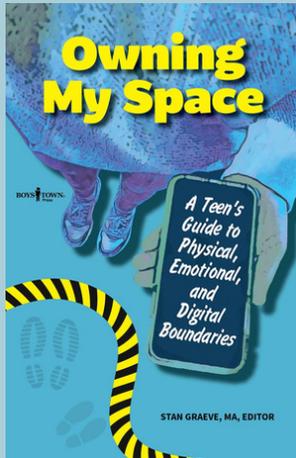


# CHILDREN'S NON-FICTION



**BOLOGNA CHILDREN'S  
BOOK FAIR**



**A valuable resource for teens, parents, and educators looking to support young people.**

Boys Town Press  
March 2026  
Page Count: 131  
Retail Price: \$12.95  
Trim Size: 5 in x 8 in  
ISBN: 979-8889070429  
Categories:  
General Juvenile Nonfiction  
Self-Help

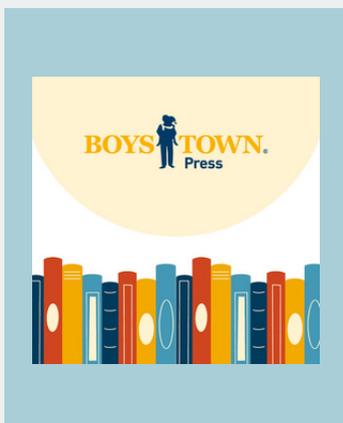
## OWNING MY SPACE

A relatable and empowering guide for teens to confidently set healthy boundaries – online and in real life – so they can protect their time, body, thoughts, and relationships.

Boundaries are not walls – they are tools for self-respect, emotional well-being, and meaningful connections. Whether navigating social media, school life, or family dynamics, teens will develop the insight and communication skills they need to own their space with courage and conviction.

- WORLD RIGHTS AVAILABLE
- AGE RANGE: 13 - 17

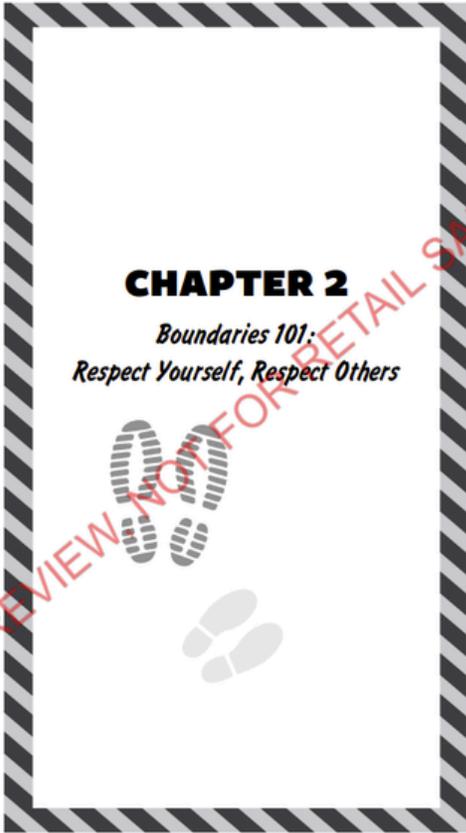
**“Using relatable examples, reflection questions, and practical activities, the book empowers young readers to recognize boundary—crossing behavior and respond with confidence.”—Ashley S, *NetGalley Early Reviewer***



## ABOUT THE AUTHOR

Boys Town Press

Boys Town Press are dedicated on providing educators, parents, and caregivers with the tools they need to nurture and inspire young people. They strive to design publications that address the unique challenges faced by today's youth, offering practical strategies and insights that promote resilience, empathy and personal growth.



## CHAPTER 2

*Boundaries 101:  
Respect Yourself, Respect Others*



### Blaze's Story

Blaze was 17 when he met Madison, a friend of his sister's, at a volleyball game. Blaze was immediately attracted to her and hoped he could connect with Madison again. They exchanged a few messages and started following each other on social. After sending a few DMs and memes, Blaze asked Madison if she'd like to hang out. She said yes, and the two had their first date at a local bowling alley. The pair had a good time, goofing on each other's bowling skills and talking about random stuff.

Blaze was hyped after the date. He thought Madison liked his corny sense of humor, and she seemed to really listen when he talked about his future. He liked hearing Madison's opinions and stories too. It was a new experience for Blaze, and he was stoked about their developing friendship.

Blaze and Madison dated for several months. Some of his buddies, however, hassled him about the relationship. To them it didn't make sense. How could he be dating someone that long and still not be interested in taking things further physically.

Blaze felt he was lucky to have Madison as a friend. As for the guys who were giving him a hard time about not hooking up, he told them to get lost and stay out of his relationship.

