Career Discovery Report

Deep insights on your holistic profile and recommended career paths according to your strengths.

Name:
Class:
School:
Congratulations!
You have reached the 1st milestone in your Career Success Journey.

1. Complete Your Profile To Activate Your Dashboard
2. Take Our Proprietary 5-Dimensional Assessment
3. Discover In-Depth Insights
4. Explore Your Best-Fit Careers
5. Do Interactive Career-Focussed Activities
6. Get Personalised Sessions With Our Career Experts
7. Follow Your Career Development Plan
8. Benefit From Revolutionary Goal Tracking and Progress Mapping
9. Dedicated Career Coach
Congratulations on completing the Mindler Career Assessment! Your comprehensive career discovery report is now ready to give you your best-fit career matches.

Mindler’s award-winning career guidance framework and assessment tool have been developed by a team of some of the top psychometricians, industry experts and researchers in the world. It is the most accurate and valid career assessment, with a blend of advanced technology and millions of research data points collected from students from multiple demographics and cultures.

Our 5-dimensional framework, the first of its kind, has been tailor-made for students. These 5 dimensions together form the pillars of career guidance, and will help you make a scientific and accurate choice for career success.

Let’s look at your results for each of these elements & help you discover your perfect career.
Your Orientation Style

What is Orientation Style?

Orientation style identifies what an individual is driven by. Understanding the orientation style will help you with career decision based on your dominant style of interaction with the surroundings.

Your Dominant Style

Administrative Orientation

Your Secondary Style

Informative Orientation

The scores obtained on this style inventory indicate that you are administrative orientated. This means that you are good with work tasks in which you have to deal with facts, numbers, records, files and data. You prefer to work in an organized systematic manner paying close attention to details. You would be good in tasks which require a high sense of responsibility and rule-abiding norms. You are good in perceiving the practical aspects of problem and solving it through rulebooks and guidelines. You may be observed as being practical, realist and organized at the workplace.
Your Interest

What is Interest?

Understanding your Interest will help you identify what work areas excite you and helps you identify career options which are personally rewarding. Interest assessment explores your interest across multiple career options to find the right match which shall keep you engaged.

Your Dominant Interest Areas

- Entrepreneurship
- Commerce & Management
- Finance & Accounting
- Sales
- Marketing

<table>
<thead>
<tr>
<th>Interest Area</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applied Arts</td>
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</tr>
<tr>
<td>Commerce &amp; Management</td>
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<tr>
<td>Defense Services</td>
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<td>Design</td>
<td>4</td>
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<tr>
<td>Distribution &amp; Logistics</td>
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<td>Education Training &amp; Social Services</td>
<td>4</td>
</tr>
<tr>
<td>Engineering, Information &amp; Technology</td>
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<tr>
<td>Entrepreneurship</td>
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<tr>
<td>Finance &amp; Accounting</td>
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<tr>
<td>Governance &amp; Administration</td>
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<tr>
<td>Health, Medicine &amp; Fitness</td>
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<tr>
<td>Hospitality</td>
<td>6</td>
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<tr>
<td>Actuarial Sciences</td>
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<td>Legal</td>
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<td>Marketing</td>
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<tr>
<td>Media &amp; Communication</td>
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<tr>
<td>Performing Arts</td>
<td>3</td>
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<tr>
<td>Sales</td>
<td>8</td>
</tr>
<tr>
<td>Science &amp; Maths</td>
<td>3</td>
</tr>
<tr>
<td>Social Sciences &amp; Humanities</td>
<td>6</td>
</tr>
</tbody>
</table>
Your Personality

What is Personality?

Understanding your Personality will help you identify your consistent behavior patterns. Every individual is different due to their unique blend of attributes. Personality assessment identifies what career options suit your style and match your personal attributes.

Your Dominant Personality Traits

![Enthusiasm](image1)
![Intense Pursuit](image2)
![Organizational Skills](image3)

<table>
<thead>
<tr>
<th>Trait</th>
<th>Score</th>
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<tbody>
<tr>
<td>Locus of Control</td>
<td>6</td>
</tr>
<tr>
<td>Resilience</td>
<td>4</td>
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<tr>
<td>Integrity</td>
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<td>Moral Conformity</td>
<td>4</td>
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<tr>
<td>Agreeableness</td>
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<tr>
<td>Extraversion</td>
<td>5</td>
</tr>
<tr>
<td>Team Work</td>
<td>7</td>
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<tr>
<td>Decision Making Capacity</td>
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<td>Enterprising</td>
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<td>Intense Pursuit</td>
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<td>Enthusiasm</td>
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<td>Organizational Skills</td>
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<td>Perfectionism</td>
<td>6</td>
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<tr>
<td>Perseverance</td>
<td>5</td>
</tr>
<tr>
<td>Practical</td>
<td>3</td>
</tr>
</tbody>
</table>

Score range: 0-9
Your Personality in Detail

## Locus of Control

**Meaning**
Locus of Control is the individual's perception of the power they have over events that happen in their lives. People with this trait believe that they have control over their own destiny and are convinced about their own skills.

