

2020 PREVENTIVE DRUG LIST



As of January 1, 2020

Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

This document shows the most commonly prescribed preventive generic and brand name medications covered as of January 1, 2020.^{1,2} **The Preventive Drug List is updated often so it's important to know that this is not a complete list of the medications your plan covers.** Also, your specific plan may not cover all of the medications in this document.

Here's some helpful information about this drug list:

- › Medications are listed alphabetically by the condition they prevent.
- › Brand name medications are capitalized and generic medications are lowercase.
- › Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.
- › Some preventive medications are also considered "specialty" medications. Some plans may cover specialty medications on a specialty tier, may limit coverage to a 30-day supply and/or require you to use a preferred specialty pharmacy to receive coverage. Log in to the **myCigna**® app or website, or check your plan materials, to learn more about how your plan covers specialty medications.

Coverage for preventive medications.

Some plans have specific coverage requirements for preventive medications. For example, some plans may:

- › Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) to receive coverage for a preventive generic medication.
- › Cover preventive generic medications at 100%, or no cost (\$0) to you.

Log into the **myCigna** app or website, or check your plan materials, to learn more about how your plan covers preventive medications. You can also click on "Price a Medication" to see how much your medication will cost you at the different pharmacies in your network.³

Go generic and save.

Ask your doctor if a preventive generic medication may be right for you. Generics have the same strength and active ingredients as brand name medications, but often cost much less - in some cases, up to 85% less.⁴

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

Preventive Drug List

Asthma related

Accolate
Advair Diskus
Advair HFA
Airduo Respiclick
albuterol
albuterol HFA
Alvesco
Anoro Ellipta
Arcapta Neohaler
Arnuity Ellipta
Asmanex
Asmanex HFA
Atrovent HFA
Bevespi Aerosphere
Breo Ellipta
Brovana
budesonide suspension
caffeine citrate oral solution
Combivent Respimat
cromolyn nebulizer solution
Dulera
Elixophyllin
Flovent Diskus
Flovent HFA
fluticasone-salmeterol
Incruse Ellipta
ipratropium solution
ipratropium-albuterol
levalbuterol
levalbuterol concentrate
levalbuterol HFA
Lonhala Magnair Refill
Lonhala Magnair S Starter
metaproterenol
montelukast
Perforomist
ProAir HFA
ProAir Respiclick
Proventil HFA
Pulmicort
Pulmicort Flexhaler
QVAR RediHaler
Seebri Neohaler
Serevent Diskus
Singulair
Spiriva
Spiriva Respimat
Stiolto Respimat
Striverdi Respimat
Symbicort

terbutaline tablet
Theo-24
Theochron
theophylline
theophylline anhydrous
Tudorza Pressair
Utibron Neohaler
Ventolin HFA
Wixela Inhub
Xolair
Xopenex
Xopenex Concentrate
Xopenex HFA
Yupelri
zafirlukast
zileuton ER
Zyflo

Blood pressure related

Accupril
Accuretic
acebutolol
acetazolamide tablet
acetazolamide ER
Adalat CC
Aldactazide
Aldactone
aliskiren
Altace
amiloride
amiloride-HCTZ
amlodipine
amlodipine-benazepril
amlodipine-olmesartan
amlodipine-valsartan
amlodipine-valsartan-HCTZ
Atacand
Atacand HCT
atenolol
atenolol-chlorthalidone
Avalide
Avapro
Azor
benazepril
benazepril-HCTZ
Benicar
Benicar HCT
Betapace
Betapace AF
betaxolol tablet
bisoprolol

bisoprolol-HCTZ
bumetanide tablet
Bystolic
Calan
Calan SR
candesartan
candesartan-HCTZ
captopril
captopril-HCTZ
Cardizem
Cardizem CD
Cardizem LA
Cardura
Cardura XL
Carospir
Cartia XT
carvedilol
carvedilol ER
Catapres
Catapres-TTS 1
Catapres-TTS 2
Catapres-TTS 3
chlorothiazide tablet
chlorthalidone
clonidine patch, tablet
Coreg
Coreg CR
Corgard
Cozaar
Demser
Dibenzyline
diltiazem tablet
diltiazem 12hr ER
diltiazem 24hr ER
diltiazem 24hr ER (CD)
diltiazem 24hr ER (LA)
diltiazem 24hr ER (XR)
Dilt-XR
Diovan
Diovan HCT
Diuril
doxazosin
Dutoprol
Dyazide
Dyrenium
Edarbi
Edarbyclor
Edecrin
enalapril
enalapril-HCTZ
Epaned

