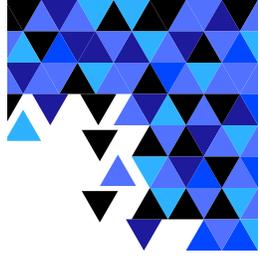


As Told by Kole



#PodcastNotes for Episode 49

Learn Your
Lessons

If there is one thing you should know about me by now, it's that I believe in SELF-reflection. I believe that we often get so caught up in the lives and affairs of others that we forget to look at ourselves. One thing I know for sure is that life is ALWAYS teaching us. Every situation you will ever face came to teach you. Every single one.

So often, we will learn a piece of a lesson, and before we can even walk that part out, we are all ready somewhere trying to teach the lesson to someone else. I know you see it all the time on social media. If you haven't had time to apply a lesson, have you really learned it?

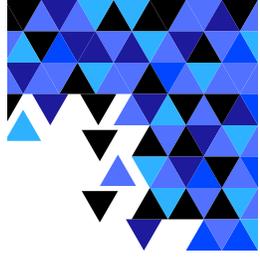
Everyone on this planet is here to learn a lesson. Everyone. Our relationships are here to teach us how to love, live and better ourselves. Our trials are here to teach us how to endure and how to protect ourselves. Our weaknesses are here to teach us how to pull on the strength of God. Our ups are here to teach us to celebrate. Our downs are here to teach us to pray. Our frustrations are here to teach us to be patient, wise and ready to make a move if necessary. Our bills are here to teach us to be responsible. Our ailments are here to teach us to appreciate the vessels that house our spirits. Every single thing about this experience is a teacher.

What we have to realize is that our focus isn't on what we are teaching. Our focus should always be on what we are here to learn. Richard Bach put it like this: "We teach best what we most need to learn." This is so true. Have you ever noticed how easy it is to step on a soapbox and give advice but how hard it is to turn around and take that advice you gave from the soapbox? You were a beast at teaching it, but what shows if you have really learned the lesson is whether or not you can apply it.

It's a bad thing to be a person who can teach others to swim but turns around and drowns. It's a bad thing to teach others how to fish and then die of starvation. In life, there is nothing the enemy of our souls would rather do than to make us look like fools and liars. How? By boosting us up and making us think we have mastered something that we haven't mastered.

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#PodcastNotes



What am I saying? Don't be so eager to teach that you forget that you are here to learn. Should you teach? Absolutely. I teach every day on this podcast. But you know why I'm able to do that? Because I took the time to learn the lessons this life is teaching me. I'm still learning. Learning never stops. Don't miss your lessons because you're so busy trying to teach someone else theirs. Embrace the learning process, embrace the lessons, and embrace your life. Learn all you can while you can.

Have an amazing day today. Show love to yourself AND others. Be GREAT! I speak life to you and everyone and everything connected to you! Catch me tomorrow!

XOXO,

Na'Kole ♥

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Kole