**Expert Analysis**
Your faith in your skills & abilities makes you feel that your future is in your own hands and your own choices lead to success or failure. You are highly motivated and success-oriented. An internal locus of control has been shown to develop along with self-regulatory abilities; hence, you have high self-efficacy.

**Development Plan**
You can improve your internal locus of control through following strategies:

- **Be assertive**: You have to start speaking up your mind and take responsibility for your acts as blaming others would not work in life.
- **Develop trust**: After understanding your strengths, you have to start trusting yourself. Believe in whatever you do or perform. Strong level of trust in oneself makes a person confident and composed.
- **Stop being judgmental**: Stop judging all your actions and go easy on yourself. Demanding too much sometimes leads to drainage of strength and hence failures.
- **Be relaxed and rejuvenate yourself**: Sometimes too much of stress to excel leads to panic and then everything you work on gets spoiled. Take timeouts to start regaining confidence in yourself.

## Resilience

**Meaning**
Resilience is the ability to pursue chosen path despite stress, high-risk status, challenges, and hardships.

**Expert Analysis**
Your responses indicate that though you have difficulty in stressful situations but sometimes you tend to handle it well. You may struggle in adapting to varied circumstances and sometimes may falter in sticking to your tasks or schedule. This makes you less productive in high stress situations and it becomes difficult for you to bounce back from setbacks or failures.

**Development Plan**
You can improve your resilience by using the following strategies:

- **Learn to be more flexible**: It is always better to embrace change and adapt as per the requirements. It helps in handling stress in a better manner and work more effectively.
- **Be optimistic & do not lose hope**: It is always better to be optimistic during hardships. A sense of optimism helps in dealing with difficult situations.
- **Learn to tackle your problems step by step**: Think of taking small steps while resolving problematic circumstances.
- **Develop a strong social network**: Being with people that are supportive and encouraging can be very helpful in facing hardships.
Your Personality in Detail

**Integrity**

**Meaning**

Synonymous with honesty, principles, sincerity, scruples; integrity means being honest and living by universal principles of right and wrong.

**Expert Analysis**

You are low on integrity and you have a issue in establishing set ethical norms for your different dimensions of life. You perceive rules are not that important and live your life on practical terms and values. You can break the rules if they are not convenient for you. You put your own personal gains above set ethical norms.

**Development Plan**

Think of working on following strategies to improve on your integrity levels:

- **Right vs. Wrong Dilemma**: You should learn how to develop the difference between right and wrong and how you can deal with conflicting situations.
- **Place a rule book in your life**: Start afresh with new norms in your life. Begin with simple tasks and complete them on set timelines and gradually move to the bigger tasks. Give importance to decisions and strictly follow those rules. Be aware of your decisions and recognize your mistakes and try to not repeat them in future.
- **Accept ups & downs**: You should have courage to accept your mistakes along with appreciations for the achievements regardless of the person providing the feedback.

**Moral Conformity**

**Meaning**

Moral conformity implies standing by our principles & code of conduct rather than changing attitudes, beliefs, and behaviors to group norms in order to fit in the group.

**Expert Analysis**

Your attitude and behavior is tilted towards what others believe rather than sticking by your principles of morality. You don't mind ignoring your own values to fit into your peer group. Though you believe in the society, cultural norms, rules, and interests of the society but on various counts your acts are not in conformity with the societal norms and consensus.

**Development Plan**

You can work on following strategies to work on improving moral conformity levels:

- **Be Assertive**: Make an attempt to put forward your point of view with conviction.
- **Think of Long Term Impact**: Avoid short term gains or giving in to temptations.
- **Right Associations**: Form Associations with people who have clear understanding of right and wrong.
- **Learn to say 'No'**: Saying 'No' will not spoil your relationships with others, rather it will make help you make meaningful & stronger relationships.
# Agreeableness

## Meaning
Agreeableness is the ability to sympathize with others, trust them and be warm, concerned and cooperative towards them.