### Create Your Boundary Wheel

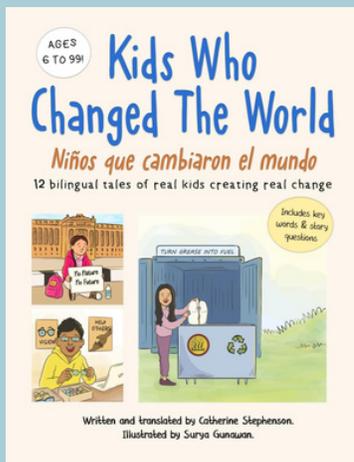
Now let's see what appropriate boundaries can look like in your life using a boundary wheel. Imagine a series of circles forming a wheel around you. These circles can help you picture how close you will let someone get to you physically and how much emotional or digital sharing you will do with this person.



Everyone you meet fits somewhere along your boundary wheel. Family and good friends are within the innermost circles. Casual acquaintances, classmates, online/gaming friends, and co-workers are farther out, while strangers are the farthest away from you.

*Where do the various people in your life fit within your boundary wheel? Write their names in the appropriate circles.*





**Because one child can change the world — and your child can too.**

Wooden House Books  
June 2025  
Page Count: 80  
Retail Price: \$12.99  
Trim Size: 7.4 in x 9.7 in  
ISBN: 978-1917442053  
Categories:  
Biographies  
Language Arts  
Teacher Resources

## KIDS WHO CHANGED THE WORLD (NIÑOS QUE CAMBIARON EL MUNDO)

Inspire curiosity and confidence with 12 true bilingual stories of real kids who changed the world!

What's Inside:

- 12 short true stories of kids from around the world
- English and Spanish on every page for natural bilingual reading
- Perfect for classrooms, libraries, and bilingual families

- 
- WORLD RIGHTS AVAILABLE
  - AGE RANGE: 7 - 12

Whether you're reading at home or in the classroom, this inspiring collection will empower kids to dream big, take action, and see themselves as part of something greater.



### ABOUT THE AUTHOR & ILLUSTRATOR

Catherine Stephenson & Surya Gunawan

**Catherine Stephenson**, a UK-born author living in Barcelona, Spain. With a background in teaching English and translation, she writes thoughtful, engaging books that support children's social and emotional growth. Her work focuses on helping kids build confidence, understand feelings, and connect with others.

**Surya Gunawan**, born in Indonesia, has specialized in children book illustrations since 2019. He looks to create illustration and enrich children's book narrative.





7

HISTORIA EN ESPAÑOL

**A** Marley le encantaban los libros, ¡podía pasarse horas leyéndol!

Pero había algo que le parecía extraña. En la mayoría de ellos, los personajes principales no se parecían a ella. Casi siempre eran niños blancos o hablaban de cosas muy lejanas a su vida.

Un día, Marley preguntó algo muy importante:  
¿Por qué no hay más historias con chicas negras como yo?

Tenía solo 11 años, pero decidió actuar. Marley creó un proyecto llamado #1000BlackGirlBooks.



STORY IN ENGLISH

**M**arley loved books. She could spend hours reading!

But she noticed something strange. In most of the books, the main characters didn't look like her. They were almost always white children or the stories talked about things far away from her life.

One day, Marley asked a big question:  
"Why aren't there more stories with Black girls like me?"

She was only 11 years old, but she decided to do something about it. Marley started a project called #1000BlackGirlBooks.



8



13

HISTORIA EN ESPAÑOL

**A** Ridhima le encantaban los árboles, los ríos y los animales. Vivía en la India.

Se preocupaba por el planeta. Cada vez veía más humo en el cielo, basura en el agua y animales perdiendo sus hogares. La hacía sentir triste... y también un poco enojada.

—Esto no está bien! — pensó—. ¡Tenemos que cuidar la Tierra!

Ridhima solo tenía nueve años, pero decidió hacer algo valiente. Presentó una queja contra su propio gobierno, pidiéndoles que actuaran contra el cambio climático.

STORY IN ENGLISH

**R**idhima loved trees, rivers, and animals. She lived in India.

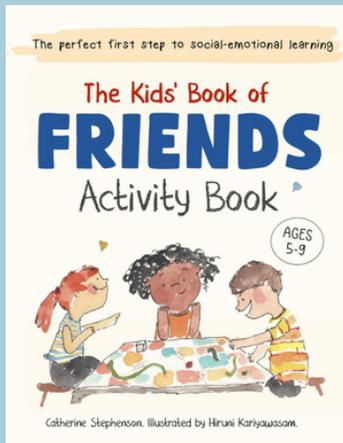
She was worried about the planet. She saw more and more smoke in the sky, trash in the water, and animals losing their homes. It made her feel sad... and also a little angry.

