

PAPER WEIGHT EQUIVALENCY

Paper Grade (Basic size in inches)	Text (lb.)	Bond (lb.)	Cover (lb.)	Bristol (lb.)	Index (lb.)	Tag (lb.)	METRIC Equivalent (gsm)	Approximate Caliper Range*
Text/Offset/Book (25" x 38")	30	12	16	20	25	27	44	2.0 - 3.0 pt.
	40	16	22	27	33	36	59	3.0 - 3.5 pt.
	45	18	25	30	37	41	67	3.0 - 3.6 pt.
	50	20	27	34	41	45	74	3.6 - 4.0 pt.
	60	24	33	40	49	55	89	4.0 - 5.0 pt.
	70	28	38	47	57	64	105	5.0 - 5.5 pt.
	80	31	44	54	65	72	118	6.0 - 6.5 pt.
	90	35	49	60	74	82	133	6.5 - 7.0 pt.
	100	39	55	67	82	91	148	7.5 - 8.0 pt.
120	47	66	80	98	109	178	8.0 - 9.0 pt.	
Bond (17" x 22")	33	13	18	22	27	30	49	2.0 - 3.0 pt.
	41	16	22	27	33	37	61	3.0 - 3.5 pt.
	43	17	24	29	35	39	64	3.0 - 3.5 pt.
	51	20	28	34	42	46	75	3.5 - 4.0 pt.
	61	24	33	41	50	56	90	4.5 - 5.0 pt.
	71	28	39	48	58	64	105	5.0 - 5.5 pt.
	81	32	45	55	67	74	120	6.0 - 6.5 pt.
	91	36	50	62	75	83	135	6.5 - 7.0 pt.
	102	40	56	69	83	93	151	7.5 - 8.0 pt.
Cover (20" x 26")	91	36	50	62	75	82	135	5.0 - 6.0 pt.
	110	43	60	74	90	100	163	6.0 - 8.0 pt.
	119	47	65	80	97	108	176	8.0 - 10.0 pt.
	146	58	80	99	120	134	216	8.0 - 10.0 pt.
	164	65	90	111	135	149	243	8.0 - 11.0 pt.
	183	72	100	124	150	166	271	9.0 - 13.0 pt.
Bristol (22-1/2" x 28-1/2")	100	39	54	67	81	91	148	8.0 - 9.0 pt.
	120	47	65	80	98	109	178	9.0 - 10.0 pt.
	148	58	81	100	121	135	219	10.0 - 12.0 pt.
	176	70	97	120	146	162	261	11.0 - 13.0 pt.
	207	82	114	140	170	189	306	13.0 - 15.0 pt.
	237	93	130	160	194	216	351	15.0 - 17.0 pt.
Index (25-1/2" x 26-2/3")	110	43	60	74	90	100	163	7.0 - 8.0 pt.
	135	53	74	91	110	122	203	9.0 - 11.0 pt.
	170	67	93	115	140	156	253	11.0 - 13.0 pt.
	208	82	114	140	170	189	328	15.0 - 17.0 pt.
Tag (24" x 36")	110	43	60	74	90	100	163	7.0 - 8.0 pt.
	137	54	75	93	113	125	203	8.0 - 10.0 pt.
	165	65	90	111	135	150	244	10.0 - 12.0 pt.
	192	76	105	130	158	175	284	13.0 - 14.0 pt.
	220	87	120	148	180	200	326	12.0 - 15.0 pt.
	275	109	151	186	225	250	407	15.0 - 18.0 pt.

* Caliper varies by paper manufacturer.

Note: Calipers for Uncoated Papers tend to be higher than those of equivalent-weight Coated Papers.