## Expert Analysis
You are not very optimistic about human nature. You believe that excepting few, people are generally not trustworthy, considerate or cooperative. You believe that self-interest should take precedence over the social interest in most situations. You may find it hard to genuinely empathize with most people. You easily get into conflicts with others and may find it difficult to maintain social harmony.

## Development Plan
- Try to see things from perspective of others. This will help you to understand the behavior of other people and also the reasons why they behave in certain ways. Also check on how you would have reacted in a similar situation.
- Accept that all people are different: Rather than competing, judging others and suspecting their intentions, it is better you understand that everyone is unique. This will help you to accept different viewpoints and also maintain social harmony.
- Different people different voices: Everyone has a point of view which needs to be respected. Listening to these voices will help you to sympathetic with them.

# Extraversion

## Meaning
Extraversion is the ability to socialize easily to others, assert viewpoints and prefer working in groups, rather than working alone.

## Expert Analysis
You mostly prefer to avoid social gatherings & feel uneasy in the presence of too many people around you. You hesitate in approaching strangers, even when your concern is genuine; especially when the person is from a different background than yours. Sometimes you are unable to assert yourself and hesitate to share your opinions and ideas when working in a group.

## Development Plan
- Developing interpersonal skills: Try to communicate with people around you. This might be difficult at first, but you can keep trying and soon you will learn how to initiate a conversation and how to go about the whole process of communicating and sharing your views.
- Find social activities you enjoy: Sign up for hobby classes or volunteering activities or associate with new groups of people. It's easier to connect with people if you have a shared interest.
Your Personality in Detail

Team Work

**Meaning**
Team work implies including not only your views but also the views of others while working towards a common goal. It involves working collaboratively with people and maximizing the team output.

**Expert Analysis**
You have an excellent ability to work collaboratively within a group in order to achieve a common goal. You strongly believe in partnerships and find it very easy to relate to others. Your outstanding communication skills allow you to effectively communicate with others as well as to develop and maintain good relations with them. While taking a decision, you consider not only your own views but also that of others. All such abilities help you to work in harmony with others.

Development Plan
You have scored well in this trait.

Decision Making Capacity

**Meaning**
Decision making capacity is the tendency to analyze effectively from alternatives through reasoning and critical thinking.

**Expert Analysis**
You are capable of taking decisions in most of the situations but may find it difficult in certain conflicting situations. Though, you are good at decision making ability, but sometimes may not take decisions as effectively. Your decision making capacity makes you capable to learn from the past difficulties and apply those learning in the future.

Development Plan
You can work on decision-making skills by using the following strategies:
- Learn from others. You can learn from people who are skilled or good at decision making. Learn techniques from these people, and then apply them using your own thinking.
- You can start with normal situations and then go bottom up. Take decisions first for ordinary situations and then move towards conflicting situations.
- Learn from your mistakes: Be attentive toward small mistakes and try not to repeat those mistakes in future. Also learn from the mistakes of others and apply them in your life.
Your Personality in Detail

Enterprising

meaning:
Enterprising is being assertive, confident, high on risk-taking capacity, and having the ability to persuade others.

Expert Analysis:
You help people & groups, solve problems, and you very well know how to take advantage of the opportunities, which come across your way. Your credibility and creativity rules people's heart and your inner spirit to take charge of things without being asked to do so makes you a leader. You are not comfortable with inactivity; you are innovative and willing to take a calculated risk. You persistently set your goals and work hard to achieve them and use your imagination to solve the troubles using novel ways.

Development Plan:
You can improve your enterprising skills through the following strategies:
- Be willing to admit and learn from failures and weaknesses: Not one is perfect, and everyone makes mistakes. The most successful person is one who knows that the key to success is not in avoiding failures, but to learn from them. You should continue to improve yourself in every possible way.
- Being confident: Learning about any area/domain in detail helps you to become confident in that particular area. You can start by learning more about your hobby.
- Maintain a positive attitude: With a positive attitude, you are looking at the bright side of life. People are naturally attracted to you when you have a positive attitude. By being positive, you will lead a happier life, as well as be surrounded by other positive people.
- Being passionate: You need to be passionate about the work you do. Passion is contagious and it helps you in persuading others.

Intense Pursuit

meaning:
Synonymous with dedication, devotion & zeal; intense pursuit is having a clear intention, aim, interest, commitment and strong desire to pursue on a chosen path.