"This isn't right!" she thought. "We need to protect the Earth!"

Ridhima was only nine years old, but she chose to do something brave. She filed a complaint against her own government, asking them to take action on climate change.



14



**Makes a thoughtful gift and a lasting resource for children, parents, and educators alike.**

Wooden House Books  
August 2025  
Page Count: 40  
Retail Price: \$12.99  
Trim Size: 8.5 in x 11 in  
ISBN: 978-1917442060  
Categories:  
Character Development  
Illustrated Picture Books  
Teacher Resources

## THE KIDS' BOOK OF FRIENDS ACTIVITY BOOK

A gentle companion to help children explore friendship, kindness, and connection—through every season.

Practice Key Friendship Skills. Explore kindness, empathy, turn-taking, problem-solving, and inclusion through drawing, writing, and imaginative play.

Handle Everyday Challenges. Help kids navigate disagreements, misunderstandings, or feeling left out—with compassion and confidence.

- WORLD RIGHTS AVAILABLE
- AGE RANGE: 5 - 9

Makes learning about kindness and friendship so fun for kids. The activities are simple, creative, and help children think about how to be a good friend. Perfect for home or classroom use.



### ABOUT THE AUTHOR & ILLUSTRATOR

Catherine Stephenson & Hiruni Kariyawasam

**Catherine Stephenson**, a UK-born author living in Barcelona, Spain. With a background in teaching English and translation, she writes thoughtful, engaging books that support children's social and emotional growth.

**Hiruni Kariyawasam**, from Sri Lanka and lives in her hometown, Ambalangoda. She holds a Bachelor's Degree in Fashion Design from the University of Moratuwa, and today is a full-time illustrator. She enjoys mixing digital and watercolor techniques

## I'm Me!

There are lots of ways to be a person and a friend.

Some people are quiet. Some are loud. Some like to draw, play, build, or imagine.

There's no one right way to be - and being YOU is the best thing of all!



### ★ All About Me!

Let's celebrate the things that make you special.

Draw a picture of yourself or write your name in the center circle.

In the other circles, draw or write something about yourself.

You can use the sentence starters to help!



-4-

## I'm Me - and That's Amazing!

I'm good at...

I like to...



I care about...

I feel happy when...

I try hard when...

I'm proud of...

-5-

## Ways I Can Be Friendly.

Being friendly is how we start making friends. Smiling, waving, or sitting nearby can show you want to join in!



- Smiling.

### ★ I Can Be Friendly By...

Mark the ones you like. Then draw yourself doing one!



- Asking someone to join in.



- Saying hello or waving.



- Asking someone a question.



- Sharing something (toy, snack, or art supplies).



-8-

## Kind Words I Know.

### ★ Kind Words I Can Use.

1. Trace or color the kind words you like.

2. Look at the pictures. What kind words could these people be saying? Write or draw them in the bubbles.

You can go first!

I like how you did that!

I'm glad you're here!

Do you want to play?

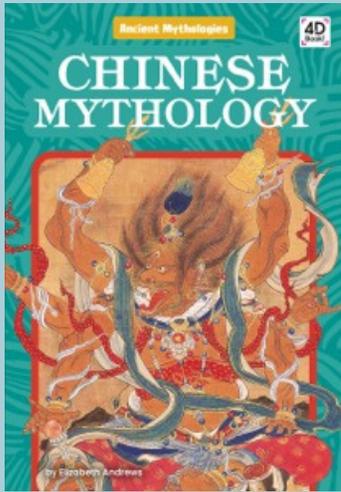
I'm sorry.

Would you like a turn?

Are you OK?



-12-



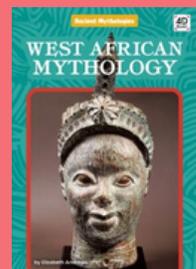
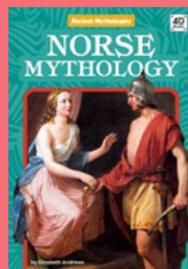
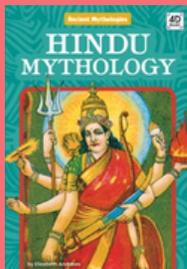
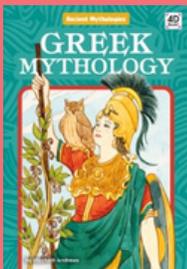
**Understand the profound intricacies and complexities of Chinese mythology.**

DiscoverRoo  
December 2024  
Age Range: 8 - 11  
Page Count: 32  
Retail Price: \$34.22  
Trim Size: 6.25 in x 9 in  
ISBN: 978-1098247027  
Categories:  
General Juvenile Nonfiction

## CHINESE MYTHOLOGY

Ancient Chinese mythology is a complicated system of beliefs and stories. This title uses easy to understand text, historic and colorful images, infographics, and QR codes loaded with extra materials to introduce readers to characters, creatures, and tales from Chinese myths. Aligned to Common Core standards and correlated to state standards. DiscoverRoo is an imprint of Pop!, a division of ABDO.

