

The Essential Habits of Healthy Christians
Habit #7: The Power of Resolutions

Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened. (Matt 7:7-8)

God wants you to add action to your asking to fulfill your prayers and make the most of your life.

1) Action makes prayer powerful (James 1:22)

"The plans of the diligent lead surely to advantage [Heb. mothar: "abundance, superiority"]

(Prov 21:5 NASB).

Jurgyism #1: "God will not do for you what He has already enabled you to do."

"Train yourself to be godly." (1 Timothy 4:7)

2) God gives you the opportunity to create your life on this Earth and the New Earth

Jurgyism #2: "Who you are and what you have is God's gifts to you. Who you become and what you do are your gifts to God."

"Be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity" (Eph 5:15-16).

The story of the rest of your life has not been written yet. **"The dead were judged according to what they had done, as recorded in the books"** (Rev 20:12).

3) Begin planning your life and making resolutions

"He who is noble, plans noble things, and on noble things he stands" (Isa 32:8 ESV).

Take some extra time at the beginning of each week to plan your week.

Study and work through the book *Visionary Faith*.

Homework assignment for this week: Read the Parable of the Talents in Matthew Chapter 25:14-30.

Discussion ?'s:

1) What was most meaningful to you in the Sunday message?

2) Why does God want us to add action to our asking? Do you have an example from your own life?

3) "God will not do for you what He has already enabled you to do." How does this relate to your Christian life?

4) "Who you are and what you have is God's gifts to you. Who you become and what you do are your gifts to God." How does this reflect the Parable of the Talents? Name a specific area of your life that this applies to.