Expert Analysis:
You are very determined and have a strong will power. You are very passionate about what you choose, and tend to devote all your energy and time to it. Your pursuit of goals is full of unmatched commitment and zeal despite various ups and downs. This quality of being focused in achieving your goals helps you make constant efforts until you reach your goal. Your ability to be intensely absorbed in your pursuits enables you to keep trying and making continued efforts until your goal is achieved.

Development Plan:
You have scored well in this trait.
## Your Personality in Detail

### Enthusiasm

**Meaning**

Synonymous with vitality, spiritedness & vigor, enthusiasm is having abundant or intense energy and curiosity to gather knowledge.

**Expert Analysis**

You are full of excitement, optimism, curiosity & cheerfulness. You face challenges with a sense of enthusiasm that is contagious. Your inquisitiveness is endless; you continuously ask questions & persistently seek their answers. You are constantly seeking new experiences in order to grow & learn. People often seek your company, as you energize them with your presence and cheerful disposition. You are full of energy, vigor, which allows you to perform multiple tasks in the shortest possible time span.

### Organizational Skills

**Meaning**

Organization skill is the ability and style of individuals to structure plan and meet their goals in a systematic manner.

**Expert Analysis**

You have the capacity to act in a responsible manner. You achieve high standards and work in an ethical manner with respect to any task taken by you. The reason that you achieve high standards is that you have an enhanced ability to use your time, energy, and resources in an effective manner. You work in a very systematic way, and have a high ability to structure, plan, and meet your goals.

### Development Plan

You have scored well in this trait.
Your Personality in Detail

Perfectionism

Meaning

Perfectionism is the desire to strive for flawlessness and set high standards of excellence.

Expert Analysis

Your score indicates that you have an above average desire to strive for high standards of excellence. This means that you try to pay attention to minute details while performing a task and try to ensure that it is flawless as far as possible. This leads you to find faults in your own as well as others’ actions. Based on this, you try to improve on the weaknesses and bring almost perfect output. You work in a meticulous manner most of the time.

Development Plan

You need to develop a sense of high standards of excellence. You can do this by:

- Detailing: Break down a task into smaller steps and pay attention to minor details in every step. You can reward yourself for successfully completing every step with perfection.
- Evaluate your performance: Be honest while evaluating your performance and work on the areas wherein improvement seems necessary.
- Set high standards: You should make an attempt to set high standards of excellence for yourself. This will motivate you to work hard and ultimately perform better.

Perseverance

Meaning

Perseverance is the determination of an individual to complete a task, irrespective of the obstacles.

Expert Analysis

You tend to get influenced with failures and find it difficult to start again. You often see obstacles as barriers towards success and may underestimate your own potential to overcome them. Inadequate stress coping strategies interfere with your determination for work. You are often unable to deal with delays in success. You do have the potential to strive and reach your goals but low self-esteem impacts your persistence.

Development Plan

You can improve your perseverance levels by using the following strategies:

- Strengthen the belief that nothing is impossible. Everything is possible if you make constructive efforts to achieve it.
- Running away from problems is not a solution. Facing them and dealing with them will help you find a solution.
- Learn from Failures. Learning from failures rather than just getting emotionally driven will help build perseverance. A clear focus on the goal and ability to continue the pursuit should lead to success.
- Create alternatives. Try and use unconventional problem-solving approach, whenever faced with dynamic situations and new complexities.
Your Personality in Detail

Practical

Meaning
Synonymous with pragmatic, real & hands-on; practical is being more concerned with practice than theory

Expert Analysis
You tend to overlook the realistic side of theory and rely more on bookish knowledge. You are unable to develop a relationship between what is real and what is theoretical. Your judgments tend to be affected by the theories you may have studied rather than experience. You are more inclined towards conventional ideas and resist making contemporary changes.

Development Plan
You can improve your tendency of being more concerned with theory rather than with practice by following certain strategies such as:
- Try it out - Hands on experience will help you in testing of assumptions and your own belief.
- Visualize reality - Try to visualize the practical aspects of theories in day-to-day situations.
- Challenge the status quo – Don’t go by pre-set standards or assumptions. Try to challenge the existing way of doing things.
- Functional Connect - Develop a functional connect between theory and its practice so as to have a more realistic understanding.
Your Aptitude

What is Aptitude?

Understanding your Aptitude will help you explore your innate strengths. Every individual has a unique area of expertise and their own forte. Aptitude assessment predicts what is your innate ability and potential and helps you find career options that are in sync with your aptitude.

