



## Latin American Music: Incorporate Spanish into Your Music Therapy Practice with Nathalia Palis, LMFT, MT-BC

**DESCRIPTION:** In this course participants will learn a number of key tools and strategies that will help enable them to work more comfortably with their Spanish-speaking clientele. This includes having a basic understanding of music from Latin America as well as key differences among styles and common misconceptions. In addition, participants will learn basic key phrases in Spanish to use in their sessions and easy ways of incorporating popular songs into their practice.

**Prerequisites:** Facebook profile is recommended, not required. The course forum is held in a Facebook group. In lieu of a Facebook profile, you are encouraged to interact with the instructor via email.

### BOARD CERTIFICATION DOMAINS:

**II. D. 9.:** Participants will develop a plan to consider a client's age, culture, language, music background and preferences when designing music therapy experiences utilizing Spanish music.

**III. A. 5. i.:** Participants will practice repertoire that utilizes varied musical styles from a variety of Latin American cultures and eras.

### INSTRUCTOR QUALIFICATIONS:

#### Nathalia Palis, LMFT, MT-BC

Nathalia Palis is a Licensed Marriage and Family Therapist and Board-Certified Music Therapist. Originally from Colombia, Nathalia moved to the US to study music therapy at the Berklee College of Music in Boston. She has worked extensively in a variety of educational and clinical settings including hospitals, schools, nursing homes and treatment centers. She also holds a M.A from Antioch University in Clinical Psychology and has worked for several years as both an intake specialist and counselor, treating families using TF-CBT, PCIT and other EBP's in community mental health clinics.



Nathalia's experience as a music therapist and early childhood music educator inspired her to use music as a tool for teaching her own children Spanish. She has recorded and released four bilingual children's albums and has been a featured guest on Univision's "Despierta America" and CBS's "The Talk". In addition, Nathalia has participated as a guest artist on 2 Grammy-winning albums.

## **LIVE COURSE FORMAT:**

### **Live CMTE Session (100 mins)**

#### **1. Part 1: Introduction (10min)**

- a. Introduction and Qualifications
- b. Course Outline and Expectations

#### **2. Part 2: Demographics (15min)**

- a. Definitions
- b. Data and Demographics

#### **3. Part 3: Working With What You Know (25min)**

- a. Chat Bar: What Are Some Songs You Already Know Or Are Familiar With?
- b. Translations

#### **4. Part 4: Building a Repertoire (25min)**

- a. Babies and Toddlers
- b. Older Adults
- c. Teens

#### **5. Part 5: Learning Key Phrases (15 min)**

- a. "Go To" Phrases Before And After Activities
- b. Prompts And Cues Within A Song



**6. Part 6: An Overview of the Most Common Latin/Hispanic Music Genres and Instrumentation (25min)**

- a. An Overview of the Most Common Latin/Hispanic Music Genres and Instrumentation
  - i. Cumbia
  - ii. Merengue/Bachata
  - iii. Salsa
  - iv. Bolero
  - v. Mariachi
  - vi. Reggaeton
  - vii. Bossa/Samba
  - viii. Tango
- b. What Songs Would Be Used With Which Population?

**7. Part 7: Familiar Songs Most Latin/Hispanic People Can Identify (25min)**

**8. Part 8: Q&A (10min)**

**Live Office Hour (50 mins)**

***Total time: 200 minutes***

**Number of CMTEs: 4**

**Price: \$75** (includes all-access VIP Membership) thru March 24th, 2021

**\$95** (includes all-access VIP Membership) after March 24th, 2021

**Refund Policy:** Within 30 days of your first subscription payment or any single course purchase, if you are not 100% completely satisfied we will gladly refund your money. VIP Membership payments after 30 days are final sale only. Send an email to [info@musictherapyed.com](mailto:info@musictherapyed.com) for more information.

By signing up for a VIP Membership plan, you understand that you may cancel your subscription at any time by sending an email to [info@musictherapyed.com](mailto:info@musictherapyed.com).

MusicTherapyEd.com

Where Leaders Share Their Expertise



**CBMT Relationship: *Latin American Music: Incorporate Spanish into Your Music Therapy Practice with Nathalia Palis, LMFT, MT-BC*** is approved by the Certification Board for Music Therapists (CBMT) for 4 Continuing Music Therapy Education credits. MusicTherapyEd.Com, Approved Provider #P-110, maintains responsibility for program quality and adherence to CBMT policies and criteria.