



Chicken Bibimbap Dinner

Nutrition Facts

Servings Per Container: 2

Serving Size 1 (378g)

	As Packaged**		As Prepared	
Calories	530		600	
	% Daily Value*		% Daily Value*	
Total Fat	7g	9 %	14g	18 %
Saturated Fat	2g	11 %	5g	25 %
Trans Fat	0g		0g	
Cholesterol	105mg	36 %	115mg	39 %
Sodium	710mg	31 %	710mg	31 %
Total Carbohydrate	82g	30 %	84g	31 %
Dietary Fiber	2g	8 %	2g	8 %
Total Sugars	22g		24g	
Includes Added Sugars	0g	0 %	2g	4 %
Protein	36g		36g	
Vitamin D	0mcg	0 %	0.1mcg	0 %
Calcium	35mg	2 %	36mg	2 %
Iron	2mg	10 %	2mg	10 %
Potassium	435mg	10 %	436mg	10 %

**without oil

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: PULLED CHICKEN (COOKED CHICKEN (CHICKEN MEAT, WATER, SEASONING (DEXTROSE, SALT, MODIFIED CORNSTARCH, CHICKEN BROTH (CHICKEN BROTH, SALT, NATURAL FLAVOR), MALTODEXTRIN, ONION POWDER, SPICES, NATURAL FLAVOR))), ZUCCHINI, JASMINE RICE, BULGOGI SAUCE (WATER, SUGAR, PINEAPPLE CONCENTRATE, WHEAT, SOYBEANS, SALT, GARLIC, ONIONS, SAKE, SESAME OIL, BLACK PEPPER, XANTHAN GUMS, CITRIC ACID), CARROTS, GINGER, LESS SODIUM SOY SAUCE (WATER, SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR AND LACTIC ACID), WHITE WINE VINEGAR, SCALLIONS, SRIRACHA (CHILI, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFITE, AND XANTHAN GUM)

CONTAINS: SOY, WHEAT

PRODUCT OF:

Pulled Chicken USA, Jasmine Rice Thailand, Scallions USA/Mexico, Bulgogi Sauce USA, Shredded Carrots USA/Canada, Sriracha Sauce USA, White Wine Vinegar Italy, Zucchini USA/Mexico, Sour Cream USA, Ginger Peru, Flour Tortillas USA, Soy Sauce USA

Best by within 5 days upon receipt.

Net Wt. 36.9oz (1045.0g)



Chicken Bibimbap Dinner

Nutrition Facts

Servings Per Container: 4

Serving Size 1 (378g)

	As Packaged**		As Prepared	
Calories	530		600	
	% Daily Value*		% Daily Value*	
Total Fat	7g	9 %	14g	18 %
Saturated Fat	2g	11 %	5g	25 %
Trans Fat	0g		0g	
Cholesterol	105mg	36 %	115mg	39 %
Sodium	710mg	31 %	710mg	31 %
Total Carbohydrate	82g	30 %	84g	31 %
Dietary Fiber	2g	8 %	2g	8 %
Total Sugars	22g		24g	
Includes Added Sugars	0g	0 %	2g	4 %
Protein	36g		36g	
Vitamin D	0mcg	0 %	0.1mcg	0 %
Calcium	35mg	2 %	36mg	2 %
Iron	2mg	10 %	2mg	10 %
Potassium	435mg	10 %	436mg	10 %

**without oil

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: PULLED CHICKEN (COOKED CHICKEN (CHICKEN MEAT, WATER, SEASONING (DEXTROSE, SALT, MODIFIED CORNSTARCH, CHICKEN BROTH (CHICKEN BROTH, SALT, NATURAL FLAVOR), MALTODEXTRIN, ONION POWDER, SPICES, NATURAL FLAVOR))), ZUCCHINI, JASMINE RICE, BULGOGI SAUCE (WATER, SUGAR, PINEAPPLE CONCENTRATE, WHEAT, SOYBEANS, SALT, GARLIC, ONIONS, SAKE, SESAME OIL, BLACK PEPPER, XANTHAN GUMS, CITRIC ACID), CARROTS, GINGER, LESS SODIUM SOY SAUCE (WATER, SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR AND LACTIC ACID), WHITE WINE VINEGAR, SCALLIONS, SRIRACHA (CHILI, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFITE, AND XANTHAN GUM)