Your Dominant Aptitude Strengths

Language Usage
Info Tech
Perceptual

Abstract: 8
Verbal: 9
Logical Reasoning: 4
Creative: 6
Spatial: 6
Language Usage: 9
Numerical: 5
Info Tech: 9
Mechanical: 6
Perceptual: 9

Score
## Abstract

**Meaning**

Ability to work with new concepts, abstract ideas & recognizing patterns and similarities

**Expert Analysis**

Your score indicates that you are skilled at working with new concepts, abstract ideas and recognizing patterns and similarities between them. High abstract aptitude enables you to analyze and understand non-verbal or visual information. It also means that you are able to easily recognize the similarities and differences between ideas, or concepts which are not necessarily related.

## Development Plan

You have scored well in this trait

## Verbal

**Meaning**

Ability to comprehend words and sentences and deduce meaningful relationship from them

**Expert Analysis**

You are proficient at verbal skills such as correct usage of words, grammar, word meanings, and understanding word relationships. You are usually good at finding the right words to explain ideas and are able to interpret written and spoken instructions. You are also able to absorb communication without losing concentration or becoming confused or left behind. You can learn or extract new information quite fast

## Development Plan

You have scored well in this trait
Your Aptitude in Detail

Logical Reasoning

**Meaning**
Ability to identify and isolate components of an argument to arrive at a complete inference and reach a conclusion.

**Expert Analysis**
You have an average ability to apply logical reasoning to solve problems. At times you find it hard to detect the stronger arguments from the weaker ones. At times when you cannot find logical reason to support your stand, you may lean on emotional reasoning or rely on instincts.

Development Plan
You can develop logical reasoning by practicing following strategies:

- **Play mind games**: You should try playing mind games such as chess, Sudoku, word puzzles and other mystery games and puzzles that are easily available online. This will give you an understanding of the patterns and their individual elements and will help you in developing logical reasoning.
- **Practice & Perform non-routine tasks**: You should regularly practice your knowledge and must make conscious attempts to figure out relationships among related or unrelated stimuli. Need based on logical reasoning and improve your skills by practicing a wide range of problem types.

Creative

**Meaning**
Ability to develop novel and diverse ideas and solutions for a given problem.

**Expert Analysis**
Your responses indicate that you have an average capacity to develop new and diverse ideas and solutions for a given problem. Your creative aptitude enables you to find unique ways of finding solutions to problems in most but not all cases. At times you are tempted to use out-of-the-box solutions but usually tend to follow the conventional way of thinking.

Development Plan
Adopting following interventions will aid you in developing a creative way of thinking:

- **Openness to new experiences**: You require an open-minded approach and willingness to explore new ideas around you. Constant exposure to creative ideas and information enables an individual to develop an aptitude for creativity.
- **Constant Experimenting**: Experimenting and modifying ideas will train you to have an open mind, which in turn, will stimulate creative thinking. Try and absorb newer ideas in your surroundings from all possible sources.
- **Generate ideas in a group setting**: Surround yourself with creative people. Generate and discuss diverse ideas as much as possible, and with as many people as you can.
Your Aptitude in Detail

Spatial

Meaning
Ability to manipulate shapes in two dimensions or to visualize three-dimensional objects presented as two-dimensional pictures.

Expert Analysis
You have an average understanding of spatial relationships among objects. You are averagely skilled at mentally visualizing and manipulating objects in three-dimensional space. You are able to visualize and mentally rotate objects presented to you in two-dimension to understand it at a three-dimensional manner on average level.

Development Plan
There is a possibility to enhance your spatial understanding through practice, training, and learning. You can use the following strategies in order to increase your spatial aptitude:

- Studying Geometry: Studying geometry has been found to improve spatial visualization skills. Pick up some good geometry textbooks and try to solve questions related to shape, size and relative positions of figures.
- Games and Activities: Pursuing certain activities such as Lego building, solving computer versions), photography, doing jigsaw puzzles, playing chess, drawing, geography, studying art and doing visual memory games or playing computer games like Tetris can help to improve your ability at spatial visualization.
- Practice Visualization and Spatial Thinking: Regularly exposing yourself to three-dimensional spaces and environments along with paying conscious attention to these spaces can be of great help to develop spatial aptitude. This should progress from actual physical environments to the diagrammatic or representations of these spaces.

Language Usage

Meaning
Ability to understand and use words along with the grammatical rules and structures to produce meaningful-novel sentences.

Expert Analysis
You have a high capacity to understand and use words along with the grammatical rules and structures to produce meaningful and complex sentences. You have a high ability to detect errors in grammar, punctuation, and capitalization and are able to formulate diverse combinations of words and sentences.