- WORLD RIGHTS AVAILABLE
- PART OF THE *ANCIENT MYTHOLOGIES* SERIES



## ABOUT THE AUTHOR

DiscoverRoo

Since 1985, ABDO has been a leader in children's PreK–12 educational publishing for school and public libraries. We have earned a reputation for providing the best in reading and research for children and young adults while delivering unsurpassed customer service.

DiscoverRoo introduces nonfiction pops into 4D reality with fun, colorful titles. Each book is embedded with unique QR codes\* for further online learning.

# EMPERORS

Huangdi is the **ancestor** of all Chinese people. He is also known as the Yellow Emperor and the Thunder God. He is the first of the five **divine** emperors that ruled China long ago. When these emperors died, they became gods.



LEARN MORE HERE!

## Chinese Cultural Heroes

These **cultural** heroes are gods and rulers who shaped Chinese **civilization** with their inventions and actions. They may or may not have been real rulers.

### Three Sovereigns

The three sovereigns invented Chinese society and values. Sovereign is a title given to the highest leaders.



Twins, Fu Xi and Nu Wa



Shennong

### Five Emperors

The Five Emperors shaped Chinese culture and served as model rulers.



Huangdi



Zhuanxu



Ku



Yao



Shun



Huangdi was said to have been born in 2704 BCE.

Huangdi was born from the stars nearly five thousand years ago. He could speak right away. During his 300 years of life, he became very wise. As a ruler he was honest. His people loved and trusted him.

Another divine emperor is Yudi. He is called the Jade Emperor. Yudi rules over all the gods who live in the heavens.

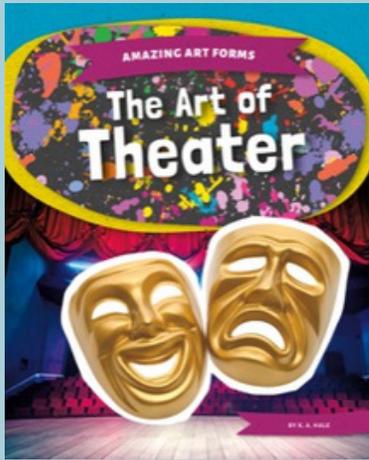
He helps them when they disagree. Yudi has guardians that live in Chinese people's homes. They report to Yudi about the people they watch over.



People pray to Yudi for health, safety, and love.

**DID YOU KNOW?**

If people live perfect lives, they may become gods or goddesses.



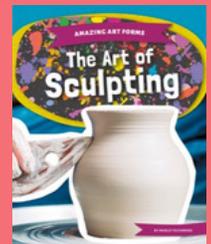
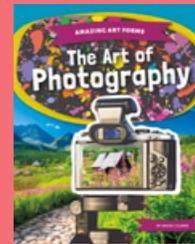
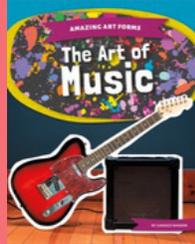
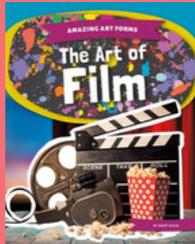
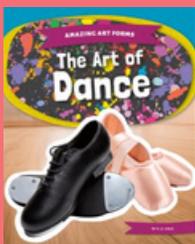
Learn more on the direction and form of theater.

Kids Core  
December 2024  
Age Range: 8 - 11  
Page Count: 32  
Retail Price: \$35.64  
Trim Size: 8.25 in x 10.25 in  
ISBN: 978-1098295820  
Categories:  
Arts, Crafts & Makerspace

## THE ART OF THEATER

Theater is an artform where people perform plays or musicals in front of an audience. The Art of Theater explores the many styles, people, and events that make up the world of theater. Easy to read text, vivid images, and helpful back matter give readers a clear look at this subject. Features include a table of contents, infographics, a glossary, additional resources, and an index. Aligned to Common Core Standards and correlated to state standards. Kids Core is an imprint of Abdo Publishing, a division of ABDO.

