

## **Making the Most of My God Times**

**Like newborn babies, long for the pure milk of the word, so that by it you may grow in respect to salvation. (1 Peter 2:2 NASB)**

Primary point: Spending time with God is the most important thing you can do.

### **Why spend time with God?**

In Scripture God speaks to you. Through praise and prayer you speak to God. What is more important in your life than these? (Matt 4:4; Psalm 42:2; Mark 1:35-36; Luke 5:16; 6:12-13)

### **How to spend time with God? The P.O.W.E.R. plan (1 Pet 4:7)**

**Praise** (Ps 50:23; 100:4; Luke 17:17-18)

**Openness** (Heb 5:7; 1 Pet 5:7)

**Word** (Josh 1:8-9; Ps 119:11; Eph 6:16-17; John 8:32; Ps 42:5)

**Entreaties** (Ps 5:3)

**Resolutions** (Jas 1:22, 25)

A good electronic Bible program for your phone or computer can be found at <https://www.olivetree.com/>.

- ▶ Memorize 1 Peter 2:2 in the translation above or another one.
- ▶ Look at the “P.O.W.E.R. Plan for God Times” Try “stretching your soul” for 20 minutes following the plan. Share your experience in your Barnabas Group this week.