Development Plan
You have scored well in this trait.
# Your Aptitude in Detail

## Numerical

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability to quickly grasp mathematical functions and to use them to analyze and solve mathematical problems.</td>
<td>Your ability to deal with numbers is average. You are quite confident with your basic arithmetic abilities; however, with higher mathematical functions you may face some challenges. You are able to manipulate numbers with ease, however, with increased pressure you make mistakes and your ability to manipulate numbers diminishes.</td>
</tr>
</tbody>
</table>

### Development Plan
You can develop numerical ability by adopting following interventions:
- **Mental Imagery:** You have to try making mental imagery of the problems and visualize the numerical values of the elements involved in the problem. Constant effort will be helpful in enhancing numerical/mathematical ability.
- **Practice and increase comfort with numbers:** You must progressively try taking different tests on numerical ability to know your current level and further try to progress to a higher level.
- **Computer-simulated mathematical games:** You can try different computer applications, games and mobile apps that are known to enhance numerical ability.

## Info Tech

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
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</thead>
<tbody>
<tr>
<td>Ability to grasp and use principles and concepts of technology and computer programs to solve problems</td>
<td>You have a very good understanding of the principles and concepts of technology. Your responses indicate that you have high awareness about the basic computer programs and its applications. You are quite comfortable when it comes to dealing with computer software. Your awareness about latest technologies and software is also very high. You are extremely comfortable when it comes to learning about the working of new gadgets or software.</td>
</tr>
</tbody>
</table>

### Development Plan
You have scored well in this trait.
### Mechanical

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability to grasp and use mechanical concepts and principles to solve problems.</td>
<td>Your ability to understand and apply mechanical concepts and principles is average. You could easily grasp and apply mechanical principles with which you are familiar. However, you are not very confident of applying your mechanical knowledge to new challenges or problems. With adequate training and effort, you can improve your mechanical aptitude.</td>
</tr>
</tbody>
</table>

### Development Plan
You can think of developing mechanical abilities by adopting following strategies:

- **Developing sense of physical world**: You should be observant to perceive the physical world around and understand the principle through practical demonstration. You may take coaching classes to enhance training in subjects like Physics.
- **AV media and 3-D programs**: You can take help of the audio-visual media with 3-D programs to understand scientific principles in depth and learn to apply them to real-world problems.

### Perceptual

<table>
<thead>
<tr>
<th>Meaning</th>
<th>Expert Analysis</th>
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</thead>
<tbody>
<tr>
<td>Ability to accurately and quickly compare similarities and differences among sets of pictures, patterns, objects, letters or numbers.</td>
<td>You are quite capable of working with rapid speed and accuracy in tasks which do not necessarily require high intellectual activity. You take less time to respond to external stimuli of varied nature like pictures, patterns and objects. You can swiftly perceive a whole stimulus when parts of it are missing. You are effective where a quick and precise decision is required.</td>
</tr>
</tbody>
</table>

### Development Plan
You have scored well in this trait.
Your Emotional Quotient

What is Emotional Quotient?

Understanding your Emotional Intelligence will help you understand your effectiveness in social situations. Emotional Intelligence assessment identifies how well do you recognize and handle your own emotions and interpersonal relationships.

Your Dominant Emotional Quotient Strengths

![Empathy](Image)

![Emotional Self Efficacy](Image)

<table>
<thead>
<tr>
<th>Trait</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conflict Management</td>
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</tr>
<tr>
<td>Empathy</td>
<td>8</td>
</tr>
<tr>
<td>Pro Social Behavior</td>
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<tr>
<td>Emotional Regulation</td>
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<td>Emotional Self Awareness</td>
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<td>Emotional Self Efficacy</td>
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</tr>
<tr>
<td>Motivation</td>
<td>5</td>
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</tbody>
</table>
Your Emotional Quotient in Detail

Pro Social Behavior

Meaning
Having the motivation to help others without any personal gain

Expert Analysis
Your score means that although you do like to help others but not at a cost to yourself. There are instances where you help but the reasons are not always altruistic. Your prosocial behaviour may be motivated by egoism, long term gains, or social approval. You are sometimes plagued by moral dilemmas where your own interests may be in conflict with the needs of the others. You may find it difficult to put the interest of others before your own. Your prosocial behaviour is often motivated by extrinsic rewards and fear of punishment.