- WORLD RIGHTS AVAILABLE
- PART OF THE *AMAZING ART FORMS* SERIES

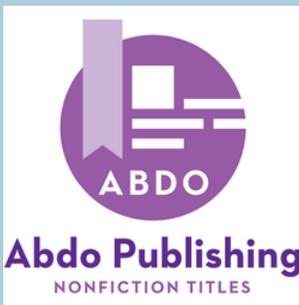


## ABOUT THE AUTHOR

Kids Core ABDO

Since 1985, ABDO has been a leader in children's PreK–12 educational publishing for school and public libraries. We have earned a reputation for providing the best in reading and research for children and young adults while delivering unsurpassed customer service.

Kids Core is elementary-friendly and high-interest nonfiction that supports Common Core State Standards



CHAPTER 1

## Opening Night

"I am the very model of a modern major general," Aiden says with his castmates. The kids all say the tongue twister faster and faster, adding silly hand motions. They are using it as a warm-up before performing in their school musical.

5



Theater productions became a popular form of entertainment in the United States during the 1800s and 1900s.

At the end of the show, the crowd cheers. The cast takes a bow. Aiden smiles. He cannot wait to do it all again tomorrow!

### All the World's a Stage

Theater is the art of performing for an audience. It is a kind of storytelling. There are many types of theater. Operas tell stories through music. Ballets tell stories through dance. In plays and

8

CHAPTER 2

## Creating Theater

There are many people and parts involved in making a theater performance. Some performances are **improvised**. But many are scripted. A playwright writes a play's script. The script includes dialogue, or the words spoken onstage.

11

### Types of Stages



**Proscenium**  
The proscenium arch creates a frame over the stage.



**Black box**  
The placement of the stage and audience change from show to show.



**Thrust**  
The stage thrusts into the audience, with the audience seated on three sides.



**In-the-round**  
The stage is fully surrounded by the audience on all sides.

Theaters can have different types of stages. Different stages work well for certain types of shows.

12



Learn more about the superstar and singer, Taylor Swift.

Core Library  
December 2024  
Age Range: 10 - 14  
Page Count: 48  
Retail Price: \$37.07  
Trim Size: 7.25 in x 9.25 in  
ISBN: 978-1098295738  
Categories:  
Arts, Crafts & Makerspace

## TAYLOR SWIFT: MUSIC INDUSTRY LEADER

Taylor Swift was an instant sensation when she released her first album in 2006. She continued to release 11 studio albums, earning a record number of Grammy Awards along the way. Swift also stood up to the music industry, showing her skills as a businesswoman as well as an entertainer. Easy-to-read text, vivid images, and helpful back matter give readers a clear look at this subject. Features include a table of contents, infographics, a glossary, additional resources, and an index.

- WORLD RIGHTS AVAILABLE
- PART OF THE *NEWSMAKERS SET 4* SERIES



## ABOUT THE AUTHOR

Core Library

Since 1985, ABDO has been a leader in children's PreK-12 educational publishing for school and public libraries. We have earned a reputation for providing the best in reading and research for children and young adults while delivering unsurpassed customer service. Every title in the Core Library imprint is accompanied by vetted activities, multimedia, and book-links, for deeper subject comprehension.

**CHAPTER ONE**

## BREAKING RECORDS

All eyes were on Taylor Swift as she strolled down the red carpet during the Grammy Awards on February 4, 2024. Her shimmering gown and long gloves dazzled celebrities and reporters. A clock on her choker necklace was set to 12:00. This was a nod to her *Midnights* album, which had been nominated for two awards.

All evening, Swift cheered on her fellow artists. But in many ways, the night belonged to her. *Midnights* won the Grammy for Best

**Taylor Swift's Best Pop Vocal Album Grammy for *Midnights* was her thirteenth Grammy win.**

5

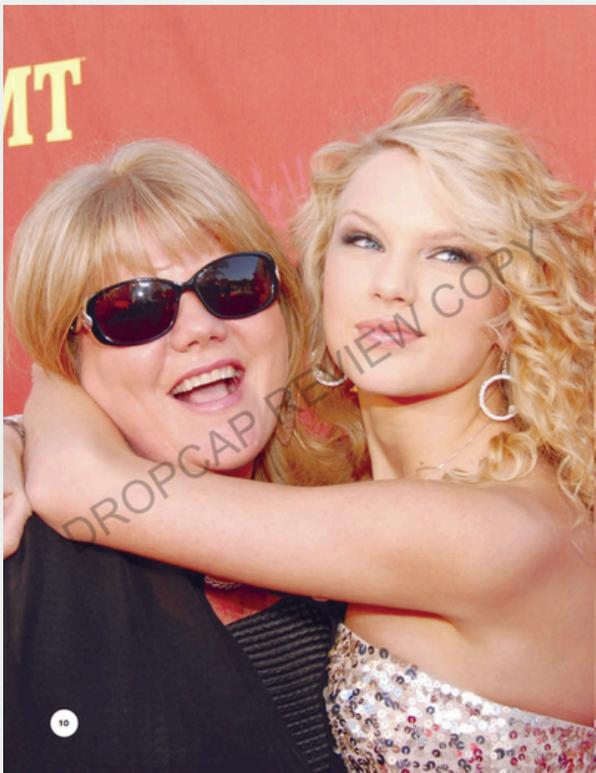
Before getting a record deal, Taylor sang the National Anthem at as many events as possible to get in front of a crowd. She continued singing for Pennsylvania sports teams in her early career.