Blood pressure related

(continued)

eplerenone
eprosartan
ethacrynic acid
Exforge
Exforge HCT
felodipine ER
fosinopril
fosinopril-HCTZ
furosemide tablet, solution
guanfacine
Hemangeol
hydralazine tablet
hydrochlorothiazide
Hyzaar
indapamide
Inderal LA
Inderal XL
InnoPran XL
Inspra
irbesartan
irbesartan-HCTZ
isradipine
Kaspargo Sprinkle
labetalol tablet
Lasix
lisinopril
lisinopril-HCTZ
Lopressor
Lopressor HCT
losartan
losartan-HCTZ
Lotensin
Lotensin HCT
Lotrel
Matzim LA
Maxzide
Maxzide-25 mg
methazolamide
methyldopa
methyldopa-HCTZ
metolazone
metoprolol tablet
metoprolol ER-HCTZ
metoprolol-HCTZ
Micardis
Micardis HCT
Minipress
minoxidil tablet
moexipril
nadolol
nicardipine capsule

nifedipine
nifedipine ER
nimodipine
nisoldipine
Norvasc
Nymalize
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril
phenoxybenzamine
pindolol
prazosin
Prestalia
Prinivil
Procardia
Procardia XL
propranolol tablet, solution
propranolol ER
propranolol-HCTZ
Qbrelis
quinapril
quinapril-HCTZ
ramipril
Sorine
sotalol tablet
sotalol AF
Sotylize
spironolactone
spironolactone-HCTZ
Sular
Tarka
Taztia XT
Tekturna
Tekturna HCT
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
Tenoretic 100
Tenoretic 50
Tenormin
terazosin
Tiazac
timolol tablet
Toprol XL
torsemide
trandolapril
trandolapril-verapamil ER
triamterene-HCTZ
Tribenzor
Twynsta
valsartan
valsartan-HCTZ
Vaseretic

Vasotec
Vecamyl
verapamil tablet, capsule
verapamil ER
verapamil ER PM
verapamil SR
Verelan
Verelan PM
Zestoretic
Zestril
Ziac

Blood thinner related

Aggrenox
aspirin-dipyridamole ER
Brilinta
cilostazol
clopidogrel
Coumadin
dipyridamole tablet
Durlaza
Effient
Eliquis
Jantoven
Plavix
Pradaxa
prasugrel
Savaysa
warfarin
Xarelto
Yosprala
Zontivity

Cholesterol related

Altoprev
amlodipine-atorvastatin
Antara
atorvastatin
Caduet
cholestyramine
cholestyramine light
colesevelam
Colestid
colestipol
Crestor
Ezallor Sprinkle
ezetimibe
ezetimibe-simvastatin
fenofibrate
fenofibric acid
Fenoglide
Fibricor
Flolipid
fluvastatin ER

Cholesterol related

(continued)

fluvastatin
gemfibrozil
Lescol XL
Lipitor
Lipofen
Livalo
Lopid
lovastatin
Lovaza
niacin 500mg tablet
niacin ER tablet
Niacor
Niaspan
omega-3 acid ethyl esters
Pravachol
pravastatin
Prevalite
Questran
Questran Light
rosuvastatin
simvastatin
TriCor
Triglide
Trilipix
Vascepa
Vytorin
Welchol
Zetia
Zocor
Zypitamag

Diabetes related

*Log in to the **myCigna** app or website, or check your plan materials, to learn more about how your plan covers diabetes-related preventive medications.*

acarbose
Actoplus Met
Actos
Adlyxin
Admelog
Afrezza
alogliptin
alogliptin-metformin
alogliptin-pioglitazone
Amaryl
Apidra
Apidra SoloStar
Avandia
Basaglar

Bydureon
Byetta
Cycloset
Diabetic Supplies (i.e. lancets, syringes, urine test, alcohol pads)
Duetact
Farxiga
Fiasp
Fortamet
glimepiride
glipizide
glipizide ER
glipizide XL
glipizide-metformin
Glucophage
Glucophage XR
Glucotrol
Glucotrol XL
Glumetza
glyburide
glyburide micronized
glyburide-metformin
Glynase
Glyset
Glyxambi
Humalog
Humulin
Insulin Lispro
Invokamet
Invokamet XR
Invokana
Janumet
Janumet XR
Januvia
Jardiance
Jentaduetto
Jentaduetto XR
Kazano
Kombiglyze XR
Lantus
Levemir
metformin
metformin ER
metformin ER gastric
metformin ER osmotic
miglitol
nateglinide
Nesina
Novolin
Novolog
Onglyza
Oseni
Ozempic
pioglitazone

pioglitazone-glimepiride
pioglitazone-metformin
Prandin
Precose
QTERN
repaglinide
repaglinide-metformin
Riomet
Segluromet
Soliqua
Starlix
Steglatro
Steglujan
SymlinPen
Synjardy
Synjardy XR
tolbutamide
Toujeo
Tadjenta
Tresiba
Trulicity
Victoza
Xigduo XR
Xultophy

Osteoporosis related

Actonel
alendronate
Atelvia
Binosto
Boniva tablet
calcitonin-salmon
etidronate
Evista
Forteo
Fosamax
Fosamax Plus D
ibandronate tablet
Miacalcin
raloxifene
risedronate
risedronate DR
Tymlos

Prenatal vitamins

Your plan considers all prescription strength prenatal vitamins to be "preventive."

Check your drug list to see which tier your plan covers prenatal vitamins on.



1. State laws in **Texas** and **Louisiana** may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan's renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.
2. **Illinois** state law allows you to receive continued coverage of your medication, and at your current cost share (tier) level, if your doctor requests approval through a coverage review process. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.
3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.
4. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Last updated 06/04/18.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)
Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.



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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

Vietnamese – XIN LỜI Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

Tagalog – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

French Creole – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).