## The Ingredients of Prayer 1 Timothy 2:8

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Therefore, I want the men in every place to pray, lifting up holy hands, without wrath or dissension.

## **Primary Point**

God calls his holy men to pray.

What is the intention of Paul's statement, "I want the men..." What about the women?

What is meant by "holy hands?"

Without wrath and dissension? Another call for unity...

## For Discussion & Prayer

- 1. Men, how would you rate yourself on a scale of 1-10 concerning your intentionality of prayer?
- 2. What is your greatest obstacle to living a holy life? What single action could you take that would positively impact this part of your spiritual life?
- 3. Is there any wrath or dissension between you and God, or you and people? What steps should you take to reduce/eliminate?