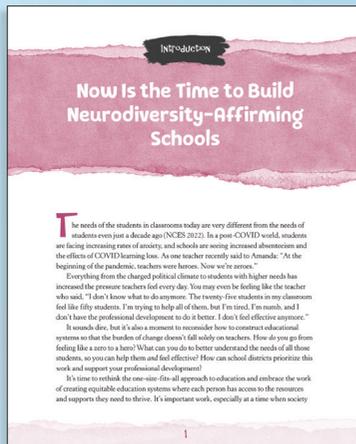
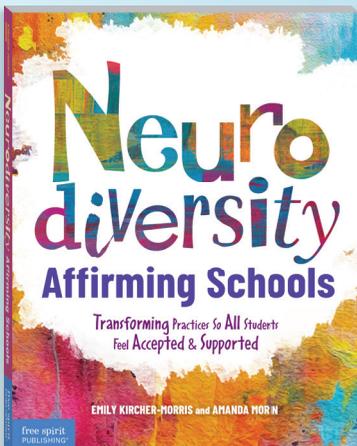
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by James J. Crist

Specialized tools and strategies for parents to help children of all ages cope with feelings of anger.

- Examines the underlying psychological and emotional factors that contribute to anger in children
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- Explores adult emotional regulation and explains its critical role in supporting children's development of self-regulation skills
- Provides guidance on effective intervention strategies and outlines indicators for when professional support may be appropriate.



Neurodiversity-Affirming Schools

Transforming Practices So All Students Feel Accepted & Supported

Grades K–12

Pub Date: January 2025

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244 pages

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by Emily Kircher-Morris and Amanda Morin

Empowers educators to help neurodivergent students thrive!

- Written by leaders in the field of neurodiversity-affirming education and aligns with the fast-growing neurodiversity movement
- Offers background information and concrete practices to create a school or classroom culture where neurodivergent students feel safe, valued, and understood
- Provides real-world examples in the form of vignettes of neurodivergent students and the educators that support them
- Includes a study guide for using the book with professional learning communities

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28 Strategies to Align Your Good Intentions with Your Teaching Practices

Grades Pre-K–12

Pub Date: October 2024

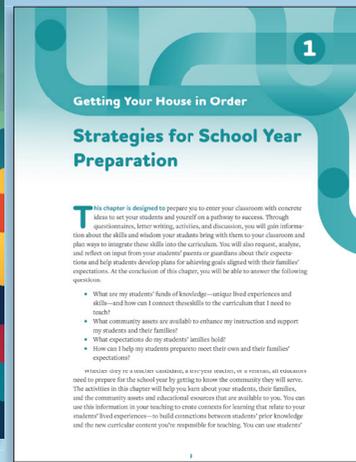
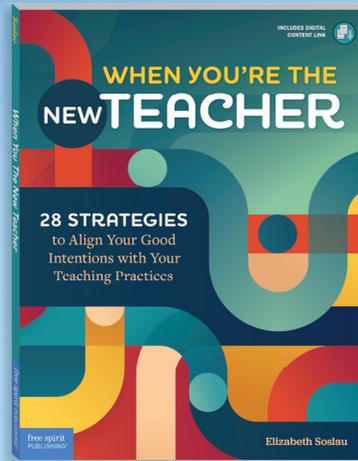
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160 pages

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by Elizabeth Soslau



Self-directed, self-paced professional learning teachers can use to build agency and improve their practice.

- Provides student teachers and new teachers with a clear set of actions to move into their position and teach well right from the start
- Offers practical, step-by-step guidance for building relationships with colleagues and administrators, affirming students' identities, navigating challenges with other professionals, and putting love and care at the heart of teaching
- Helps educators build a foundation and philosophy for teaching and collaborating and includes stories from educators and sample dialogues

Help Anxious Kids in a Stressful World

25 Classroom Strategies
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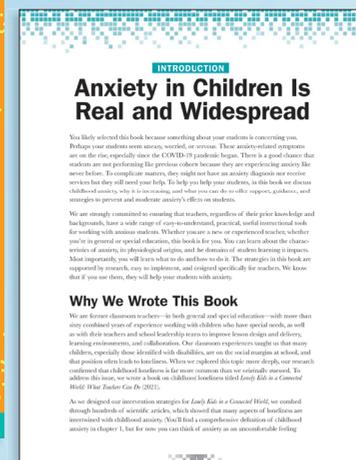
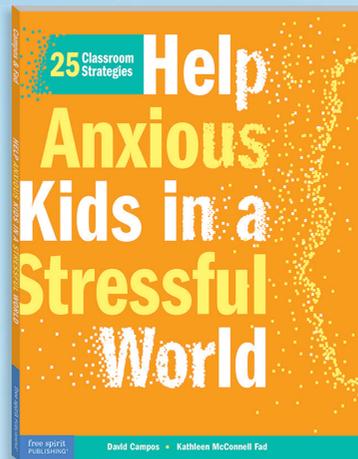
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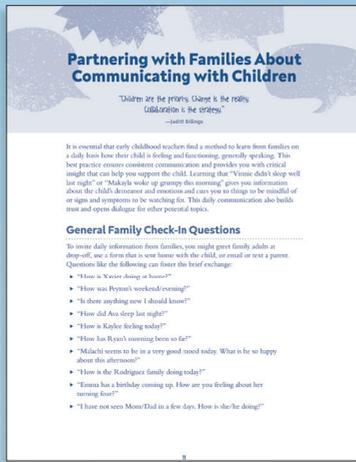
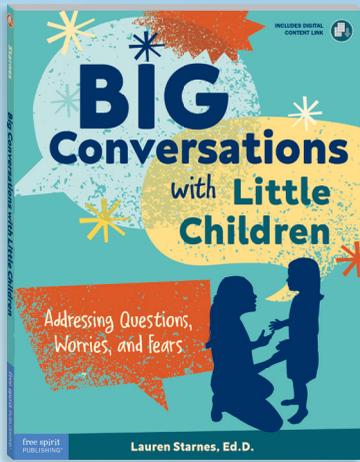
9798885543262