CONTAINS: SOY, WHEAT

PRODUCT OF:

Pulled Chicken USA, Jasmine Rice Thailand, Scallions USA/Mexico, Bulgogi Sauce USA, Shredded Carrots USA/Canada, Sriracha Sauce USA, White Wine Vinegar Italy, Zucchini USA/Mexico, Sour Cream USA, Ginger Peru, Flour Tortillas USA, Soy Sauce USA

Best by within 5 days upon receipt.

Net Wt. 73.7oz (2089.9g)



Korean Burrito Lunch

Nutrition Facts

Servings Per Container: 2

Serving Size 1 (326g)

	As Packaged**		As Prepared	
Calories	630		670	
	% Daily Value*		% Daily Value*	
Total Fat	13g	17 %	16g	21 %
Saturated Fat	6g	28 %	7g	34 %
Trans Fat	0g		0g	
Cholesterol	115mg	39 %	120mg	41 %
Sodium	1290mg	56 %	1290mg	56 %
Total Carbohydrate	89g	32 %	91g	33 %
Dietary Fiber	2g	8 %	2g	8 %
Total Sugars	20g		22g	
Includes Added Sugars	0g	0 %	2g	4 %
Protein	39g		39g	
Vitamin D	0mcg	0 %	0mcg	0 %
Calcium	33mg	2 %	33mg	2 %
Iron	1mg	8 %	1mg	8 %
Potassium	143mg	4 %	143mg	4 %

**without oil

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INGREDIENTS: PULLED CHICKEN (COOKED CHICKEN (CHICKEN MEAT, WATER, SEASONING (DEXTROSE, SALT, MODIFIED CORNSTARCH, CHICKEN BROTH (CHICKEN BROTH, SALT, NATURAL FLAVOR), MALTODEXTRIN, ONION POWDER, SPICES, NATURAL FLAVOR))), FLOUR TORTILLA (ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL SHORTENING (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO AND DIGLYCERIDES, ANNATTO COLOR, ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE), BAKING POWDER (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CORN STARCH, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), SALT, CONTAINS 2% OR LESS OF: DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, XANTHAN GUM, ENZYMES, SODIUM METABISULFITE (DOUGH CONDITIONER), FUMARIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE), JASMINE RICE, BULGOGI SAUCE (WATER, SUGAR, PINEAPPLE CONCENTRATE, WHEAT, SOYBEANS, SALT, GARLIC, ONIONS, SAKE, SESAME OIL, BLACK PEPPER, XANTHAN GUMS, CITRIC ACID), CARROTS, SOUR CREAM (CULTURED CREAM, MODIFIED CORN STARCH, LACTIC ACID, GELATIN, MONO & DIGLYCERIDES, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE), DISODIUM PHOSPHATE, LOCUST BEAN GUM, NATURAL FLAVOR), WHEY, SODIUM TRIPOLYPHOSPHATE, CARRAGEENAN, CALCIUM SULFATE, GUAR GUM), SCALLIONS, LESS SODIUM SOY SAUCE (WATER, SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR AND LACTIC ACID), WHITE WINE VINEGAR, GINGER, SRIRACHA (CHILI, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFITE, AND XANTHAN GUM)

CONTAINS: MILK, SOY, WHEAT

PRODUCT OF:

Pulled Chicken USA, Jasmine Rice Thailand, Scallions USA/Mexico, Bulgogi Sauce USA, Shredded Carrots USA/Canada, Sriracha Sauce USA, White Wine Vinegar Italy, Zucchini USA/Mexico, Sour Cream USA, Ginger Peru, Flour Tortillas USA, Soy Sauce USA

Best by within 5 days upon receipt.

Net Wt. 36.9oz (1045.0g)