

## Parents and Guardians

The current culture is sending different messages than what you experienced growing up. Engaging in your children's lives is critical to understanding what they're observing, learning and believing. Knowledge and influence (relationship) will provide you with opportunities to guide your children toward biblical values and beliefs.

*“Jesus said to the people who believed in him, ‘You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free.’”*  
(John: 8:31-32, NLT)

### 6 Things You Can Do to Influence Your Children's Faith:

1. **Be a loving example.** The most important gift you can give your child is the understanding of who God is and how much He loves them. Do this by centering your own life around Christ and by building a strong relationship with your child.
2. **Talk openly.** Watch this session together with your child. Occasionally pause the video during the ice cream/insulin exercise to discuss it. Make it light and fun!
3. **Be prayerful.** Pray for wisdom, understanding, guidance and discernment as you seek to learn about what your children are being taught and how the culture is influencing them.
4. **Ask questions.** Make it a habit to regularly ask your children engaging questions about what they experience on a daily basis. Structure questions to elicit thought provoking answers that lead to healthy discussions.
5. **Get involved.** Get to know your child's friends, teachers, and Sunday School or youth group leaders. Ask questions about what trends they're seeing in the beliefs and behaviors of your child's peers
6. **Apply biblical teaching to current events.** Take brief opportunities to talk about things that go on in local, national and world news. Share what the Bible says about these things. Invite your child to share their thoughts.

### Recommended Books

*Ethix*  
*Same Sex Marriage*