Development Plan
Helping others in distress is a social duty and responsibility. Researchers have suggested that the things must happen for a person to take action. These key things are:

- Notice what is happening around you: you can keep yourself alert so as to notice things happening and avoid being self-absorbed.
- Interpret the event appropriately as to whether it is an emergency: if you can make a realistic assessment of the situation to see whether there is actually a need for assistance.
- Experience within yourself a sense of social responsibility: you have to use the norm of social responsibility which supports helping those who are less fortunate.
- Assess whether you have the skills to help or not: by assessing the situation, you can see whether you possess the skills needed to help in that particular situation.
- Make a conscious decision to extend your help: after appropriate assessment of the situation, make a conscious effort to help in whichever way you can.

Emotional Regulation

Meaning
Managing one's constructive as well as destructive emotions well. Ability to manage stress, anger and anxiety

Expert Analysis
Your score indicates that you may find it hard to manage your emotions. If the pressure is high, it may interfere in your ability to give your best. You also have difficulty asserting yourself, and there are situations in which you find you are being taken advantage of. If a performance in a particular situation is too important for your future, you may find the anxiety unmanageable. Your inability to manage your emotions may also cause problems in some of your interpersonal relationships. When faced with a setback or a failure you may find it hard to deal with it.

Development Plan
You can improve emotional regulation by following strategies.

- Reappraisal: This involves reinterpreting the meaning of an event so as to alter the emotional impact. For example, this might involve reinterpreting an event by broadening one's perspective and looking “at the bigger picture.”
- Distancing: This involves that you that you don't evaluate situations according to your emotions.
- Humor: You can also make use of humor to effectively manage emotions.
Your Emotional Quotient in Detail

Emotional Self Awareness

Meaning
Being aware of and recognize one's own emotions

Expert Analysis
Your score indicates that you do understand and recognize your emotions most of the time. However, sometimes you face problems in understanding the feelings associated with the emotions that you experience. This negligible gap in emotional self-awareness may sometimes prove to be a hurdle in understanding the reasons for your actions. It may also act as a minor impediment in understanding how your emotions drive your behavior. However, you are able to identify the negative emotions and thereby stop them from harming you or your decision-making capacity.

Development Plan
- Identify your feelings: Be open to identifying and naming your feelings. This will help you to understand yourself better and also be aware of the feelings that led to specific behaviors.
- Identify causes for negative feelings: You must realistically evaluate what led to negative feelings and be aware of factors that overpower your capacity to make the right decisions.

Emotional Self Efficacy

Meaning
Belief in one's capability to understand and deal with one's emotions

Expert Analysis
You have scored well in this trait.

Development Plan
You have scored well in this trait.
Your Emotional Quotient in Detail

Motivation

Meaning
Having achievement drive, optimism, and being committed to one’s values, needs and goals.

Expert Analysis
Your responses indicate that you find it hard to initiate and sustain goals. You, also at times, find it hard to set goals that really excite you. You initiate goals with a lot of enthusiasm but when some challenges come in your way, the drive for achieving quickly wanes off. You find it extremely hard to focus on a single goal and are easily distracted with your surroundings. You have a vague conception of the goal attainment process and find it difficult to come up with strategies to lift your morale. You, often doubt your ability to set new goals, and this lack of belief lets you give up easily on your goals.

Development Plan

- Set SMART goals: Goals that are specific, measurable, achievable, realistic, time-bound.
- Reward yourself: Reward yourself each time when you achieve a small goal. This will motivate you to set goals in the future.
- Ask for help: You also need to ask for help whenever you face a challenging situation and feel like giving up.
Your Dominant Style
- Administrative Orientation
- Informative Orientation

Your Dominant Interests
- Entrepreneurship
- Commerce & Management
- Finance & Accounting
- Sales
- Marketing

Your Dominant Personality
- Enthusiasm
- Intense Pursuit
- Organizational Skills

Your Dominant Aptitude
- Language Usage
- Info Tech
- Perceptual

Your Dominant Emotional Quotient
- Empathy
- Emotional Self Efficacy
Career Match with Management

A career in Management makes students familiar with knowledge of business, trade, management techniques, industry, basics of economics, fiscal policies, industrial policies, share market, stock markets, etc. Management studies teaches one how to manage a business professionally.

With increasing competition in the field, huge number of colleges providing Management related courses have mushroomed across the country offering traditional specializations like Finance, Marketing, Sales, Operations and Human Resources to the trending specializations like Healthcare Management, Sports Management, Rural Management, Fashion Management etc.

Students who are keen to take up management as a career option after class 12th can opt for BBA, BBS or BBM for developing a sound base in the field of management education. After graduation, one may opt for an MBA degree in a specialized field. Management is a career option which can also be pursued after almost any graduation degree such as Law, Engineering, Medicine, Social Sciences among others.

