

**Spring 2019 Stephen Ministry Training Schedule
Leaders Planning Guide
Tentative Schedule as of Oct. 1, 2018**

Date	Topic	Presenter	Preclass Reading
Sat., February 23 8:15 to 3:00	Breakfast: Introductions Video : The Heart of Stephen Ministry T-1: The Person of the Caregiver Lunch T-2: Feelings: Yours, Mine, & Ours		<i>Training Manual</i> pp. 39 – 50 <i>Christian Caregiving:</i> Preface – Chapter 7, pp. 9 – 60 <i>Training Manual:</i> pp. 17-28
Tuesday, Feb. 26 7:00 – 9:00 p.m.	T-3: The Art of Listening		<i>Training Manual:</i> pp. 39-50 <i>Christian Caregiving</i> Chapters 8 – 13, pp. 61 – 117
Tuesday, March 5 7:00 – 9:00 p.m.	T-4: Distinctively Christian Caring, Part I		<i>Christian Caregiving</i> Chapters 14 – 20, pp. 118 – 157 Bring to Class: <i>Christian Caregiving</i>
Tuesday, March 12 Class: 7:00 – 9:00 p.m.	T-4: Distinctively Christian Caring, Part II		<i>Training Manual</i> pp. 63 – 76 <i>Speaking the Truth in Love:</i> Intro - Chapter 3 Bring to Class: Bible and <i>Christian Caregiving</i>
Tuesday, March 19 Class: 7:00 – 9:00 p.m.	T-5: Process vs. Results in Caregiving		<i>Training Manual</i> pp. 81 – 88 <i>Speaking the Truth in Love:</i> Chapters 4 – 7

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			Review <i>Christian Caregiving</i> : Chapters 2 and 18 (pp. 19 – 23 & 138 – 146)
Tuesday, March 26 7:00 – 9:00 p.m. 6:00 Potluck Dinner with Stephen Ministers	T-6: Assertiveness: Relating Gently and Firmly: Part I Continuing Education Class for all Stephen Ministers: 7:00 to 8:00		<i>Speaking the Truth in Love</i> : Chapters 8 – 12 (and bring this book to class)
Tuesday, April 2 7:00 – 9:00 p.m.	T-6: Assertiveness: Relating Gently and Firmly: Part II		<i>Speaking the Truth in Love</i> : Chapters 13 – 18
Tuesday, April 9 7:00 – 9:00 p.m.	T-7: Maintaining Boundaries in Caregiving T-8: Crisis Theory and Practice: Danger vs. Opportunity		<i>Training Manual</i> : pp. 125 – 137 <i>Training Manual</i> : pp. 145 - 154 <i>When & How to Use Mental Health Resources</i> : Introduction through Chapter 3
Tuesday, April 16/23 7:00 – 9:00 p.m.	T-9: Confidentiality		<i>Training Manual</i> : pp. 163 – 172 <i>When & How to Use Mental Health Resources</i> : Chapters 4 – 6
Tuesday, April 23 7:00 – 9:00 p.m.	T-11: Using Mental Health Professionals and Other Community Resources (Training DVD)		<i>Training Manual</i> : pp. 205 – 239 <i>When & How to Use Mental Health Resources</i> : Chapter 7 - Appendix
Tuesday, April 30 7:00 – 9:00 p.m.	T-12: Ministering to Those Experiencing Grief		<i>Training Manual</i> : pp. 257 – 266 <i>Don't Sing Songs to a Heavy Heart: Into & Chapters 1 & 2 (pp. 9 – 34)</i>
Tuesday, May 7 7:00 – 9:00 p.m.	T-16: Supervision: A Key to Quality Christian Care: Part I (Training Video)		<i>Training Manual</i> : pp. 373 – 394 <i>Don't Sing Songs to a Heavy Heart</i> :

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			<i>Chapters 3 & 4 (pp. 35 – 52)</i>
Tuesday, May 14 Class: 7:00 – 9:00 p.m.	T-16: Supervision: A Key to Quality Christian Care: Part II (Training Video)		<i>Training Manual: pp. 405 – 427, and review pp. 374 – 377: The Structure of Small Group Peer Supervision</i> <i>Don't Sing Songs to a Heavy Heart: Chapters 5-7 (pp. 53 – 84)</i>
Tuesday, May 21 7:00 – 9:00 p.m.	T-17: Making the First Caring Visit		<i>Training Manual: pp. 437 – 460</i> <i>Don't Sing Songs to a Heavy Heart: Chapters 8 & 9 (pp. 85 – 114)</i>
Tuesday, May 28 7:00 – 9:00 p.m. 6:00 Potluck Dinner with Stephen Ministers	T-13: Dealing with Depression: The Stephen Minister's Role T-14: Helping Suicidal People Get the Help They Need Continuing Education for all Stephen Ministers: 7:00 to 8:00		<i>Training Manual: pp. 281 – 291</i> <i>Training Manual: pp. 307 – 326</i> <i>Don't Sing Songs to a Heavy Heart: Chapters 10 & 11 (pp. 115 – 134)</i>
Saturday, June 1 8:30 – 3:00	Continental Breakfast Retreat: Mercy Center T:18: Follow Me (with Video) Small Steps Lunch Telecare: T-10 Worship & Communion (worship service is included in Follow Me material)		<i>Training Manual: pp. 473 - 484</i> <i>Training Manual: pp. 185 - 191</i> <i>Don't Sing Songs to a Heavy Heart: Chapters 12 & Epilogue (pp. 135 -150)</i>
Sunday, June 9	Commissioning		

Books and Study Materials:

Stephen Ministry Training Manuals
Christian Caregiving: A Way of Life
Speaking the Truth in Love
When and How to Use Mental health Resources
Don't Sing Songs to a Heavy Heart