When Taylor was 11, she visited Nashville. She had recorded demo tapes, which are recordings designed to show a musician's work. Her mom waited in the car while Taylor left the tapes at major record labels. This trip didn't result in a record deal, but the rejection motivated her to keep trying.

At 12, Taylor learned to play the guitar. She would play until her fingers bled. Her mom taped them up for her. Taylor's star was rising. She sang the national anthem at a Philadelphia 76ers National Basketball Association (NBA) game in 2002. More than 20,000 basketball fans were looking on. But even bigger things were on the horizon.

8



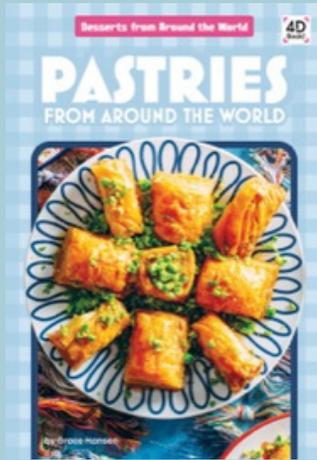
**CHAPTER TWO**

## COUNTRY MUSIC CHARMER

Taylor worked hard to achieve her goals. She wrote her own songs, returned to Nashville, and kept trying to break into the industry. When she was 13, RCA Records offered her a development deal. This is when a record company agrees to watch musical artists but doesn't promise them an album. Instead, the artists turn in songs for consideration. After a year, the record company decides if it wants to keep watching the artists, drop them, or make an album.

**Taylor and her mom attended the 2007 CMT Music Awards in Nashville. Nashville is known as Music City.**

11



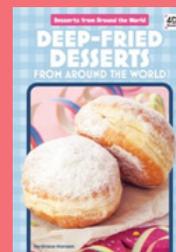
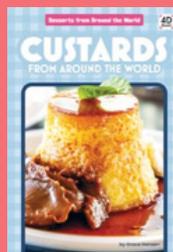
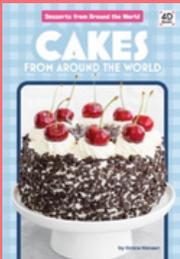
**Gain international cultural understanding on pastries around the world.**

DiscoverRoo  
December 2024  
Age Range: 8 - 11  
Page Count: 32  
Retail Price: \$34.22  
Trim Size: 6.25 in x 9 in  
ISBN: 978-81098247140  
Categories:  
General Juvenile Nonfiction

## PASTRIES FROM AROUND THE WORLD

Explores different pastries from around the world and the people, countries, and cultures that make the tasty treats unique and important. This title is complete with QR codes that lead to a safe ABDOhosted site for more learning and exploring, world map, questions to strengthen critical thinking skills, glossary, and index. Aligned to Common Core standards & correlated to state standards. DiscoverRoo is an imprint of Pop!, a division of ABDO.

- WORLD RIGHTS AVAILABLE
- PART OF THE *DESSERTS FROM AROUND THE WORLD* SERIES



## ABOUT THE AUTHOR

DiscoverRoo

Since 1985, ABDO has been a leader in children's PreK–12 educational publishing for school and public libraries. We have earned a reputation for providing the best in reading and research for children and young adults while delivering unsurpassed customer service. DiscoverRoo introduces nonfiction pops into 4D reality with fun, colorful titles. Each book is embedded with unique QR codes\* for further online learning.

CHAPTER 2

# PASTRIES FROM EUROPE

Cannoli is a tube-shaped shell of crunchy pastry dough. It is traditionally stuffed with sweet and creamy ricotta cheese, chocolate, and candied fruit. The Italian treat comes from Sicily with different regions showcasing unique ingredients. According to historians, the Cannoli



LEARN MORE HERE!