Management is one of the most sought after careers because of the lucrative salaries and good future prospects it offers; especially if one graduates from a leading management colleges.


Read more about Management
Career Match with Finance & Banking

In the domain of finance, professionals develop a good understanding of financial management techniques, economic patterns, art of investing money, stock markets, financial planning, corporate finance. Finance allows one to apply their understanding of numbers and accounting/ finance concepts to enable better decision making. Career in this domain can be rewarding, intrinsically and monetarily.

Today the role of finance professionals varies from helping corporations and individuals make finance planning decisions to helping businesses raise capital for expansion and running business operations. A degree in finance opens a wide domain for employment in areas such as banks, financial institutions, insurance companies, mutual funds, large MNCs, private equity firms, consulting companies and investment companies.

Students can pursue graduation and post graduation in finance related disciplines like accounts, commerce, business, economics, statistics etc. and further start work in finance and investment sector. Another option is to obtain technical professional qualification in finance like MBA Finance or acquire CFA Certification etc. to be part of finance industry.

Finance graduates are recruited as associates at investment banks, analysts, consultants, tax analysts or researchers in consulting companies, analysts in asset management firms; or budget analysts or project managers or policy analysts in multi national corporations as well as private sector.

Generally financial companies look for high motivation skills, excellent communication, presentation, judgment, negotiation and commercial skills from highly self-confident and dedicated candidates. Top recruiters includes Private Banks, Investment Firms, Audit Firms, Consulting Firms and Asset Management Firms. Trending fields: Corporate Finance, Private Equity, Investment Banking, Financial Planning.

Read more about Finance & Banking
Career Match with Entrepreneurship

Entrepreneurs are leaders willing to take risk and exercise initiative. They look to take advantage of market opportunities often by innovating or improving existing products & services.

Developed countries are moving from 'managerial' to 'entrepreneurial' economies. India, as an emerging economy, is ensuring that entrepreneurship is embraced as a career choice for the youth. The ecosystem for Entrepreneurship commonly known as Start-Ups is at its brightest.

While no specific education or training is required to start a business venture of your own, the odds of success increase exponentially when entrepreneurs have a solid educational background. With the popularity of entrepreneurship rising, many universities/institutes offer programs to groom budding entrepreneurs. These programs are available both at undergraduate (BBS, BBA) and post graduate levels (MBA). Most top business schools also provide courses for entrepreneurship.

Entrepreneurs are job creators rather than job seekers. They create products and services. Other than the path of owning one's own business, participating in family business or starting a partnered venture, entrepreneurs also take up roles in the field of business consulting, sales, research and development, not-for-profit management, and mid-level management.

Trending Fields: E-Commerce, Fintech, Edutech, FinTech, Healthcare

Read more about Entrepreneurship
Career Match with Marketing & Advertising

Marketing is the management process responsible for identifying, anticipating and satisfying customer requirements profitably. Professionals in this field are the brains behind all ads and campaigns, and they’re responsible for bringing products and services into the public consciousness. Careers in marketing require knowledge of market research, consumer behavior, sales, visual arts and general marketing.

With new products being developed all the time and the economy reaching a global stage, the demand of marketers is at an all time high.

A bachelor degree along with an MBA with marketing specialization is recommended for getting high paid marketing jobs. Besides MBA programs, BBM or BBA degree holders can also find various positions in the field of marketing.

Top recruiters include companies from across the industry like P & G, ITC, HUL in FMCG, Maruti and Hyundai in Automotive, AC Nielsen in Market Research, Google, LinkedIn and Facebook in the Social Media space.

Trending Fields: Digital Marketing, Brand Marketing

Read more about Marketing & Advertising
Sales function forms the core of every business, whether it produces a physical product, such as a car or tennis shoes, or offers a service, such as electrical testing or psychic healing. A link between the producer and the customer is necessary so that the customer is aware of and has access to the product, which is achieved by sales professionals.

Selling of the products is the main objective of almost all firms. For any level, from small or big requires a professional often known as Sales Manager who takes care of the sales.

Individuals from all backgrounds and all education levels enter the sales industry. MBA degree in Sales is preferred over other degrees by employers.

Employment opportunities for sales people exist across a wide spectrum of sectors, the most popular of which in terms of the number of people employed, are: FMCG, Pharma, Pharmaceutical, Automotive and Retail.

Trending fields: FMCG Industry, Pharmaceutical Industry, Automotive Industry

Read more about Sales
Got any questions?
Consult with our experts

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