by David Campos and Kathleen McConnell



Equip teachers with the knowledge and tools needed to address child and adolescent anxiety at a critical moment.

- Provides a framework for understanding anxiety, its causes, and the various ways it can present in young people
- Offers standalone action strategies for classroom use, including a matrix to identify which strategies may be most useful for specific situations
- Makes implementation of strategies easy with reproducibles for teacher and student use



Big Conversations with Little Children

Addressing Questions, Worries, and Fears

Grades Pre-K-3

Pub Date: April 2022

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228 pages

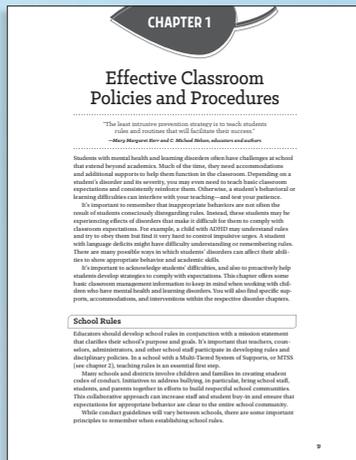
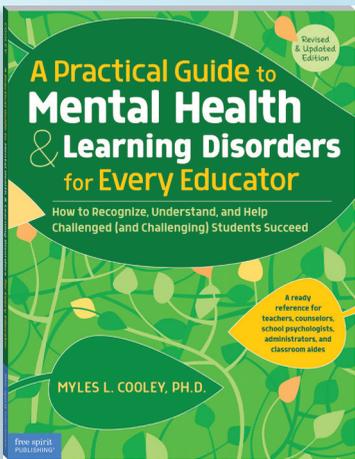
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9781631986321

by Lauren Starnes

Be prepared to respond to a wide range of potentially tough questions and sensitive concerns posed by young children.

- Provides guidance on how to approach specific topics related to family, illness and death, social issues, and upheaval and violence
- Fully based in developmentally appropriate practice, this book helps educators support young children in a way that preserves their dignity and innocence when they encounter world and social events in addition to honoring the family's preferred approach
- Empowers educators and families to answer sensitive or tough questions children pose, respond to their worries and concerns, and be prepared for an ongoing dialogue



A Practical Guide to Mental Health & Learning Disorders for Every Educator

How to Recognize, Understand, and Help Challenged (and Challenging) Students to Succeed

Grades K-12

Pub Date: September 2015

Paperback

256 pages

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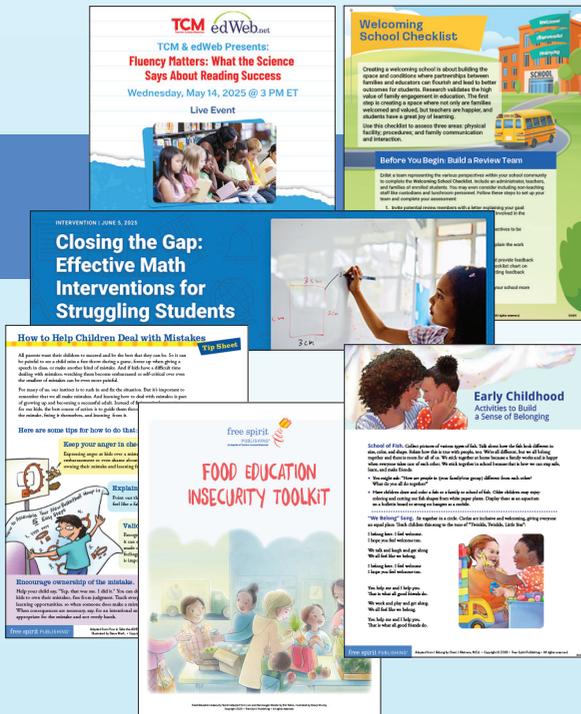
9781631981760

by Myles Cooley

Offers practical strategies for teaching and supporting students with mental health and learning disorders.

- Practical, jargon-free information to help any teacher support students with a range of challenges.
- Expert advice from a clinical psychologist
- Includes a detailed list of recommended resources.

Notes



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