10



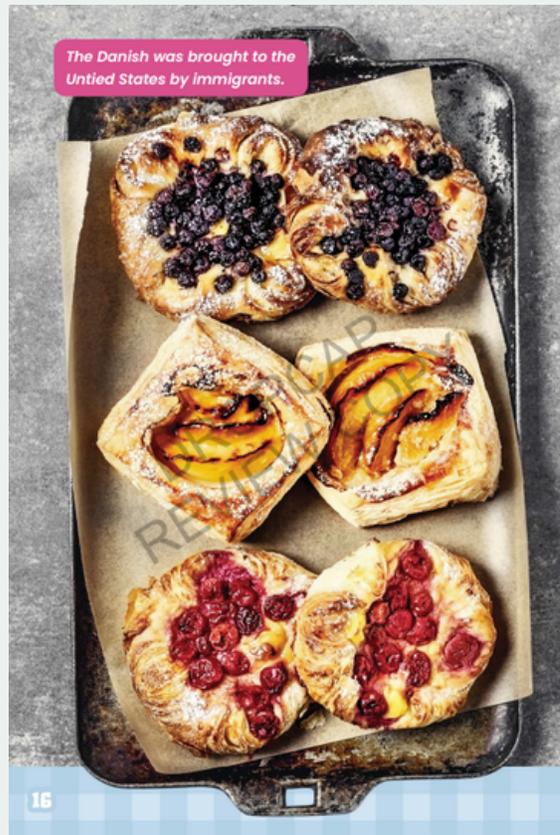
Mille-Feuille translates to "thousand-sheets" in French.

12



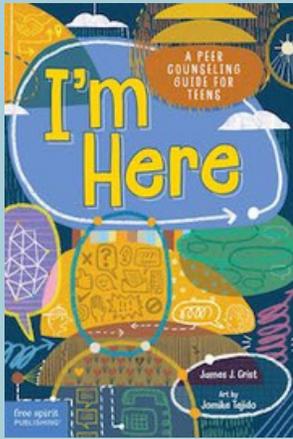
Mochi has long been enjoyed in Japan to celebrate the New Year. It was said to harden the teeth and therefore extend life.

9



The Danish was brought to the United States by immigrants.

16



**Advice for teens wanting to help friends and peers with their mental health.**

Free Spirit Publishing

August 2024

Age Range: 11 - 15

Page Count: 160

Retail Price: \$17.99

Trim Size: 6 in x 9 in

ISBN: 979-8885543767

Categories:

General Juvenile Nonfiction/  
Nonfiction

## I'M HERE

Mental health problems in young people are on the rise, and teens want resources to help friends in crisis. *I'm Here: A Peer Counseling Guide for Teens* provides advice around problem-solving, goal setting, conflict resolution, and what to do when someone's problems put the person or others in harm's way, this book shares important helping skills teens can use to listen to and support one another.

- WORLD RIGHTS AVAILABLE
- AWARD-WINNING ILLUSTRATOR

"Dr. Crist has written the most thorough and insightful book on peer counseling. Even before adults, it is often other children and teens who will first discover the struggles of their peers. This book is a definitive guide to understanding the multiple challenges of peer counseling and how best to address it." - Anthony R. DiFrancesco, Ph.D., clinical psychologist

## ABOUT THE AUTHOR & ILLUSTRATOR

James J. Crist & Jomike Tejado

**James J. Crist** is the Clinical Director of the Child and Family Counseling Center (CFCC) in Woodbridge, Virginia. James is a Certified Substance Abuse Counselor, and also works with addictive disorders in teenagers and adults.

**Jomike Tejado**, an architect, award-winning illustrator and author who has made over 100 children's books in his hometown in Manila. Jomike does whimsical fine art on canvas he describes as a dopamine-rich mid-century modern forms. He has had 20 solo exhibitions.



CHAPTER 1

## Teens Helping Teens

**Maria:** "You look a bit down today. What's up?"

**Jordan:** "I haven't been getting along with my parents lately."

**Maria:** "Sorry to hear that. How so?"

**Jordan:** "Well, they're always on me about my grades. It's really stressing me out!"

**Maria:** "I can relate to that. What have you tried so far to deal with it?"

5

This conversation is one that might take place on the bus, in a school hallway, between members of a team or club, at an after-school program, at home, in a peer counseling office—or anywhere young people meet and spend time together. And it's a good example of how people your age can support one another.

In this chapter, you'll learn about mental health problems and stressors young people face, how you can help friends and peers formally and informally, the various helping roles you can take, the advantages of helping, where you can offer help, and how you can be a part of anti-bullying efforts at your school.

## The Increase in Mental Health Problems

Mental health and addiction problems have increased significantly in recent years, including among young people. The problem is so serious that in 2021 a national emergency in child and adolescent mental health was declared in the United States by the American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry, and the Children's Hospital Association.

The most recent data from the US Centers for Disease Control and Prevention (CDC) estimates that ADHD, anxiety, behavior problems, and depression are the most common mental disorders in children and

### RATES OF COMMON MENTAL HEALTH DISORDERS IN KIDS AND TEENS

- 9.8% (about 6 million) have ADHD
- 9.4% (about 5.8 million) have an anxiety disorder
- 8.9% (about 5.5 million) have behavior problems
- 4.4% (about 2.7 million) have depression

(CDC 2023)

6 I'M HERE

CHAPTER 2

## Peer Counseling

**Fatima:** "Hey, Jake! Thanks for stopping by our peer counseling open office hours. How's it going? I noticed you seem kind of quiet. Is everything okay?"

**Jake:** "Hi, Fatima. Yeah, well, kind of. Things haven't been going so well at home lately."

**Fatima:** "I'm sorry to hear that. Do you want to talk about it? Maybe there's some way I can help, or at least I can listen."

**Jake:** "I appreciate that. It's not easy to talk about. Are you sure you want to listen?"

**Fatima:** "Yeah, I do. So, tell me what's going on."

19

### GOALS OF A PEER COUNSELOR

Peer counselors strive to:

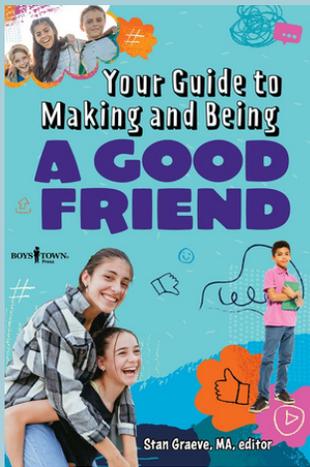
- communicate in ways that are open, honest, and respectful
- guide people they help to make their own decisions
- avoid pushing people to make changes if they're not ready to do so
- stay accepting and nonjudgmental
- be caring, empathetic, and thoughtful in how they approach people
- recognize when they need to get help from adults and seek that help right away

as vaping or smoking, sneaking out of the house, or skipping school, may be risky but not need immediate attention. But if it is a safety issue, such as abuse or suicidal or homicidal thoughts, you need to talk with a trusted adult right away, before the person leaves the counseling office, given the higher likelihood of harm. Even if they don't want you to share with an adult, safety comes first. You can always offer to share this information together to support them and make it a little easier. See chapter 8 for more information on when and how to reach out to adults. If you are part of a peer counseling program, be sure to ask your adult supervisors on how to handle these kinds of situations before you start working with peers.

## Organizing Support Groups and Clubs

Some students have set up mental health clubs or support groups for kids at their school. These groups are kind of like group peer counseling—everyone has a chance to talk about what's on their mind.

24 I'M HERE



**Must-read for anyone who wants to broaden their social circles and improve their people skills.**

Boys Town Press  
July 2025  
Age Range: 10 - 16  
Page Count: 93  
Retail Price: \$37.07  
Trim Size: 5 in x 9 in  
ISBN: 979-8889070276  
Categories:  
Self-Help

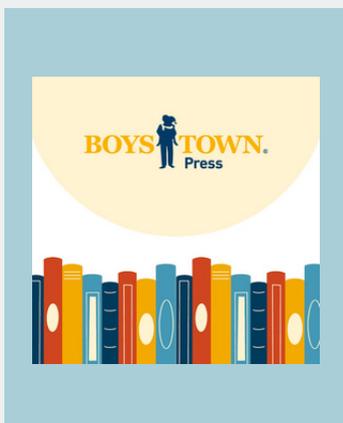
## YOUR GUIDE TO MAKING AND BEING A GOOD FRIEND

An accessible and transformative pocket guide for preteens and teens who are looking to make more real-life connections and maximize their friend potential!

Written in a tone that is encouraging, not preachy, light, yet empowering, the book challenges young people to self-limit their use of digital devices and social media so they can be more present, approachable, and connected to those around them.

- WORLD RIGHTS AVAILABLE
- PART OF THE *NEWSMAKERS SET 4* SERIES

“This handy little informative pocket guide is perfect for middle school aged and teens who have a hard time making friends. It is written in such a way that is relatable yet conversational. Great illustrations a well. Highly recommend.”—Tabatha P, *Early Reviewer*



## ABOUT THE AUTHOR

Boys Town Press

Boys Town Press are dedicated on providing educators, parents, and caregivers with the tools they need to nurture and inspire young people. They strive to design publications that address the unique challenges faced by today's youth and offer practical strategies and insights that promote resilience, empathy and personal growth.



IF YOU WANT TO KNOW MORE ABOUT  
THESE TITLES, PLEASE GET IN TOUCH!

[allison@dropcap.com](mailto:allison@dropcap.com)

[monica@dropcap.com](mailto:monica@dropcap.com)

**DROPCAP®**